Chow

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id:           a unique integer used to identify a chow,
createdBy:    an integer that corresponds to a user,
createdTime:  the time the chow was created in the format: "yyyy-mm-ddThh:mm:ss",
deleted:      used for soft deletion of chows,
food:         a description of the food that is offered,
lastUpdated:  the last time the chow was updated in the format: "yyyy-mm-ddThh:mm:ss",
meetLocation: a description of where to meet in person,
meetTime:     the time to meet in the format: "yyyy-mm-ddThh:mm:ss",
notes:        any additional notes the poster of the chow may want to share,
posterUser:   the username of the user who posted this chow,
posterName:   the name of the user who posted this chow,
posterEmail:  the email of the user who posted this chow,
posterPhone:  the phone number of the user who posted this chow
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Chow Me-In