

Dynamo for Preconstruction: Data Management for Estimating Workflows

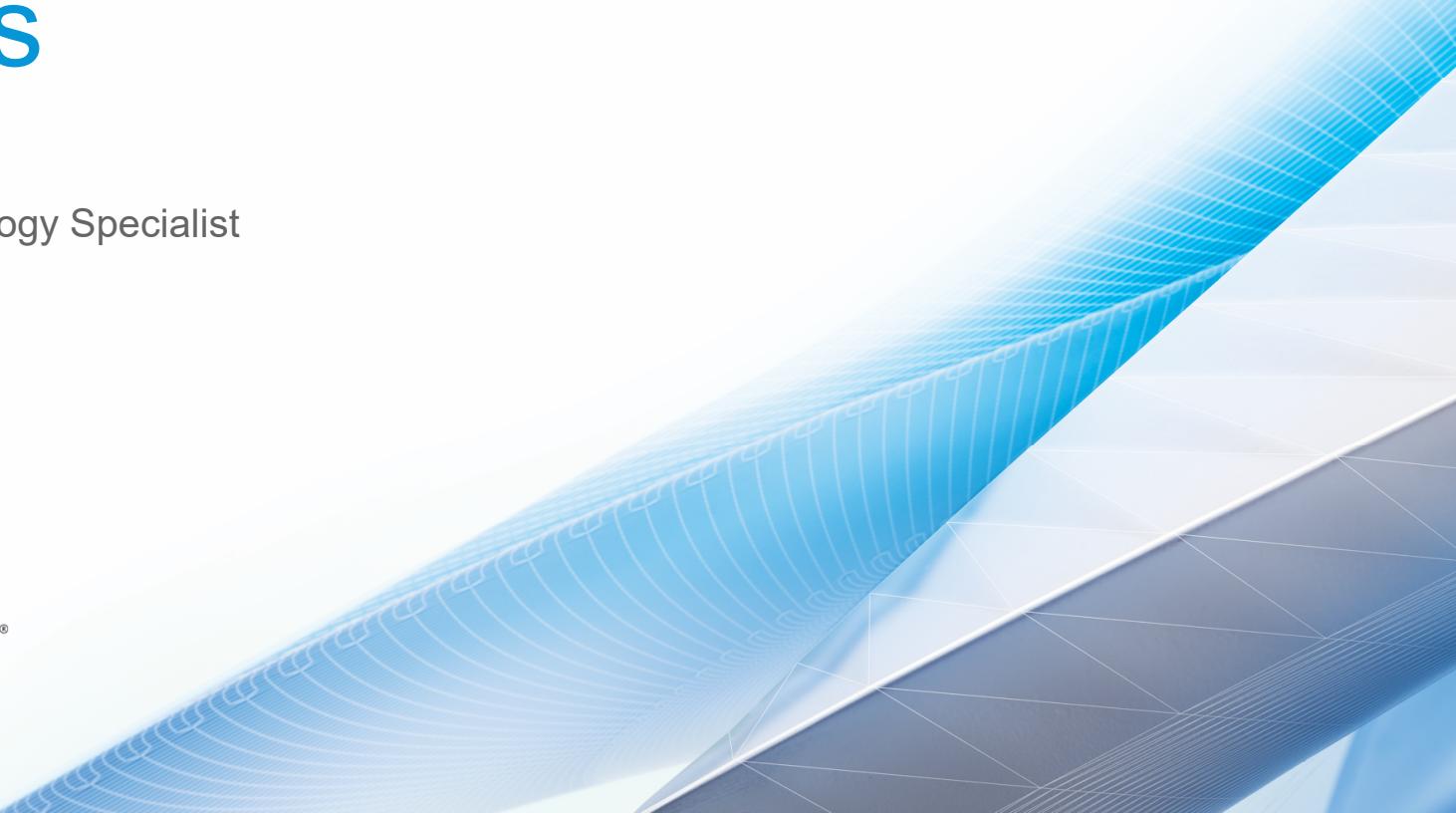
Alvaro Colato

Sr. Preconstruction Technology Specialist

Jesse Nelson

Preconstruction Engineer

- INDUSTRY TALK



About the speakers



Alvaro Colato

Currently works as Sr. Preconstruction Technology Specialist at Skanska USA Building in the greater DC Metro area, developing content, training and solutions at a local and national level. This process includes data management, 3D modeling, AR/VR and tools building. Prior to joining Skanska, Alvaro worked in IT, Architecture and the Service Industry. Alvaro graduated from the Catholic University of America with a Bachelors degree in Architectural Science and has professional certificates from the University of Washington in BIM and from Darden Business School at University of Virginia in Design Thinking.



Jesse Nelson

Jesse is a Civil Engineer working for Skanska USA Building as a preconstruction Engineer as well as a Cost Engineer on jobsites. In preconstruction, Jesse is tasked with cost estimating, quantity takeoffs and data management to deliver estimates to Skanska's clients. Prior to joining Skanska Jesse worked abroad in the Oil and Gas sector, building the largest laboratory in South America and infrastructure for the 2016 Olympic Games in Rio de Janeiro. Jesse graduated from Virginia Tech in 2009 and recently earned his executive MBA with a focus in finance from IBMEC (Brazil)

AGENDA

Objectives:

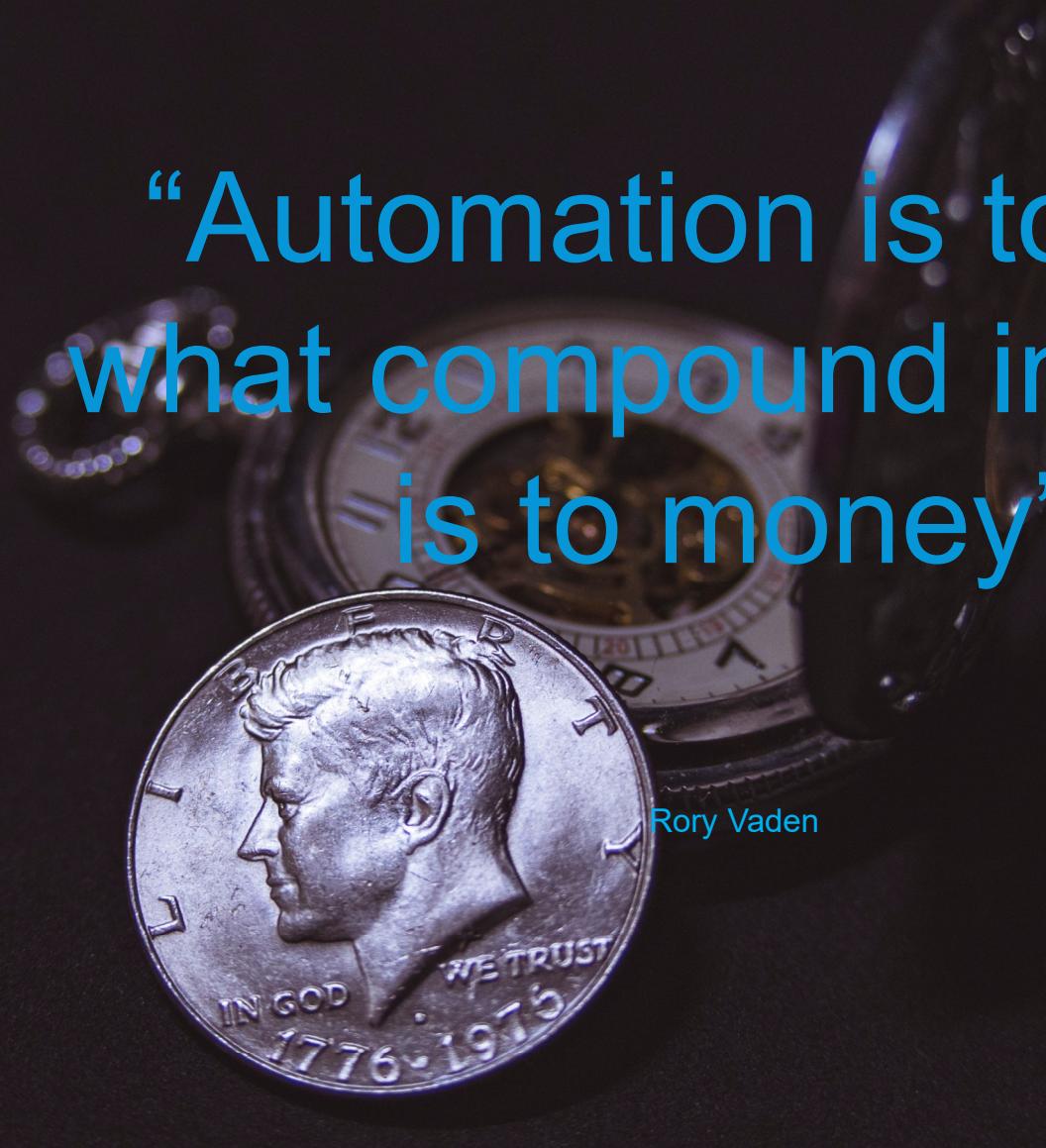
Virginia Hospital MOB Case #1
Skanska's Preconstruction Process

Scotts Run Residential Case #2
Skanska's Approach to Structural Concrete Estimating

Q&A

OBJECTIVES

1. LEARN THE IMPORTANCE OF MODEL-BASED ESTIMATING WORKFLOW
2. DISCOVER KEY DRIVERS TO SUCCESS IN MODEL-BASED ESTIMATING WORKFLOWS
3. DISCOVER ADVANTAGES OFFERED FROM ROBUST MODEL-BASED ESTIMATING WORKFLOW
4. LEARN HOW TO CAPITALIZE ON EXISTING DATA IN 3D MODELS



“Automation is to time
what compound interest
is to money”

Rory Vaden

Virginia Hospital Medical Office Building



Benchmark

Benchmark Study Virginia Hospital Center - Ambulatory Care Center		SKANSKA						Industry study for peer institutions having built similar programs within the past 3 years. An asteric denotes a Skanska built project.	
		Program Description							
		200,000 SF ACC in Virginia \$ 305 /SF Adjusted PV Cost/SF per below averages \$ 382 /SF Adjusted PV Cost/SF WITH location adjustment per below averages \$ 76,300,531 Anticipated construction cost range (SF provided x Adj. PV cost with location adjustment) 2.0% Annual Inflation Rate							
Peer Ambulatory Care Center Projects		    						Averages	
Project		PROJECT A	PROJECT B	PROJECT C	PROJECT D	PROJECT E	PROJECT F		
Location		Sylvania, OH	Philadelphia, PA	Jacksonville, FL	Oaklawn, IL	King of Prussia, PA	Richmond, VA		
Designer									
Year Completed		2015	2014	2015	2014	2015	2016		
SF		230,000	357,251	210,000	330,000	145,000	640,000	254,450	
Construction Cost		\$50,000,000	\$62,500,000	\$60,000,000	\$108,000,000	\$65,000,000	\$ 200,000,000	\$ 69,100,000	
Cost / SF		\$ 217	\$ 175	\$ 286	\$ 327	\$ 448	\$ 313	\$ 291	
PV (to 2017) Construction Cost		\$ 52,020,000	\$ 66,325,500	\$ 62,424,000	\$ 114,610,464	\$ 67,626,000	\$ 204,000,000	\$ 72,601,193	
PV (to 2017) Cost / SF		\$ 226	\$ 186	\$ 297	\$ 347	\$ 466	\$ 338	\$ 305	
Location Factor (Adjustment)		1.39	1.15	1.54	1.11	1.15	1.00	1.27	
Adjusted PV Cost		\$ 72,307,800	\$ 76,274,325	\$ 96,132,960	\$ 127,217,615	\$ 77,769,900	\$ 204,000,000	\$ 89,940,520	
Adjusted PV Cost / SF		\$ 314	\$ 214	\$ 458	\$ 386	\$ 536	\$ 338	\$ 382	
Notes		4-story facility enhances new care models for the outpatient setting. Interconnecting 23 clinic modules around a spacious central atrium. Design results include; connectivity, expansive use of light and flexibility.	13-story multi-specialty center. Building houses; clinical, research and office space. Multi-story glass atrium. Use of "super-graphics" to assist with way finding.	6-story multispecialty ACC designed to provide "value" to both clinicians and patients. Full service D&T facility with offices. Flexibility with "boundaryless" departments. Incorporates new technology.	9-story LEED Gold facility enhances new care models for the outpatient setting. Collaboration and efficiency based project. Building sets new direction and model of care for campus.	3-story facility enhances new care models for the outpatient setting. Design based on operational efficiency, enhanced value and a healing environment.	Multi-story ACC dedicated to multidisciplinary care model. Exam, surgery, procedure and radiology space in program (full D&T). Includes space for future retail, connectivity to nature and abundant use of natural light.	Project costs could be expected to be in the mid to high \$300/SF range - pending program scope, SF efficiencies and level of selected finishes.	

Virginia Hospital MOB

Design team input

Narrative

Room Name: Departmental Waiting and Reception

- Floors: Carpet tile at seating areas equal to Shaw Contract Group, "Park Collection".
- Walls: Low VOC latex eggshell paint, with up to two accent colors. Thermoset rubber cove base equal to Johnsonite, "Baseworks". Low VOC latex paint, eggshell finish equal to Sherwin Williams, "Harmony". Natural stone tile accents equal to Crossville, "Yin+Yang".
- Ceilings: Dropped gypsum soffit/bulkheads with square lay-in acoustical ceiling tile with NRC of .95 equal to Armstrong, "Optima Open Plan 3252PB".
- Casework: Wood laminate vertical surface and solid surface. Decorative resin accent. Stainless steel toe kicks. Worksurface and transaction counter to be solid surface.
- Lighting: Semi-recessed LED circular diffuse lensed downlight with 0-10V dimming above reception desk, recessed linear LED 1x4' fixture with 0-10V dimming for area lighting behind reception desk, and reception desk integrated LED task lighting at counter and casework.
- Specialty Items or Features:
- Etched glass and gypsum board divider walls.
 - Specialty lighting as required to support the interior architectural design.

Schematic Design



Autodesk Revit 2019 - VHU AMBULATORY CENTER - 3D View: (3D)

Type a keyword or phrase

File Architecture Structure Steel Systems Insert Annotate Massing & Site Collaborate View Manage Add-Ins Assemble Modify

Modify Materials Object Snaps Project Shared Global Transfer Purge Project Structural Settings MEP Settings Panel Schedule Additional Settings Location Coordinates Add to Set Design Options Pick to Edit Manage Images Decal Types Phases Save IDs of Selection Project Position Starting View Manage Project Load Select by ID Phasing Selection Warnings Inquiry Macro Manager Security Macros Dynamo Player Visual Programming

3D View

3D View: (3D) Edit Type

Graphics View Scale 1/8" = 1'-0" Scale Value 1: 96 Detail Level Fine

Detail Visibility Show Original

Visibility/Graphic Discipline Coordination

Show Hidden ... By Discipline

Default Analysis None

Visible In Options all

Sun Path

Crop View

Crop Region

Properties help Apply

Project Browser - VHU AMBULATORY CENTER

Views (all)

- Floor Plans
 - FIFTH LEVEL
 - FOURTH LEVEL
 - GARDEN LEVEL
 - GROUND LEVEL
 - PENTHOUSE LEVEL
 - SECOND LEVEL
 - SIXTH LEVEL
 - T.O. ROOF
 - THIRD LEVEL
 - UPPER ROOF
- Ceiling Plans
 - GARDEN LEVEL
 - GROUND LEVEL
- 3D Views
 - Elevations (Building Elevation)
 - East
 - North
 - South
 - West

1/8" = 1'-0"

Click to select, TAB for alternates, CTRL adds, SHIFT unselects.

(3D)

Main Model

Exclude Options

Autodesk Revit 2019 - VHU AMBULATORY CENTER - Schedule: Room Schedule

Type a keyword or phrase

File **Architecture** **Structure** **Steel** **Systems** **Insert** **Annotate** **Analyze** **Massing & Site** **Collaborate** **View** **Manage** **Add-Ins** **Assemble** **Modify** **Modify Schedule/Quantities**

Properties Category: 0.0 Parameter: Format Calculated Combine Unit Insert Delete Resize Hide Unhide All Insert Insert Data Row Delete Resize Merge Insert Clear Group Ungroup Shading Borders Reset Font Align Horizontal Align Vertical Highlight in Model Show Hide Isolate Explain

Properties **Parameters** **Columns** **Rows** **Titles & Headers** **Appearance** **Element** **Not Placed/Unenclosed** **Error**

Modify Schedule/Quantities

Schedule

Schedule: Room Sch... Edit Type

Graphics Visibility/Grap... Edit...

Identity Data

View Template <None>

View Name Room Schedule

Dependency Independent

Phasing Phase New Construct...

Other

Fields Edit...

Filter Edit...

Sorting/Grou... Edit...

Formatting Edit...

Appearance Edit...

Embedded Sc... Edit...

Properties help Apply

Project Browser - VHU AMBULATO...

- PENTHOUSE LEVEL
- SECOND LEVEL
- SIXTH LEVEL
- T.O. ROOF
- THIRD LEVEL
- UPPER ROOF
- Ceiling Plans
- GARDEN LEVEL
- GROUND LEVEL
- Elevations (Building Elevation)
 - East
 - North
 - South
 - West
- Legends
- Schedules/Quantities (all)
 - Room Schedule
 - Wall Schedule
- Sheets (all)
- Families

1/8" = 1'-0"

Room Schedule X

<Room Schedule>

A	B	C	D	E	F	G
Number	Name	Area	Floor Finish	Wall Finish	Ceiling Finish	Department

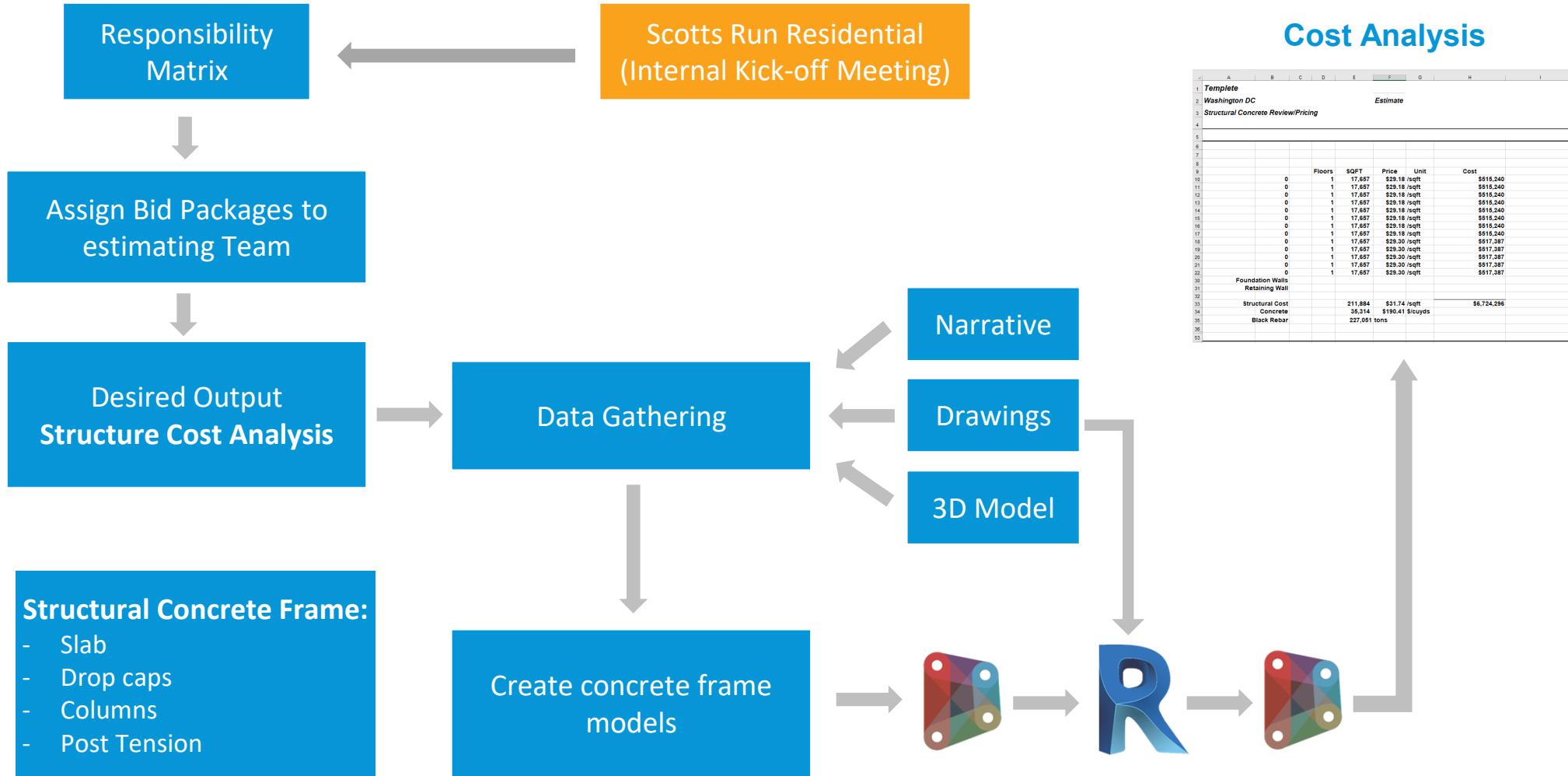
Room Data

Rooms Schedule Gets Moved back to a Spreadsheet

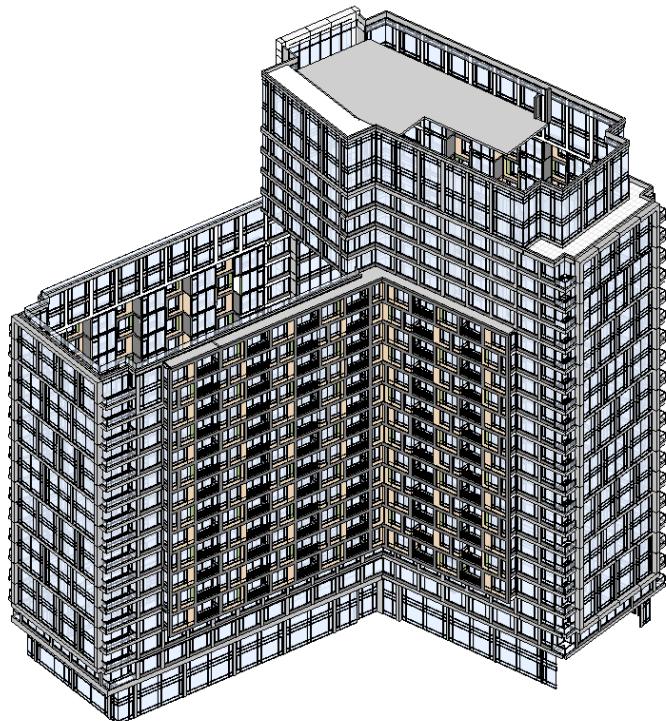
1	VHC ACC ROOM SCHEDULE	Column1	Column2	Column3	Column4	Column5	Column6	Column7	Column8	Column9	Column10	Column11	L
2	Level	Number	Name	Department	Area	Perimeter	Unbounded Height	Floor Finish	Base Finish	Wall Finish	Ceiling Finish	Comments	
3	184 GARDEN FLOOR												
185	GARDEN FLOOR	D0218	PAT LOCKERS	PHYSICAL THERAPY	111	43	8 RF-1	RB-1	P-1	ACT-1	Not in program		
186	GARDEN FLOOR	D0416	EXAM	PHYSICAL THERAPY	141	48	8 AF-1	RB-1	P-1,3	GYP/ACT-2			
187	GARDEN FLOOR	D0423	EXAM	PHYSICAL THERAPY	145	49	8 AF-1	RB-1	P-1,3	GYP/ACT-2			
188	GARDEN FLOOR	D0412	EXAM	PHYSICAL THERAPY	145	49	8 AF-1	RB-1	P-1,3	GYP/ACT-2			
189	GARDEN FLOOR	D0417	EXAM	PHYSICAL THERAPY	139	49	8 AF-1	RB-1	P-1,3	GYP/ACT-2			
190	GARDEN FLOOR	D0322	EQUIP POOL	PHYSICAL THERAPY	129	49	8 EFS-2	EFS-2	PE-1	ACT-6			
191	GARDEN FLOOR	D0303	CLEAN SUPPLY	PHYSICAL THERAPY	117	50	8 RF-1	RB-1	P-1	ACT-6			
192	GARDEN FLOOR	D0213	FN. ANALYST	PHYSICAL THERAPY	96	40	8 CPT-3	RB-1	P-1/P-3	ACT			
193	GARDEN FLOOR	D0421	EXAM	PHYSICAL THERAPY	142	53	8 AF-1	RB-1	P-1,3	GYP/ACT-2			
194	GARDEN FLOOR	D0413	EXAM	PHYSICAL THERAPY	141	48	8 AF-1	RB-1	P-1,3	GYP/ACT-2			
195	GARDEN FLOOR	D0414	EXAM	PHYSICAL THERAPY	143	49	8 AF-1	RB-1	P-1,3	GYP/ACT-2			
196	GARDEN FLOOR	D0422	EXAM	PHYSICAL THERAPY	140	48	8 AF-1	RB-1	P-1,3	GYP/ACT-2			
197	GARDEN FLOOR	D0302	PAT TLT	PHYSICAL THERAPY	49	29	8 RF-1	RF-1	PWT-1	GYP/PE-1			
198	GARDEN FLOOR	D0317A	PAT TLT	PHYSICAL THERAPY	66	39	8 SSV-1	SSV-1	PWT-1	GYP/PE-1			
199	GARDEN FLOOR	D0321	HYDRO POOL	PHYSICAL THERAPY	663	106	8 EFS-2	EFS-2	PE-1/CWT-1,2,3	GYP/P-2			
200	GARDEN FLOOR	D0312A	PAT TLT	PHYSICAL THERAPY	72	40	8 SSV-1	SSV-1	PWT-1	GYP/PE-1			
201	GARDEN FLOOR	D0316	SOILED	PHYSICAL THERAPY	61	34	8 RF-1	RF-1	PE-1	ACT-2			
202	GARDEN FLOOR	D0317	PAT LOCKERS	PHYSICAL THERAPY	197	73	8 RF-1	RB-1	P-1	ACT-1			
203	GARDEN FLOOR	D0312	PAT LOCKERS	PHYSICAL THERAPY	200	77	8 RF-1	RB-1	P-1	ACT-1			
204	GARDEN FLOOR	D0339	TREATMENT- PRV	PHYSICAL THERAPY	143	48	8 RF-1,3	RB-1	P-1,3	GYP/ACT-2			
205	GARDEN FLOOR	D0337	TREATMENT- PRV	PHYSICAL THERAPY	143	48	8 RF-1,3	RB-1	P-1,3	GYP/ACT-2			
206	GARDEN FLOOR	D0338	TREATMENT- PRV	PHYSICAL THERAPY	143	48	8 RF-1,3	RB-1	P-1,3	GYP/ACT-2			
207	GARDEN FLOOR	D0333	TREATMENT- PRV -ISO	PHYSICAL THERAPY	189	60	8 RF-1,3	RF-1,3	P-1,3	GYP/ACT-2			
208	GARDEN FLOOR	D0031	THERAPIST CONF ROOM	PHYSICAL THERAPY	217	61	8 CPT-4	RB-1	P-1	GYP/SPC-1			
209	GARDEN FLOOR	D0032	THERAPIST WORKROOM /FILES	PHYSICAL THERAPY	251	70	8 CPT-4	RB-1	P-1	GYP/SPC-1			
210	GARDEN FLOOR	D0211	ASST DIR OFFICE	PHYSICAL THERAPY	97	40	8 CPT-3	RB-1	P-1/P-3	ACT-1			
211	GARDEN FLOOR	D0411	OPEN TREATMENT	PHYSICAL THERAPY	2,522	211	8 AF-1,2,3	RB-1	P-1	ACT-1/ EXPO			
212	GARDEN FLOOR	D0443	NEUROTHERAPY- OPEN	PHYSICAL THERAPY	1,062	152	8 CSV-1,2	RB-1	P-1	EXPO			
213	GARDEN FLOOR	D0103	PELVIC FL TRTMT	PHYSICAL THERAPY	142	49	8 RF-1,3	RB-1	P-1,3	GYP/ACT-2			
214	GARDEN FLOOR	D0101	PELVIC FL TRTMT	PHYSICAL THERAPY	141	53	8 RF-1,3	RB-1	P-1,3	GYP/ACT-2			
215	GARDEN FLOOR	D0108	PELVIC FL TRTMT	PHYSICAL THERAPY	146	49	8 RF-1,3	RB-1	P-1,3	GYP/ACT-2			
216	GARDEN FLOOR	D0106	PELVIC FL TRTMT	PHYSICAL THERAPY	145	50	8 RF-1,3	RB-1	P-1,3	GYP/ACT-2			
217	GARDEN FLOOR	D0107	PAT TLT	PHYSICAL THERAPY	68	36	8 RF-1	RF-1	PWT-1	GYP/PE-1			
218	GARDEN FLOOR	D0201	THERAPIST WORKROOM (30 PPL)	PHYSICAL THERAPY	1,063	150	8 RF-1	RB-1	P-1	GYP/ACT-1			

Scotts Run Residential Project





Scotts Run Cost Analysis Exercise



Cost Analysis Study Exercise

Cost Saving Options:

1. Eliminate balconies and eliminate building envelope articulation (Considering GSF Impact).
2. Reduce floor to floor height to reduce concrete structure and building envelope area.

Benchmarking: Look at previous/similar projects for structural systems, materials and schedule

CSI Div	PROJECT A		PROJECT B		PROJECT C		PROJECT D	
	400,716	GSF	256,341	GSF	243,335	GSF	458,290	GSF
02 Site Construction & Garage (Not Included)	\$0	\$0.00	\$0	\$0.00	\$0	\$0.00	\$0	\$0.00
03 Concrete and Precast	\$14,413,515	\$35.97	\$9,592,376	\$37.42	\$9,065,044	\$37.25	\$14,173,304	\$30.93
04 Masonry	\$75,000	\$0.19	\$622,413	\$2.43	\$121,344	\$0.50	\$308,871	\$0.67
05 Metals	\$2,879,180	\$7.19	\$1,196,809	\$4.67	\$546,241	\$2.24	\$1,307,881	\$2.85
06 Wood & Plastics	\$1,871,184	\$4.67	\$471,396	\$1.84	\$375,281	1.54	\$1,594,407	\$3.48
07 Thermal & Moisture Protection	\$3,126,306	\$7.80	\$1,836,667	\$7.16	\$1,771,297	\$7.28	\$1,735,218	\$3.79
08 Doors & Windows	\$23,513,370	\$58.68	\$7,232,415	\$28.21	\$5,966,411	\$24.52	\$17,361,405	\$37.88
09 Finishes	\$4,826,086	\$12.04	\$2,402,988	\$9.37	\$2,027,306	8.33	\$5,562,650	\$12.14
10 Specialties	\$400,716	\$1.00	\$282,261	\$1.10	\$192,997	0.79	\$434,092	\$0.95
11 Equipment	\$10,000	\$0.02	\$175,889	\$0.69	\$43,384	0.18	\$902,423	\$1.97
12 Furnishings	\$825,023	\$2.06	\$397,631	\$1.55	\$202,094	0.83	\$362,981	\$0.79
13 Special Construction	\$0	\$0.00	\$473,550	\$1.85	\$1,159,443	4.76	\$1,224,385	\$2.67
14 Conveyance	\$3,375,000	\$8.42	\$2,018,618	\$7.87	\$2,105,162	8.65	\$3,965,400	\$8.65
15 Mechanical	\$12,056,480	\$30.09	\$7,449,930	\$29.06	\$7,122,791	29.27	\$12,987,369	\$28.34
16 Electrical	\$6,411,456	\$16.00	\$5,270,400	\$20.56	\$3,470,014	14.26	\$7,665,992	\$16.73
Total Direct Construction Cost	\$73,783,316	\$184.13	\$39,423,343	\$153.79	\$34,168,807	\$140.42	\$69,586,378	\$151.84
12.95% ENR Inflation From 06/2014 to 12/2017								
9.80% ENR Inflation From 09/2015 to 12/2017								
4.39% ENR Inflation From 09/2016 to 12/2017								
Total Indirect Construction Cost	\$12,651,611	\$31.57	\$7,196,834	\$28.08	\$6,024,413	\$24.76	\$10,561,687	\$23.05
ENR Inflation on Indirect Cost								
Grand Total Cost	\$86,434,927	\$215.70	\$46,620,177	\$181.87	\$40,193,220	\$165.18	\$80,148,066	\$174.88
Floor Plate Area	25,044	SF/floor	23,304	SF/floor	22,121	SF/floor	24,121	SF/floor

NOTE: Below grade garage and site have too many variations, garage and site were not included on this comparison



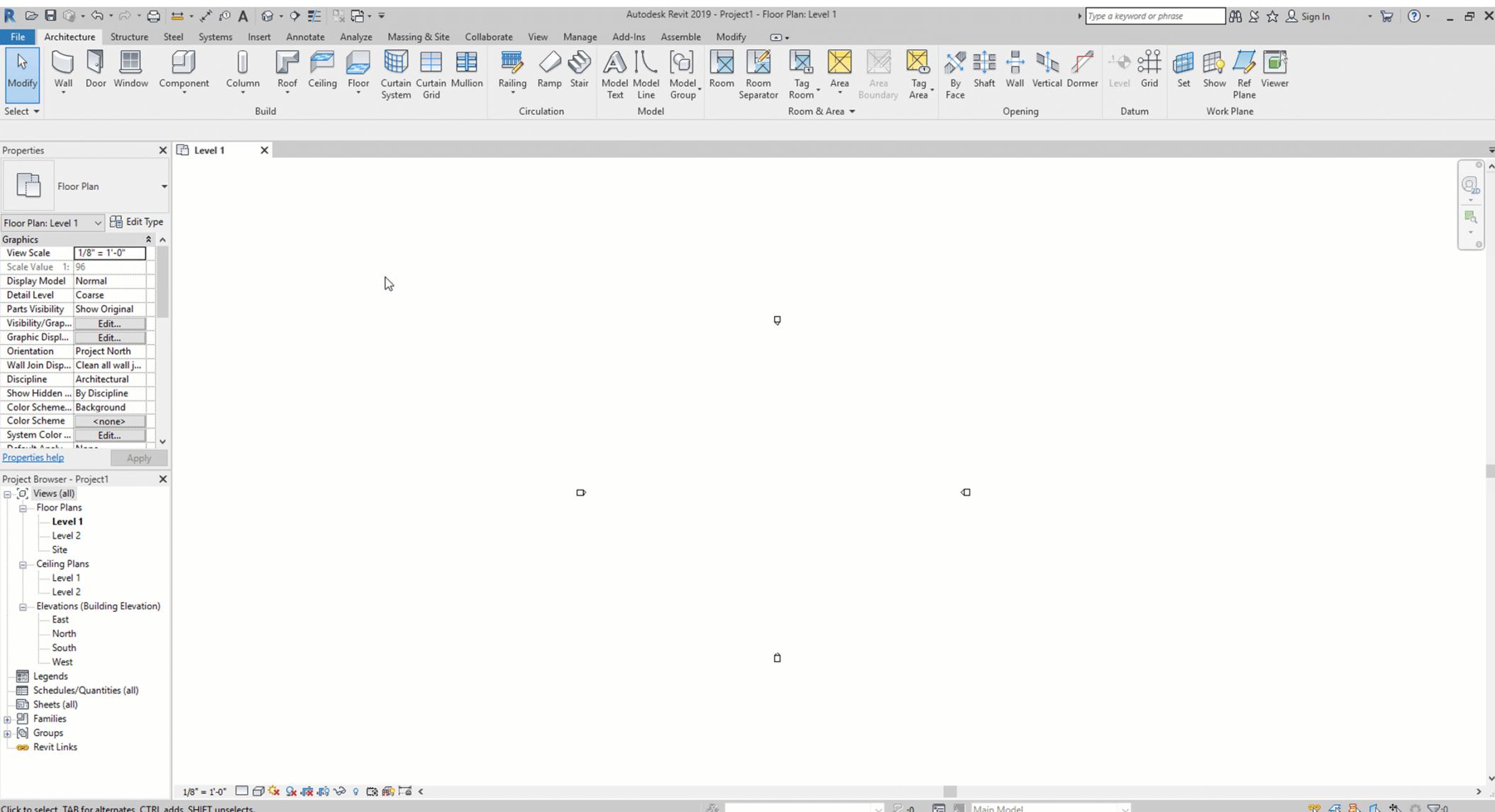
NARRATIVE AND DRAWING

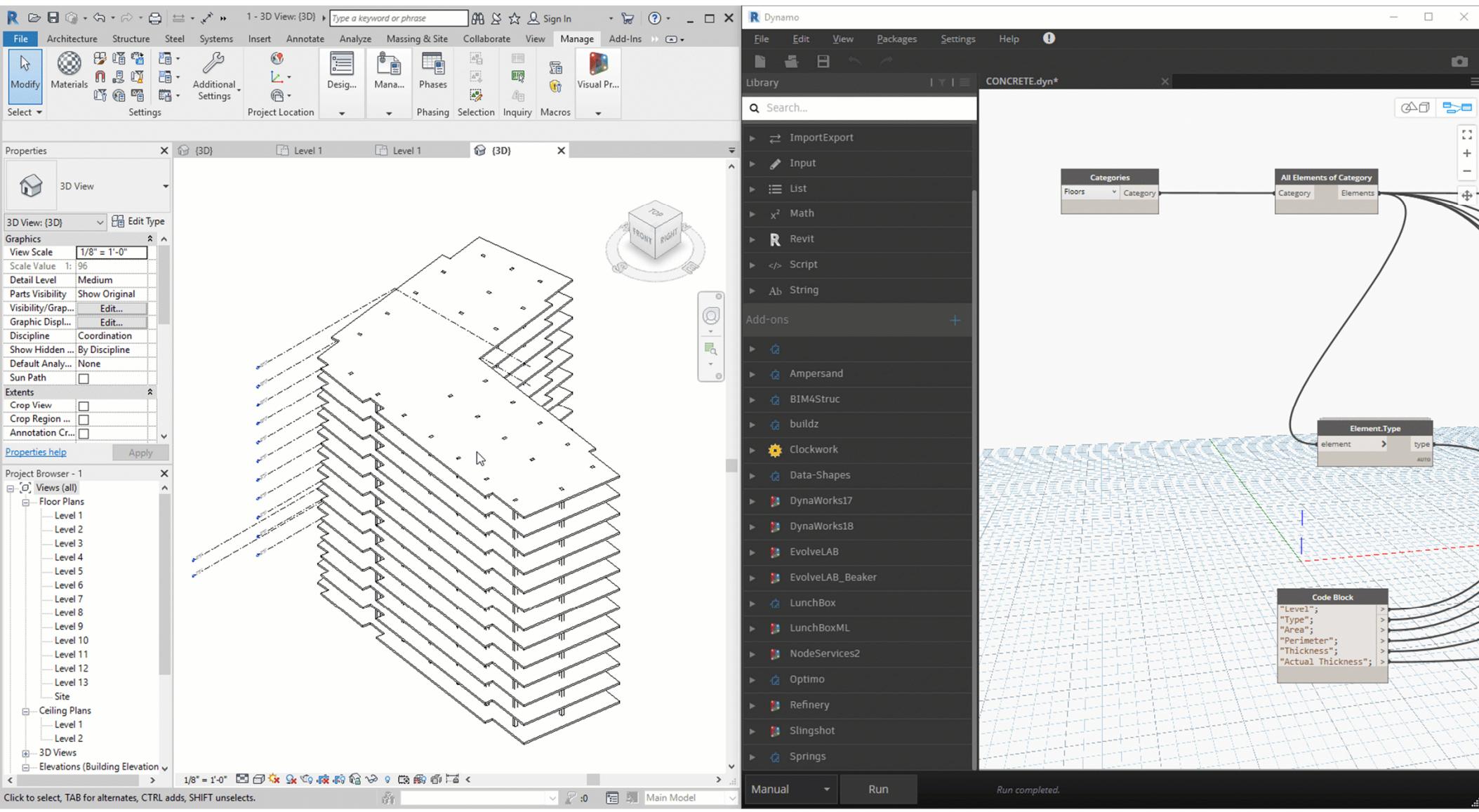
PLAN NOTES:

1. REFERENCE TOP OF SLAB ELEVATION IS 553.33'.
2. FLOOR AND ROOF SLAB SHALL BE 8" THICK REINFORCED AS FOLLOWS:
PT = 1.3 PSF
MILD STEEL = 0.8 PSF

Drawings: Gather all documents made available for the project.

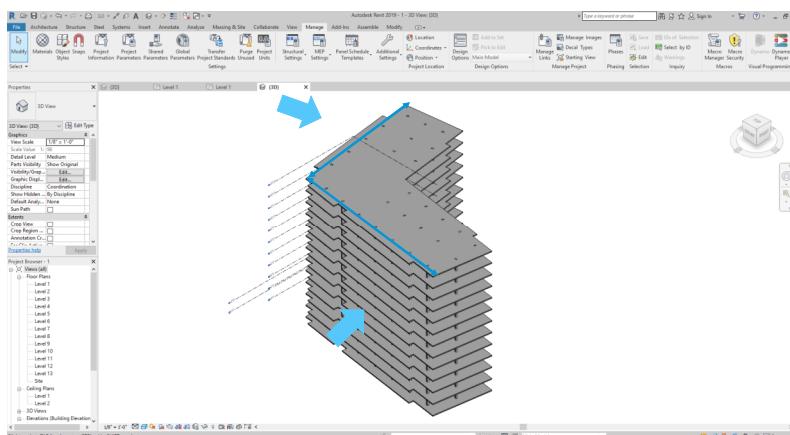




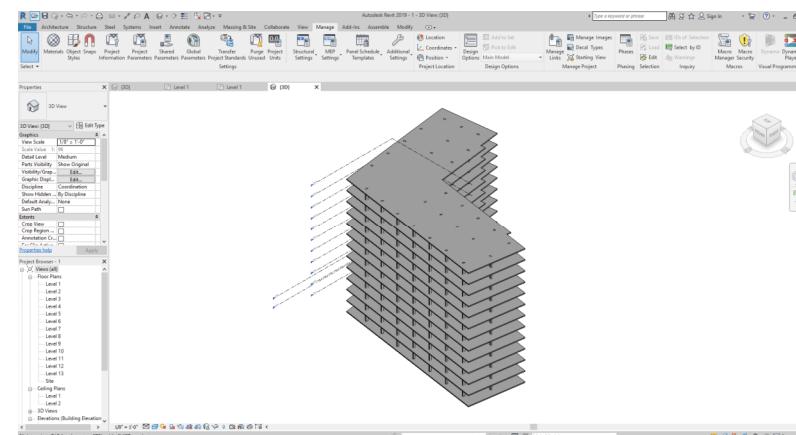


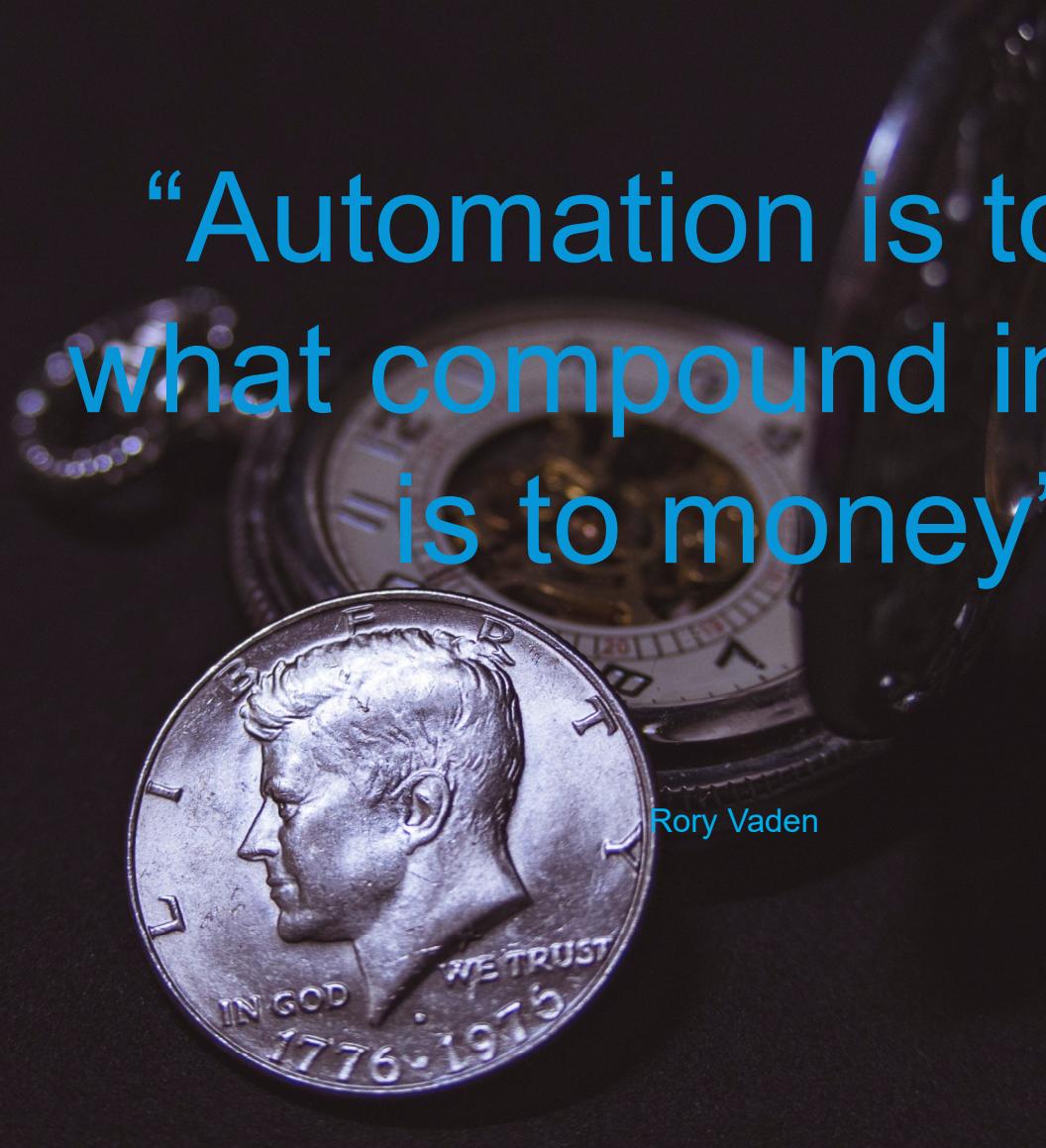
Scotts Run Concrete Cost Analysis

Templete Washington DC Estimate Structural Concrete Review/Pricing					
	Floors	SQFT	Price	Unit	Cost
10	0	1	18,769	\$29.11 /sqft	\$546,329
11	0	1	18,769	\$29.11 /sqft	\$546,329
12	0	1	18,769	\$29.11 /sqft	\$546,329
13	0	1	18,769	\$29.11 /sqft	\$546,329
14	0	1	18,769	\$29.11 /sqft	\$546,329
15	0	1	18,769	\$29.11 /sqft	\$546,329
16	0	1	18,769	\$29.11 /sqft	\$546,329
17	0	1	18,769	\$29.11 /sqft	\$546,329
18	0	1	18,769	\$29.23 /sqft	\$548,538
19	0	1	18,769	\$29.23 /sqft	\$548,538
20	0	1	18,769	\$29.23 /sqft	\$548,538
21	0	1	18,769	\$29.23 /sqft	\$548,538
22	0	1	18,769	\$29.23 /sqft	\$548,538
30	Foundation Walls Retaining Wall				
33	Structural Cost	225,228	\$31.65 /sqft		\$7,128,762
34	Concrete	37,538	\$189.91 /cuyds		
35	Black Rebar	240,395	tons		
36					
53					



Templete Washington DC Estimate Structural Concrete Review/Pricing					
	Floors	SQFT	Price	Unit	Cost
10	0	1	17,657	\$29.18 /sqft	\$515,240
11	0	1	17,657	\$29.18 /sqft	\$515,240
12	0	1	17,657	\$29.18 /sqft	\$515,240
13	0	1	17,657	\$29.18 /sqft	\$515,240
14	0	1	17,657	\$29.18 /sqft	\$515,240
15	0	1	17,657	\$29.18 /sqft	\$515,240
16	0	1	17,657	\$29.18 /sqft	\$515,240
17	0	1	17,657	\$29.18 /sqft	\$515,240
18	0	1	17,657	\$29.30 /sqft	\$517,387
19	0	1	17,657	\$29.30 /sqft	\$517,387
20	0	1	17,657	\$29.30 /sqft	\$517,387
21	0	1	17,657	\$29.30 /sqft	\$517,387
22	0	1	17,657	\$29.30 /sqft	\$517,387
30	Foundation Walls Retaining Wall				
33	Structural Cost	211,884	\$31.74 /sqft		\$6,724,296
34	Concrete	35,314	\$190.41 /cuyds		
35	Black Rebar	227,051	tons		
36					
53					





“Automation is to time
what compound interest
is to money”

Rory Vaden



Q&A

CONTACT INFO



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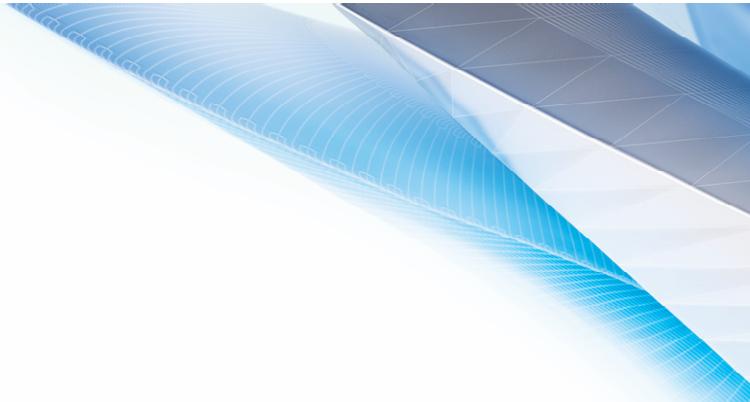
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