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GTC



Hello! We are GTC



[Join](#)

Welcome to Gwent Triathlon Club

Gwent Triathlon Club (GTC) was started in 2010 and has since grown to over 500 members! We are a friendly club that welcomes all abilities from beginners to elite racing. We cover the full range of triathlon distances and arrange our training sessions to have multiple groups to cover the range of abilities and distances that our members want.

Come and give us a try!

[Join](#)

We have swim, bike and run sessions at locations across Gwent to provide a large variety of training atmospheres. Our swim locations include pool, river and sea swimming. Our bike and run locations include track, trails and road.

See our training page for more info.

[Training](#)

Want to know more? Check us out on our social media:



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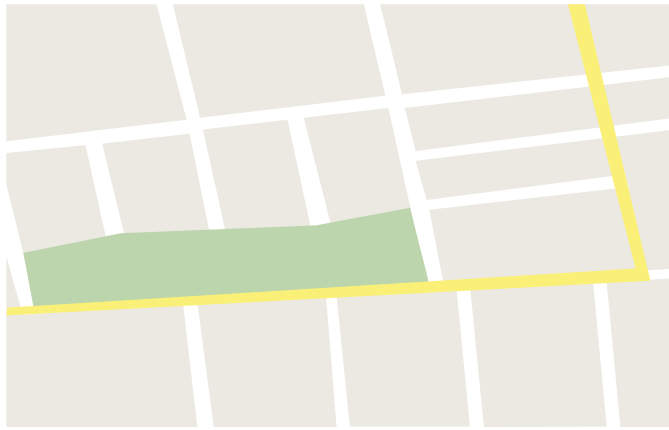
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Where do we train?



Swim Locations

We swim in locations in Usk, Chepstow, Barry, Newport, Caerphilly and Monmouth.



Bike Locations

Our regular bike meet up locations include Newport Velodrome, Caerleon, Usk, Wentwood, Chepstow and Abergavenny.



Run Locations

Our regular runs start in Chepstow, Ebbw, Rogerstone, Cwmbran, Rogiet, Tintern and Cardiff.

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Membership pricing & benefits

Join

Our club membership runs annually from 1st Jan each year.
Membership covers the cost of club training activities.
Please answer the questions below for annual cost.

Membership Options & Pricing

Individual Junior

Individual Adult

Individual Senior

Couple

Family

Why join us?

- Club training led by British Triathlon qualified coaches
- Multiple training groups to suit all abilities
- First aid cover
- Triathlon Wales race licence
- GTC triathlon kit
- Member social events
- Triathlon-related discounts

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Take our quiz!



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Whether you are a complete beginner wanting to learn about our sport or a triathlete wanting to test your knowledge, there is something for everyone in our fun quiz. Give it a try!

Triathlon Quiz

What are the 3 disciplines of triathlon?

- Swimming, cycling & running
- Swimming, rowing & running
- Cycling, rowing and climbing
- Swimming, rowing & paddle boarding

What does T2 stand for?

- Top two
- Time to
- Train 2
- Transition two

Get my score

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Interested In Triathlon?

If you'd like to connect with like-minded people, come and give us a try! The first stage to gaining membership is to complete the form below with your details. Once the form has been submitted, our club secretary will invite you to one of our training sessions. You can attend two free training sessions to make sure that we are the club for you and then will we request that you pay the membership fee.

Full name:

Email address:

Phone number:

Age:

I'm interested in: Swim Bike Run

FAQs

How do I Join?

Complete our online Joining form above.

Where do you train?

See our training locations on our [Training](#) page.

How fit do I need to be?

We have multiple groups per training session to accommodate all fitness abilities from beginner to age-group triathletes.

Do I have to do all 3 triathlon disciplines?

No, we have members who do triathlons, duathlons, swim-run and members who keep to one discipline only.

Have an unanswered question?

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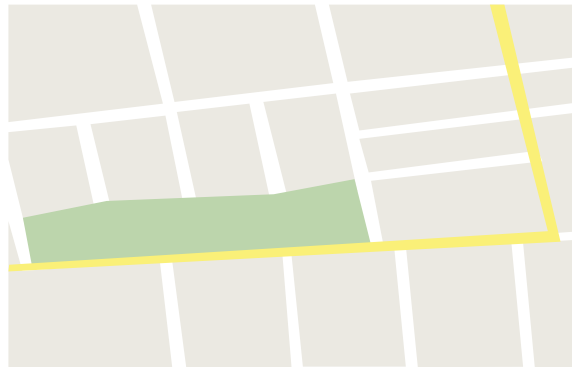
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Training Locations

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Where do we train?



Swim Locations

Usk Island
A472, Usk, NP15 1SZ

National Diving & Activity Centre
Chepstow, NP16 7LQ

Barry Island
Whitmore Bay, CF62 5TJ

Newport Int. Sports Village
Velodrome Way, NP19 4RA

Caerphilly Leisure Centre
Virginia Park, CF83 3SW

Monmouth Leisure Centre
Old Dixton Rd, NP25 3DP

Bike Locations

Wales National Velodrome
Velodrome Way, NP19 4RA

Goldcroft Common
Caerleon, NP18 1NG

Usk
Maryport St, NP15 1ED

Wentwood
Cadira Beeches, NP26 3AZ

Chepstow
Beaufort Sq, NP16 5EP

Abergavenny
High St, NP7 5PR

Run Locations

National Indoor Athletics Centre
Cardiff Met Uni, CF23 6XD

Ebbw Faur Trail
Market St, NP23 4AJ

Fourteen Locks
Rogerstone, NP10 9GN

Cwmbran
Northfields Rec., NP44 2JJ

Rogiet Countryside Park
Rogiet, NP26 3WF

Tintern
Wireworks Car Park, NP16 6TQ

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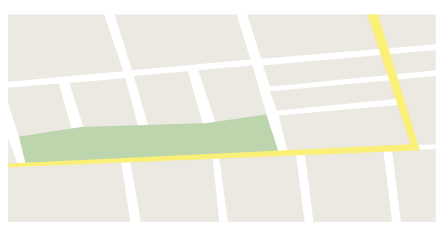
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Where do we train?

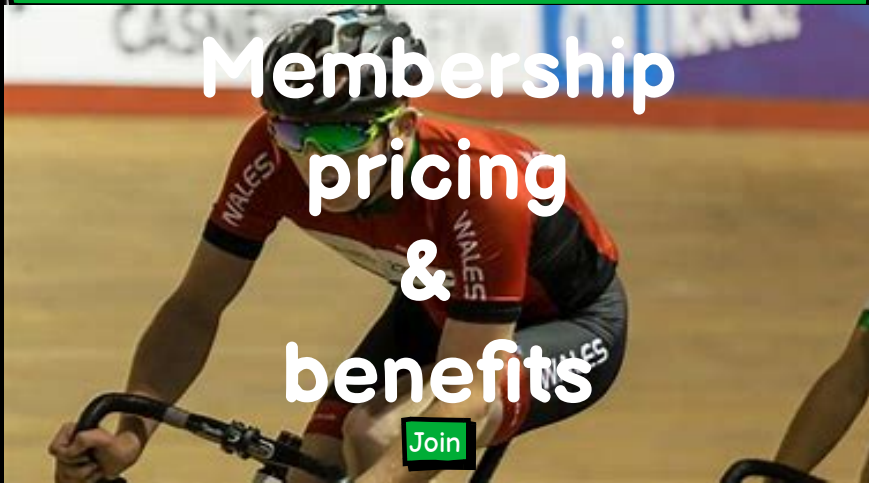


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Monmouth Leisure Centre Old Dixton Rd, NP25 3DP	Abergavenny High St, NP7 5PR	Tintern Wireworks Car Park, NP16 6TQ

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