



# Predicting Age with Multiple Linear Regression

# Agenda

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Introduction

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Hypothesis

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Data-Analysis Process

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Data Visualizations

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Findings

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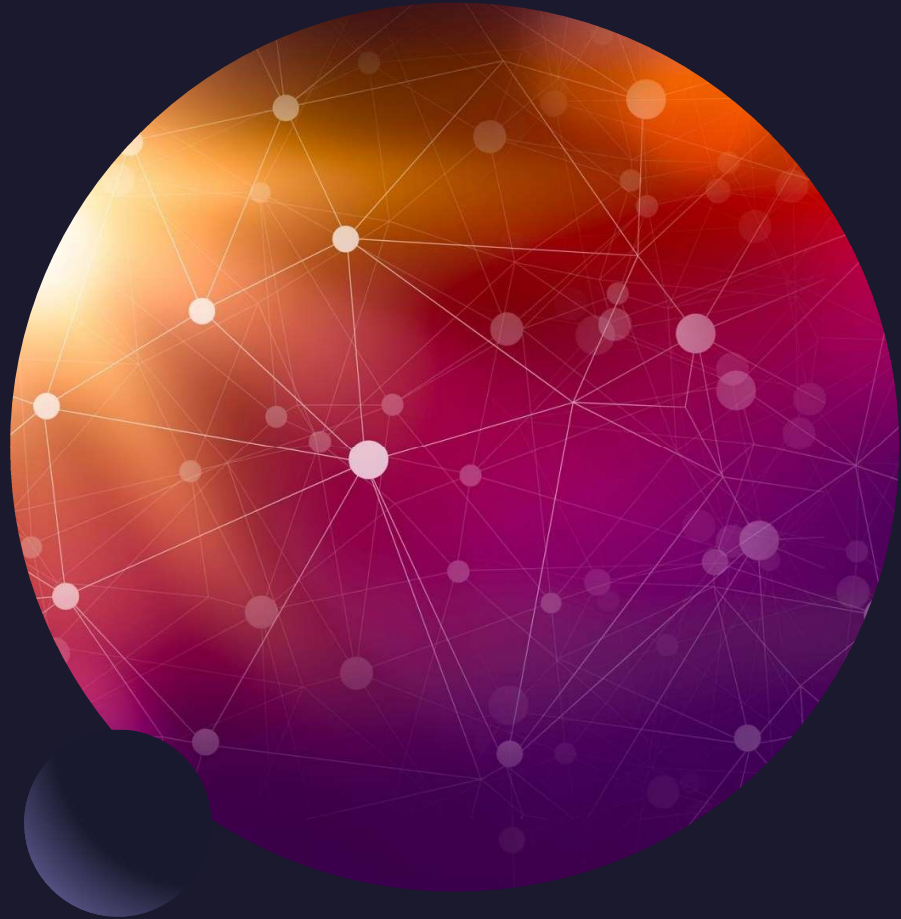
Limitations

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Summary

# Introduction

- Kim Fowler
- Completing a Master's degree in Data Analytics from WGU
- Database Developer with 10 years of experience
- Predicting a person's age (years) from a set of health and lifestyle variables





# Hypothesis

# A defined set health and lifestyle variables statistically significantly affect Age (years).

- Hypothesis - The variables Cholesterol Level, Bone Density, Blood Glucose Level, Vision Sharpness, Hearing Ability, and Smoking Status do impact Age (years).
- Alternative Hypothesis - The variables Cholesterol Level, Bone Density, Blood Glucose Level, Vision Sharpness, Hearing Ability, and Smoking Status do not impact Age (years).



# Data-Analysis Process

- Data Collection
- Exploratory Data Analysis
- Prepare the Data
- Data Wrangling
- Predictive Modeling
- Feature Selection
- Model Evaluation

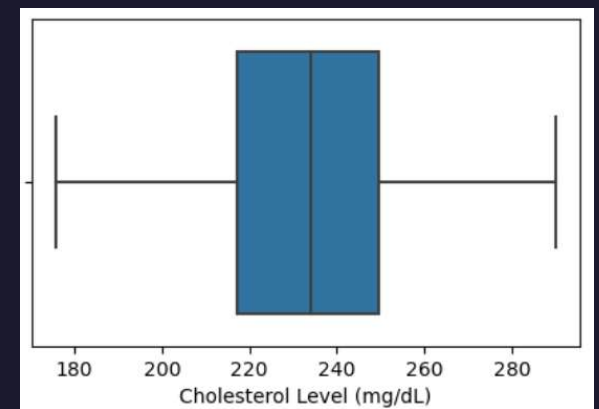
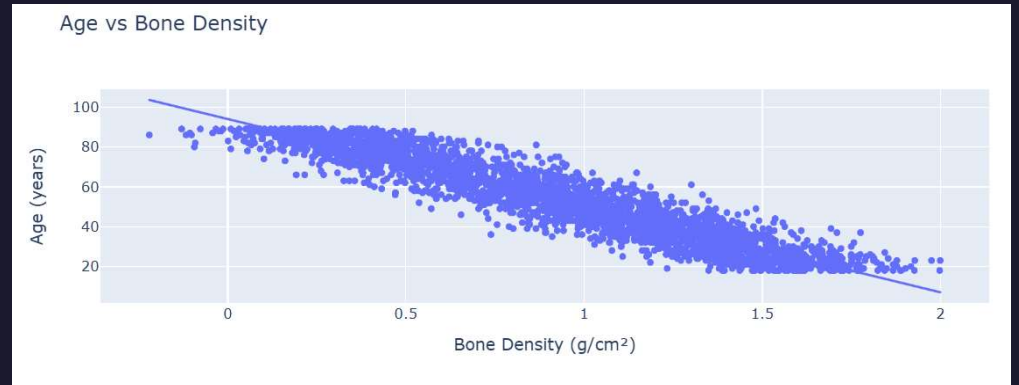


# Data Visualizations

Gaining insight into the data



# Visualizations to explore the Data





# Research Findings





OLS Regression Results						
Dep. Variable:	Age (years)	R-squared:	0.928			
Model:	OLS	Adj. R-squared:	0.928			
Method:	Least Squares	F-statistic:	6416.			
Date:	Wed, 22 Jan 2025	Prob (F-statistic):	0.00			
Time:	20:23:27	Log-Likelihood:	-9384.0			
No. Observations:	3000	AIC:	1.878e+04			
Df Residuals:	2993	BIC:	1.882e+04			
Df Model:	6					
Covariance Type:	nonrobust					
	coef	std err	t	P> t	[0.025	0.975]
const	73.0186	1.620	45.084	0.000	69.843	76.194
Cholesterol Level (mg/dL)	0.0335	0.005	6.876	0.000	0.024	0.043
Blood Glucose Level (mg/dL)	0.0423	0.006	6.785	0.000	0.030	0.054
Bone Density (g/cm²)	-25.8735	0.454	-56.955	0.000	-26.764	-24.983
Smoking Status_Never	-0.5731	0.217	-2.646	0.008	-0.998	-0.148
Vision Sharpness	-32.6142	0.929	-35.093	0.000	-34.436	-30.792
Hearing Ability (dB)	0.1505	0.010	15.438	0.000	0.131	0.170
Omnibus:	0.335	Durbin-Watson:	2.034			
Prob(Omnibus):	0.846	Jarque-Bera (JB):	0.384			
Skew:	0.018	Prob(JB):	0.825			
Kurtosis:	2.957	Cond. No.	4.41e+03			





This model can be used to predict a person's age, thus helping to determine if they are a longevity risk

Formula:

$$\text{Age (years)} = 73.02 + 0.03 (\text{Cholesterol Level}) + 0.04 (\text{Blood Glucose Level}) - 25.87 (\text{Bone Density}) \\ - 32.61 (\text{Vision Sharpness}) + 0.15 (\text{Hearing Ability}) - 0.57 (\text{Smoking Status})$$


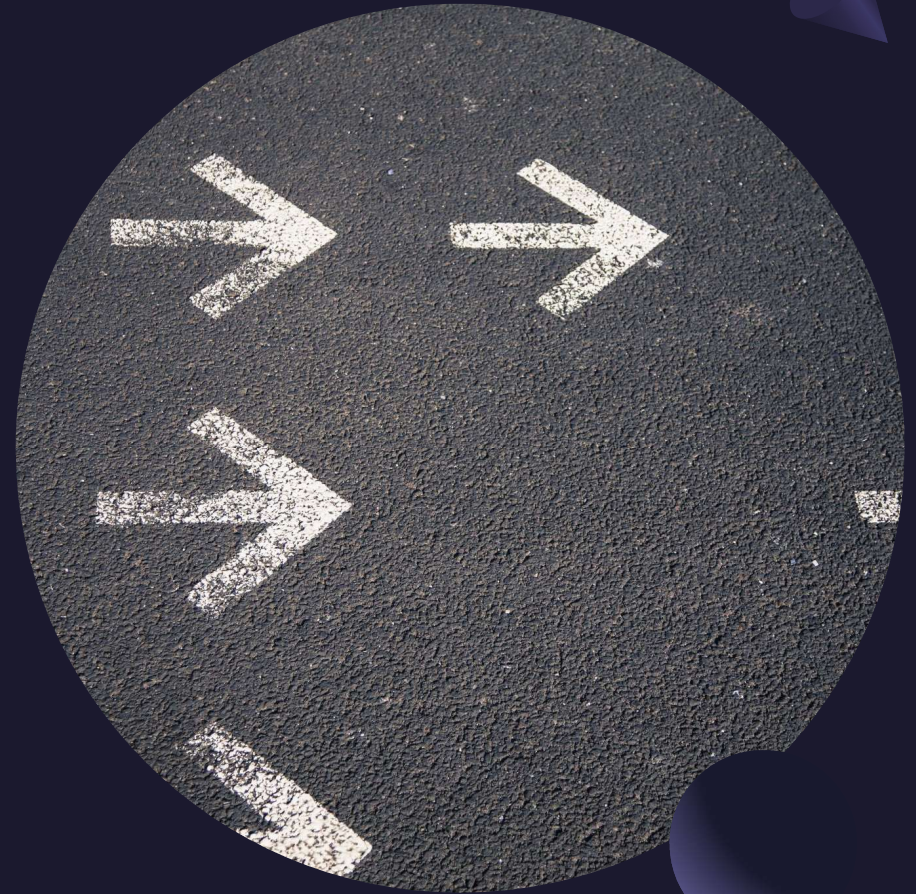
# Limitations

- Multiple Linear Regression Limitations – sensitive to outliers. Outliers must be handled carefully before performing analysis.
- Data Limitations – The major life insurance company's data may not include all the relevant health and lifestyle variables.



# Next Steps

- Gather comprehensive health and lifestyle information on current customers and their beneficiaries.
- Collect similar health and lifestyle information for new customers and their beneficiaries.





# Conclusion

By using a predictive multiple linear regression model, insights can be gained into whether an individual may be considered a longevity risk.

Identifying individuals who are likely to live longer than expected allows life insurance companies to take proactive measures to mitigate unexpected cash flow issues.

