

YOUTH CLINIC

The Knox Youth Clinic is a free service for young people 12-25 years

The Youth Health Clinic provides **free and confidential** services to young people for a range of health care matters including:

- Sexual health
- Mental health
- Drug and alcohol issues.

Nurse Hours:

Young people can see the Youth Nurse and be linked in with a local youth friendly General Practitioner (GP) if required. The Youth Nurse is available on Tuesday afternoons and all day on Wednesday.

General Practitioners hours:

Appointments can be made during these times:

- Tuesday 4pm to 7:30pm
- Thursday 4pm to 7:30pm
- Friday 1pm to 5pm

Make an Appointment:

Headspace Knox on 9801 6088.

You can also contact the Youth Nurse directly on 0439 479 362

beck.wallis@each.com.au

Or Visit Us At:

Youth Information Center.

YOUTH LEADERS PROGRAM

This popular program is offered to Year 10 students from all Knox Secondary schools. It aims to improve young people's skills in the areas of personal growth, communication and listening, leadership, group work, public speaking, and participation. Participants often go on to become peer leaders and educators with our service, their schools or in other agencies.

Two programs of 40 places each are offered annually (usually August and September) to Year 10 students from all Knox's secondary schools. If you are interested in participating in the Young Leaders Program, contact your Year 10 School Coordinator or Kate Clark, Youth Development Worker 9298 8550 or kate.clark@knox.vic.gov.au

YOUTH EVENTS

Green Foot Flicks 2016

Submit your films to this year's film festival event for young people aged 10-25 years who live, work, study or hang out in the City of Knox.

Entries close **Monday 22 February 2016.**

Selected films will be screened at Village Cinema Knox Ozone in National Youth Week 2016

For all specific details, criteria, guidelines, application form visit Green Foot Flicks webpage or contact Kate Clark, Knox City Council Youth Services, kate.clark@knox.vic.gov.au

The Knox Environmental Ambassadors Program

Launching at Stringybark Festival 17-18 October 2015, the KEAP program is a youth driven sustainability initiative that showcases 'big ideas' via courageous conversations, rigorous debate and discussion.

K.E.A.P is contemporary, it is dynamic with a cross disciplinary focus that encourages and supports mixed media; live performance, slam poetry, digital art, film-making, design, invention and innovation. K.E.A.P is where young people stand side by side to roar into the future – we are the difference.

The program seeks to unearth future Leaders and the next generation of sustainable vision makers, guardians and pioneers.

K.E.A.P is now on the lookout for green, 'sociocratic entrepreneurs' with the courage, creativity and tenacity to be the next 'game changers' in a world aching for inspiration.

For more information contact Jeremy Angerson, Knox City Council, Festival and Events
Jeremy.angerson@knox.vic.gov.au

FReeZA

FReeZA is an innovative youth development program providing young people between the ages of 12-25 with the opportunity to attend affordable and accessible music and cultural events.

FReeZA attracts over 140,000 young people each year to events that take place in safe, fully supervised, drug, alcohol and smoke-free venues across the Victoria.

The Victorian Government supports the FReeZA program and is committed to providing opportunities for young people aged 12-25 to participate in this innovative youth development program.

For more information on FReeZA, including upcoming gigs, dance parties, cultural events and more visit freeza.vic.gov.au

YOUTH INFORMATION CENTRE

2 Capital City Blvd, Wantirna South

Monday–Thursday 1–5pm

9298 8469



Knox City Council

**YOUTH
SERVICES**