

SAME SEX ATTRACTED & GENDER DIVERSE

FREE 2 BE ME

"Free 2 Be Me Knox", a support group that runs each fortnight for young people 14 - 18 years who may identify as same sex attracted, gay, lesbian, bisexual, transgender, unstraight, unsure, pansexual or gender questioning. Free 2 Be Me group members participate in a range of activities and discussion groups which may include workshops, guest speakers and having fun!

EMERGE

"Emerge", a discussion group held each fortnight for young people aged 18 - 25 years who may also identify as same sex attracted, gay, lesbian, bisexual, transgender, unstraight, unsure, pansexual or gender questioning. Emerge group members are involved in group discussions which may include guest speakers and projects.

Both groups are run in a safe, supportive, confidential environment with Knox City Council Youth Services team members.

Knox City Council Youth Services has been involved in Midsumma Festival, Carnival, Pride March and IDAHOT Day.

Contact Information:

To Join either group or get more information contact Kate Arnott: 9298 8868 or 0400 097 506

Kate.Arnott@knox.vic.gov.au

YOUTH EVENTS CREW

Knox Youth Events Crew is for enthusiastic young people to plan, create, run activities and events at the range of Festivals Knox holds.

The group is open to young people aged 12-25 years who live, work, study or have a connection to the City of Knox. The meetings are held on a Tuesday from 4:30-6:30pm at Youth Information Centre. For more information about KYEC, contact Kate Clark on 9298 8000
Kate.Clark@knox.vic.gov.au.

COUNSELLING

Counselling on a short-medium term basis is available for young people aged 10-25 years at Knox City Council Youth Services as well as parent and family support.

Counselling as defined by Knox City Council Youth Services includes individual therapy, parent/family work, and therapeutic group work. There is an emphasis on short-term individual counselling with a limited capacity to provide extended support if required.

Knox City Council Youth Services has limited crisis counselling accessibility. Please contact our Youth Resource Worker at the Youth Information Centre (YIC) who can assist by providing alternative referral options to other agencies in the area.

Knox City Council Youth Services provides free counselling service to young people aged 10-25 years who live, work, study or recreate in the City of Knox.

Young people seek support and counselling at various times in their lives for different issues, concerns and circumstances that arise. Counselling from Knox Youth Services is provided in a safe and confidential environment for the young person to be able to express their concerns, chat about their issues and have appropriate support.

If you are seeking a counsellor for a young person, or wanting to source information about our service or other agencies in the area that may be able to offer support and advice in regards to counselling options for the younger person, contact the YIC.

YOUTH INFORMATION CENTRE (YIC)

| Location | Hours |
|----------------------|-----------------|
| Ground Floor | Monday-Thursday |
| 2 Capital City Blvd, | 1-5pm |
| Wantirna South | 9298 8469 |

VOLUNTEERING

Pop into the Youth Information Centre and pick up the "where to know" booklet or visit knox.vic.gov.au youngpeople to find out the latest opportunities to Volunteer in the Knox Community.

YOUTH INFORMATION CARD

The card is small enough to fit into your wallet, so easy to carry with you. It provides emergency and crisis numbers, and information via specific agencies.

The Youth Information Card

Knox Youth Services offers a Youth Information Card to young people aged 10-24 in the Knox area, predominantly through their secondary school and the Youth Information Centre (YIC).

The card offers many useful emergency and crisis numbers and also briefly gives an overview of the YIC.

How do I get a Youth Information Card?

If you are a young person aged between 10-25 years, and you would like a Knox Youth Information Card visit the YIC or Give us a call 9298 8469 or youth@knox.vic.gov.au, and we can mail a Knox Youth Information Card to you!

KNOXLINK PROGRAM

KNOXlink is provided to young people aged 12 to 17 years who predominantly live in the City of Knox and have received a caution, have been charged or are victims of crime.

What is KNOXlink?

KNOXlink is a combined initiative between Knox Youth Services and Knox Police. KNOXlink provides a confidential support and referral service to all young people (and their families) who have come into contact with the police either as a result of being cautioned or charged.

What can KNOXlink offer?

KNOXlink workers can provide advice, information and support on a broad range of issues including; Accommodation services, Drug and alcohol Services, Legal advice, Financial counselling, Personal developmental groups, Counselling services, Parenting and Employment & Training. KNOXlink can also offer parents support, resources and referral options to organisations that can assist them in their efforts to support, guide and manage their child's development and behaviour.

For more information

For more information contact the Youth Resource Officer, Victoria Police (Knox) call 9881 7016 or the YIC