

17th January 2026

To whom it may concern,

Re: Physiotherapy treatment plan & fee estimate (Mohamed Ziani)

This letter provides a proposed physiotherapy treatment plan and fee estimate for Mohamed Ziani for the purposes of private health insurance reimbursement.

Clinical context

Post-operative knee rehabilitation following meniscal repair surgery on 12 November 2025.

Proposed treatment frequency:

- Week 1–4: Up to 3 physiotherapy sessions per week (assessment + guided rehab progression)
- Week 5–8: Up to 2 physiotherapy sessions per week (progressive strengthening + return-to-activity preparation)

Fees (AUD)

- Initial physiotherapy appointment: \$155.00
- Subsequent physiotherapy appointment: \$138.00

Estimated total (based on the above plan):

- Total estimated sessions: 20 sessions (1 initial + 19 follow-up)
- Estimated total cost: \$2,777.00 AUD

Please note: this is an estimate only. The final number of sessions and treatment frequency may change after the initial clinical assessment and depending on progress, symptoms, and any surgeon-specific restrictions.

If you require any further information, please contact us using the details above.

Kind regards,

Jacob Lawrence
Physiotherapist