

## While Loop Statement

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You can make a block of code execute over and over again using a `while` statement. The code in a `while` clause will be executed as long as the `while` statement's condition is `True`. In code, a while statement always consists of the following

- The `while` keyword
- A condition (that is, an expression that evaluates to `True` or `False`)
- A colon
- Starting on the next line, an indented block of code (called the `while` clause)

You can see that a `while` statement looks similar to an `if` statement. the difference is in how they behave. At the end of `if` clause, the program execution continues after the if statement, but at the end of `while` clause, the program execution jumps back to the start of the `while` statement. The `while` clause is often called the `while loop` or just the `loop`.

example of while loop:

```
spam = 0
while spam < 5:
    print("Hello, world. ")
    spam = spam + 1
```

`while` check the value of `spam`, and if it's less than 5 they print a message. if it isn't then the print statement will again executing in line 3.

On line 4 we have a handler to make sure that our code does not creating an infinite loop by increasing the value of `spam` so that condition on line 2 will no longer be `True`.

### break statement

There is a shortcut to getting the program execution to break out of a `while` loop's earlier than turn the condition clause otherwise. if the execution reaches a `break`

statement, it immediately exits the `while` loop's clause. In code, a `break` statement simply contains the `break` keyword.

below is a program to will allow user to break out of itself using `break` statement

```
while True:
    print("Please type your name: ")
    name = input()
    if name == 'your name':
        break
print('Thank you!')
```

## continue statement

Like `break` statements, `continue` statements are used inside loops. When the program execution reaches a `continue` statement, the program execution immediately jumps back to the start of the loop and re-evaluates the loop's condition. (This process also happens when the execution reaches the end of the loop.)

```
while True:
    print("Who are you?")
    name = input()
    if name != 'Joe':
        continue
    print("Hello, Joe. What is the password?")

    password = input()
    if password == 'swordfish':
        break

print('Access granted.')
```

If the user enters any name beside Joe, the `continue` statement causes the program execution to jump back to the start of the loop. When the program re-evaluates the condition, the execution will always enter the loop, since the condition is simply the `True`. Once the user makes it past that `if` statement, they are asked for a password. If the password entered is `swordfish`, then the `break` statement is run, and the execution jumps out of the `while` loop to print `Access granted.` Otherwise, the execution

continues to the end of the `while` loop, where it then jumps back to the start of the loop.