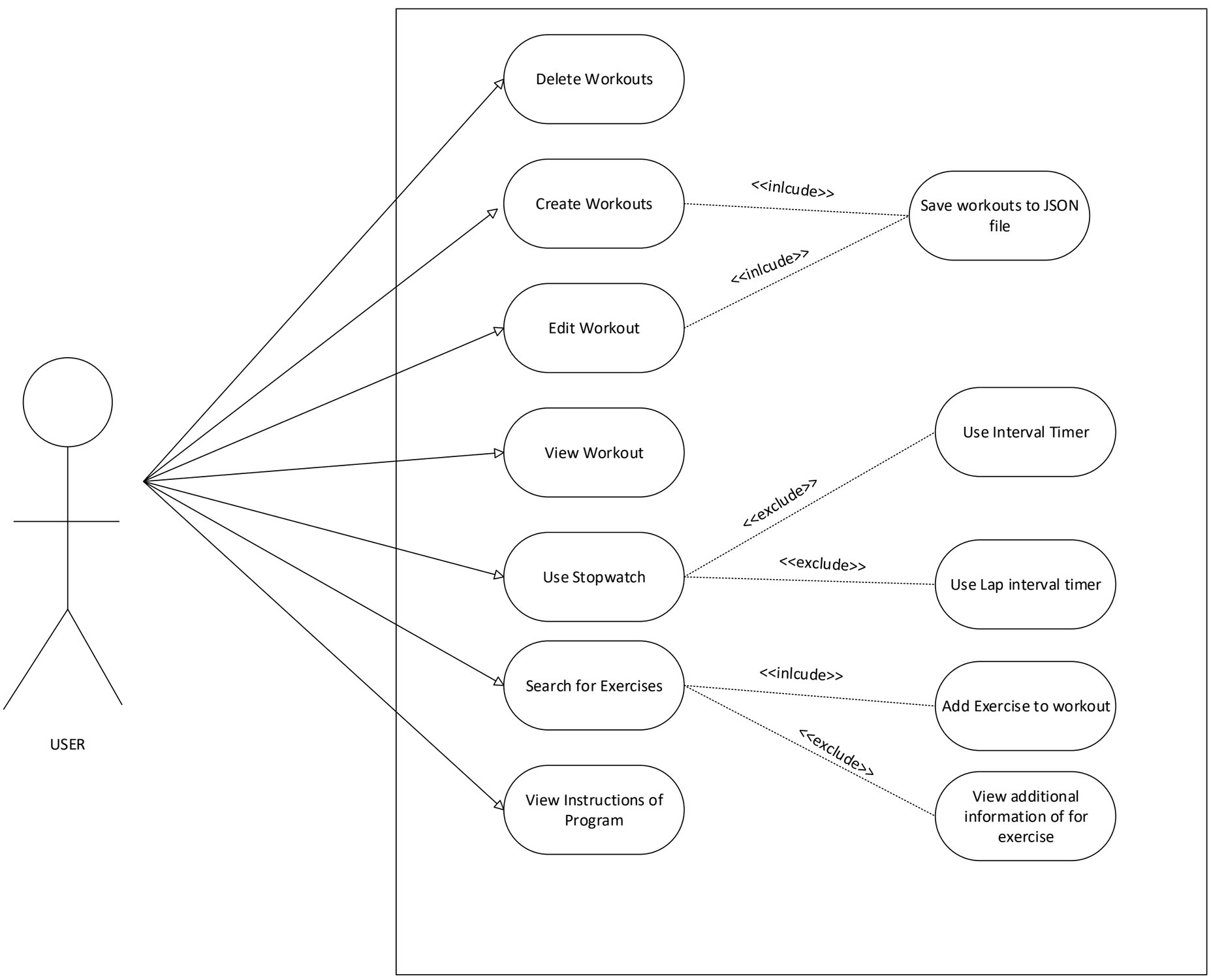
SYSTEM
Delete Workouts
Create Workouts
<<inlcude>>
Save workouts to JSON file
<<inlcude>>
Edit Workout
View Workout
Use Interval Timer
<<exclude>>
Use Stopwatch
<<exclude>>
Use Lap interval timer
Search for Exercises
<<inlcude>>
Add Exercise to workout
<<exclude>>
View Instructions of Program
View additional information of for exercise
USER