

Are you on a GLP-1 receptor agonist for management of weight loss?

Semaglutide - Ozempic, Wegovy

Tirzepatide – Mounjaro

Liraglutide – Victoza, Saxenda

Dulaglutide - Trulicity

These medications have been associated with cases of retained stomach contents and pulmonary aspiration (fluid/food entering the lungs) during sedation for endoscopic procedures or general anaesthesia. Current pre-anaesthetic recommendations from the Australian Anaesthetic (ANZCA) and Gastroenterology (GESA) Societies are as follows:

- **Continue the medication as usual.**
- **Clear fluid diet only 24 hours prior to the procedure.**
- **Nil by mouth 6 hours prior to your procedure time.**
- **If you are having a colonoscopy, you will need to coordinate your morning bowel preparation dose to ensure appropriate fasting times are met.**
- **A small sip of water with your usual medications is allowed.**

If you have Diabetes – please ensure you additionally follow the “**Diabetes Management Pre-Procedure COLONOSCOPY +/- GASTROSCOPY**” information leaflet

Failing to follow these recommendations may result in the cancellation of your procedure.

If you have any concerns or questions about the preparation or procedure, please contact our office on 5574 6133.

Please ensure you make arrangements for someone to drive you home after the procedure. It is not safe to drive until the following day after having sedation or an anaesthetic.