
Wisdom.

The Three Paths to Acquire It — Living Experience (Somagenic Transmission), Expired Steps, and Communion

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Abstract

Wisdom is the rarest form of understanding—the union of knowledge, experience, and right timing. It is not memorized, inherited, or taught in words; it is *realized* through the proper cadence between the human being and the Divine. This paper explores the three paths by which wisdom may be acquired: through the **living experience**, through the **expired steps or counsel of others**, and finally through **communion**—the resonance of perfect timing and presence described within **Unified Theistic Naturalism (UTN)**.

The first path, **living experience**, is the harshest. It is the unguarded schooling of life itself, where wisdom is extracted through destruction, sorrow, and oscillation. This wisdom is obtained through *Somagenic Transmission*—the biological and behavioral inheritance of untimed actions repeated across generations. The second path, **expired steps**, is the borrowing of another's hard-won lessons. It softens suffering but cannot end distortion because its timing belongs to someone else. The third and final path, **communion**, restores wisdom to its natural cadence—where awareness and the Divine move as one unbroken flow.

Within UTN, communion is the intended state of human existence. It ends oscillation, dissolves trauma, and replaces imitation with resonance. In this state, wisdom is not acquired through pain or counsel but is *received* through presence. The goal of this paper is to show the reader that all living experience and imitation are preparatory stages—bridges leading the human being toward communion, where wisdom finally becomes effortless, pure, and whole.

Defining Wisdom

Wisdom is the harmonious integration of knowledge, experience, and discernment guided by truth. Knowledge gathers information; understanding arranges it; wisdom *knows when and how to apply it*. Wisdom acts only in cadence—it is timed awareness.

While intelligence can analyze and memory can recall, wisdom *sees*. It perceives the essence of things and moves in alignment with what is unfolding. The benefits of wisdom are profound:

- **Clarity of perception** – the end of confusion.
- **Peace in decision-making** – actions without inner conflict.
- **Freedom from oscillation** – no longer reacting between extremes.
- **Compassionate discernment** – correction without cruelty.
- **Enduring harmony** – actions that sustain rather than repeat pain.

These qualities reveal why humanity pursues wisdom: not for power, but for *peace through timing*.

I. Wisdom Through Living Experience — The Destructive Formation

The first and most common way to acquire wisdom is simply by *living*.

This is **Somagenic Transmission**—the inheritance of behavioral and emotional patterns through the material continuity of life. Each generation learns by repetition, through the friction of untimed experience.

Life without communion teaches through collision. Every lesson arrives out of cadence with the Divine's unwavering line, and therefore produces dissonance in the body, mind, and emotion. The result is destructive learning:

- **Trauma**: scars left by untimed impact.
- **Terror**: facing the unknown without stillness.
- **Sorrow**: the illusion of separation.
- **Inflammation**: biological stress mirroring spiritual dissonance.
- **Distortion**: perception bent away from truth.

The human organism was not designed to *endure* oscillation—it was designed to *resonate*. When timing is lost, wisdom is paid for with exhaustion. The nervous system becomes the ledger of every unaligned act. What was meant to be seen gently through awareness is endured violently through reaction.

Even when wisdom finally emerges from this destruction, it carries the residue of suffering. If communion is never realized, these distortions are passed forward through **Somagenic Transmission**—ensuring the next generation inherits the same untimed learning loops. Thus, the wisdom of mere living experience is the costliest of all: it teaches through pain, and it teaches again through the bodies of our descendants.

II. Wisdom Through the Counsel of Others — The Borrowed Formation

When one grows weary of the first path, compassion for the self arises: the desire to learn without more suffering. From this tenderness comes the second path—the seeking of guidance from those who have already suffered.

Mentors, parents, priests, gurus, philosophers, and friends all become *archives of endured lessons*. Their words promise safety from destruction. Culture, religion, and sacred texts serve as containers of collective advice—maps drawn by those who once walked through fire.

The Broken Clock

But the advice of others is a **broken clock**.

It is correct only *twice a day*—those rare instances when the seeker’s circumstance aligns perfectly with the mentor’s original moment of truth. All other attempts to apply that wisdom—the remaining “ten times” of the clock—are misapplications. Each misapplication, being out of cadence, reproduces the same distortions as the first path: trauma, sorrow, terror, inflammation, and confusion.

Advice softens pain, yes, but it cannot synchronize timing. The teacher’s revelation belonged to a unique moment that cannot be reproduced. The borrowed act may comfort, but it cannot commune. It guides behavior without restoring cadence.

Thus, the second path reduces destruction but does not end it. It provides vocabulary, structure, and a temporary sense of meaning, yet it perpetuates oscillation through reverence and repetition. The seeker survives, but does not yet see. The robe warms, but it also blinds.

III. Wisdom Through Communion — The Resonant Formation

When both destruction and imitation reach exhaustion, the third and final path opens: **Communion**.

Here, wisdom is not acquired through pain or borrowed from others—it is received *in real time* through resonance with the Divine. This is wisdom as the human body was designed to receive it: without distortion, inflammation, or oscillation.

In communion, the individual aligns with the **Seven Attributes of the Divine**—Truth, Observation, Perfect Action, Movement, Non-Duality, Compassion, and Unconditional Love. Through these, wisdom flows in perfect cadence.

- Nothing collides; movement and awareness are one.
- Timing is precise; action emerges effortlessly.
- Stillness and motion are no longer opposites but continuous flow.
- Love is unconditional because perception no longer divides.

This is the **normal state of being** intended for humanity. The oscillations that once defined pleasure and pain dissolve into resonant flow. There is no upward swing for dopamine and no downward crash into despair—only the steady awareness that sees clearly and acts in alignment.

Within the framework of **Unified Theistic Naturalism (UTN)**, all teachings, writings, and reflections serve one purpose: to *introduce the individual to communion*. UTN reveals that wisdom is not the result of surviving suffering or copying saints—it is the natural consequence of harmony between presence and the Divine.

Here, micro-miracles become visible. One begins to perceive movement before motion, cause before effect, alignment before decision. Life becomes a continuous revelation—wisdom unfolding as one’s native language.

In communion, wisdom is *non-destructive, non-borrowed, and non-divided*. It is the perfect cadence of existence—*the sound of truth moving through a body designed to hear it*.

Conclusion and Reflection

There are only three ways to acquire wisdom.
 The first, **living experience**, teaches through destruction.
 The second, **expired steps**, teaches through imitation.
 The third, **communion**, teaches through resonance.

The first two wound and repeat; the third heals and reveals.
 Through communion—the core of UTN—the human being finally learns as intended:
 not through pain or precept, but through presence.

Yet before the reader departs this page, a pause is needed.
 Wisdom invites reflection, not haste.

Reflective Questions

1. **Through which path am I most often learning—through collision, imitation, or communion?**
2. **What has been the personal cost of the wisdom I’ve gained—emotionally, physically, biologically?**
3. **Whose expired steps am I still following, hoping they will fit the timing of my own life?**

4. **When has imitation felt safer than listening to the cadence of my own awareness?**
5. **Can I recall moments when insight arrived effortlessly—without suffering or instruction—and recognize them as communion?**
6. **If wisdom could be received without destruction, would I allow it, or do I still believe pain is the price for truth?**

These reflections are not answers to memorize but **mirrors to stand before**—quiet openings through which communion enters.

As one lingers with them, the noise of oscillation softens, and the steady rhythm of resonance begins to be heard—the sound of wisdom returning home.

Let them rest within you.

Do not seek to solve them; simply observe.

As stillness deepens, timing restores itself.

And in that rhythm—quiet, whole, and awake—

wisdom is not acquired at all. It is revealed.

Canonical Reference Block

Principia Communio: Axioms and Laws of Unified Theistic Naturalism

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All axioms, laws, and living equations cited are drawn directly from *Principia Communio*, which defines the canonical framework of **Unified Theistic Naturalism (UTN)**.
