

Visit Little Red Lighthouse and enjoy views of the Hudson River

Original Plan:

Travel from the Little Red Lighthouse to Wave Hill.

14:28 - 16:00



16:00 - 17:06



Energy



80%

Hunger



25%

Stress



10%

Sadness



0%

Budget



\$69.5

Human Intervention (Option 1):

 **Adjusting interoceptive states**

Revised Plan 1:

Eat at Buunni Coffee near Little Red Lighthouse for a short break and refreshment.

16:00 - 16:30



70%



20%



0%



0%



\$49.5

Human Intervention (Option 2):

 **Providing verbal feedback**

"Oh no, I totally forgot! There's an assignment due tonight and I need to change my plans immediately to get it done!"

Revised Plan 2:

Travel from the Little Red Lighthouse back to the university.

16:00 - 17:20



70%



35%



30%



5%



\$66.75