

Patient: Jane Doe, Female, 35 years

Date: March 5, 2025

Clinician: Dr. Emily Carter, MD

Chief Complaint:

Patient reports experiencing unexplained weight loss (approximately 12 lbs over 2 months), anxiety, insomnia, increased heart rate, heat intolerance, tremors in hands, and intermittent diarrhea.

History and Examination:

Vital Signs: BP 128/76, HR 105 bpm, RR 18/min, Temp 98.8°F

Physical Exam: Slight tremors observed, diffuse thyroid enlargement upon palpation without nodules. Warm skin, mild exophthalmos noted bilaterally.

Assessment:

Symptoms and physical findings are consistent with Graves' disease.

Plan:

Recommended blood panel including: TSH, Free T4, Free T3, TPO antibodies, Thyroid-stimulating immunoglobulin (TSI), and CBC to confirm diagnosis. Follow-up scheduled to discuss lab results and next steps.

