# Instituto Tecnonólogico y de Estudios Superiores de Monterrey



FINAL PROJECT REPORT

# The Impact of Urban Agriculture in Sustainable Cities.

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# INSTITUTO TECNONÓLOGICO Y DE ESTUDIOS SUPERIORES DE MONTERREY

### **Abstract**

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Leadership for Sustainable Development

The Impact of Urban Agriculture in Sustainable Cities.

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The debate on the role of urban agriculture in the sustainable city discourse remains unresolved in the conventional literature. Therefore, the purpose of this study was to review relevant literature to clarify the role of urban agriculture in sustainable cities. The search for literature was guided by themes such as: a) urban agricultural practices, b) indicators for the measurement of sustainable cities, c) economic, social and environmental benefits of urban agriculture, and d) negative effects of urban agriculture on the city. The results from a synthesis of the literature indicate that urban agriculture supports the economic, social and environmental sustainability of cities. However, if the discussion gives credence to only the economic dimension of sustainability, then urban agriculture loses the debate. This is because the economic benefits of prime city land that is used used for nonagricultural purposes (such as commercial or industrial) is profound. However, the social and environmental functions of responsible urban agriculture, particularly in reducing the rift between urbanisation and nature, may be difficult to quantify. These social and environmental functions underscore the importance of urban agriculture in the city landscape. The paper concludes by arguing that focussing on only economic sustainability in the urban agriculture-sustainable city discourse is a travesty of the idea of sustainable development. The paper presents practical steps that can be taken to preserve agriculture in cities towards their sustainability.

**keywords:** sustainable cities, compact cities, urban agriculture, urban land use planning

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## 1 Introduction

Globally, urban land attracts very high rent. This is attributed to rapid urbanisation and ease of accessibility [87]. Consequently, farmers who are unable to compete for lands due to their low bid rents, have been priced out of the urban land market [6, 7, 46, 72]. This is the central position of the William Alonso's bid-rent theory. The theory explains how land users are willing to pay high rents for an area of land in an open and competitive land market. Similarly, the theory of 'highest and best use' has been used to justify the allocation of city lands to uses that command high bid rent [81, 15, 33]. The theory expresses the need to allocate city land to uses that produce the largest net income over a given period of time [33]. Therefore, city authorities give prominence to nonagricultural uses on the scale of city land allocation preference. Consequently, agriculture has been confined to the urban periphery and rural areas where the value of land is within the means of agricultural land users.

However, rapid urbanisation and its attendant sprawl, particularly in the global south, are threatening the sustainability of agriculture even at the urban periphery [6, 56]. Projections by the United Nations indicate that by 2020, the developing countries of Africa, Asia and Latin America will be home to approximately three in four urbanites, and eight of the anticipated nine mega-cities in the world. Furthermore, by 2030, approximately twothirds of the world's population will live in cities. The expected increases in the city population will have implications for high demand for urban lands leading to their allocation to the highest and best use. Furthermore, agricultural land uses in the urban periphery will continue to be invaded by the more competitive land uses, which could have dire consequences on food security and poverty levels [41].

From the discussion, urban agriculture can only be sustained if city authorities consciously integrate agriculture into the city land use planning and

zoning processes. Nevertheless, the city authorities, particularly in the global south, have given little to no attention to agriculture despite their resolve to make their cities sustainable (evident in the Sustainable Development Goal 11). This could be explained by their apparent belief that the highest and best use of city land is not to allocate it to agricultural uses. This belief may have been fuelled by the lack of clarity in the narrative in the conventional literature about the role of urban agriculture in building sustainable cities. The literature on the effects of urban agriculture is contested between two divides. The first maintains that agriculture in cities performs economic, social and environmental functions, which contribute to the sustainability of cities. For instance, agriculture in cities in Sub-Saharan Africa supplements the nutritional needs of urbanites and reduces their food expenditure [17]. In Yaounde in Cameroon, urban farmers consume almost a quarter of the vegetables they produce [77], whereas in Ghanaian cities, urban vegetable farmers supply almost all the exotic vegetables (lettuce and spring onion) that are consumed in the cities [47, 29]. The works of Ackerman et al. [2], Opitz et al. [71], Specht et al. [82] and Ayambire et al. [12] also highlight the role of urban agriculture in food security.

Besides the economic functions, urban agriculture is known to perform social and environmental functions. The environmental functions are in the forms of air and water quality enhancement [54], and pollination and biocontrol activities [54, 22]. The social functions are evident in its support for political activism and volunteerism in cities. For example, a study showed that farmers in New York City are more likely to engage in voluntary works for community development than the general population [69, 76]. Also, farms in Dar es Salaam in Tanzania serve as rallying grounds for political parties during election years [62]. Dimitri et al. [28] note that urban farms provide educational and community building functions (e.g. social missions).

The discussion points to the profound role of urban agriculture in the sustenance of cities. This is, however, in contrast with the position of the scholars who maintain that the contribution of urban agriculture to city sustainability is not momentous. For instance, Veenhuizen [89] suggests that urban agriculture may increase the burden on women as they combine their household duties with agricultural activities. In addition, urban agriculture, particularly in the global south, has been known to fuel child labour and truancy in school [30, 43]. Furthermore, the excessive use of agro-chemicals [5, 3]

and/or the use of untreated wastewater for unrestricted irrigation [6, 7, 16, 58, 66] are known to have adverse health and environmental consequences. The discussion reveals the two-sides of the discourse on the role of urban agriculture in the sustainability of cities.

Based on the theory of 'highest and best use' and the arguments against urban agriculture, city authorities, particularly those in the global south, make little attempts to integrate agriculture into the city land use planning and zoning processes. For instance, Amponsah et al. [6, 7] point out that city authorities in Kumasi and Accra in Ghana do not include agriculture in the land use plans of the cities. Their emphasis has rather been on land uses that have high bid rents because these lands are perceived to promote the 'highest and best use' of urban land in tangible terms. However, using net income over a given period of time from tangibles [33] as the determinant of highest and best use of land may be misleading. The difficulty in measuring the present value of social and environmental services may lead to an underestimation of the importance of urban agriculture. In this case, the picture portrayed of urban agriculture in the city sustainability discourse may not be whole. The aim of this paper, therefore, was to attempt to clarify the nexus between urban agriculture and sustainable cities by considering the arguments for and against urban agriculture.

The paper is structured into six parts. The first is the introduction, which highlights the unresolved arguments for and against urban agriculture. The second section covers a conceptual framework for sustainable cities. The third section presents the materials and methods while the fourth covers an assessment of the nexus between urban agriculture and sustainable cities. The fifth section presents a discussion of the results of the study and their implications for city land use planning while the sixth presents the conclusion of the study.

# 2 Conceptual Framework

This section of the report opens with an overview of urban agriculture and ends with a conceptual framework for sustainable city.

#### 2.1 Overview of urban agriculture

The Food and Agricultural Organization [32] defines urban agriculture as any production in the home or plots in an urban area. Central to this definition is the understanding that urban agriculture assumes the nature of farming and gardening in rural areas [71]. Whether to consider peri-urban agriculture as part of urban agriculture or not is a subject that remains unresolved in the conventional literature. While some scholars and organisations limit their description of urban agriculture to only gardens and farms within the inner city [24], others describe it to include agricultural activities in the peri-urban areas [65]. Thebo, Drechsel, and Lambin [86] make a clear distinction between urban agriculture and peri-urban agriculture based on geographical location. The authors indicate that peri-urban agricultural activities take places within a buffer of 10 to 20 km of the urban geographic boundary. Based on this distinction, the present study focuses on only agricultural activities that take place within an urban geographical boundary or is within 10 km range from a city's core. The work of Ayambire et al. [12] gives a detailed distinction between urban and peri-urban agriculture.

The purpose of urban agriculture differs between cities in the global south and those in the global north. In the latter, people farm typically for recreational or aesthetic reasons although farming for household food supply becomes pervasive during economic meltdowns [61]. In the former, farming is mainly to satisfy household food needs and for other commercial reasons [7, 61]. Typically, households in the cities in the global south farm on undeveloped lands, marginal lands and community plots mainly for food for household consumption whereas empty spaces of post-industrial landscapes are

being used for agricultural purposes. Rooftops, balconies and more recently vacant lots, road medians, and parks are used for agricultural purposes in the cities in the global north [61]. In this context, urban agriculture is used in the present study to typify crop farming done through community gardens, allotments, backyard gardens and rooftop gardens.

#### 2.2 Conceptualising a sustainable city

The concept of sustainable cities has its roots in the United Nations World Commission on Environment and Development's (UNWCED) idea of sustainable development. The UNWCED summarised sustainable development as meeting the needs of the present generation without compromising the ability of future generations to meet their own needs. The concept has been a standard to strive for in many areas of human activity. It is a normative concept that determines theway humans should act towards nature, as well as the way they should be responsible towards one another and future generations [94]. However, Lew, Ng, and Ni [53] suggest that numerous definitions of sustainability and sustainable development are sometimes sloppy, vague and narrow. This is partly due to the varied understanding of sustainable development and the numerous semantics in the institutional, ideological and academic definitions of sustainability [63]. For instance, environmental economists believe in economic reductionism by undervaluing ecological goods while social ecologist is reductionist-holistic by focusing on the domination of people and nature. These believes translate into their conception of sustainability and sustainable development. Mebratu [63], therefore, concludes from the varied conceptions particularly on the cosmic perceptions about the separate existence of nature, economy and society, are problematic for sustainability research. Again, the conceptual understanding and perception of the environment (which comprises living and non-living things) and ecology (which refers to the relationship between living organisms and their environment) as synonymous has affected and continues to affect the conceptual understandings of sustainable development. These can undermine the understanding of a sustainable city since they are intertwined. For clarity, this study's focus on sustainable development considers its tripartite dimension (economic, social and environmental).

In recent times, the sustainable city concept has assumed prominence. This is evident in the Sustainable Development Goal [SDG] 11, which is "to make

cities and human settlements inclusive, safe, resilient and sustainable". The concept's growing prominence is fuelled by rapid urbanisation of the world and the associated effects on environmental quality. The implication is that sustainability should be a crucial objective every development endeavour should strive to achieve. In this regard, the primary goal of urban development should be to make cities and their ecosystems healthy and sustainable [40]. However, the discourse on urban development and urban sustainability has resulted in a plethora of studies equating the sustainable city concept to the new vision of a compact city. This seems to be a conceptual contention like the definition of sustainable development.

The main idea behind the compact city concept is to have a city that is energy-efficient and less polluting because of the proximity of houses to the market centres, shops and work places. The focus is on compactness, which will result in less travel, efficient use of public transportation and ultimately reduce emissions [1]. Typically, compact cities have less space for green-infrastructure due to the inherent physical and institutional obstacles that limit the quantity and quality of amenity vegetation. Studies have also shown that compactness can have adverse effects on domestic living space, affordable housing, and increased crime levels [56]. These effects are contrary to the principles of a sustainable city, which emphasise a balance among economic development, environmental protection, and equity in income, employment, shelter, basic services, social infrastructure and transportation [Hiremath]. In this regard, we do not use a compact city interchangeably with a sustainable city in the present study.

The confusion between sustainable city and compact city prompted the authors of this study to provide a clear and comprehensive picture of the meaning of a sustainable city. As stated earlier, the nuanced conception of sustainable development affects the meaning of a sustainable city. This results in the concentration of indicators that reflect a limited number of dimensions [84]. However, Hellstro [39], concludes that it would be unfeasible to try to compile all indicators from all available databases. Therefore, scholars tend to specify on some criteria/indicators based on the focus of their studies and their ideological orientations. For instance, Hellstro [39] proposed a six study-specific criteria for measuring sustainable urban water management. These criteria are: a) health and hygiene, b) cultural contribution, c) spreading of toxic compounds to water and soil, d) use of natural resources,

e) cost benefits, and f) functional risk. The criteria are study-specific and not crosscutting. Many other scholars and organisations use a variety of criteria to define sustainable cities (see: Green City Index, Global City Indicators Facility and the Global Compact Cities Circles of Sustainability). The nuances in the sustainable city indicators are attributable to varied conceptual understanding of a sustainable city discussed above [42].

Models and indices are also backed by conceptual views. As such, there is the need to try to complement the strengths and weaknesses of several indicator-sets to derive a more robust and comprehensive model for measuring sustainable city. The use of indicators is also relevant because they provide a much more detailed and quantitative way of measuring the sustainability of a city. Therefore, in this report we review some of the existing models (the Green City Index, Global City Indicators Facility and the Global Compact Cities Circles of Sustainability) to develop a framework that adequately identifies the indicators for a sustainable city. This framework serves as the basis for the discussion of the role of urban agriculture in sustaining cities.

#### 2.2.1 The Green City Index

The Green City Index is regarded as one of the robust models for the identification of a sustainable city [42]. It comprises 30 indicators, which are grouped under eight categories. These categories are a) environmental governance, b) carbon dioxide (CO2), c) buildings, d) transport, e) water, f) waste and land use, g) energy and h) air quality (refer to Appendix A). The strength of this model lies is its ability to be applied in several geographical contexts. The index has been the basis for the following reports: African Green City Index, Asian Green City Index, European Green City Index, German Green City Index, Latin American Green City Index, and U.S. and Canada Green City Index [42]. The wide application of the model, its comprehensiveness and attribute as a "strong sustainability indicator" Huang et al. [42], were the main reasons for considering it in this paper.

Furthermore, there are some inherent linkages among the suggested indicators. One indicator has effects on the outcome of another. For instance, the indicators on carbon dioxide (CO2), which aims to reduce emissions, are directly linked to the indicators on transportation and air quality. The use of non-car transportation and increased use of green transport will most likely

result in the improvement of air quality. This can also lead to the strengthening and sustenance of a green action plan. Again, the indicators on energy are directly linked to the indicators on buildings. The management of energy consumption and the increase in the use of renewable energy are most likely to translate in energy efficient buildings if used in those structures.

#### 2.2.2 Global City Indicators Facility

Unlike the Green City Index, the Global City Indicators Facility attempts to cover all aspects of urban life, with significant emphasis on economic and social measures of sustainability (refer Appendix B). The model conceptualises a sustainable city based on strong economic and social structures. The Global City Indicators Facility was created by the World Bank, working with the Japanese Trust Fund. Compared with the Green City Index, its weakness lies in the limited focus on pollution or air quality, CO2 emissions, clean and renewable energy consumption and environmental governance. However, if cities consider indicators on wastewater, water and particulate matter emissions as suggested in the Global City Indicators Facility, they may accrue direct and external benefits to capture all the environmental indicators suggested by the Green City Index. In addition, the Global City Indicators Facility was designed to focus on cities with over 100,000 inhabitants and lacks a standardisation, which makes it difficult for cities to share best practices and learn from each other [60]. However, this does not dispute its importance in the sustainable city discourse.

In another vein, the Green City Index and the Global City Indicators Facility agree on the use of specific indicators such as particulate matter concentration, solid waste, transportation, wastewater, water consumption and energy. However, they do not cover aspects of embodiment and enough food and flora and fauna. These are essential requirements for sustainable cities [2, 71, 82]. The implication is that the Green City Index and the Global City Indicators Facility complement each other to identify a robust set of indicators to measure the sustainability of cities. The weaknesses in these models and the earlier contentions in the literature on compact cities and sustainability precipitated the review of the Global Compact Cities Circles of Sustainability.

#### 2.2.3 Global Compact Cities Circles of Sustainability

The Global Compact Cities Circles of Sustainability is a method used for assessing the sustainability and for managing projects directed at socially sustainable outcomes. It has been used by several cities such as Johannesburg, Melbourne, New Delhi, São Paulo and Tehran and by several organisations such as the UN Global Compact Cities Programme, World Vision and Save the Children to understand and support sustainability efforts (KPMG International). It is based on 28 indicators (refer to Appendix C), which are subdivided into four broad categories. These categories are politics, culture, economics and ecology. A scale of critical, being the least, and vibrant, being the best, is used alongside the indicators to rank development efforts.

The inadequacies of the Green City Index and the Global City Indicator Facility in not providing for embodiment, sufficient food and flora and fauna have been covered by the Global Compact Cities Circles of Sustainability. The strength of this index is its global list of indicators as well as its suitability for different countries. An analysis of the Global Compact Cities Circles of Sustainability shows some similarities with the Green City Index and Global City Indicators Facility in terms of the considerations they give to health, education, gender, technology, infrastructure, waste, water and air. Again, the indicators under the Global Compact Cities Circles of Sustainability are complementary. For instance, actions targeted at reducing emissions and waste are more likely to improve the habitat, settlements, recreation, identity and organisation of an area. However, the Global Compact Cities Circles of Sustainability, unlike the Green City Index and the Global City Indicators Facility, does not cover into details the aspects of environment, energy management and civic engagement.

Relevant as these and many other models (such as the Improvement and Efficiency Social Enterprise (IESE) Cities in Motion Index, Gross National Happiness Index and Sustainable Society Index) are in the measurement of the sustainability of a city, the indicators used to measure a city's sustainability vary. This is evident in the observed differences in indicators among the three models covered in this study. This is because the way systems and a city function depend on information flows within them (Meadows, Randers, & Meadows, 2004). Therefore, choosing which indicators to measure is a crucial determinant of the behaviour of a system or city (Meadows, 1998). Due to this, some suggestions have been made on how to measure

a sustainable city since all the indicators are not fixed and applicable in all places and situations. For instance, Tanguay et al. (2010) suggest a method of survey-based selection strategy for Sustainable Development Indicators (SuBSelec). Here, researchers must: a) choose the most cited indicators, b) cover the components of sustainable development and the pertinent predetermined categories and c) choose the simplest sustainability indicators to facilitate data collection, understanding and dissemination. Furthermore, Olsson, T., Aalbu, and Bradley [70] suggests the need to make sure selected indicators are: a) relevant to decision making, b) clear in value, c) adequate in scope, d) feasible, e) simple, f) adequately communicated, g) democratic, h) multidimensional, i) distributional, j) forward looking, k) physical, and l) comparable. However, Olsson et al. [70], recognised the difficulties in indicators meeting all the above listed criteria; thus, concluded that the criteria should serve as a guide not a standard in selecting the most applicable.

The criteria presented by scholars (such as: Olsson et al. [70] and Tanguay et al. [84]) as well as the suggestion by Hellstro [39] served as a guide in selecting the indicators for this study. For this reason, the paper presents a framework that merges the indicators for measuring a sustainable city to cover the economic, social and environmental dimensions of a city. The merged framework (Fig. 3.1) presents the indicators that were used to assess the nexus between urban agricultural and sustainable cities. Overlaps were addressed by taking only one indicator. This however underscores the strength of the indicators in question.

### 3 Methods

The study is based on a systematic review of secondary data. The term secondary data is used in this study to refer to data that are used to address research questions that are different from the ones the original collector sought to answer [88]. The search for the secondary data was guided by phrases such as: a) urban agricultural practices, b) indicators for the measurement of sustainable cities, c) economic, social and environmental benefits of urban agriculture, and d) negative effects of urban agriculture on the city.

The literature on indicators for sustainable cities was screened for commonalities and differences towards building a conceptual framework, which was used to analyse the nexus between urban agriculture and sustainable cities. The conceptual framework was developed from the following models: a) the Green City Index (Appendix A), b) the Global City Indicators Facility (Appendix B) and c) Global Compact Cities Circles of Sustainability (Appendix C). The framework integrates the strengths of each model and together addresses the inherent weaknesses of a single model. The indicators were then categorised into three, namely economic, social and environmental to reflect the concept of sustainable development (Fig. 3.1). The three dimensions are referred to as themes in this report. The literature was analysed by subjecting each of the content analysed to the specific indicators under the sustainable city themes.

The literature was drawn from several geographical locations with different agro-climatic, economic, social and environmental characteristics. Lessons from these places underscore the importance of urban agriculture to the sustainable city discourse. For instance, in the global north, the importance of urban agriculture is more environmental in nature than socio-economic. However, the social and economic functions of urban agriculture are more pronounced in the cities in the global south. Despite these differences, the conceptual framework in the present study brings together economic, social

**Social Dimension** 

Under age 5 mortality per 1000 live births Average life expectancy

Hospital beds per 100000 population Fire related deaths per 100000 population

Social equity

 Gender gap index Civic engagement

Student/teacher ratio

Number of fire fighters per 100000 population

Percentage of students completing primary and secondary education

#### **Economic Dimension**

- Percentage of persons in full time employment Gross Domestic Product per capita
- PPP (purchasing power parity)
  Capital spending

- Tax revenue
  Percentage of Jobs in the cultural sector
- Percentage of women employed Genuine Savings as % of GNI (Gross National Income)
- Household revenue or income
- Debt service ratio

#### **Environmental Dimension** Change in total population size Square meters of public recreation space per capita Clean air policies Sustainable Green land use policies City Green management Waste reduction policies CO2 and other GHGs management Energy use efficiency and clean (renewable) energy Water use efficiency Area of organic farming Public participation in green policy Green action plan Solid waste management and recycling Use of non-car transport Wastewater treatment

FIGURE 3.1: Sustainable City Framework.

and ecological indicators and can be applied in every city. The selection of the crops to cultivate to achieve the sustainability goals would however be based on the local climatic conditions.

# 4 Analyses

As presented in Fig. 3.1, the indicators for measuring a sustainable city are categorised into economic, social and environmental. This section of the paper discusses the nexus between urban agriculture and sustainable cities with reference to the indicator-sets under each of the themes.

#### 4.1 Urban agriculture and economic sustainability of cities

#### 4.1.1 Full-time employment

Urban agriculture provides employment, and has thus become a major means of livelihood, for people in many cities particularly in the global south [47, 96]. An estimated 2100 farm labourers in Morogoro and 6400 in Mbeya, Tanzania are engaged in urban agriculture as either attendants or fodder collectors [43]. Similarly, approximately 120,000 low-income households (including farmers, garland makers and garland sellers) in Manila, Philippines depend on jasmine production for their livelihoods [44]. Many examples of urban agriculture's role in employment creation abound in the conventional literature [7]. The general observation is that urban agriculture's role in employment creation is widespread in the global south as depicted in Table 4.1.

TABLE 4.1: Number of people engaged in urban agriculture in the global south. [32].

Region	Number (million)	Principal live-hood	
Sub-Saharan	11	Commercial vegetable growing or	
Africa		dairy farming	
Northern Africa	6	Horticultural and livestock products	
and the Middle		(fruit, vegetables and poultry)	
East region			
South Asia	11	Perishable high-value commodities	
		such as milk and fresh vegetables	
East and South-	7	Perishable high-value commodities	
East Asia		such as milk and fresh vegetables	

Not only is urban agriculture a source of employment to farmers but also to stakeholders along the value chain (Fig. 4.1). Community and farmers' markets and door-to-door delivery of food baskets in Argentina, Brazil and Uruguay are examples of jobs created in the commercial sector by urban agriculture [43]. Similarly, majority of vegetable farmers in urban and peri-urban Ghana deliver their produce to wholesalers, who are predominately women, at the farm-gate [8, 5]. These wholesalers in turn sell the produce to retailers, food vendors and households as depicted in Fig. 4.1. The farm produce is conveyed from the farm-gate to the open markets by transport operators.

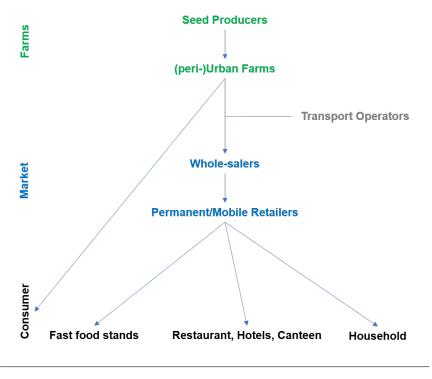


FIGURE 4.1: Flow chart of vegetable supply chain. [29]

The discussion so far suggests that urban agriculture makes a profound contribution to the employment of the labour force in the global south. The situation differs from the cities in the global north because the narrative in the conventional literature suggests that the motivation for urbanites and city authorities to promote agriculture in these cities lies in its ecological functions as well as its support for leisure and recreation [75]. The implication is that the role of urban agriculture in employment creation in the global north may not be as profound as it is in the global south. This is because, urban agriculture in the global north is not economically-centred but rather centred on its environmental functions. Nonetheless, recent studies give indications that the functions of urban agriculture in the global north is gradually shifting from leisure and recreation to more of urban sustainability and economic

resilience [61]. The increasing focus on economic resilience means that the contribution of urban agriculture in the global south and north appears to be converging even though there are variations across cities. Nevertheless, if the agricultural lands had been used for non-agricultural purposes, the employment effects may have been more profound. For instance, industrial and commercial activities on these parcels of land may have made more profound contributions to employment creation.

#### 4.1.2 Employment for women

According to Prain and Lee-Smith [77], two out of every three urban farmers in Yaounde, Nakuri, Maputo, Nairobi and Kampala are women. Generally, these women farmers engage in subsistence farming with the objective of meeting the family demand for fresh, nutritious and chemical-free food [34]. The rest of the urban women farmers sell the excess produce for income. However, agriculture could be a burden to these women due to the numerous roles they perform at the household level. The argument does not pertain to agriculture but also applies to almost all the economic activities the women are engaged in. The implication is that without addressing the issues that foster gender inequality, women's engagement in agriculture in the cities could be a burden [89]. There must therefore be a conscious effort by policy makers and social advocates to help minimise the pressure on women emanating from the combination of household chores and economic activities such their involvement in urban agriculture.

Generally, commercial urban agriculture is dominated by men as depicted in Table 4.2. In contrast, women are dominant at the market and food vending stages of the supply chain [29]. It can therefore be deduced that commercial agriculture in the cities in the global south is gendered and thus makes a profound contribution to employment for both women and men. However, as the economic arguments have always been, if the agricultural lands were used for nonagricultural purposes, more women may have been employed. This argument lies at the heart of the theory of 'highest and best use' of urban land.

#### 4.1.3 Income generation and gross domestic product

Several households in both developing and middle income countries opt for urban agriculture as a source of livelihood [5]. Drechsel and Keraita

Country	City	Female (%)	Male (%)
Benin	Cotonou	25	75
Burkina Faso	Ouagadougou	38	62
Cameroun	Yaoundé	16	84
Cote d'Ivoire	Abidjan/Bouake	5-40	60-95
Gambia	Banjul	90	10
Ghana	Accra, Kumasi, Takoradi and	10-20	80-90
	Tamale		
Guinea	Conakry, Timbi-Madina	70	30
Mali	Bamako	24	76
Mauritania	Nouakchott	15	85
Nigeria	Lagos/Ibadan	5-25	75-95
Sierra Leone	Freetown	80-90	10-20
Togo	Tsévié, Lome	20-30	70-80
India	Delhi, Mumbai, Chennai, Hyder-	17	83
	abad and Bengaluru		

TABLE 4.2: Gender in urban agriculture in selected cities. [5]

[29] point out that two out of every three urban vegetable farmers in Accra, Ghana had no intentions of leaving the job even if they were offered regular salaried employment. Based on this and many other factors (such as limited employment opportunities in the formal sectors, flexibility in work schedules, etc.), Amponsah et al. [6] conclude that vegetable farming in Kumasi, Ghana's second largest city, had become an employment destination for many.

Amponsah et al. [6] conclusion could be attributed to the higher incomes the farmers earned from the agricultural activities in the cities. For instance, Keraita, Jiménez, & Drechsel Keraita2008 identified that urban farmers in Ghana earned twice or more the incomes of their counterparts in rural areas. This appears to be the case in several other cities in the global south as indicated in Table 4.3. The earnings enable the urban farmers to contribute to national income. For instance, YiZhang and Zhangen [95] found that 2.7 million urban farmers contributed 2% of Shanghai's gross domestic product. Similarly, para grass production and sale in Hyderabad, India contributes an estimated annual income of USD 4.5 million to the city's economy. In Hartford, USA, urban agriculture is estimated to contribute between 4 and 10 million dollars in gross domestic product [68].

The value of urban agriculture to a city's gross domestic product may not be

<u></u>	A 1 · 1	A 1 ONIT
City	Annual income per ha	Annual GNI per capita
	(US\$)	(US\$)
Nairobi in Kenya	1770	645
Dakar in Senegal	2234	773
Kumasi in Ghana	420-1920	522
Hyderebad in India	830-2800	<i>77</i> 1
Haroonabad in Pakistan	840	931
Guanajuato in Mexico	1935	7755

TABLE 4.3: Incomes earned by urban vegetable farmers in six cities. [46, 29, 20]

significant when compared to non-agricultural land uses. This could be a justification for the pricing out of agriculture in city land use planning processes. However, as indicated earlier, gross domestic production and other economic indicators underestimate the actual contribution of urban agriculture to city development. The approach excludes ecological and social dimensions of urban agriculture. Probably, if these dimensions could be valued and added to the value of urban agriculture, then urban agriculture could be as valuable as other land uses.

#### 4.1.4 Savings and expenditure

It can be observed from Table 4.4 that expenditure on food in Bangalore, Accra and Nairobi for households who engaged in urban agriculture was below the average of 50–70% for the urban poor [32]. The situation in the cities in the global north may be different given that urban households are driven by leisure and recreation to engage in agriculture cites. In these cities, households spend minimum proportions of their incomes on food, which implies limited contribution of urban agriculture to household savings. The savings may however originate from transportation. The literature indicates that households spend less on transport to obtain or transport food as compared to the other household items. Hamilton et al. [37] had earlier observed that savings occurred as a result of the reduction in transport cost for the urban farmer. The savings result from the amount these farmers would have otherwise incurred if they were to travel to procure the items, they produce themselves. Furthermore, urban agriculture means some farm produce are now closer to consumers than if the produce were to be supplied by rural farmers. This will therefore reduce travel cost and time to access food items by urban dwellers.

Expenditure item	Selected cities			
•	Bangalore	Accra	Nairobi	
Food	29.2	36.5	39.4	
Utilities	16.8	12.3	13.1	
Education	11.5	16.7	16.9	
Health	10.4	8.2	5.1	
Clothes	8.1	7.7	3.0	
Shelter	7.0	3.2	18.9	
Loan/debt	6.2	1.4	0.4	
Transport	4.6	7.9	2.5	
Other	3.3	0.8	0.2	
Family events	2.1	4.5	0.2	
Domestic help	0.7	0.8	0.2	

TABLE 4.4: Expenditure pattern of urban agriculture households in some selected cities. Source: World Bank (2013).

#### 4.1.5 Tax revenue

Taxes are very important elements in managing developmental activities in cities. Taxes collected through urban agriculture covers all the actors along the produce supply chain. It is worth noting that, national income from taxes from urban agriculture can be directly linked to the expenditure farmers make and the employment obtained. Urban agriculture contributes significantly to tax revenues from property taxes. According to Liu [79] and Voicu and Been [90], urban farms and community gardens contribute to the increase in home values. For instance, the presence of gardens in California contributed to the rise in property values as much as 9.4

Transportation taxes are also paid by urban farmers who transport their goods within or outside the urban area. Some urban farmers indirectly pay transportation taxes through the purchase of fuel for irrigation or the transportation of farm goods and services. Additionally, the wholesalers or retailers engaged in the sale of the urban agricultural produce pay taxes to city authorities. In Kumasi, a city in Ghana, wholesalers and retailers who operate in the open markets pay taxes in the form of market tolls (tickets) [13]. The amounts paid ranges from 5 to 10GHp (0.01 USD–0.02 USD) a day and are paid to the Kumasi Metropolitan Assembly. Similarly, in the United States, the income that is obtained from urban farming does not represent a separate kind of income. They are determined and taxed like income from other businesses of a comparable size apart from some detailed regulations regarding

farm income. However, national subsidies for soil, groundwater or environmental protection, care for wild animals or forests are sometimes tax-free for the farmers [10]. In a similar vein, some municipalities (Rosario in Argentina and Cagayan de Oro in The Philippines) use tax exemptions as a means of promoting urban agriculture.

Useful as the taxes may be, taxes to the cities may be more if the agricultural lands had been used for non-agricultural purposes such as commerce or industry. The tax exemptions could also be avoided if the lands were used for non-agricultural purposes. Such arguments are underpinned by the theory of 'highest and best use' which focuses on only the direct economic benefits derived from the use of land. These theories suggest that allocating land for urban agriculture deprives its access for other more economically beneficial uses such as industrial, commercial and residential uses. This explains why a rise in the value of urban agricultural land is mostly associated with the change in use from agriculture to alternative land uses [68].

#### 4.2 Urban agriculture and social sustainability of cities

#### 4.2.1 Educational functions

Buehler [21] suggests that urban agriculture provides a medium for learning experiences, youth development and educational programmes. Agricultural projects in California and Philadelphia in the United States of America are used to highlight the role of urban agriculture in education [19]. These educational services are directed towards teaching the citizens where, how and by whom the food they eat is grown so as to enable them make informed decisions about their food systems. The agricultural projects in the cities serve as avenues for children and adults to acquire practical skills on food production and processing.

Furthermore, through their social networks, urban farmers who have had the benefits of education by research institutions impart the knowledge to their counterparts. For instance, urban vegetable farmers in Kumasi in Ghana who have participated in research activities on the World Health Organization's Multiple Barrier Interventions have transferred the knowledge to their counterparts who were not part of the training programme [6, 7]. This is used to highlight the replication effects of such research projects on the larger community.

Urban farmers' earnings from agriculture are used to support their children in school [77]. A study conducted in SriLanka by Gamhewage et al. [34] concluded that 22% of urban farmers prefer to expend their savings on the education of their children to spending on household possessions. Similarly, in India, some women contribute approximately 23% of their share in household education expenditure from the incomes they earn from urban agricultural activities. Another study in Kampala, Uganda also concluded that urban male farmers and female farmers spend 26% and 12% of their incomes respectively on the fees of their wards in school [20].

Nevertheless, urban agriculture, particularly in the global south, is known to fuel child labour and truancy in school [30, 43]. For instance, in Dar es Salaam, Tanzania, children have been found to engage in urban agriculture at the expense of their education. Similarly, child migrants have been found to be engaged as farm labourers on urban farms in Kumasi, Ghana [8]. Yet, in these countries, child labour is prohibited. The higher returns from the urban agricultural activities could be an explanation for their attractiveness to children, especially migrant children.

By enforcing the child labour laws, the children can take advantage of the free and compulsory universal primary educational policies and programmes in these countries to enrol in schools [67]. This will ultimately enhance the educational functions of urban agriculture towards social sustainability of cities.

#### 4.2.2 Civic engagement

A growing body of literature points to the increasing importance of community supported agriculture in civic engagements. For instance, Obach and Tobin [69] and Pole and Gray [76] found that people in New York City who were engaged in urban agriculture were more politically engaged and more likely to volunteer in their communities compared to the general population. Similarly, in Dar es Salaam in Tanzania, urban farms were used as political gathering spaces in the run up to the 2010 elections. In fact, some farms had small concrete platforms that were used for political rallies. Despite these observations, Pole and Gray [76] maintain that generally, the desire for organic foods is the motivation for people to interact with urban farmers other than civic engagement. Obach and Tobin [69] add that consumers of urban agricultural produce are less likely to engage in charitable giving than the

general population. The authors conclude that if the motivation for engaging in urban agriculture is economic, then it is less likely to promote civic engagement.

The narrative points out that economic reasons including household food security, employment and income generation are the main motivations for people's engagement in urban agriculture [8, 47, 43, 96, 5]. On the other hand, the reasons for agriculture in the cities in the global north are more inclined towards leisure and ecological functions [43, 37]. In this regard, urban agriculture's role in civic engagement may be more pronounced in the global north than the global south.

#### 4.2.3 Safety and security

Urban agriculture makes an important contribution to the safety of a city. For instance, roof-top gardens help to promote energy efficiency in buildings and contribute to fire prevention [41]. Furthermore, clearing an area of bush in a city for agricultural purposes has the potential to eliminate hiding spaces for thieves (real or imagined). Customers, people walking through, people who live nearby, people looking for a day labour job, and more, all interact with urban farmers. The interactions make profound contributions to the social sustainability of cities.

A study by the University of Pennsylvania's Perelman School of Medicine in Philadelphia found that greening vacant lots (which could take the form of urban agriculture) made nearby residents feel significantly safer, and that the greened lots were linked to reductions in certain gun crimes in the area [49]. This is consistent with the results of the work of Kuo and Sullivan [50] which revealed that the greener a building's surroundings were, the fewer the reported crimes. Following this, the Youngstown Neighbourhood Development Corporation initiated a 'Lots of Green' programme in 2010 to reuse vacant lands. A recent study established that there were reductions in burglaries around stabilisation lots, and assaults around community reuse lots [48]. This could be a validation of the broken window theory, which states that maintaining and monitoring urban environments in a well-ordered condition may stop further vandalism and escalation into more serious crime. The Urban Food Crisis [85] explains that using blighted lots for urban agricultural purposes sends a signal that criminal activities are not welcome in the area, which ultimately reduces crime rates.

Other studies point to the negative side of urban green space [18]. These include encounters with physical danger such as poisonous animals and thorny plants, and the fear of crime [83]. These authors, after a systematic review of literature, point out, however, that factors such as gender and individual's experiences are most influential in evoking fear of crime. This means that the crimes that result from urban agriculture may be imagined from an earlier experience. A fear of crime may therefore be imagined but not real. People should be alerted to thorny plants and poisonous animals to mitigate the adverse effects on neighbourhoods. These measures could enhance the role of urban agriculture in urban safety and security.

#### 4.2.4 Gender equality and social equity

Urban agriculture contributes to bridging gender gap and promotes social equity through the employment opportunities it offers to both men and women. As presented earlier in Table 2, women form a significant part of the labour force that is engaged in urban agriculture. They can gain employment at every stage of the supply chain. This reduces gender inequalities [43]. In the case of hired labour, more women (54%) than men were employed. Kutiwa, Boon, and Devuyst [51] also point out that urban agriculture in Harare in Zimbabwe provides women the opportunity to earn secondary income, improve nutritional value of the household diets, and participate actively in budgeting and decisionmaking processes at the household level.

However, women tend to engage in urban agriculture for household food supply while men engage in it for economic reasons. This could perpetuate the income gap between men and women in many cities. Furthermore, the disparity in the gender roles at the family level implies greater burden on women in the cities in the global south than men. Typically women shoulder more household responsibilities (like childcare and domestic work) than men [64], which implies that urban agriculture could have the potential to aggravate the burden of work on women and gender inequality [89]. These have implications for the systems and practices that perpetuate gender inequality but not necessarily preventing a certain gender category from engaging in urban agricultural activities or any economic activities.

#### 4.2.5 Health benefits

Urban agriculture contributes to the health of a city through its contribution to food security [71] and income for farmers and their families to access

health care. Community gardens give residents access to fresh fruits and vegetables [52], which are critical to safeguarding their health and that of the city in general. From a social point of view, urban agriculture can ensure food availability and accessibility, which can translate into food affordability. Also, women take advantage of the produce from household gardens to diversify the family food intake, which ultimately results in healthier diets. Research also shows that people who participate or have family members that engage in community gardens "were 3.5 times more likely to consume fruits and vegetables at least 5 times per day than people without a gardening household member" [4]. In this regard, urban agriculture helps to reduce malnutrition and promote the general health of the city population.

However, some studies point to the adverse effects of urban agriculture on the health of the cities. These studies highlight the excessive use of agrochemicals [89, 5, 3], which could undermine the health of producers, consumers and environment at large, and the use of untreated wastewater for food production without regard to safe practices in many cities in the global south [Ndunda, 6, 89, 16, 6, 58]. In addition, the urban agricultural farms can result in the spread of diseases through mosquitoes and the scavenging animals.

Based on these adverse effects, the emphasis of the discourse on the role of urban agriculture in cities' social sustainability should focus on responsible agriculture. This underscores the need to regulate the urban agricultural subsector for compliance with safe agricultural practices and general neighbourhood sanitation measures.

#### 4.2.6 Recreation

Community gardens and rooftop gardens contribute to both indoor and out-door recreation [37]. These gardens can provide a place where people in an area in a city come together for mutual benefits. For instance, in the early 20th Century, upper class Russians resorted to dachas as hobby farming to improve upon recreation [37]. Community gardens and rooftop garden also serve as tourist attraction centres [43] and improve the value of urban property. A classic example of this is in Beijing China. Here, people spend one-day to tour over 1900 sightseeing farms and pick produce [43].

Some individuals in Detroit have resorted to urban agriculture as a means

of increasing the value of their property [92]. Each community garden in California also contributed about half a million dollars to the local economy through rise in the value of real property [90]. People are attracted to some of these buildings because of the plants and ornaments around.

#### 4.2.7 Technology and innovation promotion

Urban agriculture provides the avenue for the development of technology. For instance, some urban farms in Hong Kong Island, China are recycling water with PV-powered UV-LED disinfection [23]. Other farms use hydroponic [21] systems to produce leafy greens, tomatoes, and herbs. These technologies could contribute to the preservation of urban agriculture and its significant roles even in cities where land is increasingly becoming scarce due to rapid urbanisation.

Urban agriculture also provides an avenue for new research and technology to be developed. Examples include research on varieties of seeds, and type and amount of light required for plant growth. This type of agriculture therefore incorporates the use of technology as a means of optimising levels of production. Disregarding technology and innovation in urban agriculture could result in unreliable and ineffective farms.

### 4.3 Urban agriculture and environmental sustainability of cities

#### 4.3.1 Management of emissions

Cities are noted for their poor air quality due to emission from vehicles and industries [38]. The cities are often found to have dangerous levels of greenhouse gases. Urban agriculture can play significant roles in the management of these emissions [73]. It is estimated that 711,000 metric tons of air pollution is removed annually by urban trees [93]. However, in densely populated urban areas, it is almost always impossible to plant enough trees to promote air quality. In such situations, rooftop gardens can be encouraged although this has cost implications because of the need for buildings with supportive structural integrity.

Yang et al. [93] found that the levels of acidic gaseous chemicals and particulate matter decreased by 37% and 6%, respectively, on a 4000  $m_2$  green roof built in Singapore. Similarly, a Toronto study estimated that 7.87 metric tons of air pollutants per year could be removed by 109 ha of green roofs

[93]. In this regard, planners, particularly in the cities in the global north, are making conscious efforts to mainstream green infrastructure in city land use planning. For instance, the government of Canada under the Ottawa Green Belt Programme has acquired 37,000 acres of land and leased these lands for green infrastructural purposes, which includes farming [75]. However, the cost implications make roof-top gardening in the cities in the global south difficult to adopt. Zoning and planning regulations in these cities should rather integrate urban agriculture into city land use systems rather than taking reactionary measures like roof-top gardening.

Despite the ability of urban agriculture to manage emissions, some studies have argued that organic urban agriculture can result in the emission of some gases, which may be detrimental to the environment. According to Davison and Cape [27], about 90% of atmospheric ammonia in the US come from organic agriculture. The ammonia originates from agricultural activities including soils, fertilisers and domesticated animals waste [74]. The ammonia compound (gas-to-particle or acidic reactions), is transported by winds and returns to the surface by wet or dry processes, which may contribute to the degradation of air quality and visibility, as well as to the atmospheric radiative balance [11]. To guarantee urban agriculture's role in the management of emissions, there ought to be stringent monitoring and reduction of the dietary crude protein for animals to reduce ammonia in animal waste.

#### 4.3.2 Water management

Sustainable water management has been the aim of city authorities across the globe. This is because forecasts by the OECD (2012) suggest that over 40% of the world's population will live in water-stressed regions of the world by 2050. It is estimated that irrigated agriculture accounts for around 70% of all the world's freshwater withdrawals [80]. The implication is that irrigated urban agriculture can exacerbate the pressure on available freshwater resources particularly in the water-stressed regions of the world. Therefore, the dilemma is whether to promote urban agriculture and risk exacerbating the pressure on freshwater resources or apply the limited freshwater for non-agricultural purposes and forego its roles in the sustainability of cities. Strategies that can mitigate the effects of irrigated urban agriculture on sustainable water management could be the antidote to the dilemma.

The conventional literature indicates that strategies such as wastewater reuse,

sheet mulching, swales and basins, and drip irrigation can reduce the pressure urban agriculture poses on freshwater resources [31]. Similarly, technologies such as aeroponics, film farming [12], automated weather station networks, soil and plant measurement systems, and dynamic simulation models [45] can alleviate water scarcity challenges. The prohibitive cost of these technologies undermines their adoption for agricultural purposes particularly in cities in the global south where incomes are low [12]. Their use for micro-scale production, which is typical of urban agriculture, makes its use uneconomical. The discussion points to the use of less costly options such as sheet mulching and wastewater for restricted irrigation.

Wastewater treatment is ideal. However, the high wastewater treatment cost challenges its adoption in the low-income cities in the global south. In this regard, emphasis of the discourse should be on wastewater reuse for restricted irrigation [37], which calls for its promotion to resolve the negative perceptions urbanites have about wastewater reuse for productive purposes [59]. Urban farmers and stakeholders along the value-chain should also be monitored to comply with health risks reduction measures (see WHO guidelines for the safe use of wastewater, excreta and greywater in agriculture) when using wastewater for restricted irrigation purposes. This will safeguard public health. Land tenure security could be an important strategy to encourage the commercial urban farmers, particularly in sub-Saharan Africa, to comply with the health risks reduction measures.

#### 4.3.3 Waste management

Urban agriculture provides a means by which municipal organic waste is put to good use. Due to its nutrient-rich character, Germany encourages the use of solid waste as compost in agriculture. Other European Union member states are developing ideas and techniques to collect organic waste and produce compost for agriculture [9]. A study in New York City in 2009 reported that more than 130 community gardens had composting activities, which were integrated with the existing city sanitation policy and plans. Similarly, the municipality of Governador Valadares provides incentives for composting and reuse of household wastes in urban farms. The City of Cape Town also provides incentives for the use of compost by poor urban farmers [41]. The use of compost for crop farming in the cities in the global south has been extensively reported in the conventional literature [5]. These initiatives help to improve environmental sanitation.

Urban agriculture also contributes to the treatment of wastewater and ultimately minimises the rift between nature and the environment. Lydecker and Drechsel [57] estimate that vegetable farms in Accra in Ghana treat the wastewater from about 225,000 households. The soils serve as filters for the treatment of the wastewater that is used for irrigation purposes. However, Drechsel and Keraita [29] maintain that urban farms can only absorb and filter a limited proportion of the wastewater due to the high degree of pollution in these areas in developing countries. Despite this, agricultural lands play significant roles in reducing the extent of environmental pollution that results from the discharge of untreated wastewater into the environment. Using wastewater for irrigation purposes amounts to internalisation of resources in the cities, which is consistent with the concept of sustainable cities. Pollution of the sea and other freshwater resources by untreated wastewater is reduced when it is encouraged for irrigation purposes [55].

Despite the promising role of urban agriculture in urban waste management, urban agriculture can lead to the discharge of wastewater into water bodies. According to Veenhuizen [89], urban poultry farms as well as farms that use poultry manure may discharge wastewater high in micro-organisms into open water supplies. As a mitigating strategy, some cities (such as Harare in Zimbabwe) have adopted an approach to filter water from farms through a natural purification process before it enters the city reservoir [51]. The emphasis of the discourse should, therefore, be safe and responsible urban agriculture to offset its adverse effects on city waste management

#### 4.3.4 Energy efficiency

Cities tend to be warmer than their surroundings as a result of the high energy consumption [38]. Urban heat island effects cause cities to have daytime surface temperatures of up to 10 °C higher than the suburban and rural areas around them [91]. Urban agriculture can help to reduce the urban heat island effects by providing shade and enhanced evapotranspiration, and thus providing more cooling and less smog. A study in the University of Manchester revealed that a 10% increase in the amount of green, possibly through urban agriculture in cities, can help to reduce surface temperatures in urban environments by up to 4 °C [35]. A similar study in New York City showed that a combination of urban forests and white roofs can reduce overall daytime temperatures by 1.2 F, and by 1.6 F around the peak temperature time of 3 pm [2].

Shading by vegetation blocks help to redistribute incoming solar radiation and diffuses light reflected from nearby urban surfaces that would otherwise be reflected or re-radiated as sensible heat by urban surfaces [79]. Green roofs can increase evapotranspiration while reducing the energy demand for space climate conditioning [78]. Green roofs can also help in the management of energy consumption in residential buildings and its intensity. They can also help decrease the energy required to heat and cool buildings [2]. The location of farms in cities also reduces the need to transport goods such as food to markets and farm inputs to farms.

The energy efficient function of urban agriculture suits the proponents of compact cities who are focused on managing energy and pollution. Despite the ability of urban agriculture to manage energy, the intensive use of technology may intensify the energy use in the cities. A study conducted in Yuma, Arizona, USA compared the energy requirements of hydroponics and conventional agriculture. The conclusion was that hydroponics offered  $11 \pm 1.7$  times higher yields but required  $82 \pm 11$  times more energy compared to conventionally produced lettuce [14]. The argument in the discourse therefore points out that though urban agriculture helps to manage energy use in the cities, some technologies have the potential to increase energy use in the city. Focus on renewable energy use by these technologies could help to manage emissions. This should be an area for research.

#### 4.3.5 Organic farming in percentage of total agricultural area

Organic agriculture has received attention in a growing body of literature. Even though agriculture provides food, it is a major contributor to greenhouse gases, biodiversity loss, agro-chemical pollution, and soil degradation [25]. This has brought up the debate of adopting alternative farming systems that are more environmentally friendly. In Germany, there have been new developments to heavily promote organic farming and the banning of pesticide use in public owned urban allotment gardens. There are more than 1.4 million organised allotment gardens, which occupy an area of nearly 47,000 ha [41].

In New York City, organic farming reduces the environmental and economic costs of dealing with the city's waste stream by using waste as compost. Also, in Rosario in Argentina, organic waste is converted into bio-fertiliser and

reused. Similarly, El Alto, Bolivia recycles organic waste material from the gardens to feed and raise guinea pigs [41].

The adoption of a labour intensive production in urban agriculture results in the consumption of less crude fuel by machinery for extracting, processing and transporting fossil fuel based fertilisers [26]. However, the idea of using waste for compost may escalate into untenable negative effects if not managed well. The odour that may be created from the waste from animals [36] may negatively affect the role of urban agriculture contributing to organic farming. There is the need for regulations to manage the organic substances used in the farmers to mitigate the adverse effects.

### 5 Our Contribution

Plentiful, healthy, economic and safe food for the entire planet is a topic to be held in our minds for the following years. Food safety and security are the main challenges to be discussed along with the confrontations against climatic change. At least 55% of the world's population already lives in urban areas, and this number is expected to rise to 65% by 2050. (FAO, 2019) Nearly 80% of all food produced is consumed in these urban areas and, according to information of the Food and Agriculture Organization of the United Nations, 60% of irrigated and 35% of rainfed croplands are within a 20 km radius of urban agglomerations. (FAO, 2019) Additionally, almost one third of all food produced for humans is lost into waste that comprises more than 50% of all municipal waste. (FAO, 2019) Finally, it is important to point out that in low-income countries, food expenditures can take up to two thirds of the total household. (FAO, 2019) Food policies require training citizens about new lifestyles. The training purpose is to incentivize awareness to address sustainable food safety and security. (Sandrini, 2014) The lifestyle of human kind shall be amended, particularly in regards of our food supply chain, from the farming, distribution to the end consumer. Through food education, the system players (consumers and producers) are trained. A new lifestyle will also have an environmental impact related to transportation and distribution. (Sandrini, 2014)

It is important to conserve farming land, especially in areas already subject to strong urbanization. GardenGem's purpose is to be a tool for urban gardeners, researchers and citizens for food education and urban agriculture.

### 5.1 Impact on the Economic Dimension

Urban gardening has been part of the human economic activities since the emergence of cites as the urban phenomena developed. (Calvet-Mir, L., &

March, H., 2019) A study carried out by Calvet-Mir, L. & March, H. established the importance of urban gardening as a response to financial crisis and their strong correlation to community resilience against war and other adversities. Populations of growing poverty rates in cities are also impacted by the development of urban gardens. Self-production or self-sufficiency of food are directly related to food security during economic crisis and shortages. Helping build self-sufficient cities improves the health and quality of food and rises awareness around local produce food sovereignty.

GardenGem takes this perspective into account, trying to aim towards an economically sustainable activity that can provide better food prices and optimal operational costs to any user of the application.

#### 5.2 Impact on the Social Dimension

Urban gardening comes as a response to changing social and political circumstances. There have been numerous initiatives to promote their practice during conflicts and economic crisis to tackle food distribution problems during specific historical moments. These factors have an important effect shaping the form, function and culture of urban gardens and their members. (Calvet-Mir, L., & March, H., 2019) Since the last century, we have witnessed a growing institutional recognition of urban gardening, through national and local legislation in many countries, including Mexico.

Urban gardening portrays emancipatory and alternative views about the urban development and social relations. There is evidence of urban gardens being used to protest against political corruption, empowering the people and appealing to citizen responsibility to overcome any crisis. (Certomà, C., 2015) Social entrepreneurship and social innovation are strongly related to urban gardening since it is subject of continuous improvement mainly due to the huge positive impact it has in people's lives. It has been demonstrated that urban gardens have the effect of strengthening community ties, enabling intercultural exchanges, facilitating community building as and enhancing social cohesion where the garden is located. (Calvet-Mir, L., & March, H., 2019)

The GardenGem team is making research on these aspects to develop the right campaign for the encouragement of urban agriculture. We are working

to find the correct approach towards people and government for incentivization and support.

### 5.3 Impact on the Environmental Dimension

Human beings have been altering their environment since the beginning of their existence; in fact, this specific trait is the most concluding evidence of human presence in any place or time. Urban planning is the practice of spatial arrangement of urban areas. (Certomà, C., 2015) These arrangements unequivocally have an impact on the environment, thus the planification of cities must always consider alternatives for the best land distribution to allow human development without strangling itself by damaging its resources. Urban agriculture enhances the diversity and distribution of food and nonfood products through processes that reuse human and material resources. This has a positive impact in and around the urban area supplying products and services to the same area in return. (Broadway, M., 2009)

We want to prepare people with tools that empower them to take their environmental impact on their hands and start acting positively in the right direction. GardenGem is meant to improve the caring of the environment in a sustainable and practical way.

### 5.4 Garden Gem Objectives

GardenGem is a mobile application that will help urban gardeners by assisting them in the correct development and maintenance of their urban gardens. Garden Gem's will provide the information required to find compatible food plants with similar care and know the number of plants that can be placed within a given land area. Additionally, it will offer an in-app store to facilitate the purchase of materials and supplies for the optimal development of their urban garden. Further into the future, the app will feature a community intercommunication between urban gardeners to allow sharing and trading. The compatibility with other technologies as the Food Computer from the Open Agriculture Iniciative from the MIT will make this application even more useful for the automation of urban garden production.

Economical goal: To enable the average citizen, and local community to grow vegetables locally in order to save money and create a possible source of

income.

Social goal: To promote social integration and combat poverty by the creation of urban garden communities based on participation.

Environmental goal: To enhance the diversity and distribution of food products through processes that reuse resources in a sustainable and local way.

The methodology to follow in order to get the best contribution to urban agriculture is first to develop some surveys that can help having a better and more realistic view of the current situation of the way agriculture is done in cities. Once the data has been gathered, the next step is the development of a mobile application that considers all the issues and situations regarding growing plants. The application must be provided by this information so it can give more accurate information related with growing plants.

The next step is for the user to enter the information about the plants that wants to grow. The application must be able to provide the user with a detailed description of the necessary growing conditions in order to make plants grow better despite all conditions that may affect their growing, depending on the issues found for the given plant.

Finally, the application must be tested by real users in order to get the necessary feedback to verify the correct operation of the application. Thus, the development of the application could be validated and considered for furthermore applications.

Monetization The monetization of this product will be based in the in-app store where users and suppliers will receive small fees for each buy. One product that is expected to become a popular purchase is the kit for the construction of a Food Computer, since all the manuals and designs are openly available in the Open Agriculture Initiative. These fees will be the main source of income in the beginning. Once the community functionality is ready, trading fees between gardeners and direct consumers or distributors will support the application and its growth.

### 5.5 Garden Gem Results

Development of the mobile application The app can record data about growing plants in order to monitor the growing conditions and make the plants grow better by identify potential issues during the growing process. The application is also concentrating in the three pillars of sustainability focusing on its impact in the improvement of life standards for any user of our application according to the economic, environmental and social perspectives that were previously described in this project.

Figure 1 to 3 show the final application running on an android device. In Figure 1 the actions that have been already done to the plant are recorded and showed. Figure 2 shows the proper characteristics needed for feeding Amnesia X OG. Finally, figure 3 shows all the current plants that are intended to growth in the best possible way.

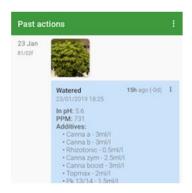




Figure 1 Record of the actions done to a given plant.

Figure 2 Feeding Amnesia X OG, characteristics.



Figure 3 All plants.

According to the surveys performed to people from multiple backgrounds, the application received an approval rate of above 95%. More than 60% of

the people who participated on the survey were already considering urban gardens before checking our app, and more than 90% thought it would be useful. The complete results of this survey are presented in the annex section of this document.

### 6 Conclusion

The complexities involved in the development of sustainable cities cannot be overlooked by researchers and policy makers. The concept of sustainability has over the years been over-simplified. This has led to researchers and policy makers focusing mostly on the multi-functional dimensions of sustainability to the neglect of the complementary and conflicting roles of these functions. This study, which seeks to determine the nexus between urban agriculture and sustainable cities has helped in clarifying the various divergent arguments in the sustainable city discourse. Conceptually, this research relied on a framework that assesses the sustainability of cities from the economic, social and environmental sustainability dimensions. Its strengths lie in the use of a comprehensive set of indicators to measure sustainable cities, which makes the framework relevant to both research and policy making.

The results show that the social, economic and environmental functions of urban agriculture have both positive and negative outcomes. The review further showed that, the benefits of urban agriculture especially the ecological and social dimensions have been grossly underestimated. This has led researchers such as Veenhuizen [89] and Yamusa [3] to argue that the contributions of urban agriculture to sustainable cities have been exaggerated. However, the review indicates that urban agriculture can propel the drive of many countries, especially in the Global South, towards sustainable development. Varying contextual factors such as climate, topography, increasing rate of urbanisation, land commodification and scarcity affect the nature of agricultural activities. For instance, vertical farming techniques and container gardens may be appropriate in compact cities where land scarcity is highly prevalent. Similarly, water-efficient technologies and wastewater reuse should be encouraged in cities within the arid and semi-arid regions of the world.

In cities with relatively large vacant lands, urban agriculture should be sustained through conscious integration into city land use planning and zoning processes. In the developed countries where there is effective enforcement of land use regulations, ecologically-sensitive areas can be protected through zoning regulations and can provide spaces for urban farming practices that reinforce their ecological functions. However, in developing countries such as Ghana where there is ineffective enforcement of land use regulations, urban agriculture could play an important role in helping to protect these ecologically sensitive areas. Ecologically sensitive areas such as wetlands play very significant functions in the city such as flood management. We therefore suggest that zoning these areas which are already in use for urban agriculture could serve a dual function of protecting them as well as sustaining urban agriculture. Emphasis is on responsible agriculture, which will largely protect the ecological functions of these land uses. Urban green spaces and ecologically-sensitive areas that will be zoned for agricultural purposes must be acquired by the government and city authorities by paying the right amount of compensations to the land owners. This will help to address the problem of land commodification by traditional authorities and other land owners.

GardenGem will be a functional "plant data base" to allow the users to search over 30,000+ plants of the world over multiple criteria and get up-to-date information about their specific requirements for successful culture. GardenGem aims to become the most reliable resource for food education and urban agriculture development. After having provided the information and "know how" to the users, we will be adding hardware on sale for the physical improvement of their urban gardens. For this step, we will be contacting external providers to announce their products on our application and make them compatible with our technology. One of the main projects we are to be involved in is OpenAg Initiative from the MIT. The Personal Food Computer (PFC) they have developed has all the hardware and software design necessary for the automation of crops. (pfc\_edu\_3.0 OpenAg, 2019) Together with GardenGem, this computer may be more easily operated by any user. Talking with authorities to provide legal advice and permits in the development of this gardens in public areas is another important task to be done for a larger positive impact in local communities.

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## A The Green City Index

TABLE A.1: Supplementary Table: The Green City Index. Source: (Economist Intelligence Unit 2009; Venkatesh 2014)

Environmental 1.1 Green action plan 2.2. Green management control of the con	1.1.1 An assessment of the ambitiousness and	000
1.2. Green management 1.3. Public participation in green policy		1.1.2 Scored by Economist
		Intelligence Unit analysts on a scale
	n and monitor environmental performance.	of 0 to 10.
9	1.2.1 An assessment of the management of	1.2.2 Scored by Economist
	environmental issues and commitment to	Intelligence Unit analysts on a scale
	achieving international environmental	of 0 to 10.
S	standards.	1.3.2 Scored by Economist
1	1.3.1 An assessment of the extent to which	Intelligence Unit analysts on a scale
)	citizens may participate in environmental	of 0 to 10.
)	decision-making.	

0.10000100	Ladiontono	December	Mountains to the state of
Categories	Indicators	Description	Normansation technique
2. Carbon dioxide	2.1 Emissions	2.1.1 Total CO2 emissions, in tonnes per head.	2.1.1 Min-max.
	2.2 Intensity	2.2.1 Total CO2 emissions, in grams per unit	2.2.2 Min-max; lower benchmark of
	2.3 Reduction strategy	of real GDP (2000 base year).	1,000 grams inserted to prevent
		2.3.1 An assessment of the ambitiousness of	outliers.
		CO2 emissions reduction strategy.	2.3.2 Scored by Economist
			Intelligence Unit analysts on a scale of 0 to 10.
3. Buildings	3.1 Energy consumption	3.1.1 Total final energy consumption in the	3.1.2 Min-max.
	of residential buildings	residential sector, per square metre of	3.2.2 Scored by Economist
	3.2 Energy-efficient	residential floor space.	Intelligence Unit analysts on a scale
	building standards	3.2.1 An assessment the extensiveness of	of 0 to 10.
	3.3 Energy-efficient	cities' energy efficiency standards for	3.3.2 Scored by Economist
	building initiatives	buildings.	Intelligence Unit analysts on a scale
		3.3.1 An assessment of the extensiveness of	of 0 to 10.
		efforts to promote energy efficiency of	
		buildings.	
4. Transport	4.1 Use of non-car	4.1.1 The total percentage of the working	4.1.2 Converted to a scale of 0 to 10.
	transport	population travelling to work on public	4.2.2 Min-max. Upper benchmarks of
	4.2 Size of non-car	transport, by bicycle and by foot.	4 km/km2 and5 km/km2 inserted to
	transport network	4.2.1 Length of cycling lanes and the public	prevent outliers.
	4.3 Green transport	transport network, in km per square metre of	4.3.2 Scored by Economist
	promotion	city area.	Intelligence Unit analysts on a scale
	4.4 Congestion reduction	4.3.1 An assessment of the extensiveness of	of 0 to 10.
	policies	efforts to increase the use of cleaner transport.	4.4.2 Scored by Economist
		4.4.1 An assessment of efforts to reduce	Intelligence Unit analysts on a scale
		vehicle traffic within the city.	of 0 to 10.

Categories	Indicators	Description	Normalisation technique
5. Water	5.1 Water consumption	5.1.1 Total annual water consumption, in	5.1.2 Min-max.
	5.2 Water system leakage	cubic metres per head.	5.2.2 Scored against an upper target
	5.3 Wastewater	5.2.1 Percentage of water lost in the water	of 5%.
	treatment	distribution system.	5.3.2 Scored against an upper
	5.4 Water efficiency and	5.3.1 Percentage of dwellings connected to the	benchmark of 100% and a lower
	treatment policies	sewage system.	benchmark of 80%.
		5.4.1 An assessment of the	5.4.2 Scored by Economist
		comprehensiveness of measures	Intelligence Unit analysts on a scale
		to improve the efficiency of water usage and	of 0 to 10.
		the treatment of wastewater.	
6. Waste and land use	6.1 Municipal waste	6.1.1 Total annual municipal waste collected,	6.1.2 Scored against an upper
	production	in kg per head.	benchmark of 300 kg (EU target).
	6.2 Waste recycling	6.2.1 Percentage of municipal waste recycled.	A lower benchmark of 1,000 kg
	6.3 Waste reduction	6.3.1 An assessment of the extensiveness of	inserted to prevent outliers.
	policies	measures to reduce the overall production of	6.2.2 Scored against an upper
	6.4 Green land use	waste, and to recycle and reuse waste.	benchmark of 50% (EU target).
	policies	6.4.1 An assessment of the	6.3.2 Scored by Economist
		comprehensiveness of policies to contain	Intelligence Unit analysts on a scale
		the urban sprawl and promote the	of 0 to 10.
		availability of green spaces.	6.4.2 Scored by Economist
			Intelligence Unit analysts on a scale of 0 to 10.

Categories	Indicators	Description	Normalisation technique
7. Energy	7.1 Consumption	7.1.1 Total final energy consumption, in	7.1.2 Min-max.
	7.2 Intensity	gigajoules per head.	7.2.2 Min-max; lower benchmark of
	7.3 Renewable energy	7.2.1 Total final energy consumption, in	8MJ/€GDP
	consumption	megajoules per unit	inserted to prevent outliers.
	7.4 Clean and efficient	of real GDP (in euros, base year 2000).	7.3.2 Scored against an upper
	energy policies	7.3.1 The percentage of total energy derived	benchmark of 20% (EU target).
		from renewable sources, as a share of the	7.4.2 Scored by Economist
		city's total energy consumption, in terajoules.	Intelligence Unit analysts
		7.4.1 An assessment of the extensiveness of	on a scale of 0 to 10.
		policies promoting the use of clean and	
		efficient energy.	
8. Air quality	8.1 Nitrogen dioxide	8.1.1 Annual daily mean of NO2 emissions.	8.1.2 Scored against a lower
	8.2 Ozone	8.2.1 Annual daily mean of O3 emissions.	benchmark of $40 \text{ ug/m}3$ (EU target).
	8.3 Particulate Matter	8.3.1 Annual daily mean of PM10 emissions.	8.2.2 Scored against a lower
	(PM)	8.4.1 Annual daily mean of SO2 emissions.	benchmark of $120 \text{ ug/m} 3 \text{ (EU target)}$ .
	8.4 Sulphur dioxide	8.5.1 An assessment of the extensiveness of	8.3.2 Scored against a lower
	8.5 Clean air policies	policies to improve air quality.	benchmark of $50 \text{ ug/m} 3$ (EU target).
			8.4.2 Scored against a lower
			benchmark of 40 ug/m3 (EU target).
			8.5.2 Scored by Economist
			Intelligence Unit analysts on a scale
			of 0 to 10.

# **B** Global City Indicators Facility

TABLE B.1: Supplementary Table: Global City Indicators Facility. Source: (ISO/IEC JTC 1 Information Technology 2015; McCarney 2009)

Supporting Indicators	Percentage Percentage of school-aged population enrolled in schools	completing primary Percentage of male school-aged population enrolled in schools	completing primary Percentage of female school-aged population enrolled in schools	Percentage of students completing secondary education
	Student/teacher ratio Percentage	Percentage of students completing primary and secondary education: survival rate	Percentage of students completing primary education	Percentage of students education
Indicators	Education			
Categories	City Services			

Categories	Indicators		Supporting Indicators
City Services	Fire and Emergency Response	Number of fire fighters per 100,000 population	Response time for fire department from initial call
		Number of fire related deaths per 100,000 population	
	Health	Number of in-patient hospital beds per 100,000 population Number of physicians per 100,000 population Average life expectancy Under age five mortality per 1,000 live births	Number of nursing and midwifery personnel per 100,000 population
	Recreation		Square metres of public indoor recreation space per capita Square metres of public outdoor recreation space per capita
	Safety	Number of police officers per 100,000 population Number of homicides per 100,000 population	Violent crime rate per 100,000 population

CITV Services	Colt describe	D	Supporting indicators
	Solid waste	Percentage of city population with regular solid waste collection	Percentage of the city's solid waste that is disposed of in an incinerator
		Percentage of city's solid waste that is	Percentage of the city's solid waste that is
		recycled	During openity  Percentage of the city's solid waste that is
			disposed of in an open dump
			Percentage of the city's solid waste that is
			disposed of in a sanitary landfill
			disposed of by other means
	Transportation	Km of high capacity public transit system per	Number of two-wheel motorized vehicles per
		100,000 population	capita
		Ant of ught passenger transit system per 100.000 population	Connicercial All Connectivity (itunibel of non-ston commercial air destinations)
		Number of personal automobiles per capita	Transportation fatalities per 100,000
			population
			Annual number of public transit trips per
			capita
	Wastewater	Percentage of city population served by	Percentage of the city's wastewater receiving
			primary treatment
		Percentage of the city's wastewater that has	Percentage of the city's wastewater receiving
		received no treatment	secondary treatment
			Percentage of the city's wastewater receiving
			tertiary treatment

Supporting Indicators	Total water consumption per capita (litres/day)	Percentage of water loss	Average annual hours of water service interruption per household	Total electrical use per capita (kWh/year)	with authorized electrical service The average number of electrical interruptions per customer per year	Average length of electrical interruptions (in hours)	re Tax collected as percentage of tax billed	Own-source revenue as a percentage of total	revenues	Capital spending as a percentage of total	expenditures
	Percentage of city population with potable water supply ser- vice	Domestic water consumption per capita (litres/day)	Percentage of city population with sustainable access to an improved water source	Percentage of city population	Total residential electrical use per capita (kWh/year)		Debt service ratio (debt service expenditure as a percent of a municipality's own-source revenue)				
Indicators	Water			Energy			Finance				
Categories	City Services										

Categories	Indicators		Supporting Indicators
City Services	Governance		Percentage of women employed in the city government workforce
	Urban Planning	Urban Planning Jobs/Housing ratio	Areal size of informal settlements as a percent of city area Green area (hectares) per 100,000 population
Quality of Life	Civic Engagement	Voter participation in last municipal election (as a percent of eligible voters)	Citizen's representation: number of local officials elected to office per 100,000 population
	Economy		Percentage of persons in full time employment
	Culture		Percentage of jobs in the cultural sector
	Environment	PM10 concentration	Greenhouse gas emissions measured in tonnes per capita

Categories	Indicators		Supporting Indicators
Quality of Life	Shelter	Percentage of city population living in slums	Percentage of households that exist without registered legal titles  Number of homeless people per 100,000 population
	Social Equity		Percentage of city population living in poverty
	Technology and Innovation	Number of internet connections per 100,000 population	Number of new patents per 100,000 per year
			Number of higher education degrees per 100,000
			Number of telephone connections (landlines and cell phones) per 100,000 population
			Number of landline phone connections per 100,000 population
			Number of cell phone connections per 100,000 population

## C Global Compact Cities Circles of Sustainability

TABLE C.1: Supplementary Table: Global Compact Cities Circles of Sustainability. Source: KPMG International (2016) (http://www.circlesofsustainability.org/circles-overview/profile-circles/)

Category	Indicators	Sub-indicators
Economics	Production &	Prosperity and Resilience
	Resourcing	Manufacture and Fabrication
		Extraction and Harvesting
		Art and Craft
		Design and Innovation
		Human and Physical Resources
		Monitoring and Reflection
	Exchange &	Reciprocity and Mutuality
	Transfer	Goods and Services
		Finance and Taxes
		Trade and Tourism
		Aid and Remittances
		Debt and Liability
		Monitoring and Reflection
	Accounting &	Transparency and Fairness
	Regulation	Finance and Money
		Goods and Services
		Land and Property
		Labour and Employment
		Taxes and Levies
		Monitoring and Reflection

Category	Indicators	Sub-indicators
Economics	Consumption &	Appropriate Use and Re-use
	Use	Food and Drink
		Goods and Services
		Water and Electricity
		Petroleum and Metals
		Promotion and Dissemination
		Monitoring and Reflection
	Labour &	Livelihoods and Work
	Welfare	Connection and Vocation
		Participation and Equity
		Capacity and Productivity
		Health and Safety
		Care and Support
		Monitoring and Reflection
	Technology &	Appropriateness and Robustness
	Infrastructure	Communications and Information
		Transport and Movement
		Construction and Building
		Education and Training
		Medicine and Health Treatment
		Monitoring and Reflection
	Wealth &	Accumulation and Mobilization
	Distribution	Social Wealth and Heritage Wages and
		Income
		Housing and Subsistence
		Equity and Inclusion
		Re-distribution and Apportionment
		Monitoring and Reflection
Ecology	Water & Air	Vitality and Viability
0)		Water Quality and Potability
		Air Quality and Respiration
		Climate and Temperature
		Greenhouse Gases and Carbon
		Adaptation and Mitigation Processes
		Monitoring and Reflection
	Flora & Fauna	Complexity and Resilience
		Biodiversity and Ecosystem Diversity
		Plants and Insects
		Trees and Shrubs
		Wild Animals and Birds
		Domestic Animals and Species Relations
		Monitoring and Reflection

Category	Indicators	Sub-indicators
Ecology	Habitat &	Topography and Liveability
	Settlements	Original Habitat and Native Vegetation
		Parklands and Reserves
		Land-use and Building
		Abode and Housing
		Maintenance and Retrofitting
		Monitoring and Reflection
	Built-Form &	Orientation and Spread
	Transport	Proximity and Access
	F	Mass Transit and Public Transport
		Motorized Transport and Roads
		-
		Non-motorized Transport and Walking Paths
		Seaports and Airports
		Monitoring and Reflection
	Embodiment &	Physical Health and Vitality
	Food	ž ž
	roou	Reproduction and Mortality
		Exercise and Fitness
		Hygiene and Diet
		Nutrition and Nourishment
		Agriculture and Husbandry
		Monitoring and Evaluation
	Emission &	Pollution and Contamination
	Waste	Hard-waste and Rubbish
	vvasie	
		Sewerage and Effluence
		Drainage and Effluence
		Processing and Composting
		Recycling and Re-use
		Monitoring and Evaluation
Politics	Organization &	Legitimacy and Respect
Offics	Governance	• •
	Governance	Leadership and Agency
		Planning and Vision
		Administration and Bureaucracy
		Authority and Sovereignty
		Transparency and Clarity
		Monitoring and Reflection
	Law & Justice	Rights and Rules
	Law & justice	Order and Civility
		· ·
		Obligations and Responsibilities
		Impartiality and Equality
		Fairness and Prudence
		Judgement and Penalty
		Monitoring and Reflection

Catagory	Indicators	Sub-indicators
Category Politics	Communication	
Tolltics	& Critique	Interchange and Expression News and Information
	& Chique	
		Accessibility and Openness
		Opinion and Analysis Dissent and Protest
		Privacy and Respect
		Monitoring and Reflection
	Representation	Agency and Advocacy
	& Negotiation	Participation and Inclusion
	O	Democracy and Liberty
		Access and Consultation
		Civility and Comity
		Contestation and Standing
		Monitoring and Reflection
		O
	Security &	Human Security and Defence
	Accord	Safety and Support
		Personal and Domestic Security
		Protection and Shelter
		Refuge and Sanctuary
		Insurance and Assurance
		Monitoring and Reflection
	Dialogue &	Process and Recognition
	Reconciliation	Truth and Verity
		Mediation and Intercession
		Trust and Faith
		Remembrance and Redemption
		Reception and Hospitality
		Monitoring and Reflection
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	Ethics &	Principles and Protocols
	Accountability	Obligation and Responsibility
		Integrity and Virtue
		Observance and Visibility
		Prescription and Contention
		Acquittal and Consequence
		Monitoring and Reflection
Culture	Identity &	Diversity and Difference
	Engagement	Belonging and Community
	0 0	Ethnicity and Language
		Religion and Faith
		Friendship and Affinity
		Home and Place
		Monitoring and Reflection

Culture  Creativity & Aesthetics and Design Recreation  Performance and Representation Innovation and Adaptation Celebrations and Festivals Sport and Play Leisure and Relaxation Monitoring and Reflection  Memory & Tradition and Authenticity Projection  Heritage and Inheritance History and Records Indicensity and Custom	
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Projection Heritage and Inheritance History and Records	
History and Records	
Indigeneity and Custom	
Imagination and Hope	
Inspiration and Vision	
Monitoring and Reflection	
Belief & Ideas Knowledge and Interpretation	
Ideologies and Imaginaries	
Reason and Rationalization	
Religiosity and Spirituality	
Rituals and Symbols	
Emotions and Passions	
Monitoring and Reflection	
Gender & Equality and Respect	
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Family and Kinship Birth and Babyhood	
Childhood and Youth	
Mortality and Care	
Monitoring and Reflection	
Worldoning and Reflection	
Enquiry & Curiosity and Discovery	
Learning Deliberation and Debate	
Research and Application	
Teaching and Training	
Writing and Codification	
Meditation and Reflexivity	
Monitoring and Reflection	
Health & Integrity and Autonomy	
Wellbeing Bodies and Corporeal Knowledge	
Mental Health and Pleasure	
Care and Comfort	
Inclusion and Participation	
Cuisine and Emotional Nourishm	ent
Monitoring and Reflection	