```
# Import necessary libraries
import pandas as pd
from sklearn.preprocessing import StandardScaler
from sklearn.decomposition import PCA
from sklearn.cluster import KMeans
import matplotlib.pyplot as plt
import seaborn as sns
# Load the dataset
file path = '/mnt/data/simulated health wellness data.csv'
data = pd.read csv(file path)
# Display the first few rows of the dataset
print("Dataset preview:")
print(data.head())
# Preprocessing: Standardize the data
scaler = StandardScaler()
scaled data = scaler.fit transform(data)
# Dimensionality Reduction: Apply PCA
pca = PCA(n components=2)
pca data = pca.fit transform(scaled data)
# Convert PCA results to a DataFrame for easier visualization
pca df = pd.DataFrame(pca data, columns=['PC1', 'PC2'])
# Clustering: Apply K-Means Clustering
kmeans = KMeans(n clusters=3, random state=42)
clusters = kmeans.fit predict(pca data)
# Add cluster labels to the PCA DataFrame
pca df['Cluster'] = clusters
# Visualization: Plot the clustered data
plt.figure(figsize=(8,6))
sns.scatterplot(x='PC1', y='PC2', hue='Cluster', data=pca df,
palette='viridis')
plt.title('Clusters in the PCA-reduced space')
plt.show()
                                          Traceback (most recent call
FileNotFoundError
last)
Cell In[1], line 11
      9 # Load the dataset
     10 file path = '/mnt/data/simulated health wellness data.csv'
---> 11 data = pd.read csv(file path)
     13 # Display the first few rows of the dataset
```

```
14 print("Dataset preview:")
File
/opt/anaconda3/lib/python3.12/site-packages/pandas/io/parsers/readers.
py:1026, in read csv(filepath or buffer, sep, delimiter, header,
names, index col, usecols, dtype, engine, converters, true values,
false_values, skipinitialspace, skiprows, skipfooter, nrows,
na values, keep default na, na filter, verbose, skip blank lines,
parse_dates, infer_datetime_format, keep_date_col, date_parser,
date format, dayfirst, cache dates, iterator, chunksize, compression,
thousands, decimal, lineterminator, quotechar, quoting, doublequote,
escapechar, comment, encoding, encoding errors, dialect, on bad lines,
delim whitespace, low memory, memory map, float precision,
storage options, dtype backend)
   1013 kwds defaults = refine defaults read(
   1014
            dialect.
   1015
            delimiter.
   (\ldots)
   1022
            dtype backend=dtype backend,
   1023 )
   1024 kwds.update(kwds defaults)
-> 1026 return _read(filepath_or_buffer, kwds)
File
/opt/anaconda3/lib/python3.12/site-packages/pandas/io/parsers/readers.
py:620, in read(filepath or buffer, kwds)
    617 validate names(kwds.get("names", None))
    619 # Create the parser.
--> 620 parser = TextFileReader(filepath or buffer, **kwds)
    622 if chunksize or iterator:
    623 return parser
File
/opt/anaconda3/lib/python3.12/site-packages/pandas/io/parsers/readers.
py:1620, in TextFileReader.__init__(self, f, engine, **kwds)
            self.options["has index names"] = kwds["has index names"]
   1617
   1619 self.handles: IOHandles | None = None
-> 1620 self. engine = self. make engine(f, self.engine)
File
/opt/anaconda3/lib/python3.12/site-packages/pandas/io/parsers/readers.
py:1880, in TextFileReader. make engine(self, f, engine)
            if "b" not in mode:
   1878
                mode += "b"
   1879
-> 1880 self.handles = get handle(
   1881
            f,
   1882
            mode.
            encoding=self.options.get("encoding", None),
   1883
            compression=self.options.get("compression", None),
   1884
            memory map=self.options.get("memory map", False),
   1885
```

```
1886
            is text=is text,
            errors=self.options.get("encoding errors", "strict"),
   1887
   1888
            storage_options=self.options.get("storage_options", None),
   1889 )
   1890 assert self.handles is not None
   1891 f = self.handles.handle
File
/opt/anaconda3/lib/python3.12/site-packages/pandas/io/common.py:873,
in get_handle(path_or_buf, mode, encoding, compression, memory_map,
is text, errors, storage options)
    868 elif isinstance(handle, str):
            # Check whether the filename is to be opened in binary
    869
mode.
            # Binary mode does not support 'encoding' and 'newline'.
    870
            if ioargs.encoding and "b" not in ioargs.mode:
    871
                # Encoding
    872
--> 873
                handle = open(
    874
                    handle,
    875
                    ioargs.mode,
    876
                    encoding=ioargs.encoding,
    877
                    errors=errors,
    878
                    newline="",
    879
    880
            else:
    881
                # Binary mode
                handle = open(handle, ioargs.mode)
    882
FileNotFoundError: [Errno 2] No such file or directory:
'/mnt/data/simulated health wellness data.csv'
# Import necessary libraries
import pandas as pd
from sklearn.preprocessing import StandardScaler
from sklearn.decomposition import PCA
from sklearn.cluster import KMeans
import matplotlib.pyplot as plt
import seaborn as sns
# Load the dataset
file path = '/correct/path/to/your/simulated health wellness data.csv'
# Update this path
trv:
    data = pd.read csv(file path)
except FileNotFoundError:
    print(f"File not found at path: {file path}")
    raise
# Display the first few rows of the dataset
print("Dataset preview:")
```

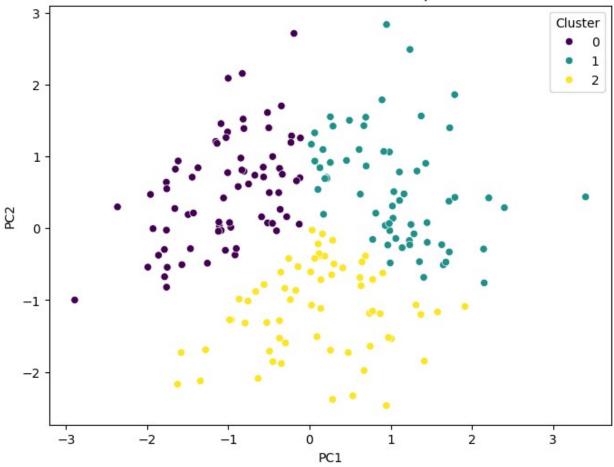
```
print(data.head())
# Preprocessing: Standardize the data
scaler = StandardScaler()
scaled data = scaler.fit transform(data)
# Dimensionality Reduction: Apply PCA
pca = PCA(n components=2)
pca data = pca.fit transform(scaled data)
# Convert PCA results to a DataFrame for easier visualization
pca df = pd.DataFrame(pca data, columns=['PC1', 'PC2'])
# Clustering: Apply K-Means Clustering
kmeans = KMeans(n_clusters=3, random_state=42)
clusters = kmeans.fit predict(pca data)
# Add cluster labels to the PCA DataFrame
pca df['Cluster'] = clusters
# Visualization: Plot the clustered data
plt.figure(figsize=(8,6))
sns.scatterplot(x='PC1', y='PC2', hue='Cluster', data=pca df,
palette='viridis')
plt.title('Clusters in the PCA-reduced space')
plt.show()
File not found at path:
/correct/path/to/your/simulated health wellness data.csv
FileNotFoundError
                                          Traceback (most recent call
last)
Cell In[4], line 12
     10 file path =
'/correct/path/to/your/simulated_health_wellness_data.csv' # Update
this path
     11 try:
            data = pd.read csv(file path)
---> 12
     13 except FileNotFoundError:
            print(f"File not found at path: {file path}")
File
/opt/anaconda3/lib/python3.12/site-packages/pandas/io/parsers/readers.
py:1026, in read csv(filepath or buffer, sep, delimiter, header,
names, index col, usecols, dtype, engine, converters, true values,
false values, skipinitialspace, skiprows, skipfooter, nrows,
na values, keep default na, na filter, verbose, skip blank lines,
parse_dates, infer_datetime_format, keep_date_col, date_parser,
```

```
date format, dayfirst, cache dates, iterator, chunksize, compression,
thousands, decimal, lineterminator, quotechar, quoting, doublequote,
escapechar, comment, encoding, encoding_errors, dialect, on_bad_lines,
delim whitespace, low memory, memory map, float precision,
storage options, dtype backend)
   1013 kwds defaults = refine defaults read(
            dialect,
   1014
   1015
            delimiter,
   (\ldots)
   1022
            dtype backend=dtype backend,
   1023 )
   1024 kwds.update(kwds defaults)
-> 1026 return read(filepath or buffer, kwds)
File
/opt/anaconda3/lib/python3.12/site-packages/pandas/io/parsers/readers.
py:620, in read(filepath or buffer, kwds)
    617 validate names(kwds.get("names", None))
    619 # Create the parser.
--> 620 parser = TextFileReader(filepath or buffer, **kwds)
    622 if chunksize or iterator:
    623 return parser
File
/opt/anaconda3/lib/python3.12/site-packages/pandas/io/parsers/readers.
py:1620, in TextFileReader. init (self, f, engine, **kwds)
            self.options["has index names"] = kwds["has index names"]
   1619 self.handles: IOHandles | None = None
-> 1620 self. engine = self. make engine(f, self.engine)
File
/opt/anaconda3/lib/python3.12/site-packages/pandas/io/parsers/readers.
py:1880, in TextFileReader. make engine(self, f, engine)
   1878
            if "b" not in mode:
   1879
                mode += "b"
-> 1880 self.handles = get handle(
   1881
            f,
            mode,
   1882
   1883
            encoding=self.options.get("encoding", None),
            compression=self.options.get("compression", None),
   1884
   1885
            memory map=self.options.get("memory map", False),
   1886
            is text=is text,
            errors=self.options.get("encoding errors", "strict"),
   1887
            storage options=self.options.get("storage options", None),
   1888
   1889 )
   1890 assert self.handles is not None
   1891 f = self.handles.handle
File
/opt/anaconda3/lib/python3.12/site-packages/pandas/io/common.py:873,
```

```
in get handle(path or buf, mode, encoding, compression, memory map,
is text, errors, storage options)
    868 elif isinstance(handle, str):
            # Check whether the filename is to be opened in binary
    869
mode.
    870
            # Binary mode does not support 'encoding' and 'newline'.
            if ioargs.encoding and "b" not in ioargs.mode:
    871
    872
                # Encoding
                handle = open(
--> 873
    874
                    handle,
    875
                    ioargs.mode,
    876
                    encoding=ioargs.encoding,
    877
                    errors=errors,
    878
                    newline="",
    879
                )
            else:
    880
    881
                # Binary mode
                handle = open(handle, ioargs.mode)
    882
FileNotFoundError: [Errno 2] No such file or directory:
'/correct/path/to/your/simulated health wellness data.csv'
# Import necessary libraries
import pandas as pd
from sklearn.preprocessing import StandardScaler
from sklearn.decomposition import PCA
from sklearn.cluster import KMeans
import matplotlib.pyplot as plt
import seaborn as sns
# Load the dataset
file path =
'/Users/kiran/Downloads/simulated health wellness data.csv'
    data = pd.read csv(file path)
except FileNotFoundError:
    print(f"File not found at path: {file path}")
    raise
# Display the first few rows of the dataset
print("Dataset preview:")
print(data.head())
# Preprocessing: Standardize the data
scaler = StandardScaler()
scaled data = scaler.fit transform(data)
# Dimensionality Reduction: Apply PCA
pca = PCA(n components=2)
pca_data = pca.fit_transform(scaled_data)
```

```
# Convert PCA results to a DataFrame for easier visualization
pca df = pd.DataFrame(pca data, columns=['PC1', 'PC2'])
# Clustering: Apply K-Means Clustering
kmeans = KMeans(n clusters=3, random state=42)
clusters = kmeans.fit_predict(pca_data)
# Add cluster labels to the PCA DataFrame
pca_df['Cluster'] = clusters
# Visualization: Plot the clustered data
plt.figure(figsize=(8,6))
sns.scatterplot(x='PC1', y='PC2', hue='Cluster', data=pca_df,
palette='viridis')
plt.title('Clusters in the PCA-reduced space')
plt.show()
Dataset preview:
   Exercise Time Min Healthy Meals Per Day Sleep Hours Per Night \
0
           34.967142
                                                           7.618856
1
           28.617357
                                          8
                                                          4.105473
2
                                          4
           36.476885
                                                          6.024123
3
                                          1
           45.230299
                                                          8.565319
4
                                          3
           27.658466
                                                          8.301648
   Stress Level
                       BMI
0
              2 33.068556
1
              7
                27.267672
2
              1 23.779217
3
              8 29.820436
4
              3 30.947352
```

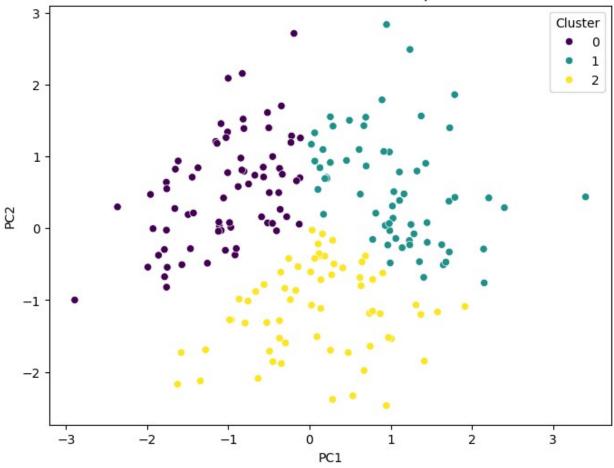
## Clusters in the PCA-reduced space



```
# Import necessary libraries
import pandas as pd
from sklearn.preprocessing import StandardScaler
from sklearn.decomposition import PCA
from sklearn.cluster import KMeans
import matplotlib.pyplot as plt
import seaborn as sns
# Load the dataset
file_path =
'/Users/kiran/Downloads/simulated health wellness data.csv'
data = pd.read_csv(file_path)
# Display the first few rows of the dataset
print("Dataset preview:")
print(data.head())
# Preprocessing: Standardize the data
scaler = StandardScaler()
scaled_data = scaler.fit_transform(data)
```

```
# Dimensionality Reduction: Apply PCA
pca = PCA(n components=2)
pca data = pca.fit transform(scaled data)
# Convert PCA results to a DataFrame for easier visualization
pca df = pd.DataFrame(pca data, columns=['PC1', 'PC2'])
# Clustering: Apply K-Means Clustering
kmeans = KMeans(n_clusters=3, random_state=42)
clusters = kmeans.fit_predict(pca_data)
# Add cluster labels to the PCA DataFrame
pca df['Cluster'] = clusters
# Visualization: Plot the clustered data
plt.figure(figsize=(8,6))
sns.scatterplot(x='PC1', y='PC2', hue='Cluster', data=pca df,
palette='viridis')
plt.title('Clusters in the PCA-reduced space')
plt.show()
Dataset preview:
   Exercise_Time_Min Healthy_Meals_Per_Day Sleep_Hours_Per_Night \
0
           34.967142
                                           5
                                                           7.618856
           28.617357
1
                                          8
                                                           4.105473
2
                                          4
           36.476885
                                                           6.024123
3
           45.230299
                                          1
                                                           8.565319
4
           27.658466
                                                           8.301648
   Stress Level
                       BMI
0
                 33.068556
1
              7 27.267672
2
              1 23.779217
3
              8 29.820436
4
              3 30.947352
```

## Clusters in the PCA-reduced space

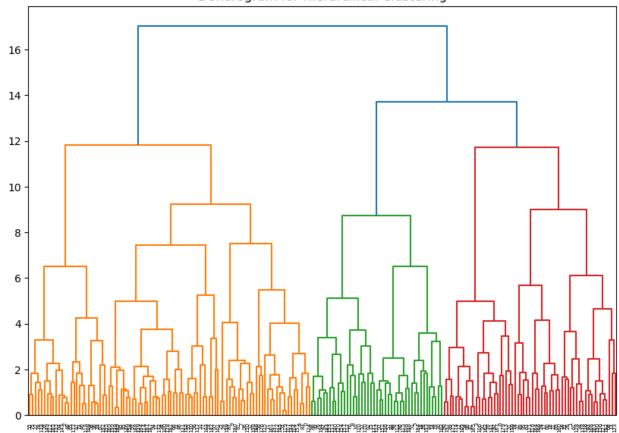


```
# Import necessary libraries
import pandas as pd
from sklearn.preprocessing import StandardScaler
from sklearn.cluster import KMeans, AgglomerativeClustering
import scipy.cluster.hierarchy as sch
import matplotlib.pyplot as plt
import seaborn as sns
# Load the dataset
file_path =
'/Users/kiran/Downloads/simulated health wellness data.csv'
data = pd.read_csv(file_path)
# Display the first few rows of the dataset
print("Dataset preview:")
print(data.head())
# Preprocessing: Standardize the data
scaler = StandardScaler()
scaled data = scaler.fit transform(data)
```

```
# K-Means Clustering
kmeans = KMeans(n_clusters=3, random state=42)
kmeans clusters = kmeans.fit predict(scaled data)
data['KMeans Cluster'] = kmeans clusters
# Hierarchical Clustering
# Generate the dendrogram to determine the optimal number of clusters
plt.figure(figsize=(10, 7))
dendrogram = sch.dendrogram(sch.linkage(scaled data, method='ward'))
plt.title('Dendrogram for Hierarchical Clustering')
plt.show()
# Fit the Agglomerative Clustering model (Hierarchical Clustering)
hc = AgglomerativeClustering(n clusters=3, affinity='euclidean',
linkage='ward')
hc_clusters = hc.fit_predict(scaled_data)
data['HC Cluster'] = hc clusters
# Analyze the clusters
print("\nK-Means Cluster Counts:")
print(data['KMeans Cluster'].value counts())
print("\nHierarchical Cluster Counts:")
print(data['HC Cluster'].value counts())
# Visualize K-Means Clusters
plt.figure(figsize=(8,6))
sns.scatterplot(x=data.iloc[:,0], y=data.iloc[:,1],
hue='KMeans_Cluster', palette='viridis', data=data)
plt.title('K-Means Clustering Visualization')
plt.show()
# Visualize Hierarchical Clusters
plt.figure(figsize=(8,6))
sns.scatterplot(x=data.iloc[:,0], y=data.iloc[:,1], hue='HC Cluster',
palette='coolwarm', data=data)
plt.title('Hierarchical Clustering Visualization')
plt.show()
Dataset preview:
   Exercise Time Min Healthy Meals Per Day Sleep Hours Per Night \
0
           34.967142
                                           5
                                                           7.618856
           28.617357
                                          8
1
                                                           4.105473
2
                                           4
           36.476885
                                                           6.024123
3
           45.230299
                                           1
                                                           8.565319
4
           27,658466
                                                           8.301648
   Stress Level
                       BMI
0
              2 33.068556
```

1	7	27.267672
2		23.779217
3	8	29.820436
4	3	30.947352





```
# Import necessary libraries
import pandas as pd
from sklearn.preprocessing import StandardScaler
from sklearn.decomposition import PCA
from sklearn.cluster import KMeans, AgglomerativeClustering
import matplotlib.pyplot as plt
import seaborn as sns
import numpy as np
import scipy.cluster.hierarchy as sch
# Load the dataset
file path =
'/Users/kiran/Downloads/simulated health wellness data.csv'
data = pd.read_csv(file_path)
# Display the first few rows of the dataset
print("Dataset preview:")
print(data.head())
# Preprocessing: Standardize the data
scaler = StandardScaler()
scaled data = scaler.fit transform(data)
# Dimensionality Reduction: Apply PCA
pca = PCA(n components=2) # Reducing to 2 components
pca data = pca.fit transform(scaled data)
# Convert PCA results to a DataFrame for easier visualization
pca df = pd.DataFrame(pca data, columns=['PC1', 'PC2'])
# Explained variance of PCA components
explained variance = pca.explained variance ratio
print(f"Explained variance by each component: {explained variance}")
# Clustering on PCA-reduced data
# 1. K-Means Clustering
kmeans = KMeans(n clusters=3, random state=42)
kmeans_clusters = kmeans.fit_predict(pca_df)
pca df['KMeans Cluster'] = kmeans clusters
# 2. Hierarchical Clustering
hc = AgglomerativeClustering(n clusters=3, affinity='euclidean',
linkage='ward')
hc clusters = hc.fit predict(pca df)
pca df['HC Cluster'] = hc clusters
# Analyze the clusters
print("\nK-Means Cluster Counts on PCA Data:")
print(pca df['KMeans Cluster'].value counts())
print("\nHierarchical Cluster Counts on PCA Data:")
```

```
print(pca df['HC Cluster'].value counts())
# Visualization: PCA components with K-Means Clustering
plt.figure(figsize=(8,6))
sns.scatterplot(x='PC1', y='PC2', hue='KMeans Cluster',
palette='viridis', data=pca df)
plt.title('K-Means Clustering on PCA-Reduced Data')
plt.show()
# Visualization: PCA components with Hierarchical Clustering
plt.figure(figsize=(8,6))
sns.scatterplot(x='PC1', y='PC2', hue='HC Cluster',
palette='coolwarm', data=pca df)
plt.title('Hierarchical Clustering on PCA-Reduced Data')
plt.show()
# Interpretation: Loading the original features on PCA components
loadings = pd.DataFrame(pca.components .T, columns=['PC1', 'PC2'],
index=data.columns)
print("\nPCA Component Loadings (How each original feature contributes
to the PCA components):")
print(loadings)
Dataset preview:
   Exercise Time Min Healthy Meals Per Day Sleep Hours Per Night \
           34.967142
0
                                                           7.618856
           28.617357
                                          8
1
                                                           4.105473
2
           36.476885
                                          4
                                                           6.024123
3
           45.230299
                                          1
                                                          8.565319
4
           27,658466
                                          3
                                                          8.301648
   Stress Level
                       BMI
0
              2 33.068556
1
              7 27.267672
2
              1 23.779217
3
              8 29.820436
4
              3 30.947352
Explained variance by each component: [0.23691549 0.22082517]
                                          Traceback (most recent call
TypeError
last)
Cell In[12], line 41
     38 pca df['KMeans Cluster'] = kmeans clusters
     40 # 2. Hierarchical Clustering
---> 41 hc = AgglomerativeClustering(n clusters=3,
affinity='euclidean', linkage='ward')
     42 hc clusters = hc.fit predict(pca df)
     43 pca df['HC Cluster'] = hc clusters
```

```
TypeError: AgglomerativeClustering. init () got an unexpected
keyword argument 'affinity'
# Import necessary libraries
import pandas as pd
import matplotlib.pyplot as plt
import seaborn as sns
import plotly.express as px
# Load the dataset
file path =
'/Users/kiran/Downloads/simulated health wellness data.csv'
data = pd.read csv(file path)
# Display the first few rows of the dataset
print("Dataset preview:")
print(data.head())
# Get basic information about the dataset
print("\nDataset Information:")
data.info()
# Descriptive statistics
print("\nDescriptive Statistics:")
print(data.describe())
# Check for missing values
print("\nMissing Values:")
print(data.isnull().sum())
# Exploratory Data Analysis
# 1. Histogram of each numerical feature
data.hist(figsize=(10, 8), bins=20, edgecolor='black')
plt.suptitle('Histograms of Numerical Features', fontsize=16)
plt.tight layout(rect=[0, 0, 1, 0.96])
plt.show()
# 2. Correlation heatmap to see relationships between variables
plt.figure(figsize=(10, 8))
correlation matrix = data.corr()
sns.heatmap(correlation_matrix, annot=True, cmap='coolwarm',
linewidths=0.5)
plt.title('Correlation Heatmap', fontsize=16)
plt.show()
# 3. Pairplot to analyze pairwise relationships between variables
sns.pairplot(data)
plt.suptitle('Pairplot of Variables', fontsize=16, y=1.02)
plt.show()
```

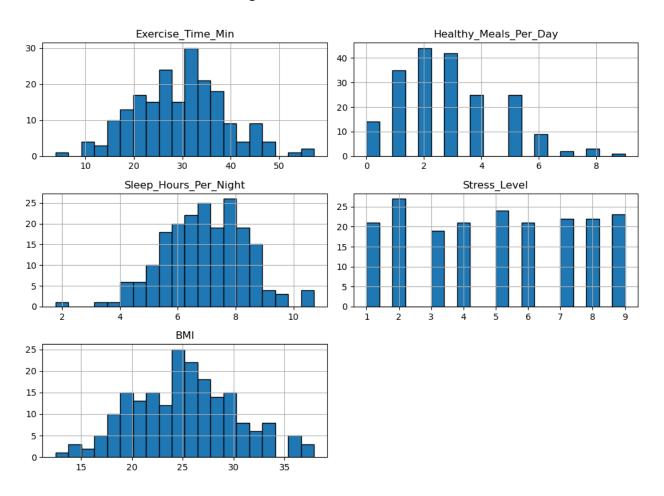
```
# 4. Scatter plots using Plotly to visualize relationships between two
variables interactively
# Example: Scatter plot of daily exercise time vs BMI
fig = px.scatter(data, x='daily_exercise_time', y='BMI',
                 title='Daily Exercise Time vs BMI',
                 labels={'daily exercise time': 'Daily Exercise Time
(minutes)', 'BMI': 'Body Mass Index'})
fig.show()
# 5. Box plots using Seaborn to check for outliers in each feature
plt.figure(figsize=(10, 6))
sns.boxplot(data=data, palette='Set2')
plt.title('Boxplot for Numerical Features to Detect Outliers',
fontsize=16)
plt.xticks(rotation=90)
plt.show()
# 6. Plot the distribution of a specific column (e.g., Stress Level
Score)
plt.figure(figsize=(8, 6))
sns.histplot(data['stress level score'], kde=True, bins=20)
plt.title('Distribution of Stress Level Score', fontsize=16)
plt.xlabel('Stress Level Score')
plt.ylabel('Frequency')
plt.show()
# 7. Correlation between daily exercise time and stress level score
plt.figure(figsize=(8, 6))
sns.scatterplot(x='daily exercise time', y='stress level score',
data=data)
plt.title('Daily Exercise Time vs Stress Level Score', fontsize=16)
plt.xlabel('Daily Exercise Time (minutes)')
plt.ylabel('Stress Level Score')
plt.show()
Dataset preview:
   Exercise Time Min Healthy Meals Per Day Sleep Hours Per Night \
0
           34.967142
                                           5
                                                           7.618856
                                           8
1
           28.617357
                                                           4.105473
2
                                           4
           36.476885
                                                           6.024123
3
                                           1
           45.230299
                                                           8.565319
4
                                           3
           27.658466
                                                           8.301648
   Stress Level
                       BMI
0
                33.068556
              2
1
              7
                27.267672
2
              1
                23.779217
3
              8 29.820436
4
                 30.947352
```

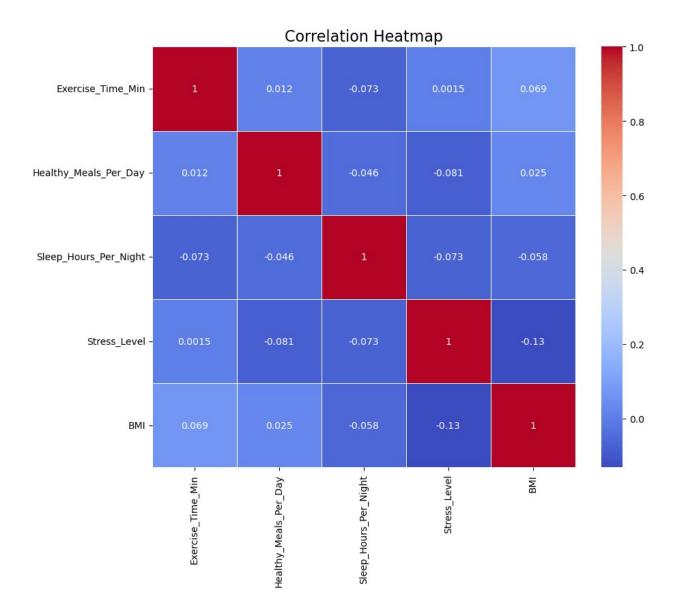
```
Dataset Information:
<class 'pandas.core.frame.DataFrame'>
RangeIndex: 200 entries, 0 to 199
Data columns (total 5 columns):
#
     Column
                             Non-Null Count
                                             Dtype
0
     Exercise Time Min
                             200 non-null
                                             float64
     Healthy_Meals_Per_Day
                                             int64
 1
                             200 non-null
 2
     Sleep Hours Per Night
                             200 non-null
                                             float64
 3
     Stress Level
                             200 non-null
                                             int64
 4
     BMI
                             200 non-null
                                             float64
dtypes: float64(3), int64(2)
memory usage: 7.9 KB
Descriptive Statistics:
       Exercise Time Min Healthy Meals Per Day Sleep Hours Per Night
              200.000000
                                      200.000000
                                                              200.000000
count
               29.592290
                                        2.875000
                                                                6.933582
mean
                9.310039
                                        1.815449
                                                                1.422471
std
                3.802549
                                                                1.778787
min
                                        0.00000
25%
               22.948723
                                        2.000000
                                                                5.967243
50%
               29.958081
                                        3.000000
                                                                6.972331
75%
               35.008525
                                        4.000000
                                                                7.886509
max
               57.201692
                                        9.000000
                                                               10.708419
       Stress Level
                             BMT
         200.000000
                     200.000000
count
           4.995000
                       25.150008
mean
std
           2.605556
                        5.070778
           1.000000
                       12.502971
min
25%
           3.000000
                      21.458196
           5.000000
                       25.155662
50%
75%
           7.000000
                       28.011155
           9.000000
                      37.898547
max
Missing Values:
Exercise Time Min
                          0
Healthy Meals Per Day
                          0
Sleep Hours Per Night
                          0
Stress Level
                          0
```

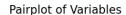
BMI 0

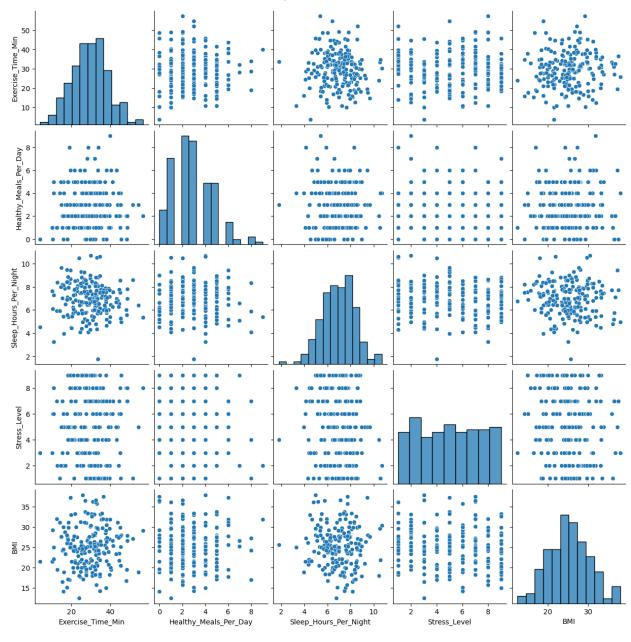
dtype: int64

## Histograms of Numerical Features









```
50
                         labels={'daily exercise time': 'Daily
Exercise Time (minutes)', 'BMI': 'Body Mass Index'})
     51 fig.show()
     53 # 5. Box plots using Seaborn to check for outliers in each
feature
File
/opt/anaconda3/lib/python3.12/site-packages/plotly/express/ chart type
s.py:66, in scatter(data_frame, x, y, color, symbol, size, hover_name,
hover_data, custom_data, text, facet_row, facet_col, facet_col_wrap,
facet row spacing, facet col spacing, error x, error x minus, error y,
error y minus, animation frame, animation group, category orders,
labels, orientation, color_discrete_sequence, color_discrete_map,
color continuous scale, range color, color continuous midpoint,
symbol sequence, symbol map, opacity, size max, marginal x,
marginal y, trendline, trendline options, trendline color override,
trendline scope, log x, log y, range x, range y, render mode, title,
template, width, height)
     12 def scatter(
     13
            data frame=None,
     14
            x=None,
   (\ldots)
     60
            height=None,
     61 ) -> go.Figure:
     62
     63
            In a scatter plot, each row of `data frame` is represented
by a symbol
     64
            mark in 2D space.
     65
---> 66
            return make figure(args=locals(), constructor=go.Scatter)
File
/opt/anaconda3/lib/python3.12/site-packages/plotly/express/ core.py:20
90, in make figure(args, constructor, trace patch, layout patch)
   2087 layout patch = layout patch or {}
   2088 apply default cascade(args)
-> 2090 args = build dataframe(args, constructor)
   2091 if constructor in [go.Treemap, go.Sunburst, go.Icicle] and
args["path"] is not None:
   2092
        args = process dataframe hierarchy(args)
File
/opt/anaconda3/lib/python3.12/site-packages/plotly/express/ core.py:14
92, in build dataframe(args, constructor)
            args["color"] = None
   1489
   1490 # now that things have been prepped, we do the systematic
rewriting of `args`
-> 1492 df output, wide id vars = process args into dataframe(
            args, wide mode, var name, value name
   1493
   1494 )
```

```
1496 # now that `df output` exists and `args` contains only
references, we complete
   1497 # the special-case and wide-mode handling by further rewriting
args and/or mutating
   1498 # df output
   1500 count name = escape col name(df output, "count", [var name,
value name])
File
/opt/anaconda3/lib/python3.12/site-packages/plotly/express/ core.py:12
13, in process args into dataframe(args, wide_mode, var_name,
value name)
   1211
                if argument == "index":
                    err msg += "\n To use the index, pass it in
   1212
directly as `df.index`."
                raise ValueError(err msg)
-> 1213
   1214 elif length and len(df input[argument]) != length:
   1215
           raise ValueError(
                "All arguments should have the same length. "
   1216
   1217
                "The length of column argument `df[%s]` is %d, whereas
the "
   (\ldots)
   1224
   1225
ValueError: Value of 'x' is not the name of a column in 'data_frame'.
Expected one of ['Exercise Time Min', 'Healthy Meals Per Day',
'Sleep_Hours_Per_Night', 'Stress_Level', 'BMI'] but received:
daily exercise time
# Import necessary libraries
import pandas as pd
from sklearn.preprocessing import StandardScaler
from sklearn.decomposition import PCA
from sklearn.cluster import KMeans, AgglomerativeClustering
from sklearn.metrics import silhouette score
import matplotlib.pyplot as plt
import numpy as np
# Load the dataset
file path =
'/Users/kiran/Downloads/simulated health wellness data.csv'
data = pd.read csv(file path)
# Display the first few rows of the dataset
print("Dataset preview:")
print(data.head())
# Preprocessing: Standardize the data
scaler = StandardScaler()
```

```
scaled data = scaler.fit transform(data)
# Function to calculate WCSS for K-Means
def calculate wcss(data):
    wcss = []
    for n in range(1, 11): # Trying different numbers of clusters
        kmeans = KMeans(n_clusters=n, random_state=42)
        kmeans.fit(data)
        wcss.append(kmeans.inertia ) # Inertia is the WCSS
    return wcss
# K-Means Clustering before PCA
kmeans = KMeans(n clusters=3, random state=42)
kmeans_clusters = kmeans.fit predict(scaled data)
# Silhouette Score before PCA
silhouette kmeans before = silhouette score(scaled data,
kmeans clusters)
print(f"Silhouette Score (K-Means) before PCA:
{silhouette kmeans before}")
# Calculate WCSS before PCA
wcss before pca = calculate wcss(scaled data)
print(f"Within-Cluster Sum of Squares (WCSS) before PCA:
{wcss before pca}")
# Hierarchical Clustering before PCA
hc = AgglomerativeClustering(n clusters=3, affinity='euclidean',
linkage='ward')
hc clusters = hc.fit predict(scaled data)
# Silhouette Score before PCA (Hierarchical Clustering)
silhouette hc before = silhouette score(scaled data, hc clusters)
print(f"Silhouette Score (Hierarchical Clustering) before PCA:
{silhouette hc before}")
# Apply PCA to reduce dimensions
pca = PCA(n components=2)
pca data = pca.fit transform(scaled data)
# K-Means Clustering after PCA
kmeans pca = KMeans(n clusters=3, random state=42)
kmeans pca clusters = kmeans pca.fit predict(pca data)
# Silhouette Score after PCA (K-Means)
silhouette kmeans after = silhouette score(pca data,
kmeans pca clusters)
print(f"Silhouette Score (K-Means) after PCA:
{silhouette kmeans after}")
```

```
# Calculate WCSS after PCA
wcss after pca = calculate wcss(pca data)
print(f"Within-Cluster Sum of Squares (WCSS) after PCA:
{wcss after pca}")
# Hierarchical Clustering after PCA
hc pca = AgglomerativeClustering(n clusters=3, affinity='euclidean',
linkage='ward')
hc pca clusters = hc pca.fit predict(pca data)
# Silhouette Score after PCA (Hierarchical Clustering)
silhouette hc after = silhouette score(pca data, hc pca clusters)
print(f"Silhouette Score (Hierarchical Clustering) after PCA:
{silhouette_hc_after}")
# Plot WCSS before and after PCA
plt.figure(figsize=(10, 6))
plt.plot(range(1, 11), wcss before pca, label='Before PCA',
marker='o')
plt.plot(range(1, 11), wcss after pca, label='After PCA', marker='o')
plt.title('WCSS Before and After PCA')
plt.xlabel('Number of Clusters')
plt.ylabel('WCSS')
plt.legend()
plt.show()
# Summary of Results
print("\nComparison Summary:")
print(f"Silhouette Score (K-Means) before PCA:
{silhouette kmeans before}")
print(f"Silhouette Score (K-Means) after PCA:
{silhouette kmeans after}")
print(f"Silhouette Score (Hierarchical Clustering) before PCA:
{silhouette hc before}")
print(f"Silhouette Score (Hierarchical Clustering) after PCA:
{silhouette hc after}")
Dataset preview:
   Exercise Time Min
                      Healthy Meals Per Day
                                              Sleep Hours Per Night \
0
           34.967142
                                                           7.618856
1
                                           8
           28.617357
                                                           4.105473
2
                                           4
           36.476885
                                                           6.024123
3
                                           1
           45.230299
                                                           8.565319
4
           27.658466
                                           3
                                                           8.301648
   Stress Level
                       BMI
0
                 33.068556
              7
1
                 27.267672
2
              1
                23.779217
3
                 29.820436
```

```
3 30.947352
Silhouette Score (K-Means) before PCA: 0.1516159911787657
Within-Cluster Sum of Squares (WCSS) before PCA: [999.99999999998,
827.8082622275492, 740.46626764846, 660.2944852897326,
603.6685808745752, 524.0273006765655, 494.47180579109255,
485.68969307748915, 457.4529430729492, 440.13109309585354]
TypeError
                                          Traceback (most recent call
last)
Cell In[16], line 44
     41 print(f"Within-Cluster Sum of Squares (WCSS) before PCA:
{wcss before pca}")
     43 # Hierarchical Clustering before PCA
---> 44 hc = AgglomerativeClustering(n clusters=3,
affinity='euclidean', linkage='ward')
     45 hc clusters = hc.fit predict(scaled data)
     47 # Silhouette Score before PCA (Hierarchical Clustering)
TypeError: AgglomerativeClustering. init () got an unexpected
keyword argument 'affinity'
```