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LAB TASK XII

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BS-CYS 4 A

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Learning & Securing Docker

Docker platform:

Docker provides the ability to package and run an application in a loosely isolated environment called a container. The isolation and security let you to run many containers simultaneously on a given host.

Containers

Containers are lightweight and contain everything needed to run the application, so you dont need to rely on whats installed on the host. You can share containers while you work, and be sure that everyone you share with gets the same container that works in the same way.

Difference Between Container and Virtual Machine:

CONTAINERS	VIRTUAL MACHINES
 Containers are an abstraction at the app layer that packages code and dependencies together. Multiple containers can run on the same machine and share the OS kernel with other containers. each running as isolated processes in user space Containers take up less space than VMs (container images are typically tens of MBs in size) can handle more applications and require fewer VMs and Operating systems. 	 Virtual machines (VMs) are an abstraction of physical hardware turning one server into many servers. The hypervisor allows multiple VMs to run on a single machine. Each VM includes a full copy of an operating system, the application, necessary binaries and libraries taking up tens of GBs. VMs can also be slow to boot.

Docker Installation and Usage on Ubuntu

Step 1:

Install Docker using the apt repository

1. Set up Dockers apt repository.

```
kiran@ubuntu: ~/Desktop/docker
kiran@ubuntu:~/De
                      top/docker$ sudo apt-get update
sudo apt-get install ca-certificates curl
sudo install -m 0755 -d /etc/apt/keyrings
sudo curl -fsSL https://download.docker.com/linux/ubuntu/gpg -o /etc/apt/keyrings/docker.asc
sudo chmod a+r /etc/apt/keyrings/docker.asc
# Add the repository to Apt sources:
echo \
  "deb [arch=$(dpkg --print-architecture) signed-by=/etc/apt/keyrings/docker.asc] https://download.docker.com/linux/ubuntu \ $(. /etc/os-release && echo "${UBUNTU_CODENAME:-$VERSION_CODENAME}") stable" | \
  sudo tee /etc/apt/sources.list.d/docker.list > /dev/null
sudo apt-get update
[sudo] password for kiran:
Get:1 http://security.ubuntu.com/ubuntu noble-security InRelease [126 kB]
Hit:2 http://archive.ubuntu.com/ubuntu noble InRelease
Get:3 https://packages.wazuh.com/4.x/apt stable InRelease [17.3 kB]
Get:4 https://packages.wazuh.com/4.x/apt stable/main amd64 Packages [46.2 kB]
Get:5 http://archive.ubuntu.com/ubuntu noble-updates InRelease [126 kB]
Get:6 http://security.ubuntu.com/ubuntu noble-security/main amd64 Packages [859 kB]
Get:7 http://archive.ubuntu.com/ubuntu noble-backports InRelease [126 kB]
Get:8 http://archive.ubuntu.com/ubuntu noble-updates/main amd64 Packages [1,103 kB]
Get:9 http://archive.ubuntu.com/ubuntu noble-updates/main Translation-en [234 kB]
Get:10 http://security.ubuntu.com/ubuntu noble-security/main Translation-en [157 kB]
Get:11 http://archive.ubuntu.com/ubuntu noble-updates/main amd64 Components [161 kB]
Get:12 http://archive.ubuntu.com/ubuntu noble-updates/restricted amd64 Packages [1,164 kB]
Get:13 http://security.ubuntu.com/ubuntu noble-security/main amd64 Components [21.6 kB]
Get:14 http://security.ubuntu.com/ubuntu noble-security/restricted amd64 Packages [1,131 kB]
Get:15 http://archive.ubuntu.com/ubuntu noble-updates/restricted Translation-en [242 kB]
Get:16 http://archive.ubuntu.com/ubuntu noble-updates/restricted amd64 Components [212 B
```

2. Install the Docker packages. To install the latest version, run:

```
kiran@ubuntu:-/Desktop/docker$ sudo apt-get install docker-ce docker-ce-cli containerd.io docker-buildx-plugin docker-compose-plugin
Reading package lists... Done
Building dependency tree... Done
Reading state information... Done
The following package was automatically installed and is no longer required:
    libsigsegy2
Use 'sudo apt autoremove' to remove it.
The following packages was automatically installed:
    docker-ce-rootless-extras git git-man liberror-perl libslirp0 pigz slirp4netns
Suggested packages:
    cgroupfs-mount | ggroup-lite git-daemon-run | git-daemon-sysvinit git-doc git-email git-gui gitk gitweb git-cvs git-mediawiki git-svn
The following NEW packages will be installed:
    containerd.io docker-buildx-plugin docker-ce-cli docker-ce-rootless-extras docker-compose-plugin git git-man liberror-perl libslirp0 pigz slirp4netns
9 upgraded, 12 newly installed, 0 to remove and 236 not upgraded.
Need to get 125 MB of archives.
After this operation, 464 MB of additional disk space will be used.
Do you want to continue? [Y/n]
Get:1 https://download.docker.com/linux/ubuntu noble/stable amd64 containerd.io amd64 1.7.27-1 [30.5 MB]
Get:2 https://archive.ubuntu.com/ubuntu noble/main amd64 liberror-perl all 0.17029-2 [25.6 kB]
Get:3 http://archive.ubuntu.com/ubuntu noble/main amd64 git-man all 1:2.43.0-lubuntu7.2 [1,100 kB]
Get:5 http://archive.ubuntu.com/ubuntu noble/main amd64 liberror-perl all 0.17029-2 [25.6 kB]
Get:6 http://archive.ubuntu.com/ubuntu noble/main amd64 liberror-perl all 0.17029-2 [35.6 kB]
Get:6 http://archive.ubuntu.com/ubuntu noble/main amd64 liberror-perl all 0.17029-2 [35.6 kB]
Get:6 http://archive.ubuntu.com/ubuntu noble/main amd64 liberror-perl all 0.17029-2 [35.6 kB]
Get:6 http://archive.ubuntu.com/ubuntu noble/main amd64 liberror-perl all 0.17029-2 [35.6 kB]
Get:6 http://archive.ubuntu.com/ubuntu noble/main amd64 liberror-perl all 0.17029-2 [35.6 kB]
Get:7 http://archive.ubuntu.com/ubuntu noble/main amd64 liberror-perl all 0.17029-2 [35.6 kB]
Get:7 http://archive.ubuntu.com/ubun
```

3. Verify that the Docker Engine installation is successful by running the helloworld image.

```
kiran@ubuntu:~/Desktop/docker$ sudo docker run hello-world
Unable to find image 'hello-world:latest' locally
latest: Pulling from library/hello-world
e6590344b1a5: Pull complete
Digest: sha256:dd01f97f252193ae3210da231b1dca0cffab4aadb3566692d6730bf93f123a48
Status: Downloaded newer image for hello-world:latest
Hello from Docker!
This message shows that your installation appears to be working correctly.
To generate this message, Docker took the following steps:
 1. The Docker client contacted the Docker daemon.
 2. The Docker daemon pulled the "hello-world" image from the Docker Hub.
    (amd64)
 3. The Docker daemon created a new container from that image which runs the
    executable that produces the output you are currently reading.
 4. The Docker daemon streamed that output to the Docker client, which sent it
    to your terminal.
To try something more ambitious, you can run an Ubuntu container with:
 $ docker run -it ubuntu bash
Share images, automate workflows, and more with a free Docker ID:
https://hub.docker.com/
For more examples and ideas, visit:
 https://docs.docker.com/get-started/
```

STEP 2:

Playing with Busybox

```
kiran@ubuntu:~/Desktop/docker$ sudo su
root@ubuntu:/home/kiran/Desktop/docker# docker pull busybox
Using default tag: latest
latest: Pulling from library/busybox
90b9666d4aed: Pull complete
Digest: sha256:3308bdfbc80b8e960219232df14f233a3c56979f392f56b0d9a8bc290c7dfd76
Status: Downloaded newer image for busybox:latest
docker.io/library/busybox:latest
root@ubuntu:/home/kiran/Desktop/docker#
```

The pull command fetches the busybox image from the Docker registry and saves it to our system.

```
root@ubuntu:/home/kiran/Desktop/docker# docker images
REPOSITORY
              TAG
                        IMAGE ID
                                       CREATED
                                                      SIZE
hello-world
                                                      10.1kB
              latest
                        74cc54e27dc4
                                       4 months ago
busybox
              latest
                        6d3e4188a38a 7 months ago
                                                      4.28MB
root@ubuntu:/home/kiran/Desktop/docker#
```

You can use the docker images command to see a list of all images on your system

Docker Run

```
root@ubuntu:/home/kiran/Desktop/docker# docker run busybox
root@ubuntu:/home/kiran/Desktop/docker# docker run busybox echo "hello 231312 from busybox"
hello 231312 from busybox
root@ubuntu:/home/kiran/Desktop/docker#
```

The docker ps command shows you all containers that are currently running.

```
root@ubuntu:/home/kiran/Desktop/docker# docker ps
CONTAINER ID IMAGE COMMAND CREATED STATUS PORTS NAMES
root@ubuntu:/home/kiran/Desktop/docker#
```

Since no containers are running, we see a blank line.

Lets try a more useful variant: **docker ps -a**

```
root@ubuntu:/home/kiran/Desktop/docker# docker ps
CONTAINER ID IMAGE COMMAND CREATED STATUS
root@ubuntu:/home/kiran/Desktop/docker# docker ps -a
CONTAINER ID IMAGE
                             COMMAND
                                                       CREATED
                                                                        STATUS
                                                                                                               NAMES
                                                                        Exited (0) 2 minutes ago
Exited (0) 2 minutes ago
                              "echo 'hello 231312 ..."
9e98a4e3fd95
              busybox
                                                       2 minutes ago
                                                                                                               epic noyce
                                                                                                               bold_bardeen
f5d0755f2b1c
                             "sh"
                                                       2 minutes ago
               busybox
e3f9fdecbf27
                             "echo hello from bus..."
                                                                        Exited (0) 2 minutes ago
               busybox
                                                       2 minutes ago
                                                                                                               modest neumann
dbdb9efaa597
                             "echohello 231312 fr..."
                                                       5 minutes ago
                                                                                                               agitated_curran
               busvbox
                                                                        Created
cd5ef7cfd105
                                                       6 minutes ago
                                                                        Exited (0) 6 minutes ago
                                                                                                               happy_kilby
               busybox
55538cfff96f
              hello-world "/hello"
                                                                        Exited (0) 12 minutes ago
                                                       12 minutes ago
                                                                                                               brave novce
root@ubuntu:/home/kiran/Desktop/docker#
```

Running the **run command** with the -it flags attaches us to an interactive tty in the container. Now we can run as many commands in the container as we want.

```
root@ubuntu:/home/kiran/Desktop/docker# docker run -it busybox sh
/ # ls
bin dev etc home lib lib64 proc root sys tmp usr var
/ # uptime
04:32:56 up 28 min, 0 users, load average: 0.77, 1.46, 1.42
/ # ^C
/ # exit
```

as a rule of thumb, I **clean up containers** once im done with them. To do that, you can run the docker rm command. Just copy the container IDs from above and paste them alongside the command.

```
root@ubuntu:/home/kiran/Desktop/docker# docker rm f5d0755f2b1c
f5d0755f2b1c
```

On **deletion**, you should see the IDs echoed back to you. If you have a bunch of containers to delete in one go, copy-pasting IDs can be tedious. In that case, you can simply run

```
root@ubuntu:/home/kiran/Desktop/docker# docker rm $(docker ps -a -q -f status=exited)
1e4863b97227
9e98a4e3fd95
e3f9fdecbf27
cd5ef7cfd105
55538cfff96f
root@ubuntu:/home/kiran/Desktop/docker#
```

In later versions of Docker, the docker container **prune command** can be used to achieve the same effect.

```
root@ubuntu:/home/kiran/Desktop/docker# docker container prune
WARNING! This will remove all stopped containers.
Are you sure you want to continue? [y/N] y
Deleted Containers:
dbdb9efaa597411f245ad1286db8840304e87b912581d735a6ea4fc4b4cd2134

Total reclaimed space: 0B
root@ubuntu:/home/kiran/Desktop/docker#
```

Webapps With Docker

Lets begin. The image that we are going to use is a single-page website that I've already created for the purpose of this demo and hosted on the registry - prakhar1989/static-site. We can download and run the image directly in one go using docker run. As noted above, the --rm flag automatically removes the container when it exits and the -it flag specifies an interactive terminal which makes it easier to kill the container with Ctrl+C (on windows).

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```
root@ubuntu:/home/kiran/Desktop/docker# docker run --rm -it prakhar1989/static-site
Unable to find image 'prakhar1989/static-site:latest' locally
latest: Pulling from prakhar1989/static-site
d4bce7fd68df: Pull complete
a3ed95caeb02: Pull complete
573113c4751a: Pull complete
31917632be33: Pull complete
77e66f18af1c: Pull complete
df3f108f3ade: Pull complete
df3f108f3ade: Pull complete
d7a279eb19f5: Pull complete
e798589c05c5: Pull complete
Digest: sha256:bb6907c8db9ac4c6cadb25162a979e286575cd8b27727c08c7fbaf30988534db
Status: Downloaded newer image for prakhar1989/static-site:latest
Nginx is running...
```

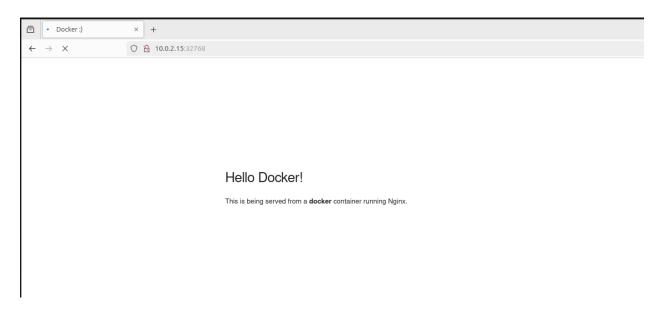
a Nginx is running... message

Now we can see the ports by running the docker port

```
root@ubuntu:/home/kiran/Desktop/docker# docker port static-site
80/tcp -> 0.0.0.0:32768
80/tcp -> [::]:32768
443/tcp -> 0.0.0.0:32769
443/tcp -> [::]:32769
root@ubuntu:/home/kiran/Desktop/docker#
```

80/tcp 10.0.2.15:32768

You can open http://localhost:32768 in your browser.



To stop a detached container, run docker stop by giving the container ID. In this case, we can use the name static-site we used to start the container.

```
root@ubuntu:/home/kiran/Desktop/docker# docker stop static-site
static-site
root@ubuntu:/home/kiran/Desktop/docker#
```

Docker stopped

Unable to connect

Firefox can't establish a connection to the server at 10.0.2.15:32768.

- The site could be temporarily unavailable or too busy. Try again in a few moments.
- If you are unable to load any pages, check your computer's network connection.
- If your computer or network is protected by a firewall or proxy, make sure that Firefox is permitted to access
 the web.

Try Again

Docker Images

```
root@ubuntu:/home/kiran/Desktop/docker# docker images
REPOSITORY
                                  IMAGE ID
                         TAG
                                                 CREATED
                                                               SIZE
hello-world
                                  74cc54e27dc4
                         latest
                                                 4 months ago
                                                               10.1kB
busybox
                                  6d3e4188a38a 7 months ago
                                                               4.28MB
                        latest
prakhar1989/static-site
                        latest
                                  f01030e1dcf3 9 years ago
                                                               134MB
root@ubuntu:/home/kiran/Desktop/docker#
```

The above gives a list of images that Ive pulled from the registry, along with ones that Ive created myself (well shortly see how). The TAG refers to a particular snapshot of the image and the IMAGE ID is the corresponding unique identifier for that image.

you can pull a specific version of ubuntu image

```
root@ubuntu:/home/kiran/Desktop/docker# docker pull ubuntu:18.04
18.04: Pulling from library/ubuntu
7c457f213c76: Pull complete
Digest: sha256:152dc042452c496007f07ca9127571cb9c29697f42acbfad72324b2bb2e43c98
Status: Downloaded newer image for ubuntu:18.04
docker.io/library/ubuntu:18.04
root@ubuntu:/home/kiran/Desktop/docker#
```

My First Image

goal in this section will be to create an image that sandboxes a simple Flask application. For the purposes of this workshop, there is a fun little Flask app that displays a random cat .gif

```
root@ubuntu:/home/kiran/Desktop/docker# git clone https://github.com/prakhar1989/docker-curriculum.git Cloning into 'docker-curriculum'...
remote: Enumerating objects: 1737, done.
remote: Counting objects: 100% (72/72), done.
remote: Compressing objects: 100% (48/48), done.
Receiving objects: 100% (1737/1737), 9.16 MiB | 412.00 KiB/s, done.
remote: Total 1737 (delta 56), reused 24 (delta 24), pack-reused 1665 (from 4)
Resolving deltas: 100% (953/953), done.
root@ubuntu:/home/kiran/Desktop/docker# cd docker-curriculum/flask-app
root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum/flask-app#
```

Dockerfile

A Dockerfile is a simple text file that contains a list of commands that the Docker client calls while creating an image. Its a simple way to automate the image creation process.

Creating a docker file:

```
GNU nano 7.2

Use an official Python runtime as a parent image
FROM python:3.8

# Set the working directory in the container
WORKDIR /usr/src/app

# Copy the current directory contents into the container
COPY . .

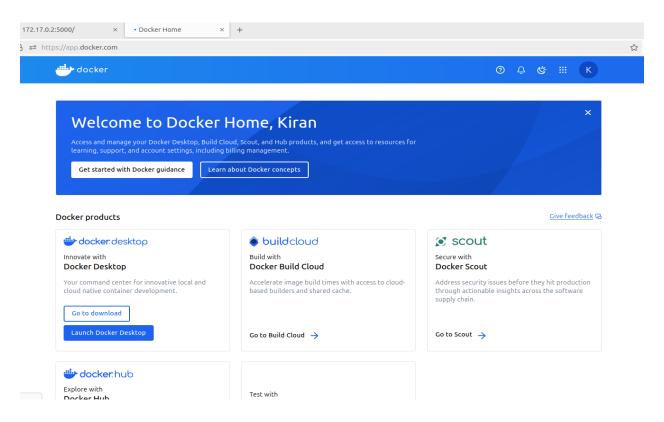
# Install any needed packages specified in requirements.txt
RUN pip install --no-cache-dir -r requirements.txt

# Make port 5000 available to the world outside this container
EXPOSE 5000

# Define environment variable (optional but good for Flask apps)
ENV FLASK_APP=app.py

# Run app.py when the container launches
CMD ["python", "app.py"]
```

Making an account on docker Hub:



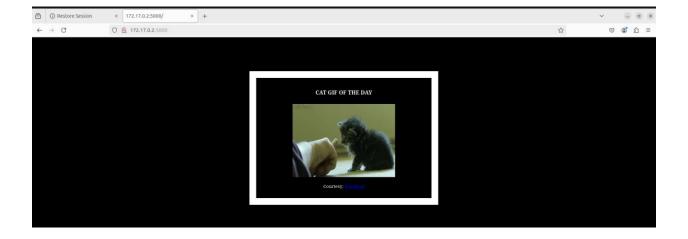
Now that we have our Dockerfile, we can build our image. The docker build command does the heavy-lifting of creating a Docker image from a Dockerfile.

```
root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum/flask-app# docker build -t kiran231312/catnip .
[+] Building 9.4s (9/9) FINISHED
=> [internal] load build definition from Dockerfile
=> => transferring dockerfile: 9258
=> [internal] load metadata for docker.io/library/python:3.8
=> [internal] load .dockerignore
=> => transferring context: 2B
=> [internal] load build context
=> => transferring context: 8248
=> [1/4] FROM docker.io/library/python:3.8@sha256:d411270700143fa2683cc8264d9fa5d3279fd3b6afff62ae81ea2f9d070e390c
=> CACHED [2/4] WORKDIR /usr/src/app
=> [3/4] COPY .
=> [4/4] RUN pip install --no-cache-dir -r requirements.txt
=> exporting to image
=> => exporting to image
=> => exporting image sha256:556c488722a2e020822e02e7fbc085dfedbdaec5f633b0d82f9d856b6a392be1
=> => naming to docker.io/kiran231312/catnip
```

root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum# echo "flask==2.0.3
werkzeug==2.0.3" > requirements.txt

Head over to the URL with port 8888, where your app should be live.

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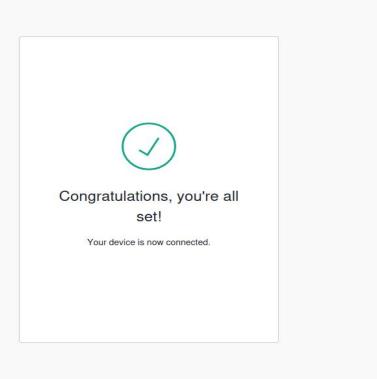
Docker push

lets use Docker Hub to publish the image.

Logging into docker



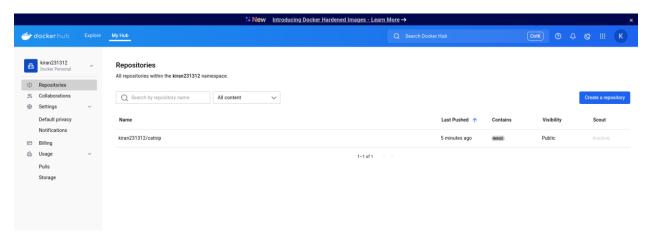
Logged into Docker



- ➤ Move into flask directory
- ➤ Build image
- > Push image

My docker hub repositories:

➤ We can see that I have uploaded a catnip image



Once that is done, we can view our image on Docker Hub.



Securing Docker:

➤ Check that containers cant access host processes (Rule 2)

```
root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum/flask-app# docker run --rm ubuntu ps aux
Unable to find image 'ubuntu:latest' locally
latest: Pulling from library/ubuntu
0622fac788ed: Pull complete
Digest: sha256:6015f66923d7afbc53558d7ccffd325d43b4e249f41a6e93eef074c9505d2233
Status: Downloaded newer image for ubuntu:latest
            PID %CPU %MEM
USER
                             VSZ
                                  RSS TTY
                                                STAT START
                                                             TIME COMMAND
              1 16.6 0.1
                            7888 3912 ?
                                                Rs 18:26 0:00 ps aux
root
root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum/flask-app#
```

root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum/flask-app# docker run -u 1000:1000 ubuntu id uid=1000(ubuntu) gid=1000(ubuntu) groups=1000(ubuntu)

➤ Check user namespace isolation (Rule 3)

root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum/flask-app# docker run --cap-drop ALL --cap-add NET_BIND_SER VICE ubuntu

➤ Read-Only Filesystem (Rule #8)

```
root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum/flask-app# docker run --read-only -v /tmp ubuntu touch /tmp/test root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum/flask-app# docker run --read-only ubuntu touch /test touch: cannot touch '/test': Read-only file system root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum/flask-app#
```

Scan for Vulnerabilities (Rule #9)

Installing Trivy

```
root@ubuntu:/home/kiran/Desktop/docker/docker-curriculum/flask-app# sudo apt-get install wget apt-transport-https gnupg lsb-release wget -q0 - https://aquasecurity.github.io/trivy-repo/deb/public.key | sudo apt-key add - echo "deb https://aquasecurity.github.io/trivy-repo/deb $(lsb_release -sc) main" | sudo tee /etc/apt/sources.list.d/trivy.list sudo apt-get update && sudo apt-get install trivy
Reading package lists... Done
Reading state information... Done
Reading state information... Done
Wget is already the newest version (1.21.4-1ubuntu4.1).
Wget set to manually installed.
Apt-transport-https is already the newest version (2.7.14build2).
gnupg is already the newest version (2.4.4-2ubuntu17.2).
lsb-release is already the newest version (12.0-2).
The following packages were automatically installed and are no longer required:
    libllvm17t64 libsigsegv2 python3-netifaces
Use 'sudo apt autoremove' to remove them.
0 upgraded, 0 newly installed, 0 to remove and 1 not upgraded.
Warning: apt-key is deprecated. Manage keyring files in trusted.gpg.d instead (see apt-key(8)).
OK
```

Scanning

> Found 39 vulnerabilities

