# **Week 4 Overview: For Loops**

# 1. Introduction to For Loops:

Definition: A for loop is a control flow statement that allows code to be executed repeatedly based on a specified number of times.

Basic Syntax: A loop that iterates over a range or sequence.

### 2. Loop Techniques:

Standard For Loop: Iterating over a sequence (like a list or string).

Using range(): Especially useful for a specified number of iterations. It can have start, stop, and step parameters.

Nested For Loops: A for loop inside another for loop, useful for iterating over multi-

dimensional data structures.

# 3. Iterating with Positive and Negative Steps:

Positive Steps: Used to loop forward through a sequence. Negative Steps: Used to loop backward through a sequence.

### 4. Text Manipulation with For Loops:

Iterating through strings character by character.

Modifying, analysing, or extracting information from strings using loops.

### 5. Index in Loops:

Using the enumerate() function to get both the index and value during iteration.

### 6. Using the len() Function:

Definition: Returns the length of an object.

Commonly used with loops to determine the number of iterations.

### 7. Understanding sys.maxsize and -sys.maxsize:

sys.maxsize gives the largest positive integer that a Python's int can store. -sys.maxsize provides the smallest negative integer for int storage.

#### **Summary:**

In Week 4, I have delved deep into the world of for loops in Python. From basic loop techniques to advanced manipulations, these foundational concepts will serve as building blocks for more complex programming tasks and challenges that I will face as a budding software developer.

