

users	
PK	<u>id INT AUTO--INCREMENT</u>
	full_name VARCHAR(100) NOT NULL
	email VARCHAR(100) UNIQUE NOT NULL
	password VARCHAR(100) NOT NULL
	phone_number VARCHAR(25) NOT NULL
	create_at TIMESTAMP DEFAULT CURRENT TIMESTAP

journals	
PK	<u>journal id AUTO INCREAMENT</u>
FK	user_id INT NOT NULL
	title VARCHAR(255) NOT NULL
	content TEXT NOT NULL
	mood ENUM("Happy", "Sad", "Neutral") NOT NULL
	created_at TIMESTAMP DEFAULT CURRENT_TIMESTAMP
	updated_at TIMESTAMP DEFAULT CURRENT_TIMESTAMP ON UPDATE CURRENT STAMP

chat_logs	
PK	<u>chat_id INT AUTO INCREAMENT</u>
FK	user_id INT NOT NULL
	message TEXT NOT NULL
	created_at TIMESTAMP DEFAULT CURRENT TIMESTAMP