# Lecture 3: Under-fitting, Over-fitting, Regularization, and Model Selection

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March 2, 2023



### Reading materials

- Chapter 3.1 & 3.2, Bishop, Pattern Recognition and Machine Learning
- Read about over-fitting in the paper by Pedro Domingos (Sections 3 and 5 of "A few useful things to know about machine learning")

### Reference

• EPFL, CS-433 Machine Learning, https://github.com/epfml/ML\_course

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### Definition 1 (*Learning* problem can be formulated as optimization problem)

Given a cost function  $\mathcal{L}(\mathbf{w})$ , we wish to find  $\mathbf{w}^*$  which minimizes the cost:

$$\min_{\mathbf{w}} \ \mathcal{L}(\mathbf{w}) \quad \text{ subject to } \mathbf{w} \in \mathbb{R}^{D}$$
 (1)

We will use an optimization algorithm (e.g., Gradient Descent) to find a good w.

Considering a dataset  $\mathcal{D} = \{\mathbf{X}, \mathbf{y}\}$  and learnable weights  $\mathbf{w} \in \mathbb{R}^D$  for  $f_{\mathbf{w}}(\mathbf{X}) = \mathbf{X}\mathbf{w}$ .

$$\mathbf{y} = \begin{bmatrix} y_1 \\ y_2 \\ \vdots \\ y_N \end{bmatrix} \in \mathbb{R}^N, \qquad \mathbf{X} = \begin{bmatrix} x_{11} & x_{12} & \dots & x_{1D} \\ x_{21} & x_{22} & \dots & x_{2D} \\ \vdots & \vdots & \ddots & \vdots \\ x_{N1} & x_{N2} & \dots & x_{ND} \end{bmatrix} \in \mathbb{R}^{N \times D}$$

$$(2)$$

# Using Gradient Descent for Linear Regression with MSE

The MSE is defined as:

$$\mathcal{L}(\mathbf{w}) := \frac{1}{2N} \sum_{n=1}^{N} (y_n - \mathbf{x}_n^{\top} \mathbf{w})^2 = \frac{1}{2N} \mathbf{e}^{\top} \mathbf{e}.$$
 (3)

The error vector e is defined as:

$$\mathbf{e} = \mathbf{y} - \mathbf{X}\mathbf{w} = \begin{pmatrix} e_1 \\ \vdots \\ e_N \end{pmatrix} \in \mathbb{R}^N, \tag{4}$$

where  $e_i := y_n - \mathbf{x}_n^{\top} \mathbf{w}$ .

The gradient is given by

$$\nabla \mathcal{L}(\mathbf{w}) = -\frac{1}{N} \mathbf{X}^{\top} \mathbf{e} \tag{5}$$

### A probabilistic model for linear regression

#### Definition 2 (Data generation process)

We assume that the data is generated by the model,

$$y_n = \mathbf{x}_n^{\mathsf{T}} \mathbf{w} + \epsilon_n, \tag{6}$$

#### where

- the  $\epsilon_n$  (the noise) is a zero-mean Gaussian random variable with variance  $\sigma^2$
- the noise is independent of each other and independent of the input.
- the model w is unknown.

The likelihood of the data vector  $\mathbf{y} = (y_1, \dots, y_N)$  given the input  $\mathbf{X}$  and the model  $\mathbf{w}$  is

$$p(\mathbf{y} \mid \mathbf{X}, \mathbf{w}) = \prod_{n=1}^{N} p(y_n \mid \mathbf{x}_n, \mathbf{w}) = \prod_{n=1}^{N} \mathcal{N}(y_n \mid \mathbf{x}_n^{\top} \mathbf{w}, \sigma^2).$$
 (7)

The probabilistic view point: maximize this likelihood over the choice of model w.

### Maximum-Likelihood Estimator (MLE)

Instead of maximizing the likelihood, we can maximize the logarithm of the likelihood, i.e., log-likelihood (LL):

$$\mathcal{L}_{\mathsf{LL}}(\mathbf{w}) := \log p(\mathbf{y} | \mathbf{X}, \mathbf{w}) = -\frac{1}{2\sigma^2} \sum_{n=1}^{N} (y_n - \mathbf{x}_n^{\mathsf{T}} \mathbf{w})^2 + \text{cnst.}$$
 (8)

Compare the LL to the MSE (Mean Squared Error)

$$\mathcal{L}_{LL}(\mathbf{w}) = -\frac{1}{2\sigma^2} \sum_{n=1}^{N} (y_n - \mathbf{x}_n^{\top} \mathbf{w})^2 + \text{cnst}$$
 (9)

$$\mathcal{L}_{MSE}(\mathbf{w}) = \frac{1}{2N} \sum_{n=1}^{N} (y_n - \mathbf{x}_n^{\top} \mathbf{w})^2$$
 (10)

Maximizing the LL is equivalent to minimizing the MSE:

$$\arg\min_{\mathbf{w}} \ \mathcal{L}_{\mathsf{MSE}}(\mathbf{w}) = \arg\max_{\mathbf{w}} \ \mathcal{L}_{\mathsf{LL}}(\mathbf{w}). \tag{11}$$

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#### Motivation

- In rare cases, one can compute the optimum of the cost function analytically.
- Linear regression using an MSE cost function is one such case.
- Here its solution can be obtained explicitly, by solving a linear system of equations.
  - ⇒ These equations are sometimes called the normal equations.
  - ⇒ Solving the normal equations is called the least squares.

### **Normal Equations**

To derive the normal equations,

- 1 we first show that the problem is convex.
- 2 we then use the optimality conditions for convex functions, i.e.,

$$\nabla \mathcal{L}(\mathbf{w}^{\star}) = \mathbf{0}\,,\tag{12}$$

where  $\mathbf{w}^*$  corresponds to the parameter at the optimum point.

Given the definition  $\mathcal{L}(\mathbf{w}) = \frac{1}{2N} \sum_{n=1}^{N} (y_n - \mathbf{x}_n^{\top} \mathbf{w})^2 = \frac{1}{2N} (\mathbf{y} - \mathbf{X} \mathbf{w})^{\top} (\mathbf{y} - \mathbf{X} \mathbf{w})$ , we have

$$\nabla \mathcal{L}(\mathbf{w}) = -\frac{1}{N} \mathbf{X}^{\top} (\mathbf{y} - \mathbf{X} \mathbf{w}) = 0,$$
(13)

where we can get the normal equations for linear regression.

### Least Squares

We need to solve the linear system of the normal equation  $X^{\top}(y-Xw)=0$ , where

$$\mathbf{X}^{\top} y = \underbrace{\mathbf{X}^{\top} \mathbf{X}}_{\text{Gram matrix}} \mathbf{w} \tag{14}$$

If the Gram matrix is invertible, we can multiply the normal equation by the inverse of the Gram matrix from the left:

$$\mathbf{w}^{\star} = (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{X}^{\top} \mathbf{y}, \tag{15}$$

where we can get a closed-form expression for the minimum.

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- Linear regression
  - Definition
  - Gradient Descent (GD) optimization
  - Least Square
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#### This lecture:

- · Over-fitting and Under-fitting
- Polynomial Regression, Ridge Regression, and Lasso Regression
- Generalization, and Model selection

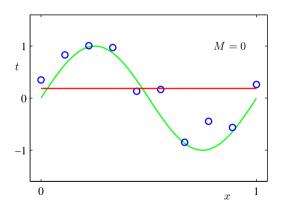
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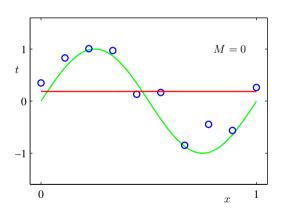
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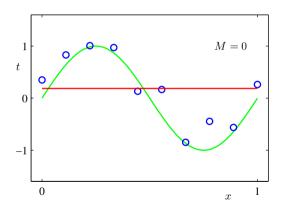
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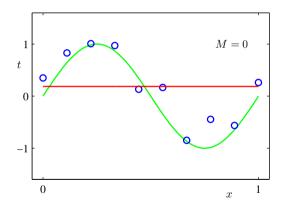
A scalar function g(x)



#### Settings:

- A scalar function g(x)
- We do not observe  $g(x_n)$  directly:

$$y_n = g(x_n) + Z_n. (16)$$

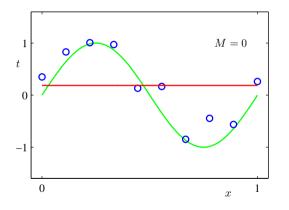


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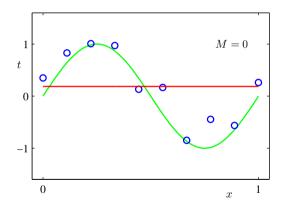


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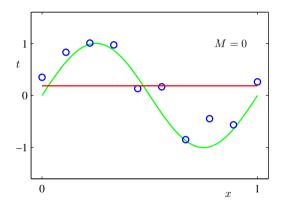
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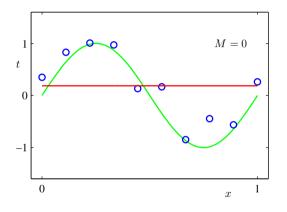
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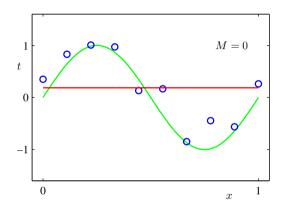
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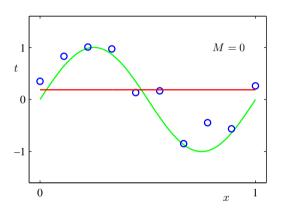
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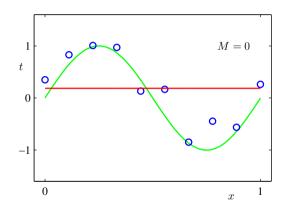
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- The solid curve is the underlying function (the slope of the function).
- We cannot match the given function accurately, regardless of how many samples we get and how small the noise is.



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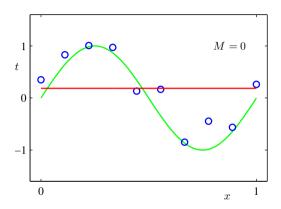
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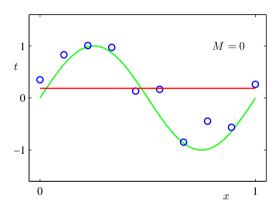
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$$=: \boldsymbol{\phi}(\boldsymbol{x}_n)^{\top} \mathbf{w} \,. \tag{20}$$

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Is it all good?

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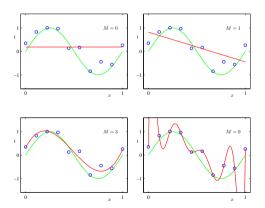
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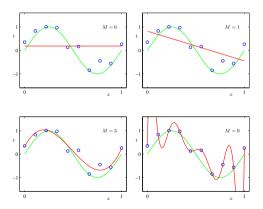
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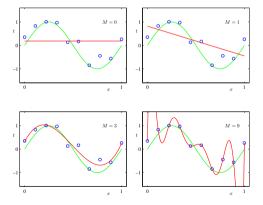


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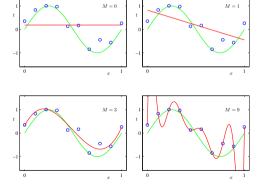


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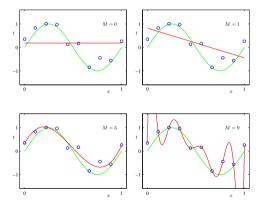


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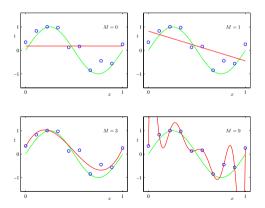


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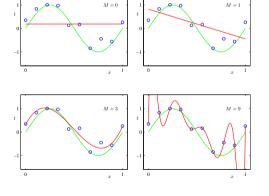
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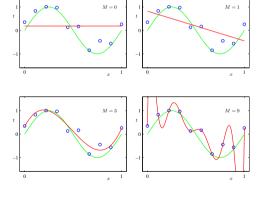
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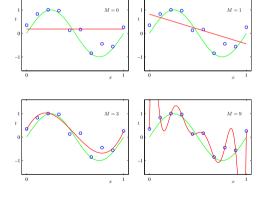
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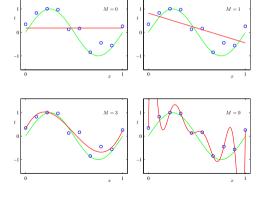
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- For M = 9, the model fits every single points

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$$y_n \approx w_0 + w_1 x_n + w_2 x_n^2 + \ldots + w_M x_n^M =: \phi(x_n)^\top \mathbf{w}$$
 (21)



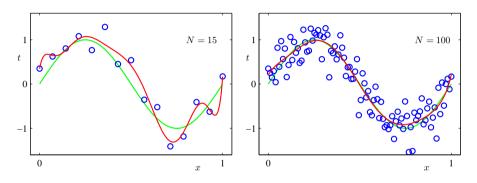
#### Settings:

- The circles are data points
- The green line represents the "true function"
- The red line is the learned model.

- The model is under-fitting for M = 0 & M = 1
- For M = 3, the model fits the data
   → but can be improved
- For M = 9, the model fits every single points

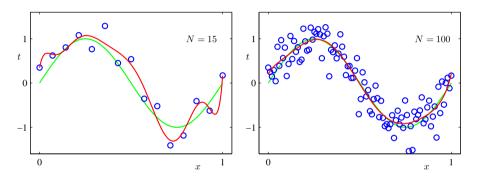
   → severe over-fitting

• Question: How to avoid over-fitting?



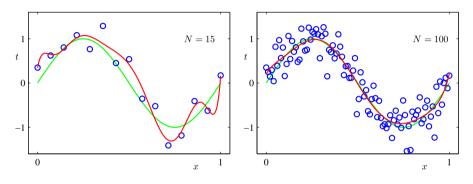
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Increasing N but keeping M fixed.

We will elaborate on this question in the next section!

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#### Discussion:

- Both of these phenomena (under-fit and over-fit) are undesirable.
- This discussion is made more difficult:
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  - we do not know a priori what part is the underlying signal and what part is noise.

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Regularization is a way to mitigate this undesirable behavior.

- We will discuss regularization in the context of linear models
- The same principle applies also to more complex models such as neural nets.

Through regularization, we can penalize complex models and favor simpler ones:

$$\min_{\mathbf{w}} \quad \mathcal{L}(\mathbf{w}) + \Omega(\mathbf{w}) \tag{23}$$

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- $\Omega$  is a regularizer.  $\leftarrow$
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- Model Complexity ←⇒ The richness of the model space.

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## $L_2$ -regularization: Ridge Regression

The most frequently used regularizer is the standard Euclidean norm ( $L_2$ -norm), which is

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• Linear Regression is a special case of this: by setting  $\lambda := 0$ .

# Explicit solution of Ridge Regression for w

Ridge Regression can be defined as:

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Differentiating and setting to zero (following a similar procedure as least squares):

$$\mathbf{w}_{\mathsf{ridge}}^{\star} = (\mathbf{X}^{\mathsf{T}}\mathbf{X} + \lambda'\mathbf{I})^{-1}\mathbf{X}^{\mathsf{T}}\mathbf{y} \tag{27}$$

(here for simpler notation  $\lambda'/2N=\lambda$ )

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We see now that every Eigenvalue is "lifted" by an amount  $\lambda'$ .

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#### An alternative proof (optional reading).

Recall that for a symmetric matrix A we can also compute eigenvalues by looking at the so-called Rayleigh ratio,

$$R(\mathbf{A}, \mathbf{v}) = \frac{\mathbf{v}^{\top} \mathbf{A} \mathbf{v}}{\mathbf{v}^{\top} \mathbf{v}}.$$
 (30)

Note that if  $\mathbf{v}$  is an eigenvector with eigenvalue  $\lambda$ , then the Rayleigh coefficient indeed gives us  $\lambda$ .

We can find the smallest and largest eigenvalue by minimizing and maximizing this coefficient.

But note that if we apply this to the symmetric matrix  $\mathbf{X}^{\top}\mathbf{X} + \lambda'\mathbf{I}$ , then for any vector  $\mathbf{v}$  we have

$$\frac{\mathbf{v}^{\top}(\mathbf{X}^{\top}\mathbf{X} + \lambda'\mathbf{I})\mathbf{v}}{\mathbf{v}^{\top}\mathbf{v}} \ge \frac{\lambda'\mathbf{v}^{\top}\mathbf{v}}{\mathbf{v}^{\top}\mathbf{v}} = \lambda'.$$
 (31)

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- A very important case is the  $L_1$ -norm, leading to  $L_1$ -regularization.

In combination with the MSE cost function (i.e.,  $L_2$ -norm), this is known as the Lasso:

$$\min_{\mathbf{w}} \quad \frac{1}{2N} \sum_{n=1}^{N} [y_n - \mathbf{x}_n^{\top} \mathbf{w}]^2 + \lambda \|\mathbf{w}\|_1 \quad \text{where } \|\mathbf{w}\|_1 := \sum_{i} |w_i|.$$
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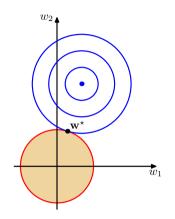
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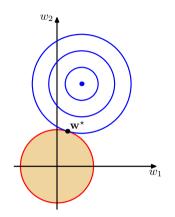
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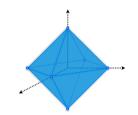
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A "ball" of constant  $L_1$  norm

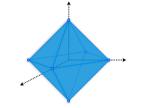
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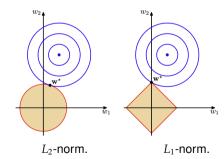
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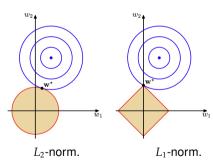


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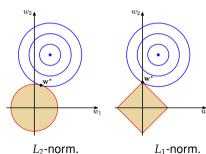
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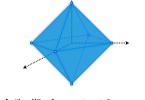
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# The probabilistic interpretation of least-squares linear regression

Least-Squares linear regression can be interpreted as the Maximum Likelihood Estimator:

$$\mathbf{w}_{\mathsf{lse}} \stackrel{(a)}{=} \arg\min_{\mathbf{w}} -\log p(\mathbf{y}, \mathbf{X} | \mathbf{w}) \qquad \qquad \text{(by the definition of log-likelihood)}$$

$$\stackrel{(b)}{=} \arg\min_{\mathbf{w}} -\log p(\mathbf{X} | \mathbf{w}) p(\mathbf{y} | \mathbf{X}, \mathbf{w}) \qquad \qquad \text{(by factoring the likelihood)}$$

$$\stackrel{(c)}{=} \arg\min_{\mathbf{w}} -\log p(\mathbf{X}) p(\mathbf{y} | \mathbf{X}, \mathbf{w}) \qquad \qquad \text{(the choice of the input } \mathbf{x}_n \text{ is independent of } \mathbf{w})$$

$$\stackrel{(d)}{=} \arg\min_{\mathbf{w}} -\log p(\mathbf{y} | \mathbf{X}, \mathbf{w}) \qquad \qquad (p(\mathbf{X}) \text{ is independent of } \mathbf{w})$$

$$\stackrel{(e)}{=} \arg\min_{\mathbf{w}} -\log \left[\prod_{n=1}^{N} p(y_n | \mathbf{x}_n, \mathbf{w})\right] \qquad \qquad \text{(we assume samples are iid.)}$$

$$= \arg\min_{\mathbf{w}} \frac{1}{2\sigma^2} \sum_{n=1}^{N} (y_n - \mathbf{x}_n^\top \mathbf{w})^2 \qquad \qquad \text{(by definition and calculus)}$$

# The probabilistic interpretation of Ridge Regression

We start with the posterior  $p(\mathbf{w}|\mathbf{X}, \mathbf{y})$  and chose  $\mathbf{w}$  to maximize this posterior.

The Maximum-A-Posteriori (MAP) estimate:

$$\mathbf{w}_{\mathsf{ridge}} = \arg\min_{\mathbf{w}} \quad -\log p(\mathbf{w}|\mathbf{X}, \mathbf{y}) \qquad \text{(by the definition of posterior)}$$

$$\stackrel{(a)}{=} \arg\min_{\mathbf{w}} \quad -\log \frac{p(\mathbf{y}, \mathbf{X}|\mathbf{w})p(\mathbf{w})}{p(\mathbf{y}, \mathbf{X})} \qquad \text{(by the Bayes' law)}$$

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## What is the model selection problem?

Recall the Ridge Regression problem:

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43/52

Recall the Ridge Regression problem:

$$\min_{\mathbf{w}} \quad \frac{1}{2N} \sum_{n=1}^{N} (y_n - \mathbf{x}_n^{\top} \mathbf{w})^2 \quad + \quad \frac{\lambda}{\lambda} \|\mathbf{w}\|^2$$
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How do we choose these hyper-parameters?

### Model selection for neural networks

### **Optimization Algorithms?**

SGD Adam Which step-size? Which batch-size? Which momentum?

### **Neural Architectures?**

FullyConnected
ConvNet
ResNet
Transformer
Which width?
Which depth?
Batch normalization?

### Regularizations?

Weight decay?
Dropout?
Early stopping?
Data augmentation?

To give a meaningful answer to the above questions, we first need to specify our data model!

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- Can add a subscript  $f_{S,\lambda}$  to indicate the model dependency (for Ridge Regression).

• We should compute the **expected error** over all samples chosen according to  $\mathcal{D}$ :

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- The reason that  $L_S(f_S)$  might not be close to  $L_D(f_S)$  is of course over-fitting.

# Splitting the data and Test Error

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- Issues: we have fewer data both for the learning and validation tasks (trade-off)

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#### Definition 4 (Generalization error)

The generalization error is given by

$$|L_{\mathcal{D}}(f) - L_{S_{\mathsf{test}}}(f)|$$
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#### **Next lecture:**

- Model Selection (contd)
- Bias-Variance Decomposition
- Multi-Layer Perceptron (MLP)
- Back-Propagation (BP)