Registration number: 08668833

## Healthwatch Isle of Wight CIC

(A company limited by guarantee)

Annual Report and Unaudited Financial Statements

for the Year Ended 30 September 2018

FRIDAY



21/06/2019 COMPANIES HOUSE

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### **Company Information**

**Directors** Mr C Orchin

Ms S E Mousley
Ms T J Ringer
Mr P M D Pugh
Mrs Z O'Donnell
Mr E R Hemming

Registered office

The Riverside Centre

The Quay Newport Isle of Wight PO30 2QR

### Statement of Directors' Responsibilities

We confirm that as directors we have met our duty in accordance with the Companies Act 2006 to:

- ensure that the company has kept adequate accounting records;
- prepare financial statements which give a true and fair view of the state of affairs of the company as at 30 September 2018 and of profit and loss for that period in accordance with Generally Accepted Accounting Practice in the UK; and
- follow the applicable accounting policies, subject to any material departures disclosed and explained in the notes to the financial statements.

## Independent Chartered Accountant's Review Report to the Directors of Healthwatch Isle of Wight CIC

### Opinion

We have reviewed the financial statements of Healthwatch Isle of Wight CIC (the 'company') for the year ended 30 September 2018, which comprise the statement of income and retained earnings, the balance sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 Section 1A 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the company's directors, as a body, in accordance with the terms of our engagement letter. Our review has been undertaken so that we might state to the company's directors those matters we have agreed with them in our engagement letter and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's directors as a body, for our work, for this report, or for the conclusions we have formed.

### Directors' responsibility for the financial statements

As explained more fully in the statement of directors' responsibilities [set out on page 2], the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

### Accountants' responsibility

Our responsibility is to express a conclusion based on our review of the financial statements. We conducted our review in accordance with the International Standard on Review Engagements (ISRE) 2400 (Revised), Engagements to review historical information statements and ICAEW Technical Release TESCH 09/13AAF Assurance review engagements on historical financial statements. ISRE 2400 (Revised) also requires us to comply with the ICAEW Code of Ethics.

### Independent Chartered Accountant's Review Report to the Directors of Healthwatch Isle of Wight CIC (continued)

### Scope of the assurance review

A review of financial statements in accordance with ISRE 2400 (Revised) is a limited assurance engagement. We have performed additional procedures to those required under a compilation engagement. These primarily consist of making enquiries of management and other within the company, as appropriate, applying analytical procedures and evaluating the evidence obtained. The procedures performed in a review are substantially less than those performed in an audit conducted in accordance with the International Standards of Auditing (UK). Accordingly, we do not express an opinion on these financial statements.

### Conclusion

Based on our review, nothing has come to our attention to dissuade us from the belief that the financial statements:

- give a true and fair view of the state of the company's affairs as at 30 September 2018 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
   and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Peter Clegg BSc FCA

Westlake Clark Chartered Accountants 7 Lynwood Court Priestlands Place Lymington Hampshire SO41 9GA

31 May 2019

### (Registration number: 08668833) Balance Sheet as at 30 September 2018

	Note	2018 £	2017 £
Current assets			
Debtors	3	1,065	1,040
Cash at bank and in hand	_	11,361	6,370
		12,426	7,410
Creditors: Amounts falling due within one year	4 _	(3,664)	(3,600)
Net assets	-	8,762	3,810
Capital and reserves			
Profit and loss account	_	8,762	3,810
Total equity	_	8,762	3,810

### (Registration number: 08668833) Balance Sheet as at 30 September 2018 (continued)

For the financial year ending 30 September 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

### Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

These financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime and the option not to file the Profit and Loss Account has been taken.

Approved and authorised by the Board on 27/5/19, and signed on its behalf by:

Mr C Orchin Director

### Notes to the Financial Statements for the Year Ended 30 September 2018

### 1 General information

The company is a company limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the company in the event of liquidation.

The address of its registered office is: The Riverside Centre The Quay Newport Isle of Wight PO30 2QR

### 2 Accounting policies

### Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### Statement of compliance

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A - 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006.

### Basis of preparation

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

The company's functional and presentational currency is pound sterling.

### Going concern

The financial statements have been prepared on a going concern basis.

### Revenue recognition

Turnover comprises the fair value of the consideration received or receivable for the sale of goods and provision of services in the ordinary course of the company's activities. Turnover is shown net of sales/value added tax, returns, rebates and discounts and after eliminating sales within the company.

The company recognises revenue when:

The amount of revenue can be reliably measured;

it is probable that future economic benefits will flow to the entity;

and specific criteria have been met for each of the company's activities.

### Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

### Notes to the Financial Statements for the Year Ended 30 September 2018 (continued)

### 2 Accounting policies (continued)

### Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

### 3 Debtors

	2018 £	2017 £
Prepayments and accrued income	1,065	1,040
Total current trade and other debtors	1,065	1,040
4 Creditors		
Creditors: amounts falling due within one year		
	2018 £	2017 £
Due within one year		
Trade creditors	359	183
Social security and other taxes	1,935	2,047
Accruals and deferred income	1,370	1,370
	3,664	3,600

### Notes to the Financial Statements for the Year Ended 30 September 2018 (continued)

### 5 Related party transactions

### Other transactions with directors

Mr C Orchin

(Director of Healthwatch Isle of Wight CIC)

In the period £421 (2017 - £323) was paid to the above as reimbursement of expenses. At the balance sheet date the amount due to Mr C Orchin was £215 (2017 - £nil).

Ms S E Mousley

(Director of Healthwatch Isle of Wight CIC)

In the period £200 (2017 - £200) owas paid to the above as honorarium. At the balance sheet date the amount due to Ms S E Mousley was £nil (2017 - £nil).

### Summary of transactions with other related parties

Help and Care

(Subscriber in Healthwatch Isle of Wight CIC)

In the period £109,710 (2017 - £125,308) was paid to the above for services. At the balance sheet date the amount due to Help and Care was £nil (2017 - £nil).

Isle of Wight Citizens Advice Bureau

(Subscriber in Healthwatch Isle of Wight CIC)

In the period £12,305 (2017 - £12,785) was paid to the above for services. At the balance sheet date the amount due to Isle of Wight Citizens Advice Bureau was £nil (2017 - £nil).

Community Action Isle of Wight

(Subscriber in Healthwatch Isle of Wight CIC)

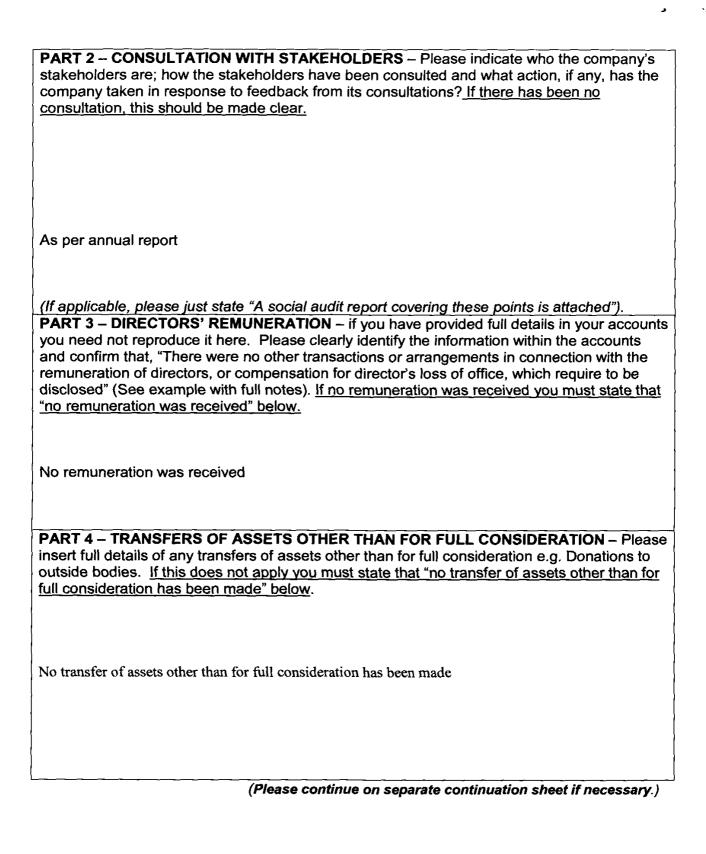
In the period £22,329 (2017 - £23,199) was paid to the above for services. At the balance sheet date the amount due to Community Action Isle of Wight was £nil (2017 - £nil).

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## **Community Interest Company Report**

	For official use (Please leave blank)		
Please complete in	Company Name in full	HEALTHWATCH ISLE OF WIGHT CIC	
typescript, or in bold black capitals.	Company Number	08668833	
oupitalo.	Year Ending	30/09/2018	
Please ensure th accounts.	e company name is o	consistent with the company name entered on the	
be best practice for reports must be do Investigations and Part 7 of the Com- chapter 8 of the R	or completing a simplificelivered in accordance I Community Enterprise I Community Enterprise munity Interest Compa	ator of Community Interest Companies considers to ed community interest company report. All such with section 34 of the Companies (Audit, e) Act 2004 and contain the information required by any Regulations 2005. For further guidance see otes and the alternate example provided for a more stes.	
•		ble on this document. Please enclose a to Companies House)	
PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.			
As per annual repor	t		
(If applicable, plea	ase just state "A social	audit report covering these points is attached").	

(Please continue on separate continuation sheet if necessary.)



### **PART 5 - SIGNATORY**

The original report must be signed by a director or secretary of the company		Date $27/5/i9$ ete as appropriate) Director/Secretary
You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public		Tel
record.	DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)

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# Healthwatch Isle of Wight

Annual Report 2017/18



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# Message from our Chair

It seems that I begin each year confirming that the challenges of the 'coming year' will increase.

It is the reality of the challenges confronting both commissioners and providers of health and social care, with an increasing need for services and inadequate resources.

In the year just finished, Healthwatch Isle of Wight has had to respond to many challenges in attempting to get the voice of the people heard. Against this background, the current consortium of Help & Care, Community Action IW and Citizens Advice IW were successful in securing the contract to continue providing a local Healthwatch for at least the next five years.

Prior to this, we are proud to report that we won two of the eight Healthwatch England's national awards at last year's conference.

"Healthwatch Isle of Wight have been recognised for their efforts improving social services on the Island, winning two national awards.."



These awards for 'Engagement in Service Improvement' and the NICE 'Better Care' award, sponsored by the National Institute for Health and Care Excellence, were the results of the hard work of our small but dedicated team of staff and volunteers.

Whilst the team completed the work, it was the people of the Isle of Wight who shared their experiences with us and identified those areas of health and social care that we needed to address in our annual work plan.

The work plan provides the core of our activities, but we also need to respond to immediate situations and longer term plans for health and social care and it is this aspect of our work that will grow significantly in the coming year.

# Message from our Manager

I would like to express my sincere thanks and appreciation to everyone who has shared their experiences with us to help improve local services.

The past year has been both challenging and exciting for our staff team and volunteers. Winning two Healthwatch England national awards was testament to the hard work of our volunteers and we are extremely proud of our achievements in supporting health and social care services to improve.

This year, we were also shortlisted for the National Institute for Health and Care Excellence Shared Learning Awards and as a result, our work was highlighted in their Shared Learning Programme.

We also continue to work closely with the Local Safeguarding Adults Board and supported them in their aim to promote awareness of mate crime.

"Our mate crime film was presented at the Royal College of Medicine Conference in November 2017 and has been viewed over 1000 times"



As the local system transformation plans continue to gather pace, people on the Isle of Wight will be faced by many changes to health and social care services so one of our key priorities this year will be to further escalate people's voices, ensuring that their concerns are heard and acted upon by commissioners and providers.

We will continue to work closely with partners to offer constructive challenge as a 'critical friend' to ensure that organisations are not complacent, but continually look to learn from the people who use their services.

I hope that this report will demonstrate the difference we have made this year and will show what we can achieve with the help of the people of the Isle of Wight.

# Highlights from our year

2017/18



**VOLUNTEER** 

GET TNVOLVED! Our Mate Crime film has been viewed over 1,000 times



We've had 2936 responses to our 4 surveys this year



Our reports have tackled issues ranging from discharge from hospital to registering with a GP



healthwetch Network awards

Winner 2017

We won two awards at the Healthwatch England National Conference We've met hundreds of local people at community events

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# Who we are



# Healthwatch Isle of Wight is an independent consumer champion for health and social care

You need services that work for you, your friends and family. That's why we want you to share your experiences of using health and care with us - both good and bad. We use your voice to encourage those who run services to act on what matters to you.

As well as championing your views locally, we also share your views with Healthwatch England who make sure that the government put people at the heart of care nationally.

### Health and care that works for you

People want health and social care support that works - helping them to stay well, get the best out of services and manage any conditions they face.

### Our purpose

To find out what matters to you and to help make sure your views shape the support you need.

People's views come first - especially those who find it hardest to be heard. We champion what matters to you and work with others to find ideas that work. We are independent and committed to making the biggest difference to you.

Last year, 856 people shared their stories with us.

## Meet the team

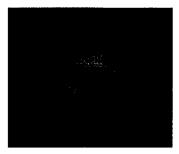
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Chris Orchin Chairperson



Sara Mousley Executive Director (Help & Care)



Zoryna O'Donnell Non Executive Director, Equality, Diversity & Community Outreach



Chris Gale
Data & Research Officer



Joanna Smith Manager

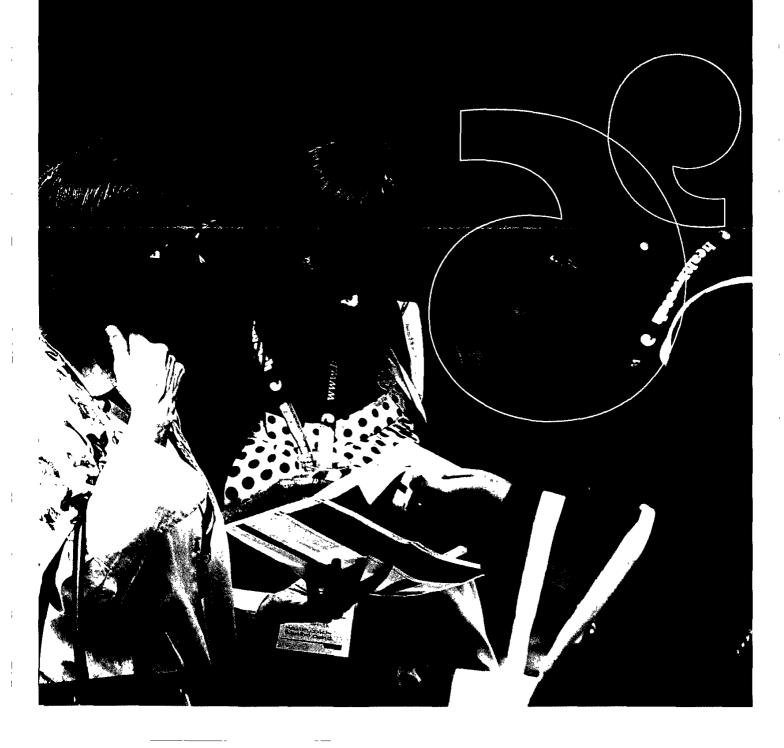


**Nikki Stewart** Healthwatch Officer

Other Board members include: Caryl Morrison, Non Executive Director Governance and Compliance Eric Hemming, Non Executive Director Finance Tracy Ringer, Executive Director (Community Action IW)



# Your views on health and care





### Your views on health and care

Listening to peoples experiences of health and social care services is central to what we do. This is the key to our success and enables us to both challenge and support service providers and commissioners to improve their services both locally and nationally.

Our social media presence allows people the opportunity to provide feedback to us simply and effectively and those who prefer to can ring or text and leave a message. We have a walk in centre based at Citizens Advice Isle of Wight and we also widely distribute our `Your Voice Counts` feedback forms. Our website provides members of the public with contact details and enables feedback to be left via online feedback forms.





### **Prioritisation Survey**

Our annual prioritisation survey has been a hugely successful way of engaging with local people. This year 720 people completed our survey and told us their priorities for health and social care. The top five became our priorities for 2017/18. This ensures that we focus only on those areas that have been highlighted by local people on the Isle of Wight.

Our team has attended some key public events to talk to people about how their experiences can make a difference and this includes:

IOW Volunteer Fayre, Ventnor Botanic Gardens,, IOW Age UK Engagement Day, LSAB (Local Safeguarding Adults Board) Conference, People Matter AGM and Brighstone Christmas Tree Festival We have also spoken to hundreds of people over the course of the year by visiting voluntary sector organisations, user-led groups and community groups.

### **Engaging with young people**

We specifically targeted younger people and families in our primary care survey and we would particularly like to express our thanks to IOW primary schools who distributed our survey in children's book bags. We are currently speaking to young people about their experience of transition services as we are currently reviewing these.

### People over the age of 65

This year we spoke to older people who live in care homes, we took part in the IOW Age UK Engagement day and we gave talks to Brading Yacht Club members, St John's WI and Ryde Amateur Wine Makers group.

### **People with Dementia**

One of our priorities this year which was chosen by the public in our annual prioritisation survey, has been listening to people's experiences of dementia services. Within this work plan, we decided to adopt a different approach to enable us to speak to as many people as we could who either have dementia or are caring for someone with dementia. With the support of our volunteers we did the following:

- + Visited all 7 Alzheimers Cafes on the Island.
- + We visited other dementia groups
- + We held 4 focus groups for people with dementia in different locations on the Island.

".... was never given a diagnosis, the closest the doctor got to that was saying he "probably" had dementia"

Quote from family member

- + We held 3 focus groups for unpaid carers of people with dementia who shared their experiences with us.
- + We held 3 focus groups in care and nursing homes to hear the experiences of people with dementia.

As well as holding focus groups, we also had individual conversations with people with dementia and their carers and this approach led to people sharing their whole experience from diagnosis to living with the condition.

Our report will be published later this year.

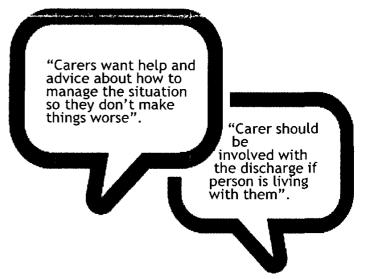
## Mental Health Listening Event 2018

In January 2018, we organised a Listening Event at Aspire in Ryde. We invited the IOW NHS Trust Director of Mental Health to come and discuss future plans for mental health services and more importantly, to listen to the experiences of people.



During the course of the event people told us:

- + Waiting times for community mental health services are too long
- + The crisis line is not fit for purpose
- + Unpaid carers want more information and support



The Director of mental health services told us that he has already made improvements to the environment at the IOW NHS Trust.

He pledged to provide more support to carers and to provide more support for people in the community rather than within the acute Trust.

# **Experts by Experience Programme**

For several years now, Healthwatch Isle of Wight has championed the cause of improving the quality of care in residential care and nursing homes and ensuring that the voices of people who live in care homes is heard. Following our work last year, both the IOW Council and the IOW Clinical Commissioning Group, with the support of Healthwatch Isle of Wight have developed a joint Quality Framework, following the recommendation we made in our 'Home From Home' report Oct 2016.

Further to this, the IOW Council provided us with funding this year to set up an 'Experts by Experience' programme.

Healthwatch Isle of Wight provides comprehensive induction, training and mentoring support to 'experts by experience' who are people who have experience of using services or who have cared for someone who has used services.

The experts then accompany the joint IOW Council and IOW Clinical Commissioning Group quality team on their quality visits to Isle of Wight residential care and nursing homes.

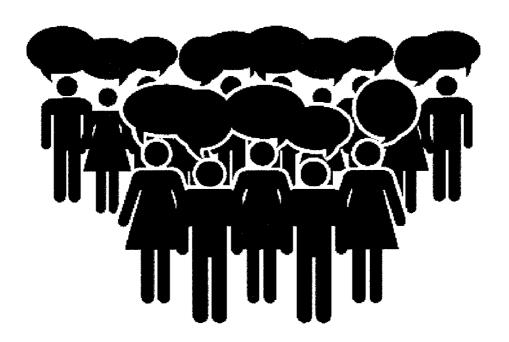
The role of the experts by experience is to talk to residents, family members, visitors to the home and staff and to look at the quality of service from the perspective of the people who live there.

Comments and feedback will be gathered and anonymised and a report sent to the registered manager.

This report will then feed into an overarching quality framework which will enable the manger to see at a glance where they are performing well and where improvements are needed.

Support will be offered to the manager to improve their rating within the quality framework

This is a unique opportunity for people who live in care and nursing homes to have their say about the care they receive



# Helping you find the answers



### Case study - Registering with a GP:

Mr S is over 60 and is homeless. After arriving on the Island, he slept in a tent for some time, until he was asked to leave the area by the landowner. He was supported to find temporary accommodation but had not registered with a GP

accommodation but had not registered with a GP because he thought that he would not be eligible to do this as he does not have a permanent address.

### What we did:

We advised Mr S of his rights to register with a GP despite the fact that he does not have any ID or evidence of a permanent address. We shared our report:

Healthwatch Isle of Wight GP Registration and Appointment Booking Mystery Shopping Report March 2017

Enabling Mr S to register with a local GP to access the medication and medical treatment he needed.

## Case Study - Accessing Mental Health Services:

Mr K contacted us as he had been having problems accessing the community mental health services he required and wished to make a complaint.

What we did:

We gave Mr K information about local voluntary sector services which offer support and we put him in touch with our partners SEAP, who are supporting him to make a complaint.

## Case Study - Accessing Medical records:

Mrs B was having difficulty with a benefits claim and had contacted her local GP practice asking for a copy of her medical records which would be required as evidence. Despite contacting the surgery a number of times, Mrs B had not been able to get a copy of her medical records.

What we did:

We advised Mrs B of her rights of access to her own medical information and we contacted the IOW Clinical Commissioning Group. The matter was swiftly resolved and the Mrs B received a copy of her medical notes.

### Case Study - Safeguarding concerns

Relatives of Mrs V contacted us with significant concerns about the quality of care provided in a local residential care home. Some of the concerns were around poor medical care, poor access to food and drink and poor handling of complaints. What we did:

We escalated the concerns to the Care Quality Commission, the Safeguarding Team and to the IOW Council. The family met with the IOW Council to discuss their concerns and the home received an 'out of hours' visit to check the quality of the care provided to people.



# Making a difference together



# How your experiences are helping us to change services for the better

### Sharing our reports:

- + We complete quarterly feedback reports containing anonymised feedback, which we share with the IOW NHS Trust, GP practices, the IOW Council, the Care Quality Commission, the IOW Clinical Commissioning Group and NHS England. Work plan reports are also shared with Healthwatch England.
- + We take great pains to ensure that all feedback shared with us is anonymised to ensure that people will not be able to be identified as a result of sharing their experience with us.

### Working with others:

- + We are members of the Health and Wellbeing Board and regularly attend the Local Safeguarding Adults Board and the Policy and Scrutiny Committee for Adult Social Care and Health, where we present our reports.
- We work closely with neighbouring
   Healthwatch and are integral partners of
   'Wessex Voices' (a partnership between NHS
   England and the 5 local Healthwatch in
   Wessex).
- + We have supported the development of the IOW Learning Disability Strategy and we are proud to support a strategy which has been truly co-produced by people with a learning disability.

# Working with the local community:

- 'Your Voice Counts' feedback forms are available for people to share their stories with us
- + Local radio interviews with Wave 105, Vectis Radio, Isle of Wight Radio and Radio Solent this year.
- + Television interviews with both BBC South Today and Meridian News this year.
- + Newsletters available online or in hard copy
- Regular attendance at community events such as Hullabaloo, Volunteer Fayres, Wolverton Manor Fayre, Brighstone Christmas Tree Festival etc.

## Supporting People to have their say:

- + This year we held a Mental Health Listening Event to support people who use mental health services to have their say.
- + Next year we will have two listening events for parents of children who are waiting for an autism assessment

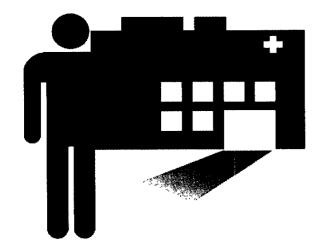
### **Escalation:**

This year, we escalated concerns about the lack of a children's autism diagnostic service to the Policy and Scrutiny Committee for Children's Services who are now hosting an independent inquiry into the issue.

# How your experiences are helping to influence change:

Healthwatch Isle of Wight's predecessor (the Isle of Wight LINk) completed a piece of work around hospital discharge in 2012 and Healthwatch Isle of Wight decided to revisit this work, following concerns raised by care and nursing home managers and from domiciliary care providers in 2017.

Effective discharge can not only reduce the chance of a readmission to hospital, but can make a huge difference to the health and wellbeing of the person concerned. Hospital discharge has been the subject of media attention for several years now and Healthwatch England conducted a special enquiry on the subject in 2015.



Between the 14<sup>th</sup> May and the 21<sup>st</sup> June 2017, our authorised representatives contacted 77 residential care homes, 12 nursing homes and 23 care at home providers on the Isle of Wight. The representatives all asked to speak to the

registered manager or, if they were unavailable, to the person in charge. Each person was then asked a number of questions relating to their residents experience of hospital discharge within the previous six months. We felt it important that the focus of the work looked specifically at recent discharges from the IOW NHS Trust to ensure the information we obtained was up to date.

We were able to directly compare the results from the work completed by the Isle of Wight LINk and the results we got from our own survey as we followed the same methodology.

After analysing the results of our work, we found the following:

The IOW NHS Trust, the IOW CCG and the IOW Council have worked tirelessly to reduce delayed transfer of care numbers on the Isle of Wight. We have many reasons to celebrate, with more people being treated with dignity and respect and with more notice being given of discharge. However simply transferring people to a more appropriate environment is not enough. It is essential that all people discharged from hospital are done so in an ordered and safe way and at an appropriate time. There are still vulnerable people who are arriving home in the middle of the night with no support.

### What we found

- + The majority of people discharged from hospital were dressed appropriately and with their dignity maintained, however, 13 managers and staff who answered the question felt that this was not the case.
- + Mental health wards were praised for the comprehensive planning and quality of discharges
- + Delays in discharge were mainly attributable to people having to wait for medication from the pharmacy or having to wait for hospital transport to take them home.
- + The vast majority of care providers reported that they send written information in with the person they care for, including information about the person's general care needs, medication and other important information, however, a significant number of people who responded to the survey stated that hospital staff rang them frequently asking questions about the persons care. Several people stated that the information they sent in with the person had been 'lost' in hospital.

"Discharge can be rushed and they sometimes want to discharge them before they are medically fit". Within our report, we made 7 clear recommendation to the IOW NHS Trust and we presented the report to the Policy and Scrutiny Committee for Adult Social Care and Health in January 2018.



# What Difference Did We Make?

We received a comprehensive response from the IOW NHS Trust detailing how they will be meeting our recommendations and this includes the implementation of the Red Bag initiative.

This is where people who are admitted to hospital from a care or nursing home will have all their belongings (including medication and necessary information) transferred with them in a red bag. This will go with them into hospital and when they are discharged back to the care or nursing home, all their belongings will be returned with them along with their discharge summary notes and medication.

## Empowering Engagement Programme

Healthwatch Isle of Wight is part of the Wessex Voices project, which is a partnership between NHS England and the 5 local Healthwatch in Wessex: Isle of Wight, Hampshire, Portsmouth, Southampton and Dorset. As part of the project, we were delighted to co-deliver the innovative empowering engagement programme on the Island which supported system leaders from the IOW Council, the IOW Clinical Commissioning Group, the IOW NHS Trust and the voluntary sector, to empower change through engagement.

The programme was a huge success and led to the development of an Island-wide public and patient engagement group to continue to promote the importance of engaging with people when planning to change or commission new services.

Imelda Redmond, National Director of Healthwatch England attended the showcase event and said,

"At Healthwatch, we understand that engagement is not just about ticking a box. It should be a continuous conversation with people and is fundamental to all service commissioning and delivery. Healthwatch Isle of Wight are driving forward the benefits of engaging and consultation to help local leaders shape services around people's needs."



Feedback from our showcase event was shared with key people

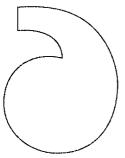
# NICE (National Institute for Health and Care Excellence)

Shared Learning Awards 2018.

This year we were successfully selected as a poster presenter for the 2018 Shared Learning Awards

Our work to improve the quality of care in residential care and nursing homes was also featured in NICE tools to support local implementation of NICE guidance and standards.







"Over 75 examples were submitted to NICE's Shared Learning Collection this year and the standard was extremely high. We found your case study to be particularly impressive and it is one of twenty projects that have been selected to be presented in the Shared Learning poster display area at our conference".

Quote from Deborah Collis
Associate Director: System Engagement
National Institute for Health and Care
Excellence

it starts with
YOU



A Healthwatch report highlighting the experiences of people who visited the Isle of Wight Accident & Emergency department.

### Why we did it:

2016/17, the public chose the Accident and Emergency Department as a service they would like us to look in to. After analysing the feedback we had already received about this service, we identified the following themes:

Communication

Discharge

Diagnosis

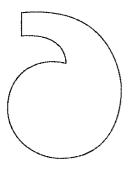
Patient pathway

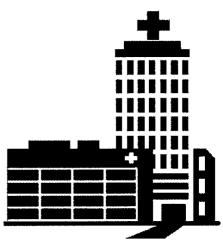
People told us that they felt they were being discharged too soon, they were not being given sufficient information about how to manage their condition and communication from some hospital staff was poor.

### What we did:

With our volunteers, we developed a questionnaire based on the themes identified from the feedback we had already received.

The Healthwatch team piloted the questionnaire which was then rolled out over a two week period later that month.





Our volunteers conducted face-to-face conversations with 113 people in the A&E department of St Marys hospital.

Follow up telephone calls were made to 53% of people who undertook the initial questionnaire.

During the initial questionnaire, people were asked whether they would be willing to allow Healthwatch Isle of Wight to telephone them in a week or so to ask a few more questions relating to their experience of discharge.



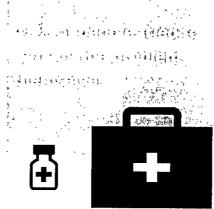
Healthwatch Isle of Wight volunteers telephoned every person that had consented to be contacted and spoke with 60 people.

As with the survey, a set list of questions were asked to ensure consistency and to allow for comparisons to be made. People were given the opportunity to make additional comments should they have wished to do so. Overall staff were highly praised throughout the survey by the majority of people. A few people reported staff being rushed off their feet, hurried, rude and dismissive

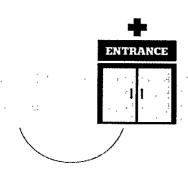
It is clear from the survey results that people attending the Accident and Emergency department, although not all experiencing life threatening / serious illness/injury, were not attending inappropriately but through a lack of available alternatives. Examples of people attending after being told to come back for stiches to be removed is a clear example of this.

### What did we find:













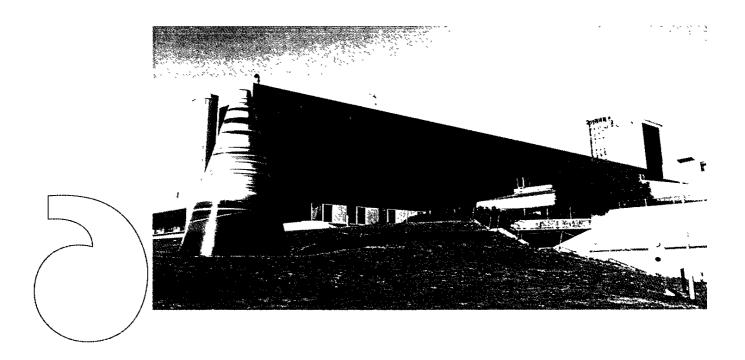
## What difference did we make?

We made 6 recommendations to the IOW NHS Trust and they made the following changes as a result of our these:

- + The department has updated the display screen to ensure waiting times are dislayed and kept updated.
- + A dedicated children's room has been created adjacent to the main waiting room. This room has toys and pens, colouring books and reading books available.
- + The triage room has been relocated, providing more privacy. All staff have been reminded of the need to maintain patients' dignity at all times.
- + By the middle of February, all patients will leave the department with a copy of their discharge summary.

"No advice given on what to do if my condition worsens or where to go."

"Better facilities needed for children



# Registering with a GP: Healthwatch Isle of Wight Report



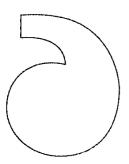
### Why we did it

Local healthwatch within Wessex (Isle of Wight, Hampshire, Dorset, Southampton and Portsmouth), began receiving feedback regarding the process of GP registration. Some local Healthwatch were concerned that people were being refused registration on the grounds that people were unable to provide necessary proof of identification and / or address. A combined project was developed to explore this further to ascertain the extent of this issue.

Each of the 5 local Healthwatch conducted a similar mystery shopping exercise within their own communities.

### What we did

All 22 GP surgeries on the Isle of Wight were contacted by telephone by Healthwatch Isle of Wight trained Enter and View volunteers and a script was followed.



#### What we found

#### Proof of ID

15 out of the 20 surgeries telephoned requested photo ID.

5 of the 15 requesting photo ID require a discussion with the practice if photo ID is not available.

The remaining 10 would register people if they provided other forms of identification such as birth certificates, bank cards or utility bills. Some of these surgeries required 3 documents in place of photo ID.

Only 1 surgery out of the 20 telephoned did not require ID or proof of address.





### We also did the following:

In addition to telephoning the GP surgeries a website analysis was undertaken in January 2017 to see what identification requirements for registration were listed on GP surgeries websites.

The sites visited covered all 22 Isle of Wight GP surgeries. 2 Surgeries were not currently accepting patients but an analysis of the registrations process information provided on their website was still undertaken.

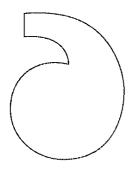
- 12 out of the 22 surgeries stated on their website that identification / proof of ID is required during registration.
- 7 out of the 22 surgeries specifically stated that photo identification is required during registration.
- The remaining 9 surgeries made no mention of identification or proof of address requirements.

#### What difference did this make?

We presented the report to the Primary Care Operational Group to recommend that all practices have a consistent and non discriminatory approach with regards to registering with a GP, in line with current legislation and guidance.

"Thank you for this report and I will be sharing it once published with our staff as it is a very useful reminder that we must be mindful that there is an element of the population that find it very difficult to provide the "proofs" that we say are required to register."

Quote from practice manager



# Our plans for next year



### What next?

This year, we looked at the experiences that people have shared with us during the past 12 months to identify the most common themes.

We tested our findings by conducting an annual prioritisation survey to ensure we are getting our priorities right and that they reflect the views of local people.

As well as concentrating on our 5 priorities, we aim to extend our community engagement to reach more of the local community and will soon begin monthly sessions at HMP IOW to gather the experiences of prisoners using health and social care services.

But primarily, we will seek to promote social justice, by ensuring that every voice is heard and taken into account by those who plan, buy and deliver services

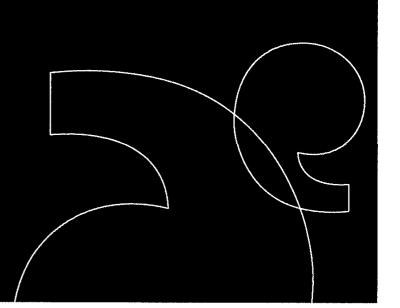
# Our top priorities for next year

- 1. GP/ Primary Care
- 2. Mental Health Services
- 3. Children's services
- 4. Autism
- 5. Acute Services Redesign





Our people



Realthwatch
The of Wight

VOICE

Could you be our eyes and ear,
helping to shape local health and
care services according to the
Uland's wants and needs?

#### **Decision making**

Healthwatch Isle of Wight is governed by a Board of volunteers and they ensure that all strategic priorities are based on our knowledge of public experiences of services and all our work is conducted in an accountable, open and transparent way.

The Board of Directors consists of three Executive Directors, one appointed by each of the organisations in the Healthwatch partnership, and four Non Executive Directors. The partner organisations are Help and Care, Community Action Isle of Wight and Isle of Wight Citizens Advice.

Board meetings are held every month and are open to the public.

# How we involve the public and volunteers

Every year, we focus on a number of topics that have been chosen by the public as an area that they would like us to look at in more depth.

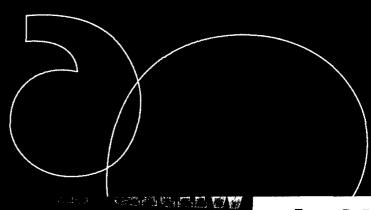
We conducted a prioritisation survey across the Island this year and the public chose the topics they would like us to look at. These topics were ratified by our Board members and led to the implementation of our work plan.

At Healthwatch Isle of Wight we have a highly successful Enter and View Team. They are authorised representatives who have the right to visit any premises where publically funded care is provided to people over the age of 18. This will include care homes, hospitals, GP surgeries, dentists etc and the purpose of these visits is to assess service quality from the point of view of the service user and to make recommendations to the people who run the services and to commissioners. We also aim to highlight good practice.

As well as conducting Enter and View visits, our volunteers have also completed mystery shopping exercises, conducted structured conversations with members of the public and supported numerous community engagement events.



# Our finances



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Isle

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voice Comits

8608 leobwight.co.uk Healthwatch Isle of Wight is a Community Interest Company.

Company number: 08668833

Healthwatch Isle of Wight is made up of three partners: Help &

Care, Community Action IOW and Citizen's Advice IOW.

Our accountants details are as follows:

Westlake Clark

**Chartered Accountants** 

7 Lynwood Court

Priestlands Place

Lymington

Hampshire

SO41 9GA

Income	£
Funding received from local authority to deliver local Healthwatch statutory activities	:h 151,812
Additional income	<b>8,000</b>
Total income	159,812

Expenditure	£
Operational costs	55,479,
Staffing costs	95,523
Office costs	5,000
Total expenditure	156,002
Balance brought forward	3,810

Healthwatch Isle of Wight

32

healthwald.

The views and stories you share with us are helping to make care better for our local community



# Contact us

#### Get in touch

Address:

Healthwatch Isle of Wight

Riverside Centre

The Quay Newport Isle of Wight

Visit us

**IOW Citizens Advice** 

Isle Help Advice Hub

7 High St Newport PO30 1SS

Phone number:

01983 608608

Email:

enquiries@healthwatchisleofwight.co.uk

Website:

www.healthwatchisleofwight.co.uk



facebook.com/HealthwatchIOW



@HealthwatchIW

We will be making this report publicly available on our website by 30 June 2018. We will also be sharing it with Healthwatch England, CQC, NHS England, Clinical Commissioning Group/s, Overview and Scrutiny Committee/s, and the IOW Council.

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Isle of Wight

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