

**ONE NORTH EAST LONDON**  
(a company limited by guarantee)

**ANNUAL REPORT AND INDEPENDENTLY EXAMINED  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2019**

**Charity Commission Registered Number: 1080673**

**Company Registration Number: 3767291**

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**ONE NORTH EAST LONDON**

**ANNUAL REPORT AND INDEPENDENTLY EXAMINED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2019**

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## ONE NORTH EAST LONDON

### Legal and administrative Information

#### Management Committee

The company's directors who are all members of the company's Management Committee, during the year were:

David C Cook	(Chairman)
Cluny MacPherson	(Hon.Sec.)
Keith Smith	(Treasurer)
Josephine Bird	
Paula Bosenquet	
Herbie Laird	
Chris Woods	
Guy Wade	(appointed 4 July 2018)

**Patrons:** Iain Duncan-Smith (Member of Parliament)  
Dr Martin Huddart

**Company Secretary:** Cluny MacPherson

**Registered Office:** 54 Sun Street  
Waltham Abbey  
Essex  
EN9 1EJ

**Administration Office:** 10 The Broadway  
Woodford Green  
Essex  
IG8 0HL

**Telephone:** 020 8220 0132

**Independent Examiner:** Simon Nicholas Ross (FCA, BSc, ATT)  
Chartered Accountant  
54 Sun Street  
Waltham Abbey  
Essex  
EN9 1EJ

## **ONE NORTH EAST LONDON**

### **Report of the Trustees for the year ended 31 March 2019**

The trustees, who are also directors of the charity for the purposes of the Companies Act, present their annual report and financial statements for the year ended 31 March 2019. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS 102) in preparing the annual report and financial statements of the charity, which are also prepared to meet the requirements for a directors' report as required by company law.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014 (as amended by Update Bulletin 1 published on 2 February 2016).

### **Structure, Governance and Management**

#### Trustees of the charity

The trustees who have served during the year and since the year end were as follows:

David C Cook  
Cluny MacPherson  
Keith Smith  
Josephine Bird  
Paula Bosenquet  
Herbie Laird  
Chris Woods  
Guy Wade (appointed 4 July 2018)

#### Governing Document

The charity is established as a company limited by guarantee and not having a share capital. The company was incorporated on 10 May 1999. The affairs of the charity are governed by its Memorandum and Articles of Association. Every member of the company undertakes to contribute to the assets of the company, in the event of the same being wound up whilst being a member, or within one year after ceasing to be a member, for payment of the debts and liabilities of the company contracted before ceasing to be a member, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves, such amount as may be required not exceeding one pound.

#### Recruitment and Appointment of Management Committee

Under the requirements of the Memorandum and Articles of Association, the members of the Management Committee are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Management Committee seeks to ensure that the needs of the charity are appropriately reflected through the diversity of the trustee body. To enhance the potential pool of trustees, the Management Committee and staff seek to identify ex users of the service and addicts in recovery who would be willing to become members and use their own knowledge and experience to assist the charity.

#### Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity having been users of the service.

## **ONE NORTH EAST LONDON**

### **Report of the Trustees for the year ended 31 March 2019 (continued)**

For Management Committee work, all trustees are invited and encouraged to attend training sessions to familiarise themselves with their legal responsibilities as trustees including:

- The obligations of Management Committee members.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles of Association.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

The Management Committee notes have been prepared drawing on information from the Charity Commission. These are distributed to all new trustees along with the Memorandum and Articles and the latest financial statements.

### **Objectives and Activities**

The purpose of 1NE is “for the relief of persons addicted to alcohol, particularly, but not exclusively, in the Redbridge area and to assist such persons to overcome the problems attached to alcohol and/or drug addiction.” The main aims are:

- To provide support to those seeking to avoid relapse into alcohol and/or drug abuse;
- To offer support in abstinence for persons suffering from the problems of alcohol and/or drug abuse through the provision of a daily programme of group therapy and counselling; and
- To offer support to families and partners of addicts.

The strategies employed to assist the charity to meet these objectives included the following:

- Providing a range of abstinence based services which are reflective of relevant quality standards and address the potential problems related to substance misuse.
- Focussing upon limiting the harm which comes with substance abuse, not only for the individual but also their family and friends and the wider community.
- Working in partnership with other agencies to secure the widest range of services available that best matches the needs of the client population.

### **Achievements and Performance**

The main areas of charitable activity are the provision of a full time abstinence programme of group therapy; individual counselling; long term support; advice and information; and service user forums. All of the counsellors at 1NE are professionally trained to minimum diploma level and have over 200 years combined experience of working with addiction.

#### **Counselling, Advice and Information**

1NE is an organisation devoted to dealing with addiction, its cause and consequences. It does this within a caring, safe environment which is immediately accessible and open to all. 1NE services enable people to take responsibility for their lives while living at home. 1NE also offers help and support to family and friends of people with a drink/drug problem and to young people affected by parental/carer addiction. It has been said the people ‘live up to our expectations’: this has been proved many times at 1NE. Our expectation is that when people cease to be treated as victims and are given respect, they do take responsibility for their lives – despair turns to hope; healthy self-esteem takes the place of self-loathing. Many problem drinkers arrive at 1NE having tried all sorts of ways of controlling their drinking. For them the concept of controlled drinking is torture and leads to insanity – the insanity of believing “try again, this time it will be different”. For our clients abstinence is the only real option. Since moving to Redbridge 1NE has opened its doors to primary drug users who require abstinence rather than a maintenance model of treatment.

## ONE NORTH EAST LONDON

### Report of the Trustees for the year ended 31 March 2019 (continued)

#### Abstinence Treatment Programme

In April 2008, after providing multi award winning services for over 20 years, we lost the tender in Waltham Forest to a national organisation who were contracted to provide all drug and alcohol services in the borough. This also meant that Redbridge residents were also no longer able to access the new service. Redbridge commissioners asked us to continue to provide our services within the borough. We were able to secure a premises in Woodford Green and with the help of the landlord who charged a peppercorn rent for the first year, and the commissioners, we were able to continue our work. Our core funding was reduced by two thirds so the Clinical and Business managers worked without pay for the year. Despite the disruption we were able to beat all our targets and the service is flourishing. During 2010/11 we were able to raise over £1/4 million to have an extension built on to the premises. Unfortunately, half way through the project the builders went into administration and we had to re tender for completion of the new build. This had an impact on our funding which is reflected in the accounts for 2011/12. The new build was officially opened in December 2011 by one of our patrons, Iain Duncan Smith MP with around 90 current and ex service users in attendance as well as some of our funders. We now have appropriate accommodation for the young people's counselling service - NE Teens. The room is called 'The Luck Room' after the trust that provided the funds to establish the service and have supported NE Teens on an annual basis.

We continue to see an increase in the number of people accessing our range of services and as a result we have had to employ additional sessional staff in order to split the groups. Weekly the treatment programme provides: twenty two therapy groups, four relaxation sessions, a two long term evening support group. We are grateful for additional funding in order to introduce a Saturday therapy group to help people get through the weekend. During the year we received 234 new referrals and 119 joined our treatment programme. Due to the increase in the number of people attending the programme – up to 30 a day, it became necessary to split the groups, we are now running 22 therapy groups a week on the treatment programme. This has had an impact on our resources with increased sessional costs. Friends of 1ne (Fo1ne), an independent service users association, continues to raise funds for the benefit of the service users. Fo1ne provides additional support for clients with weekend workshops and meditation days and organises social events for current and ex-service users as well as providing equipment for the centre and contributing towards staff training. 1NE is very grateful for their continued support.

#### Relatives Service

For every addict there are an estimated 6 other people affected – it is called 'the family illness'. The charity continues to provide a counselling service for those affected by another's addiction. The service offers individual counselling, couples counselling for parents of addicts, group therapy and social activities. In March 2019 we were awarded £316,000 for a further three years continuation funding from the Big Lottery. This is our final continuation funding from the Big Lottery for the service and we are working with a consultant to develop a long term fundraising strategy. We are most grateful to the Big Lottery for their on-going support.

#### NE Teens Young People's Service

NE Teens provides education, counselling and support for young carers/children affected by parental/guardian addiction. NE Teens aims to break the generational cycle of addiction within families and re-engage them in their education. In addition to provision at the centre, the NE Teens counsellors work in schools. Over the last two years we have expanded the service from two schools to eight, including our first primary school. Due to success of the service and increased demand, three schools are funding NE Teens to provide additional support for their students. From 35 children and young people a year we are now supporting around 175. We are most grateful to all our funders for their support.

#### 1NE Outreach Service

The trustees, staff and volunteers of 1NE attended an away day to facilitate discussion about the future development of 1NE. As a result we decided to employ an outreach counsellor in order to reach a wider audience. This proved very successful, however as a result we saw an increase in the number of clients accessing the treatment programme with up to 30 clients attending on a daily basis.

## ONE NORTH EAST LONDON

### Report of the Trustees for the year ended 31 March 2019 (continued)

#### Service Contracts

As 1NE lost the contract to deliver abstinence services in Waltham Forest in 2008, the core treatment programme is now delivered mainly to residents of the London Borough of Redbridge at premises in Woodford Green. We continue to provide services for residents of Waltham Forest and surrounding boroughs; aftercare; those affected by another's addiction and for young people affected by parental addiction. In February 2009 1NE won the tender to provide an abstinence based service in Redbridge and an amendment to our Memorandum and Articles of Association allows us to provide services to primary drug users. During the year 2014/15 Redbridge Public Health put addiction services out to tender and once again we lost to a large organisation that will be providing maintenance and harm minimisation models of treatment. The benefit of losing the contract is that we are no longer borough bound and can accept referrals from any location. We remain the *only* abstinence based treatment service in the area, and the only agency providing structured support for families and young people.

1NE is investigating other sources of income moving forward. We are planning to diversify funding streams to enable a more sustainable income for the long term. We are embarking on a vigorous marketing programme to attract clients who are able to contribute to the cost of their treatment in order to help cover day to day running costs – we will never turn a client away due to lack of resources. We will continue to approach charitable trusts and foundations for specific projects and to support our affordable programme and provide bursaries for those on low income. We are aiming for, and winning, compensatory sources of funds to make up this shortfall. We are developing CPD training for professionals. There is a huge gap in the market for abstinence based treatment in the community and 1NE is in an ideal position to expand services to a wider audience.

#### Public Benefit

As outlined above, within the Charity's achievements and performance, the Trustees have given due consideration as to how activities have been undertaken to meet the Charity's aims for public benefit. The Trustees have followed guidance as set out by the Charity Commission.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Management Committee

on 16<sup>th</sup> December 2019

And signed on its behalf by:



Cluny MacPherson  
On behalf of the Board of Trustees

## **Independent Examiner's Report to the Trustees of One North East London**

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2019 which are set out on pages 8 to 17.

### **Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

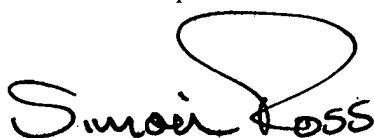
Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Simon Nicholas Ross FCA BSc ATT  
Chartered Accountant  
54 Sun Street  
Waltham Abbey  
Essex  
EN9 1EJ

Date:

16 December 2019



# ONE NORTH EAST LONDON

## Statement of Financial Activities (including Income & Expenditure Account) for the year ended 31 March 2019

	Notes	2019 Unrestricted Funds (£)	Restricted Funds (£)	2019 Total Funds (£)	2018 Total Funds (£)
<b>Income from</b>					
Donations and grants receivable	2	178,462	79,799	258,261	270,610
Other trading activities		17,855	-	17,855	36,122
Investments		32	-	32	32
<b>Total</b>		<b>196,349</b>	<b>79,799</b>	<b>276,148</b>	<b>306,764</b>
<b>Expenditure on</b>					
Raising funds		8,300	-	8,300	23,260
Charitable activities	4	180,275	144,595	324,870	263,930
<b>Total</b>		<b>188,575</b>	<b>144,595</b>	<b>333,170</b>	<b>287,190</b>
<b>Net income/(expenditure)</b>					
		7,774	(64,796)	(57,022)	19,574
<b>Reconciliation of funds</b>					
Total funds brought forward		34,784	286,833	321,617	302,043
Transfer		38,574	(38,574)	-	-
<b>Total funds carried forward</b>		<b>81,132</b>	<b>183,463</b>	<b>264,595</b>	<b>321,617</b>

The notes on pages 10 to 17 form an integral part of these financial statements

**ONE NORTH EAST LONDON**  
**Company no: 3767291**

**Balance Sheet as at 31 March 2019**

	Note	2019	2018
		(£)	(£)
<b>FIXED ASSETS</b>			
Tangible Assets	11	192,665	202,372
<b>CURRENT ASSETS</b>			
Cash at Bank and in hand		65,987	121,600
Debtors	12	8,489	2,302
		<u>74,476</u>	<u>123,902</u>
<b>CREDITORS</b>			
Amounts falling due within one year	13	(2,546)	(4,657)
		<u>71,930</u>	<u>119,245</u>
<b>NET CURRENT ASSETS</b>			
		<u>264,595</u>	<u>321,617</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		<u>264,595</u>	<u>321,617</u>
<b>FUNDS</b>			
Restricted	14	183,463	286,833
Unrestricted	14	81,132	34,784
		<u>264,595</u>	<u>321,617</u>

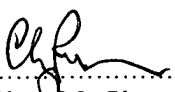
For the year ending 31 March 2019, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476;
- the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the trustees on 16/12/19 and signed on their behalf by:

  
 .....  
 Cluny MacPherson

The notes on pages 10 to 17 form an integral part of these accounts

## ONE NORTH EAST LONDON

### Notes forming part of the Financial Statements for the year ended 31 March 2019

The company has been established as a private company limited by guarantee, incorporated in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The addresses for the registered office and place of business are as presented on the legal and administrative page to the financial statements. The nature of the charity's operations and principal activities are as set out on page 4 of the financial statements.

#### 1. Accounting policies

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### 1.1 Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 (as updated through Update Bulletin 1 published on 2 February 2016), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice as it applies from 1 January 2015.

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it the entity is a small charity.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

##### 1.2 Funds

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

##### 1.3 Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supply services in order to raise funds and is recognised when entitlement has occurred.

The charity receives grants in respect of the provision of core services. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

## ONE NORTH EAST LONDON

### Notes forming part of the Financial Statements for the year ended 31 March 2019

#### 1.4 Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or construction obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

- Costs of raising funds includes an appropriate proportion of payroll cost allocated to the function of fund-raising activities;
- Expenditure on charitable activities essentially includes the payroll costs and free-lance costs of individuals providing counselling sessions; and
- Other expenditure represents those items not falling into the categories above.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

#### 1.5 Support costs allocation

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity. Where support costs cannot be directly attributed to particular headings they have been allocated to cost of raising funds and expenditure on charitable activities on a basis consistent with use of the resources. Premises overheads have been allocated on a floor space basis and other overheads have been allocated on a usage basis.

Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 5.

#### 1.6 Fixed assets

Fixed assets are stated at cost less accumulated depreciation. The costs of minor additions or those costing below £250 are not capitalised. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Fixtures and fittings	-	20% on cost per annum
Short Leasehold	-	Over the period of the lease

#### 1.7 Operating leases

Rentals applicable to operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

#### 1.8 Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

## ONE NORTH EAST LONDON

Notes forming part of the Financial Statements for the year ended 31 March 2019

### 1.9 Taxation

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

### 1.10 Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

### 1.11 Cash at bank

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

# ONE NORTH EAST LONDON

Notes forming part of the Financial Statements for the year ended 31 March 2019

## 2. Donations and grants receivable

	2019		2019	2018
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
<b>Donations</b>				
Other donations (each < £1,000 and/or anonymous)	17,055	-	17,055	14,375
Gift Aid claimable	16,539	-	16,539	114
Other donations	3,900	2,450	6,350	12,000
	<u>37,494</u>	<u>2,450</u>	<u>39,944</u>	<u>26,489</u>
 <b>Grants receivable</b>				
Other grants	125,455	-	125,455	170,800
Big lottery fund	15,513	77,349	92,862	73,321
	<u>140,968</u>	<u>77,349</u>	<u>218,317</u>	<u>244,121</u>
 <b>Total Donations and Grants income</b>	<u>178,462</u>	<u>79,799</u>	<u>258,261</u>	<u>270,610</u>

## ONE NORTH EAST LONDON

Notes forming part of the Financial Statements for the year ended 31 March 2019

### 3. Income from other trading activities

	2019 (£)	2018 (£)
Fees generated from counselling sessions	17,855	36,122

Income above was attributable to unrestricted funds.

### 4. Analysis of expenditure on charitable activities

	Activities undertaken directly (£)	Support costs (£)	Total (£)
Core activity – Day Programme	97,249	52,585	149,834
NE Teens Project	38,959	33,995	72,954
Relatives Counselling	59,574	42,508	102,082
	<u>195,782</u>	<u>129,088</u>	<u>324,870</u>

Expenditure on charitable activities was £324,870 (2018: £263,930) of which £180,275 (2018: £87,645) was unrestricted and £144,595 (2018: £176,285) was restricted.

### 5. Allocation of support costs

Support cost	Basis of allocation	Core activity - Day Programme (£)	NE Teens Project (£)	Relatives Counselling (£)	Total (£)
Governance	Pro-rata	433	433	434	1,300
Finance	Pro-rata	162	162	163	487
Information technology	Pro-rata	611	611	610	1,832
Human resources and pensions	Direct	31,991	31,991	31,992	95,974
Depreciation	Direct	578	-	578	1,156
Amortisation	Direct	5,603	-	5,603	11,206
Office cost (inc tenancy costs)	Direct	5,544	3,353	5,541	14,438
Other	Pro-rata	946	803	946	2,695
		<u>45,868</u>	<u>37,353</u>	<u>45,867</u>	<u>129,088</u>

# ONE NORTH EAST LONDON

## Notes to the Accounts for the year ended 31 March 2019

### 6. Governance costs

	2019 (£)	2018 (£)
Independent examiners remuneration	1,300	1,200

### 7. Net (expenditure)/income for the year

	2019 £	2018 £
Net income/(expenditure) is stated after charging:		
Amortisation	11,206	11,206
Depreciation	1,156	626
Accountancy – costs of independent examination	1,300	1,200
Operating lease rental - Land and buildings	25,000	25,000

### 8. Staff Costs and Employee benefits

	2019 £	2018 £
Staff costs:		
Wages and salaries	147,090	127,106
Social Security costs	13,791	12,779
Defined contribution pension scheme	7,510	4,795
	168,391	144,680

No employee earned £60,000 p.a. or more during the accounting period.

The average number of employees and full time equivalent (FTE) analysed by function during the year was as follows:

	2019		2018	
	Number	FTE	Number	FTE
Counselling services	5	5	4	3
Management and administration of the Charity	1	1	1	1
	6	6	5	4



# ONE NORTH EAST LONDON

## Notes to the Accounts for the year ended 31 March 2019

### 9. Trustees' and key management personnel remuneration and expenses

No members of the management committee received any remuneration nor reimbursed expenses during the year.

### 10. Taxation

As a charity, One North East London is exempt from tax on income and gains to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

### 11. Tangible Fixed Assets

	Land & Buildings (Short leasehold) £	Fixtures & Fittings £	Total £
Cost			
At 1 April 2018	280,150	18,632	298,782
Additions	-	2,655	2,655
	<hr/>	<hr/>	<hr/>
31 March 2019	280,150	21,287	301,437
	<hr/>	<hr/>	<hr/>
Depreciation:			
At 1 April 2018	79,811	16,599	96,410
Charge for the year	11,206	1,156	12,362
	<hr/>	<hr/>	<hr/>
At 31 March 2019	91,017	17,755	108,772
	<hr/>	<hr/>	<hr/>
Net book value at 31 March 2019	189,133	3,532	192,665
	<hr/>	<hr/>	<hr/>
Net book value at 31 March 2018	200,339	2,033	202,372
	<hr/>	<hr/>	<hr/>

### 12. Debtors

	2019 £	2018 £
Prepayments	810	802
Other debtors – Gift Aid	7,679	1,500
	<hr/>	<hr/>
	8,489	2,302
	<hr/>	<hr/>

### 13. Creditors: amounts falling due within one year

	2019 £	2018 £
PAYE	-	3,409
Accrued expenses	2,546	1,248
	<hr/>	<hr/>
	2,546	4,657
	<hr/>	<hr/>

# ONE NORTH EAST LONDON

## Notes to the Accounts for the year ended 31 March 2019

### 14. Funds

	General Funds	Restricted Funds (See Appendix A)	Total Funds
	£	£	£
At 1 April 2018	34,784	286,833	321,617
Incoming resources for the year	196,349	79,799	276,148
Outgoing resources for the year	(188,575)	(144,595)	(333,170)
Transfer	38,574	(38,574)	-
	<hr/>	<hr/>	<hr/>
At 31 March 2019	81,132	183,463	264,595
	<hr/>	<hr/>	<hr/>
	£	£	£
Represented by:			
Tangible fixed assets	15,701	176,964	192,665
Net current assets	65,431	6,499	71,930
	<hr/>	<hr/>	<hr/>
	81,132	183,463	264,595
	<hr/>	<hr/>	<hr/>

### 15. Commitments under operating leases

The Charity entered into a two property conveyances in Woodford, Essex, from which the Charity conducts its affairs. One lease is for a period of 25 years from 3 February 2011 at a rental cost of £16,000 per annum. The other property is occupied on a tenancy basis for a minimum period of six months and cancellable on two months notice at a rental cost of £9,000 per annum. Following an upwards rent revision, the new combined annual rent is £27,250 per annum. The total lease commitment for the Charity as at 31 March 2019 is therefore £10,355, taking into account relevant lease break clauses.

## ONE NORTH EAST LONDON

Notes to the Accounts for the year ended 31 March 2019

### Appendix A

Restricted Funds analysis:

Purpose of fund (Each explained within the Trustee Report)	Fund balance At 1.4.2018	Incoming	Outgoing	Transfer from/(to) General Funds	Fund balance 31.3.2019
	(£)	(£)	(£)	(£)	(£)
The day programme	-	52,000	(97,249)	45,249	-
NE Teens project	17,659	27,799	(38,959)	-	6,499
Relatives Counselling*	83,823	-	-	(83,823)	-
Property extension	185,351	-	(8,387)	-	176,964
	<u>286,833</u>	<u>79,799</u>	<u>(144,595)</u>	<u>(38,574)</u>	<u>183,463</u>

Of the restricted funds total, £6,499 relates to money held by the charity at 31 March 2019 and £176,964 relates to unamortised property extension costs at that date.

\*This project has been reclassified during the year by the trustees from resourced by restricted donor funds to a designated project financed by unrestricted funds.