### Unaudited Financial Statements for the Year Ended 28 February 2018

<u>for</u>

**Get Mindfuel CIC** 

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COMPANIES HOUSE

### Get Mindfuel CIC

## Contents of the Financial Statements for the Year Ended 28 February 2018

Page

**Balance Sheet** 

1 to 2

#### Get Mindfuel CIC (Registered number: 08900730)

Balance Sheet 28 February 2018

	28.2.18		28.2.17	
FIXED ASSETS	£	£ 1,655	£	£ 625
CURRENT ASSETS	13,323		12,241	
CREDITORS Amounts falling due within one year	(10,666)		(6,656)	
NET CURRENT ASSETS		2,657		5,585
TOTAL ASSETS LESS CURRENT LIABILITIES		4,312		6,210
ACCRUALS AND DEFERRED INCOME		23		803
NET ASSETS		4,289		5,407
CAPITAL AND RESERVES		4,289		5,407

#### NOTE TO THE FINANCIAL STATEMENTS

#### 1. STATUTORY INFORMATION

Get Mindfuel CIC is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number:

08900730

Registered office:

21 Lealholm Road Newcastle Upon Tyne Tyne and Wear NE7 7NN

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 28 February 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 28 February 2018 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Page 1 continued...

Get Mindfuel CIC (Registered number: 08900730)

<u>Balance Sheet - continued</u> 28 February 2018

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on  $\frac{170912018}{12018}$  and were signed by:

Dr S Man - Director

# **CIC 34**

# **Community Interest Company Report**

	For official use (Please leave blank)	
Please complete in typescript, or in bold black capitals.	Company Name in full	Get Mindfuel CIC
	Company Number	08900730
	Year Ending	28.02.2018

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

## (N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

This financial year we have delivered fewer projects however used the time to develop access to our resources. By rebranding our organisation and developing the website our courses and evaluations can now be directly downloaded, and this has led to materials being shared not just locally but in Europe and the US.

We began to work on a project facilitating a group of peer researchers to evaluate a pilot service. The pilot service provided support for people who identified themselves as experiencing a crisis. The peer researchers were people who themselves have experienced mental health challenges and had undertaken a training course, this project sought to provide practical support to implement and advance their research skills.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company stakeholders are the staff and users of the organisations that serve the local community. We continue to maintain relationships with community organisations with whom we have developed courses or delivered training to. We also continue to maintain relationships with statutory and council services and mental health related networks, as well as local consortiums.

We have worked primarily with third sector and public sector organisations this financial year and continue to collect ongoing feedback in order to improve and develop our services.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed"

\$5,432.00

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary.)

#### PART 5 - SIGNATORY

The original report must be signed by a director or secretary of the company	Office held (de	Date 9,10.18
You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public		Tel
record.	DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)