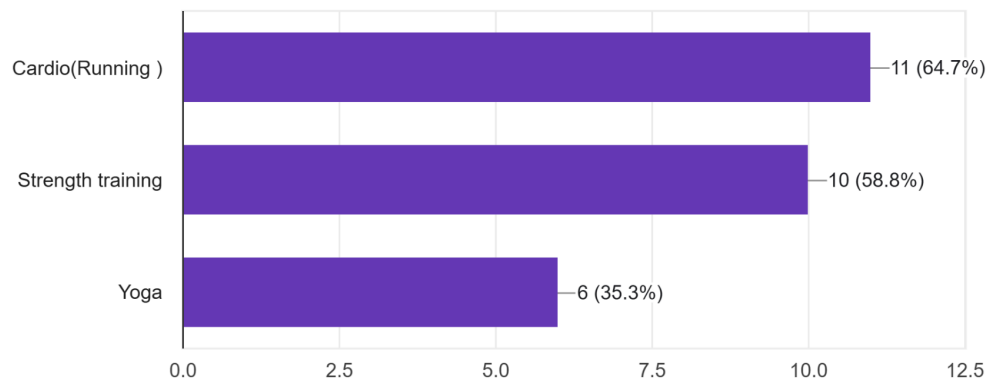


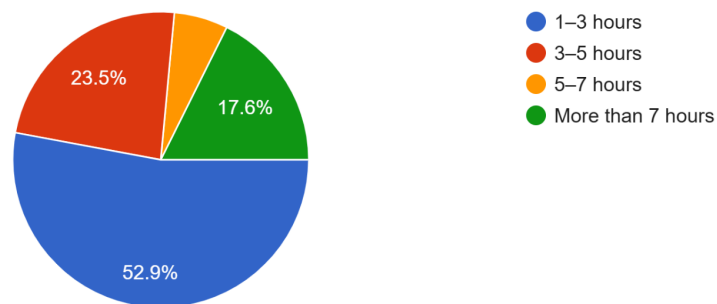
Which type of exercise do you prefer?

17 responses



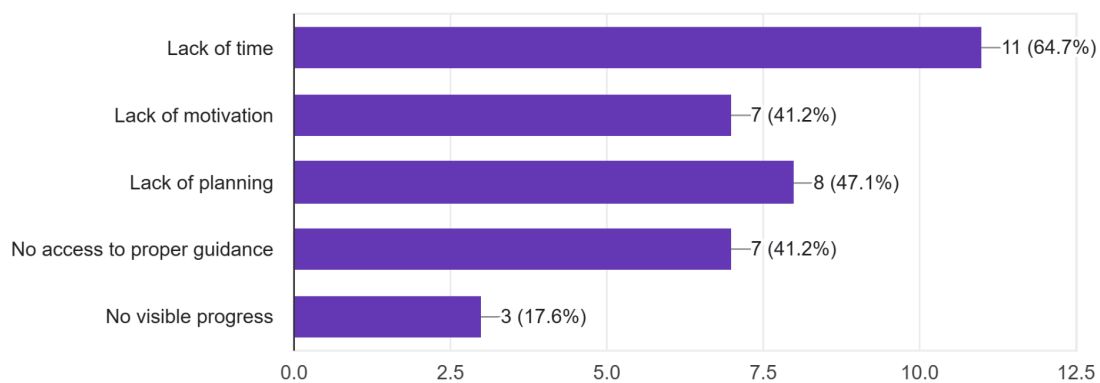
How much time do you spend exercising per week on average?

17 responses



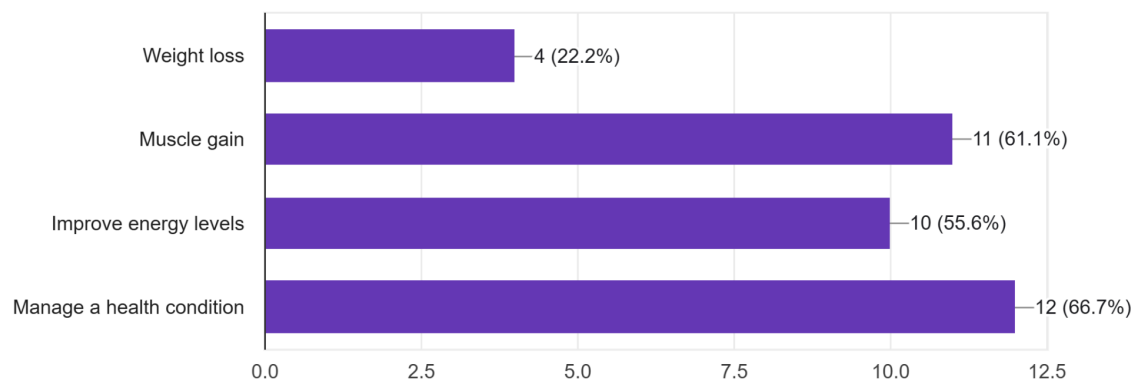
What challenges do you face in maintaining a consistent workout routine?

17 responses



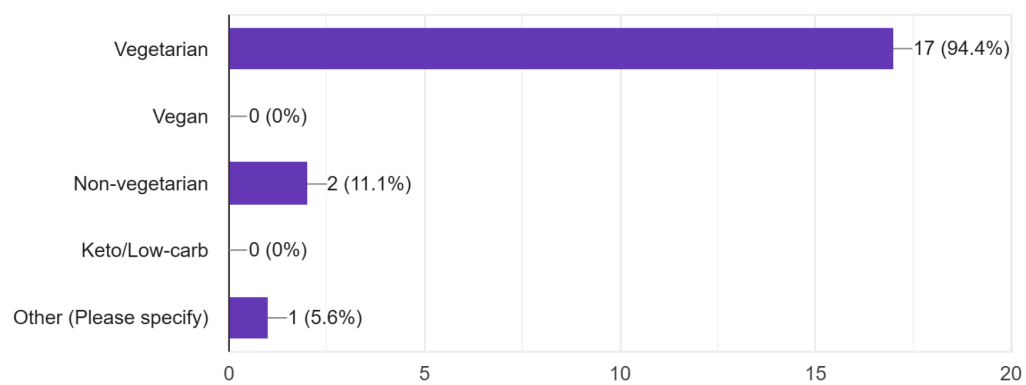
What is your primary goal with your diet?

18 responses



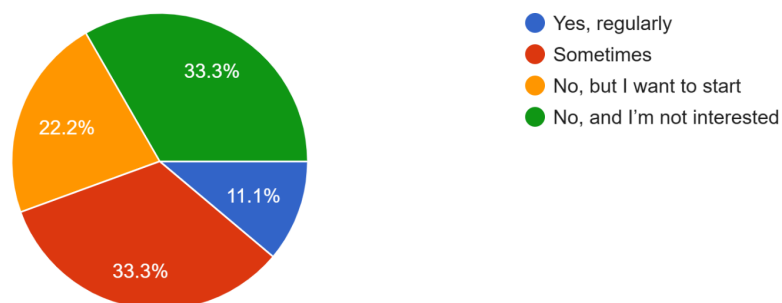
What type of diet do you currently follow?

18 responses



Do you track your calorie and nutrition intake?

18 responses



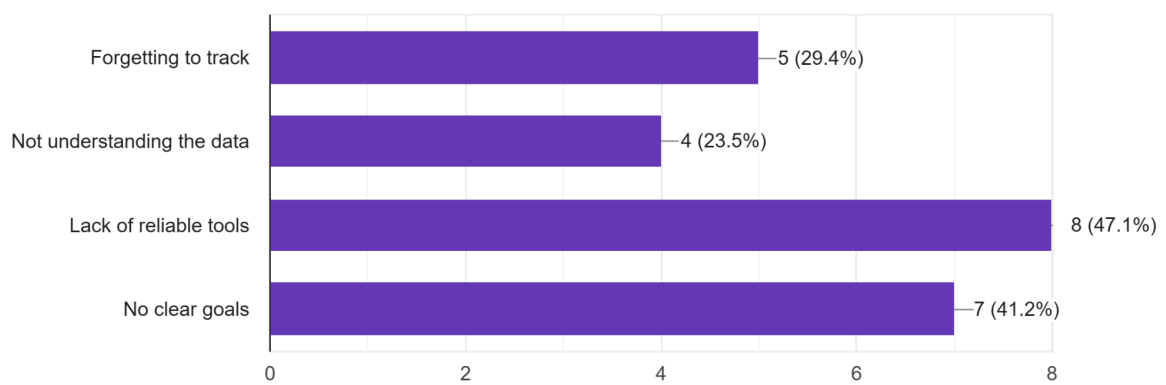
What difficulties do you face in following a diet plan?

18 responses



What is your biggest obstacle in tracking your health progress?

17 responses



What support do you need to stick to your health goals?

18 responses

