

SOAP	REST
Simple Object Access Protocol	Representational State Transfer
A protocol which provides components of application logic as services Ex: https://www.abc.com/getComments.do?id=2	An architectural style which provides access to the named resources Ex: https://www.abc.com/comments/2
Uses XML data format	Uses a variety of data formats: XML, JSON, Text, HTML etc.
SOAP protocol for using HTTP Methods	No protocol for using HTTP methods
A committee specifies rules to follow	No strict rules to follow, but just guidelines.