



SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

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Report on Dissemination of Red Cross Principles workshop organized by YRC at SSMIET, Dindigul

A one day workshop on Dissemination of Red Cross Principles was conducted for the academic year 2022 – 2023 at seminar hall-3 on 2nd February at 9.30 A. M. The workshop was inaugurated with the hands of **Dr. G. Shanmugam**, Dean (S&H) in the presence of **Er. N. Sheik Dawood** B.E., M.Sc., M. I. F., Vice – Chairman, Indian Red Cross Society member, Dindigul, **Mr. A. Rajaguru**, Indian Red Cross Society member, (TN MC member), **Mr. M. Syed Abuthahir**, Red Cross District Secretary, Dindigul, **Dr. R. Rajavarman**, YRC District Co-ordinator, (MKU), APA arts and culture, palani and **Dr. A. Susilamary**, Dindigul. A total of 330 I year BE students were participated along with their department faculty. The function started with ‘Thamizh thai vaazhthu’, followed by lighting of lamps by dignitaries. **Mrs. S. Hemalatha**, YRC Programme officer, issued the welcome address, with her warm heart.

Er. N. Sheik Dawood, inaugurated the workshop. Dr. G. Shanmugam, Dean (S&H), and emphasized on the the importance of YRC. The workshop sessions focused on the basics of Red Cross Principles, First Aid, Psychological Counseling, Disaster Management, and road safety.

Mr. A. Rajaguru in his address said that, the seven fundamental principles, road safety and emphasized the importance of Education of 16 years. He explained the history of YRC. He compared the Survival of fittest theory with Mahabharat story which was appealing.

The seven Fundamental Principles

The aim is to generate awareness, know-how and create a specialized human resource for security, strategy and capacity building

- The seven Fundamental Principles – humanity, impartiality, neutrality, independence, voluntary service, unity and universality – are the most important of these tools. They serve both as an inspiration – an ideal to strive for – and as practical steps to take to achieve that ideal in times of peace, armed conflict or natural disaster. They call on us to help those most in need first, regardless of their political affiliation, race or religion, and they make this possible by providing guidance on gaining the trust of people in all these circumstances.
- When the principles are understood and followed, Movement volunteers and staff generally find that people let them carry out their work to help those in need, even during conflict.
- The Fundamental Principles are also an expression of the values and ideals around which the Movement is united. Above all, the Principles are a call to action for Movement volunteers and staff, compelling us – as the Principle of humanity describes – to “prevent and alleviate human suffering wherever it may be found”.

Road safety

- Road safety is a safety measure to reduce the risk of road accidents and road side injury because of the mistakes of people while driving on the road. We cannot count the daily road side accidents and death of people because of the driving mistakes and lack of road traffic rules followers. Every person going on the road has risk of injury or death. Everyone needs to be well aware of the road traffic rules especially children and young people who are at significant road accident risks. It is found that most of the hospitalization cases and leading cause of death are because of the road trauma. Road safety is very necessary while being on the road and must know by all because road accidents are the leading cause of death. Everyone should learn the road traffic and safety rules at a very early age to perform safer behaviours in the later life.
- To create awareness on road safety among students and faculties. ♣ To understand the importance of a road safety and make aware about the importance of their and others life.
- ♣ To motivate the students and faculties to follow road safety.

Mr. M. Syed Abuthahir who took great pleasure in appreciating the volunteers, also cheered the students with his friendly speech. He encouraged the students to take a pledge along with him to keep the campus clean and green. Also, in his address said that the skill on first aid is very essential for the physical education teachers as there are sports related injuries occur in colleges and thanked for organizing the workshop. HE gave a crisp speech emphasizing the following points.

First aid

- The workshop sessions focused on the basics of first aid, and how to provide first aid in wounds, bleeding, musculoskeletal injury, burns, heatstroke, poisoning, bites, drowning, fainting, seizures and unconsciousness. All teachers had hands-on experience of dressing the wound, applying different types of bandages, splinting the injured body part, providing cardiopulmonary resuscitation, and transferring the victim.
- There was active participation by all the teachers and they expressed that the workshop will be very useful for them to meet the emergencies.

Dr. R. Rajavarman in his address said that psychological indicator, the importance and relationship between behaviors, thoughts and emotions, and awareness about disaster management and tricks to tackle disastrous situation.

Psychological Counseling

- Life skills where its meaning and significance were explained. The objective of this activity is to build resilience and reduce stress. Participants were asked to find a relaxed comfortable position and relax their body, after which they were instructed to inhale deeply through their nostrils, hold their breath for a Sec or two and to exhale through the mouth, while they exhale participants were also asked to stretch their hands assuming of letting go of their stress and tension. The objective of the activity was to help the participants know different physical & psychological indicators while expressing emotions, and also to help them understand the importance and relationship between behaviors, thoughts and emotions.

Disaster Management

Disaster in life never knocks before the appearance, but the impact appears to be very drastic and intense over the society in various ways. Thus it is very necessary to create awareness about disaster management and tricks to tackle disastrous situations, among the students in their early age of the journey towards being a responsible citizen. He discussed about the different incidents and the conditions of the civilians who survived the mishap and their team managed to relocate the affected people in a safe area. He focused on Natural and Artificial disasters and skills required to manage them.

All sessions were well received and appreciated by the participants and faculty members and the training had great success.

National Anthem marked the beautiful ending of the evening.





**திண்டுக்கல் SSM
பொறியியல்
தொழில்நுட்பக்
கல்லூரியில் 09-02-2023
அன்று யூத்ரெட்கிராஸ் (YRC)
ஒருநாள் பயிற்சி முகாம்
நடைபெற்றது.**





Coordinator

S. Hemalatha

Principal

Dr. D. Senthil Kumaran



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S. No	Content
1	Circular
2	Report
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4	Participant's List