

# LifeTrackR

## Objective :

LifeTrackR provides a comprehensive online platform that allows users to track and enhance various aspects of their lives, including physical fitness, financial progress, focus, and more. Our company is driven by the mission to help individuals achieve their goals and lead more fulfilling lives.

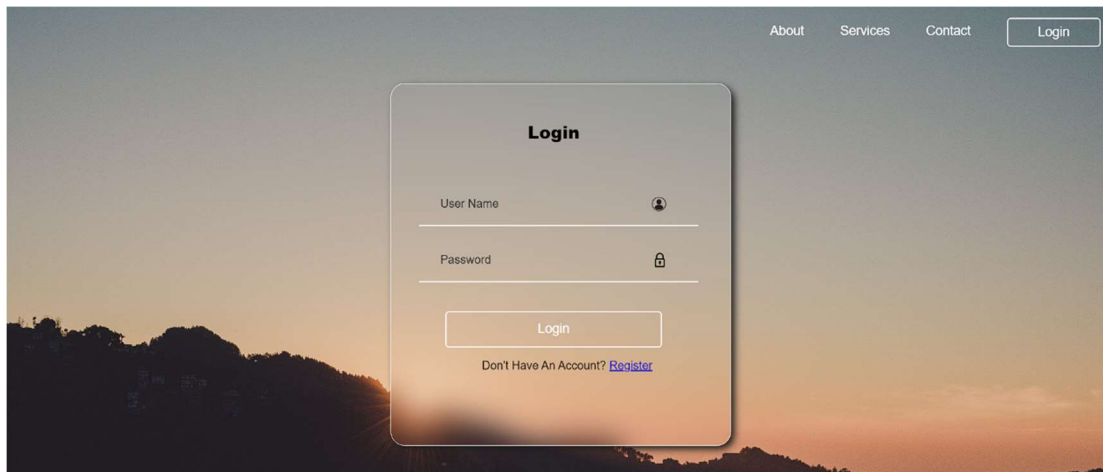
We believe that by providing users with a centralized platform for monitoring and managing different areas of their lives, we can facilitate personal growth, motivation, and ultimately lead to a more fulfilling and balanced lifestyle.

To assist people who desire to become the best versions of themselves . To Guide them to their full potential. To provide assistance in every possible field that requires development

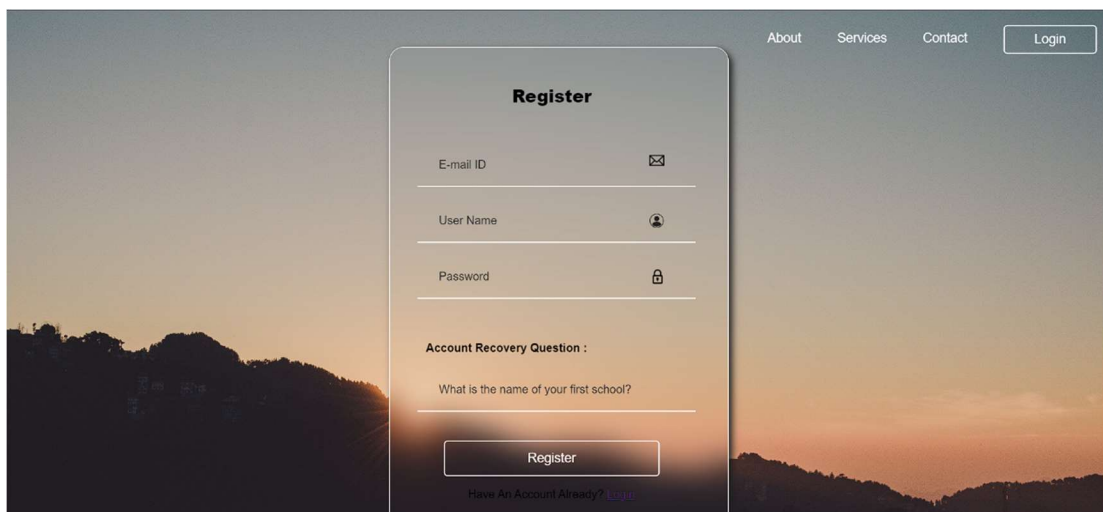
# Modules:

## 1. Login / Sign in:

Initially our Login page will be displayed on to one's screen on loading our website on one's system. All the login and sign in Datas and safely stored into our LifeTrackR database with high security. If you already have an LifeTrackR account, then you can log in otherwise you can sign in and your information will be safely uploaded in our database and then you can login to access the features of LifeTrackR.



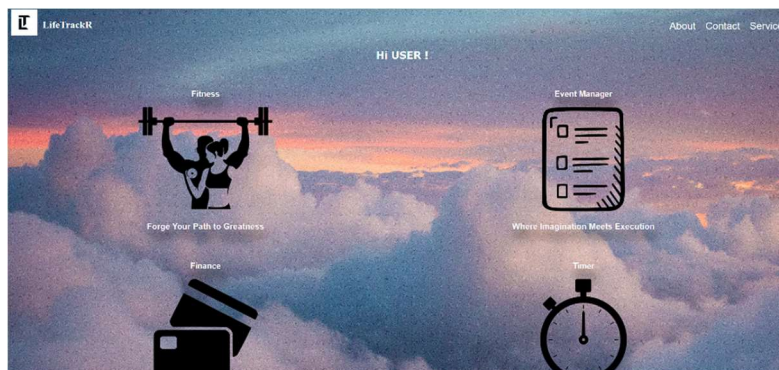
The screenshot shows the LifeTrackR Login page. The background is a sunset over a forest. In the top right corner, there are links for "About", "Services", "Contact", and a "Login" button. The main content is a white rounded rectangle with the title "Login". It contains two input fields: "User Name" with a user icon and "Password" with a lock icon. Below these is a "Login" button. At the bottom, it says "Don't Have An Account? [Register](#)".



The screenshot shows the LifeTrackR Register page. The background is the same sunset over a forest. In the top right corner, there are links for "About", "Services", "Contact", and a "Login" button. The main content is a white rounded rectangle with the title "Register". It contains three input fields: "E-mail ID" with an envelope icon, "User Name" with a user icon, and "Password" with a lock icon. Below these is a section titled "Account Recovery Question :" with the text "What is the name of your first school?" and an input field. At the bottom is a "Register" button. Below the button, it says "Have An Account Already? [Login](#)".

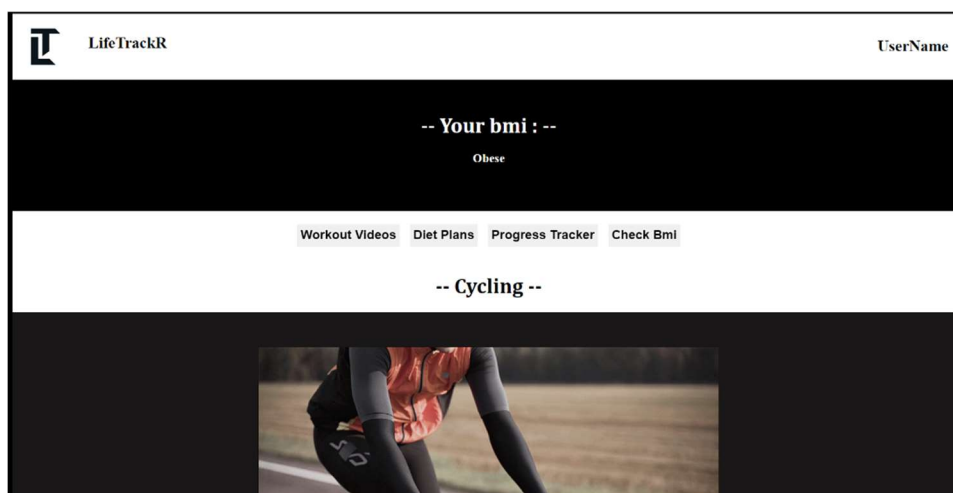
## 2. Hub:

Through the Hub created by our team, a user can traverse over the available features (modules) of LifeTrackR. Currently there are 9 sub modules in the Hub.



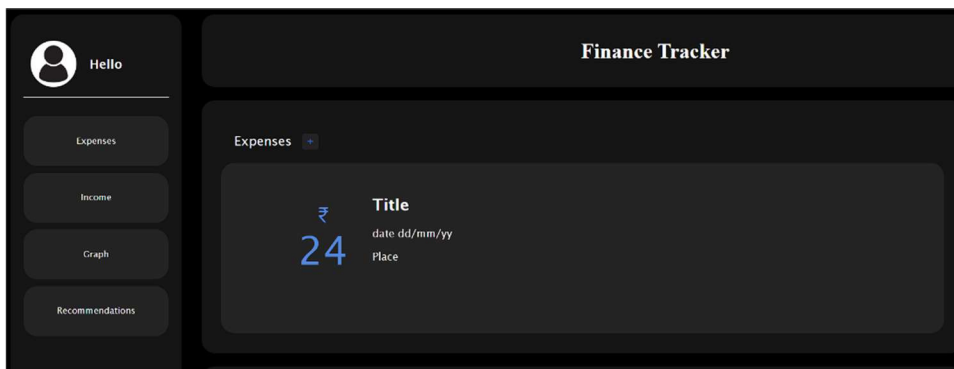
## 3. Fitness tracker :

Our Fitness Tracker is committed to guiding you on your fitness journey, offering personalized workout plans, nutritional guidance, and the motivation you need to stay on track.



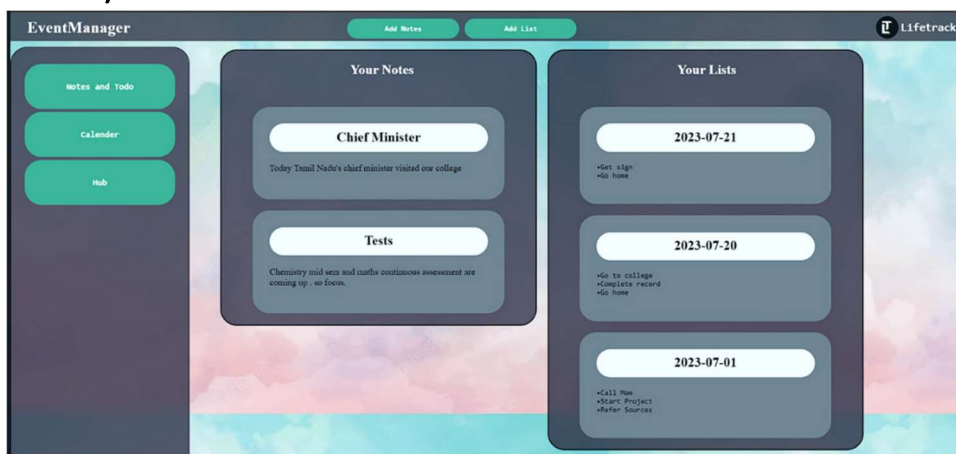
#### 4. Finance tracker:

Our Finance Tracker, understand that financial well-being is a cornerstone of a fulfilled and secure life. Whether you're striving for financial stability, aiming to grow your wealth, or planning for a secure future, our finance tracker is here to guide you every step of the way.



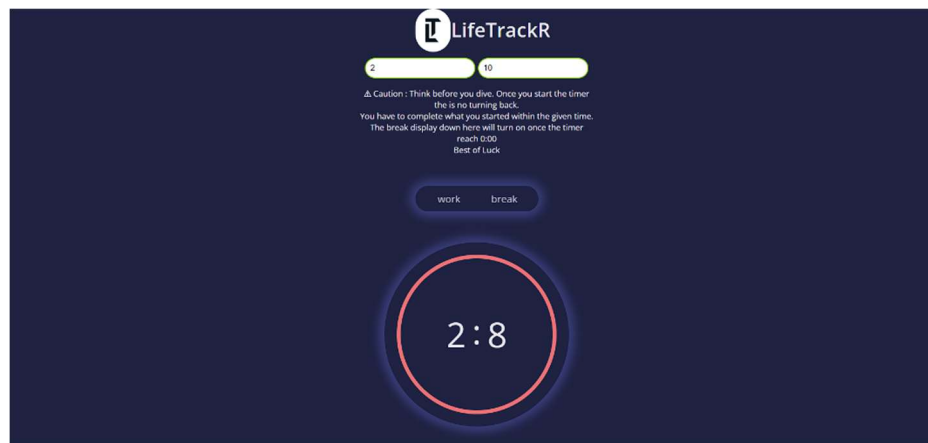
#### 5. Event Manager:

By using our event manager feature one can take notes and and create a to-do list and keep track of one's progress. This feature will be very useful for the people who have many things to do in a single day and to keep track of their plans and things to do in a day.



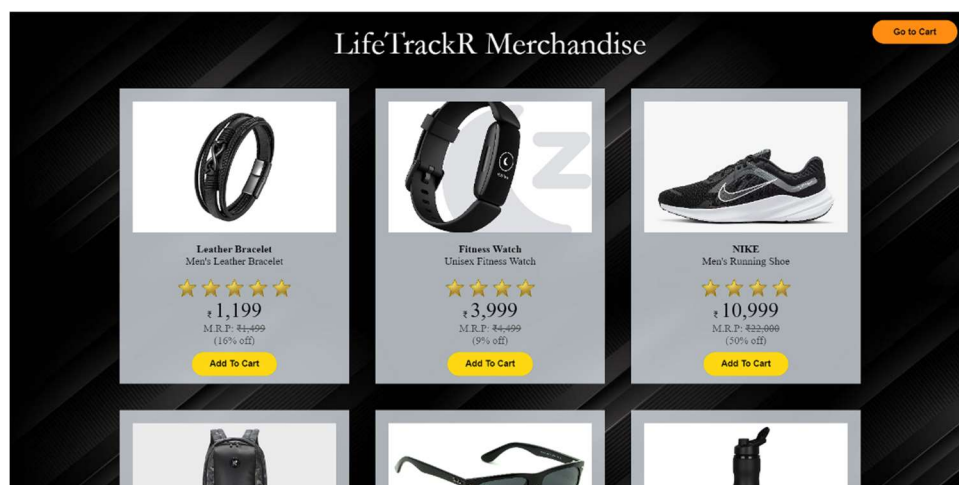
## 6. Timer:

We understand that effective time management is the key to achieving balance, reducing stress, and maximizing productivity. By using our timer you can set the time and you cannot stop it. It will test your will power to complete a task within a time you specified. By using this feature you can challenge yourself and boost up your working speed.



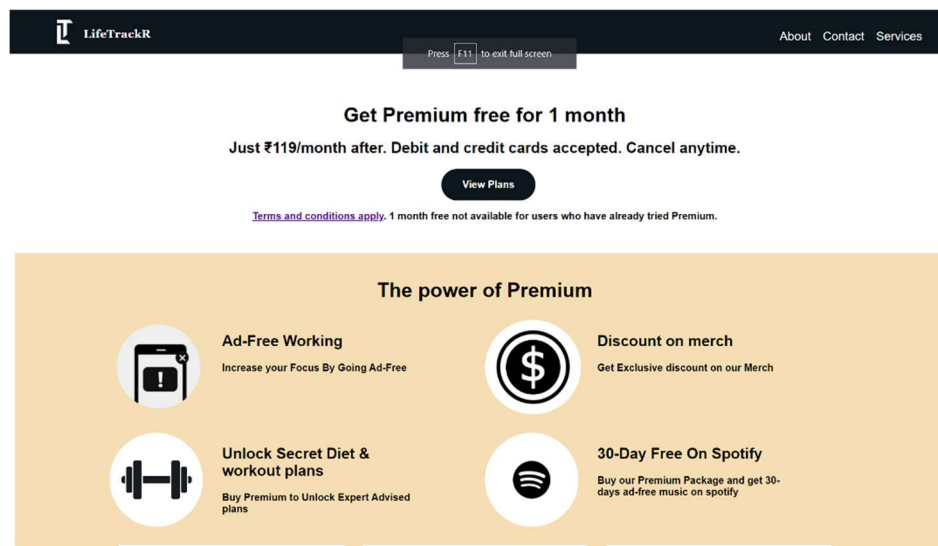
## 7. Merchandise:

In this feature, we sell our brand merch and perks



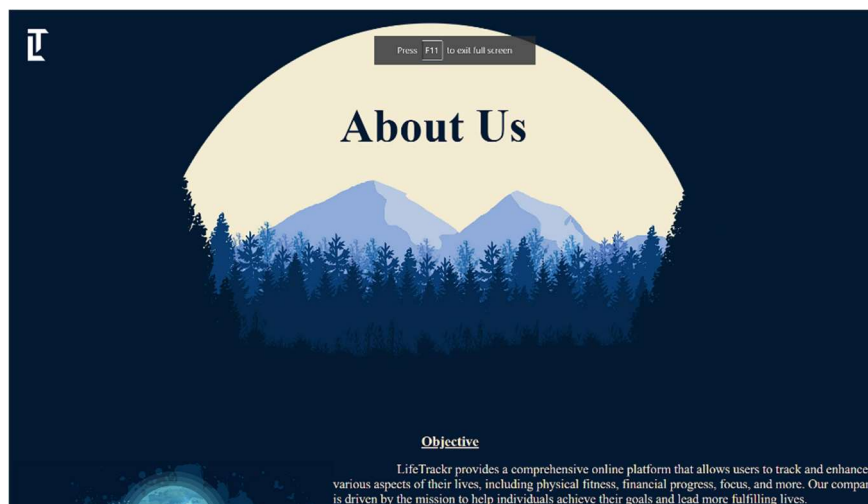
## 8. Premium:

You can unlock more features by buying our Premium pack. The features available in premium page are displayed below



## 9. About:

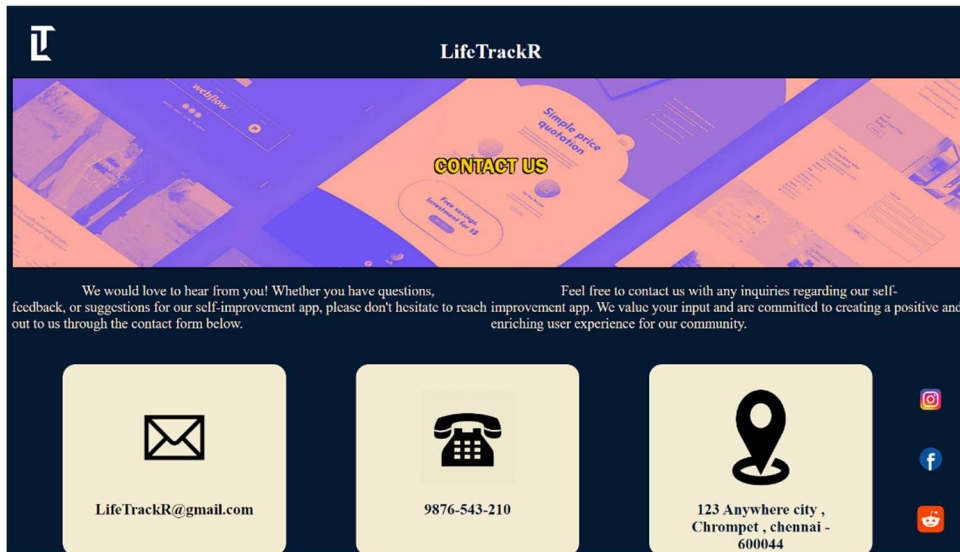
The information about the members who worked on this project are sculptured in this about us page.



## 10. Contact:

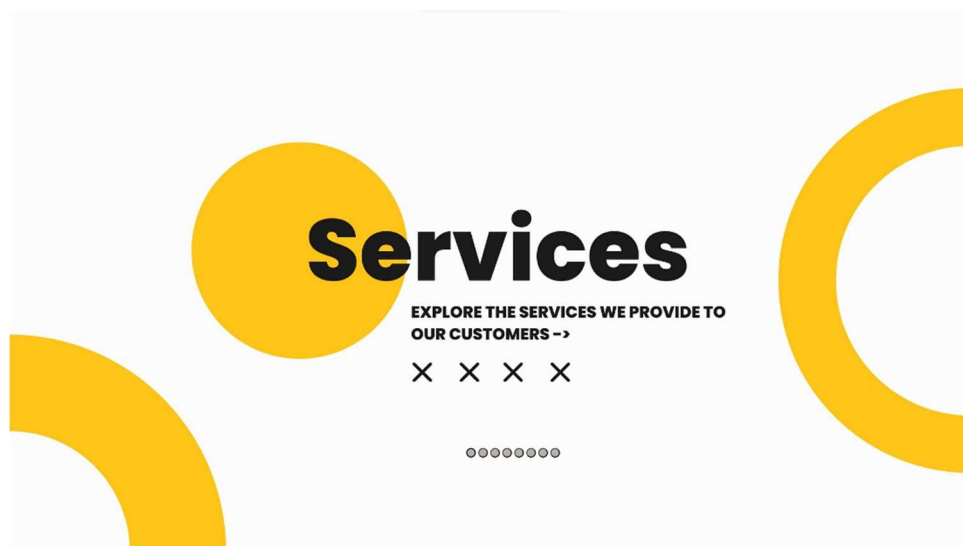
The info about our team is entered in the Contact page.

This page also contains social media re-directions so that one can keep touch with us .



## 11. Services:

The services provided by the LifeTrackR team is displayed in this services page though ease sliding display.



# Languages Used:

## 1.HTML :

Hypertext Markup Language is used to create a Skeletal Framework for the web applicati

## 2.CSS :

Cascading Style Sheets is used to give styles to the framework created by HTML

## 3.JAVA SCRIPT :

JavaScript is used to create dynamically updating content, control multimedia, animate images, and pretty much everything else

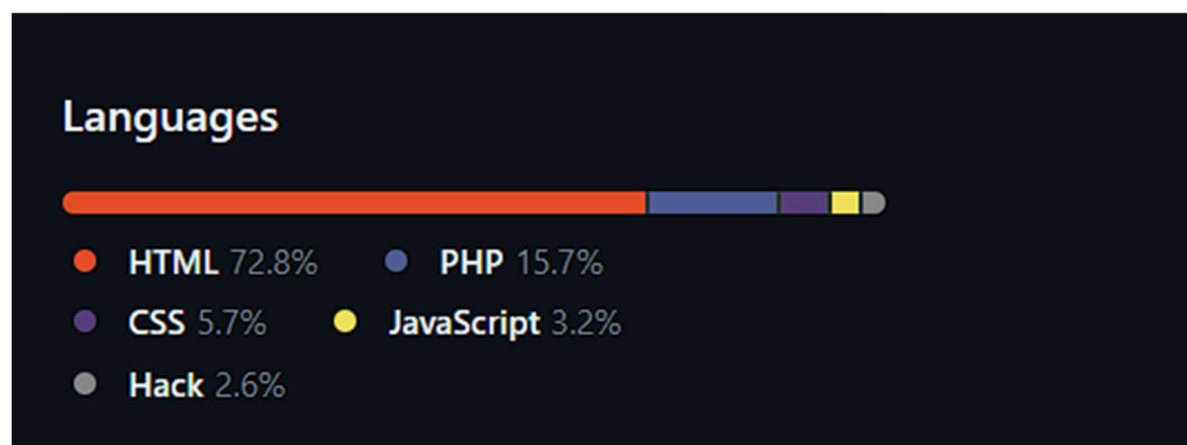
## 4.PHP:

HyperText Preprocessor is used to integrate the web application with a database.

## 5.SQL:

Structured Query Language is used to fetch and update data in the database

Percentage of the languages used in LifeTrackR





## Syllabus covered:

Module 1 : developing a webpage using html and css

Module 2 : incorporation of multimedia

Module 3: creating dynamic pages using js

Module 5 : usage of servers and data base

Module 6: using structured query language

Module 7 : server side scripts and validation

Module 8 and 9: development of web application

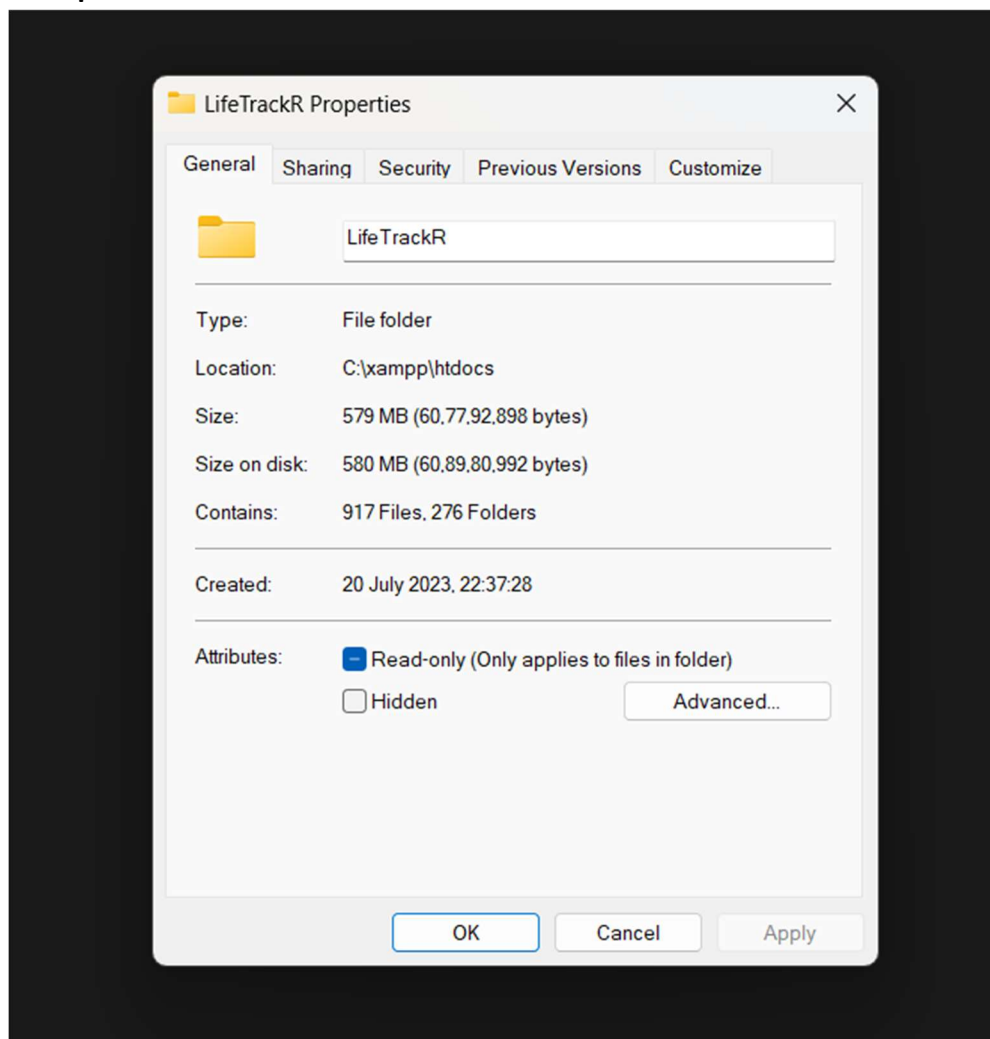
## Complete overview:

- ✓ Initially you can sign in and create your own database.
- ✓ Once you created the database for yourself, all the data which you are gained through our LifetrackR app will be stored in our **phpMyadmin Localhost**.
- ✓ If you are signed in then you can login and use our features.
- ✓ You can learn about us in our **about us** page.
- ✓ You can see what the services are available in **Service** page
- ✓ The contact information are given in **Contact** page.
- ✓ Once you logged in, you will be re-directed to our main hub where 6 features will be displayed and you can click any one of them to open the feature page.
- ✓ In our **Fitness** app you can check your **BMI**. Based on your body mass index you will be shown the workout videos and the diet plan to lead a healthy life.
- ✓ You can check your bmi whenever you want.
- ✓ You can track your progress using the **progress tracker**. The data from the last two rows are taken from the database and operations are made on it and your result will be shown on the bottom of the page.
- ✓ **Finance**. In our finance feature you will be able to add the expenses and income of yours in the database.
- ✓ By using the data entered two separate graphs are drawn to visualize how much you are spending and how much you are getting as income. By this you can wisely choose where to save and where to spend.
- ✓ You will be also provided with a recommendation on which you can invest your money in our API based live feed.
- ✓ **Event Manager**. In our event manager app you can take notes and add what task you need to do in a specific day.
- ✓ In notes, you can add title and start to write your note

- ✓ In To-do list, you can add a date and list the task you need to perform on the date.
- ✓ We have provided you google linked calendar where you can make notes.
- ✓ **Timer.** We have provided you a timer where you can only set time only once. There is a reason we have made this timer this way. Once you set the timer you will be asked to complete the task within the specific time. This will increase your will power by completing the task withing the specific time you set.
- ✓ But you can restart the timer at any time.
- ✓ We sell our products at a very affordable price in our **shop**.
- ✓ We also provide you **PREMIUM** option which includes even more cool features and ways to improve your productivity.

## PROPERTIES:

### Properties of LifeTrackR Folder in our Local Machine



## **Conclusion:**

The completion of this project, from 12-06-2023 to 20-07-2023, has been a valuable learning experience for the team. Extensive knowledge in HTML, CSS, JavaScript, PHP, SQL, and database management has been gained. Understanding of the workings of the HyperText Transfer Protocol and the intricacies of request and response processes has been achieved. Additionally, the project fostered a strong sense of team-building and collaboration.

In conclusion, LifeTrackR is a comprehensive and user-friendly platform that empowers individuals to take control of various aspects of their lives, facilitating personal growth and a fulfilling journey towards becoming the best version of themselves. The project represents a successful implementation of diverse technologies and serves as a testament to the team's dedication and commitment to helping others lead more meaningful and balanced lives.

## **Team Members :**

Parameshwaran K [ 2022503509 ]

Malarvannan M [ 2022503011 ]