



The Enneagram Personality Report

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Introduction

This assessment allows you to express how much each phrase relates to you. The scores indicate where you stand relative to others around you.

For example, how do we know how rigid a person is? When the report shows a very high score on a bell curve, this person would be relatively more rigid than most people around him or her.

This report also serves as an indication for areas of self-improvement. Feel free to speak with your Enneagram Coach to have a further interpretation of this report

Enneagram Core Type

The highest total score indicates the particular Enneagram style that you relate most to. This is your automatic way of thinking, feeling and behaving in any given situation. Every core type comes with its strengths and limitations, and it is useful to understand where the limitations are to have a breakthrough in your personality and interaction with others. Your core type does not change as it is deeply ingrained in you, but with personality development work, your self-mastery level changes which shifts the selfexpression of your core type.

If you have not done any deliberate personality and self-development work, it is common for your positivity and negativity scores to correlate (ie. High positivity scores and high negativity scores; low positivity scores and low negativity scores). The Enneagram diagram shows a roadmap for growth

It will take someone of a higher self-mastery to be aware of the blind spots to reduce the negative traits in each personality type. Going through intense life experiences and life lessons could also have an impact on growth. Do bear in mind that self-mastery level has nothing to do with age. It is possible for a younger individual to have a relatively higher self-mastery level than an older individual.

In this report, **Type 4 (The Individualist)** shows up as your most dominant profile. The following paragraphs go through the various aspects of this type as well as some areas for personal development.



Enneagram Wing Type

We are a unique mix of our core type and one of the two types adjacent to our core. These adjacent types are called our wings. The higher score between the two adjacent types indicates our wing. It is possible to have two high wings or low wings. An individual with higher wings tends to be more balanced than someone with lower wings. If your wings are low, they show an areas of potential growth.

This report indicates that you are a **Type 4 (The Individualist)** with **Type 3 (The Achiever)** wing.

What is Personal Development Work?

Personal development can be a lifelong process. It usually starts with improved selfawareness and self-identity. Understanding one's personality strengths and blind spots allows you to be aware of how your behaviours might affect the different personality types around you. It also helps you understand how others might perceive you. Collecting honest feedback from people that matter could be your first step in personal development. Understanding the Enneagram puts you on the universal scale to assess feedback. It also allows you to differentiate valid feedback from biased feedback.

When you work on your personality, it is all about creating a safe space to try out something that you deem impossible, which gets you stuck in your personality limitations. Trying something different within the safe space allows you to explore an area of your personality you have been suppressing or refusing to express for a long time.

You usually know what you know, but you don't know what you don't know. A personality coach helps you explore these unknown areas in a safe environment, which will unveil the possibilities and potentials for a breakthrough.

Verifying Your Core Types

If you feel that **Type 4 (The Individualist)**'s core traits, including base emotion, fixation, defence mechanism and vicious cycle, do not reflect who you are, you may want to consider **Type 2 (The Helper)** or **Type 9 (The Peacemaker)**..

It is important that you get your core type right and that you sit well with the type, as it will affect your personality development journey. You may want to have an in-depth typing interview with your Enneagram Coach to verify your core type.



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Type Description & Development Guide

Type 4: The Individualist

Fours are characterised by a strong need for self-expression, individuality, and authenticity. They are introspective, sensitive and imaginative, and have a deep connection to their emotions and their inner world. Fours are highly valued for their originality, creativity, and emotional depth. They have a unique perspective on the world, and they are often sought out for their artistic and creative contributions. They have a strong sense of purpose, driven by a desire to express themselves and to make a meaningful impact. They have a deep appreciation for beauty and for all that is authentic and genuine, and they are dedicated to creating a life that reflects their values and priorities. They are often creative, artistic, and original, while having a unique perspective of the world.

However, their focus on individuality and self-expression can sometimes lead to feelings of envy, sadness, or dissatisfaction with their current circumstances. They may struggle with feelings of inadequacy and a sense that they are not living up to their full potential. They may also become overly sensitive to criticism or rejection, and they may have a tendency to withdraw from others.

Internal Motivations



Basic Desire: Being Unique

"It's important to me that I find an identity that expresses the truth of who I am and helps me to find my significance."



Basic Fear: Being Mediocre

"What if I'm not significant in any way?"



Worldview:

"My work is authentic and I'm searching for something more that is missing from my life."



Thought Pattern: Melancholy

You feel a sense of loss.



Emotional Pattern: Envy

Other people seem to have found the key to happiness and you want it.

Traits

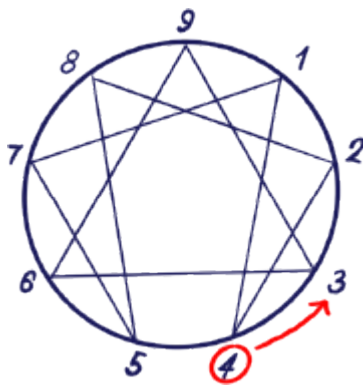
Strengths

- Creative
- Expressive
- Has great emotional depth
- Meaning-driven
- Imaginative
- Highly intuitive
- Tender-hearted
- True to oneself

Weaknesses

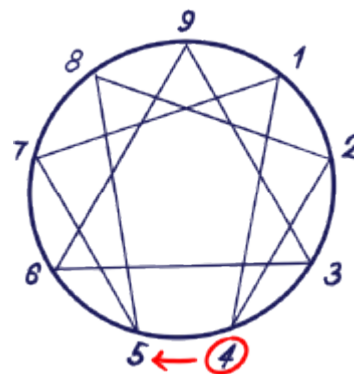
- Moody
- Melancholic
- Overly-sensitive
- Self-absorbed
- Irrational
- Self-victimising
- Dramatic
- Idealistic

Wings



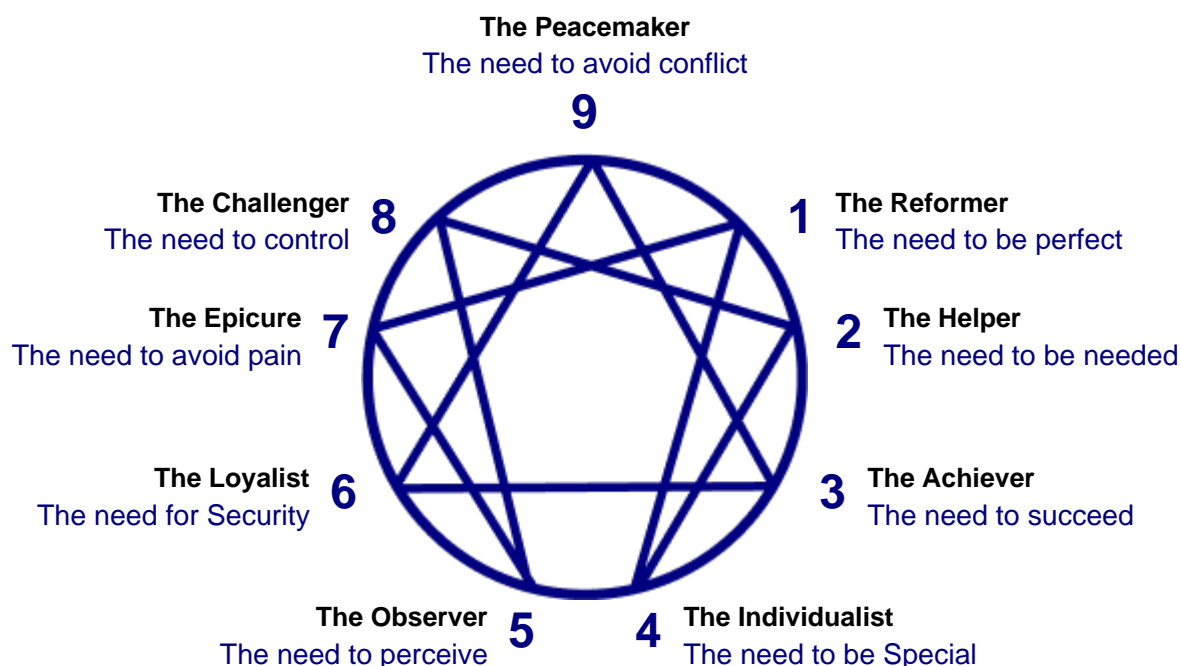
Type 3 Wing

- Harnesses the ambitious side of your creativity by turning your ideas into plans and monetising art.
- You become more success-oriented and find ways to amplify your authenticity.



Type 5 Wing

- Pairing your introspection with perception can lead to intense and creative thoughts.



Your Ennea-Scores

Types	Total	Positivity	Negativity
1	52.20	23.96	79.67
2	28.63	1.66	83.42
3	59.88	46.22	68.00
4	96.20	80.05	97.17
5	86.78	49.60	93.40
6	89.21	65.27	93.68
7	78.61	64.62	88.61
8	52.37	37.43	62.81
9	69.10	55.59	69.66

You are an Enneagram Type 4 (The Individualist) with Wing 5 (The Investigator).

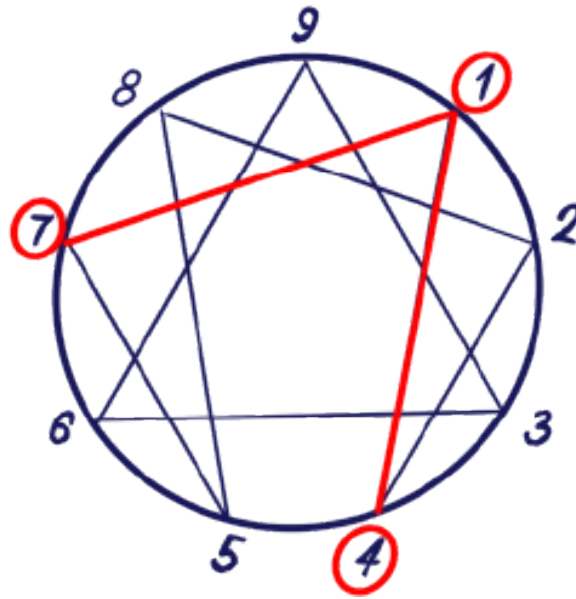
This is your core type, which means your autopilot way of operating in any given situation. Having said that, you can grow your self-mastery level to be more versatile and to respond more effectively. The Positivity scores are the good traits you possess. Thus, if the scores are low, they show areas for growth.

The Negativity scores are the flip side of the coin.

If they are more than 70, they suggest areas to look into for self-development.

Speak with your Enneagram Coach to discuss about areas of self-improvement and breakthrough.

Connecting Lines



At your best growth, you connect to the positive traits of:

Type 1: You are disciplined, routine, action-oriented, level-headed and realistic.

Type 2: You are sensitive to others, show generosity and kindness, and are nurturing.

When you are stressed, you connect to the negative traits of:

Type 1: You become judgemental, hypersensitive and unforgiving, and you may project your standards onto others.

Type 2: You can be overbearing and emotionally manipulative.



At Your **Best**, you could:

- Be introspective and compassionate, true to yourself, emotionally honest and emotionally strong.
- Develop the ability to turn any experience into something of value.
- Be able to help others process painful experiences that would overwhelm other types because you have become familiar with your own darker nature
- Stop being ruled by your emotions and become disciplined enough to bring all your amazing ideas into reality.
- Find your true self and your place in the world.



At Your **Worst**, you could:

- Become ashamed of yourself and tormented with self-contempt. You may become depressed and detached from yourself and others.
- Become less and less able to break out of your feeling of being a misunderstood victim when you focus more and more on your perceived deficiencies.
- Indulge in your moods and go full drama queen/king. Everything that happens arises from your feelings of unfulfilled longing, even though you have no idea what you are actually longing for.
- Be unable to be happy because you can't allow yourself to be – your unhappiness becomes your identity.



Defence Mechanism

Introjection

Lots of self-blame and internalising negative information.



In The Past

Time orientation is where you focus most of your thoughts and attention.

Type 4s' emotions and thoughts center most often on what has already happened, what they regret or an ideal experience they romanticise.



Mentorship / Leadership

Strengths:

- Creative and allows you to bring a unique perspective to work, which can help you to come up with innovative solutions and new ideas.
- Empathetic and compassionate, which can help you to connect with others and build strong relationships with your team.
- Introspective and self-aware, which can help you to understand your motivations and to make decisions that align with your values.

Struggles:

- May experience intense emotions and mood swings, which can make it difficult for you to maintain stability and focus.
- May struggle to set healthy boundaries in your relationships, which can lead to burnout or resentment.
- May have high standards and a tendency towards perfectionism, which can make it difficult for you to feel satisfied with your work and to see your own strengths and successes.

At Work

- The best way to connect with you at work may be for colleagues to appreciate your creativity and then get into meaningful conversations about thoughts and feelings.
- During a conflict, as you may be reactive and overly emotional, colleagues would ideally be calm and empathetic. They would also need to firmly remind you of the need to resolve the conflict.
- You need some autonomy to express yourself with your work tasks and find a balance between your individuality and corporate interests.

Career Information



Derailers

- You are known for emotional depth and intensity, which can unfortunately also lead to mood swings and emotional instability which could lead to decreased objectivity, negatively impacting work performance and relationships with colleagues.
- You are sensitive to criticism, leading to defensive or confrontational behaviour and strained work relationships.
- You may become bored with routine tasks, which can impact consistency, productivity and motivation, leading to issues in following through on work commitments.
- You may have some trouble working in teams when your own feelings, desires, ideas and work direction misalign with those of the group.
- You may struggle with change if you do not agree with it, leading to decreased workplace adaptability.
- You may neglect practical considerations or act on impulses in your pursuit of your passions leading to hasty decisions or actions that can negatively impact your career.



Career Themes

Careers that enable Type 4s to achieve success and recognition as well as opportunities for creativity and innovation in a competitive and challenging environment.

Some career fields of interest could be:

Artist, Writer, Musician, Actor/Actress, Fashion Designer, Interior Designer, Photographer, Graphic Designer, Film Director, Advertising Creative Director, Counselor/Therapist, Psychologist, Social Worker, Teacher, Cultural Anthropologist, Landscape Architect, Architect, Chef/Cook, Hairstylist, Makeup Artist



Famous People Who Are Like You



Billie Eilish



Bob Dylan



Johnny Depp



Amy Winehouse