



Introduction to Human Anatomy

Basics of Bones

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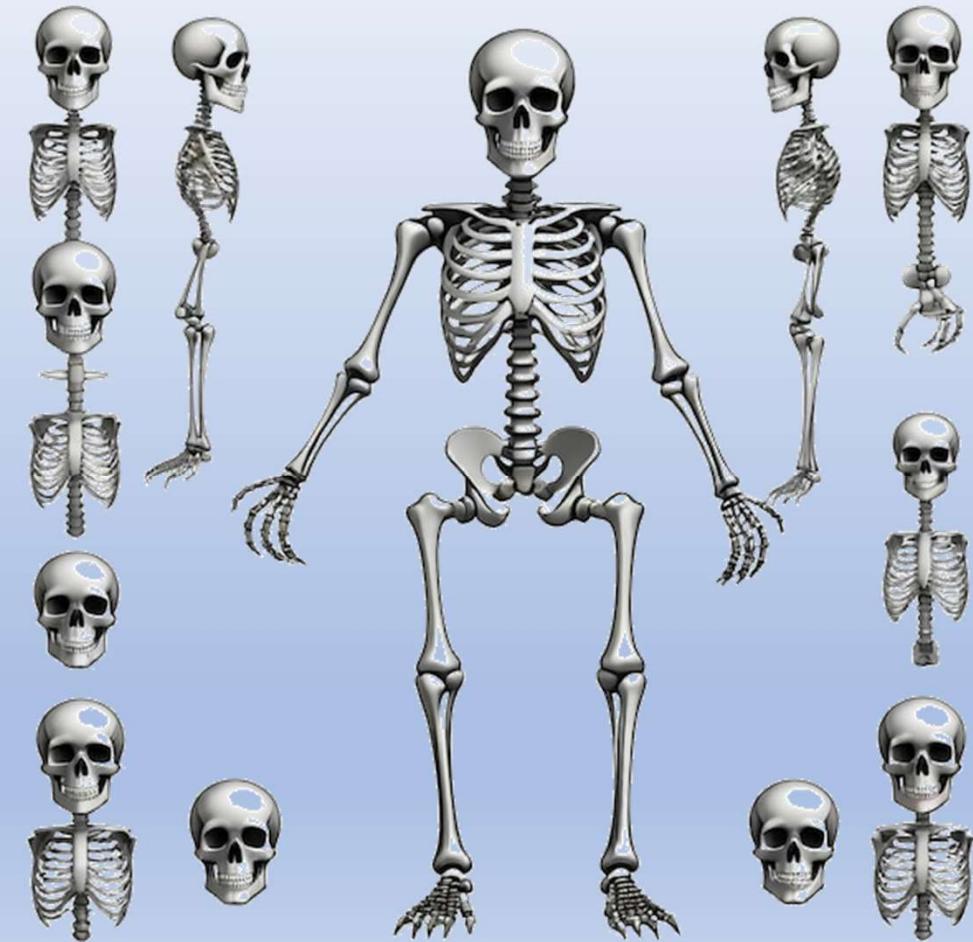
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Objectives

By the end of this lecture students should:

- Define bone.
- Explain functions of bones.
- Classify bones of the body according to:
 - ✓ Position in the body.
 - ✓ Development (ossification).
 - ✓ Shape.
 - ✓ Structure.
- Distinguish parts of long bone.
- Describe the blood supply of long bone.





Definition, Structure & Characters:

- Bone is a calcified living connective tissue that forms the skeleton.
- It is formed of bone cells, fibers & matrix.
- It is hard due to calcification of its matrix & has a degree of elasticity due to presence of organic fibers.
- It is capable of changing its structure (remodeling) as the result of the stresses to which it is subjected.

Number of bones in human body:

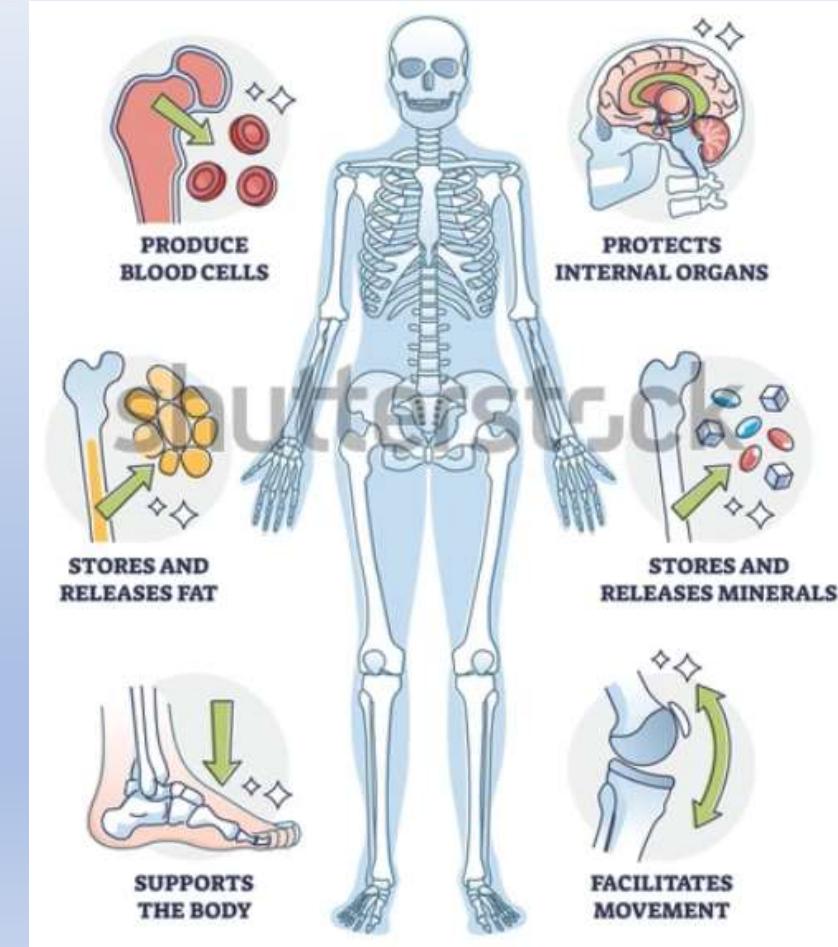
- There are 206 bones in the human body.



Bones

Functions of bones:

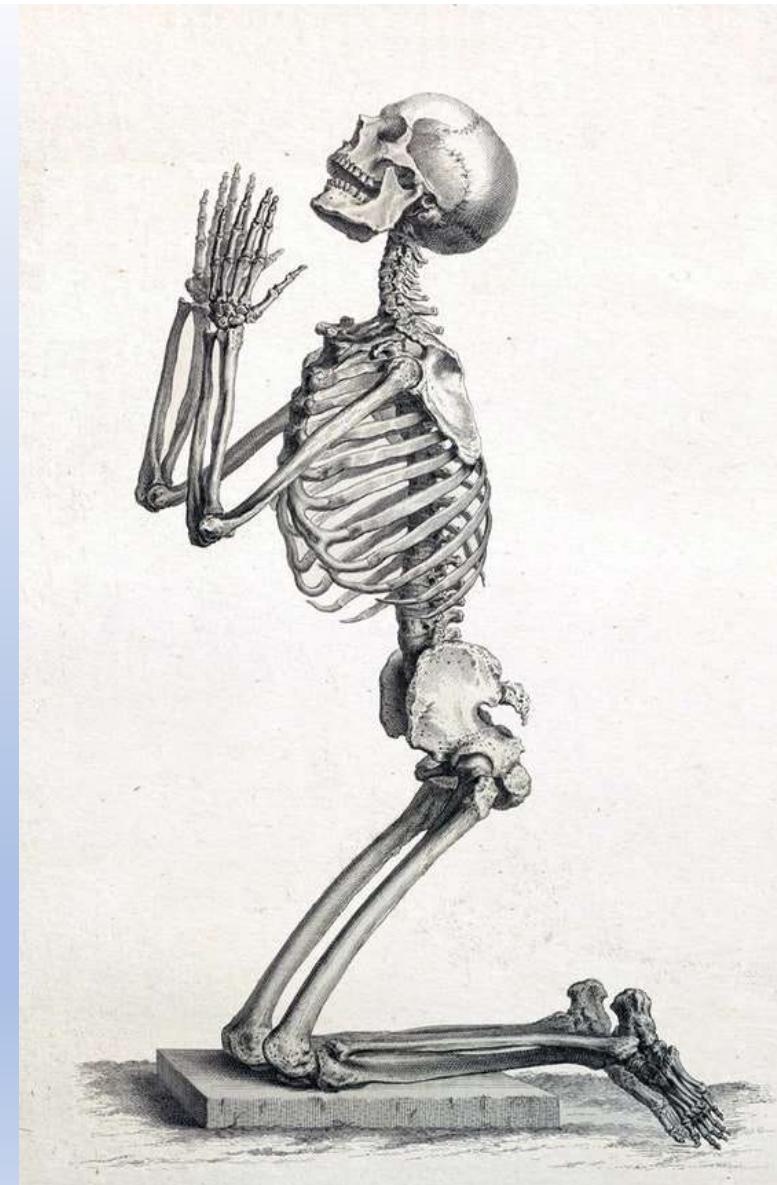
- Formation of blood cells (Hematopoiesis).
- Protects internal organs (skull protects the brain & thoracic cage protects the heart and lungs).
- Stores and releases ions (Calcium & phosphorus) & fat.
- Supports the body and gives its shape.
- Gives attachment to muscles & ligaments.
- Provide levers for muscles to move joints (Movement).





Classifications:

- According to position (regional classification).
- According to ossification (development).
- According to structure.
- According to shape.



Classification of Bones According to Position

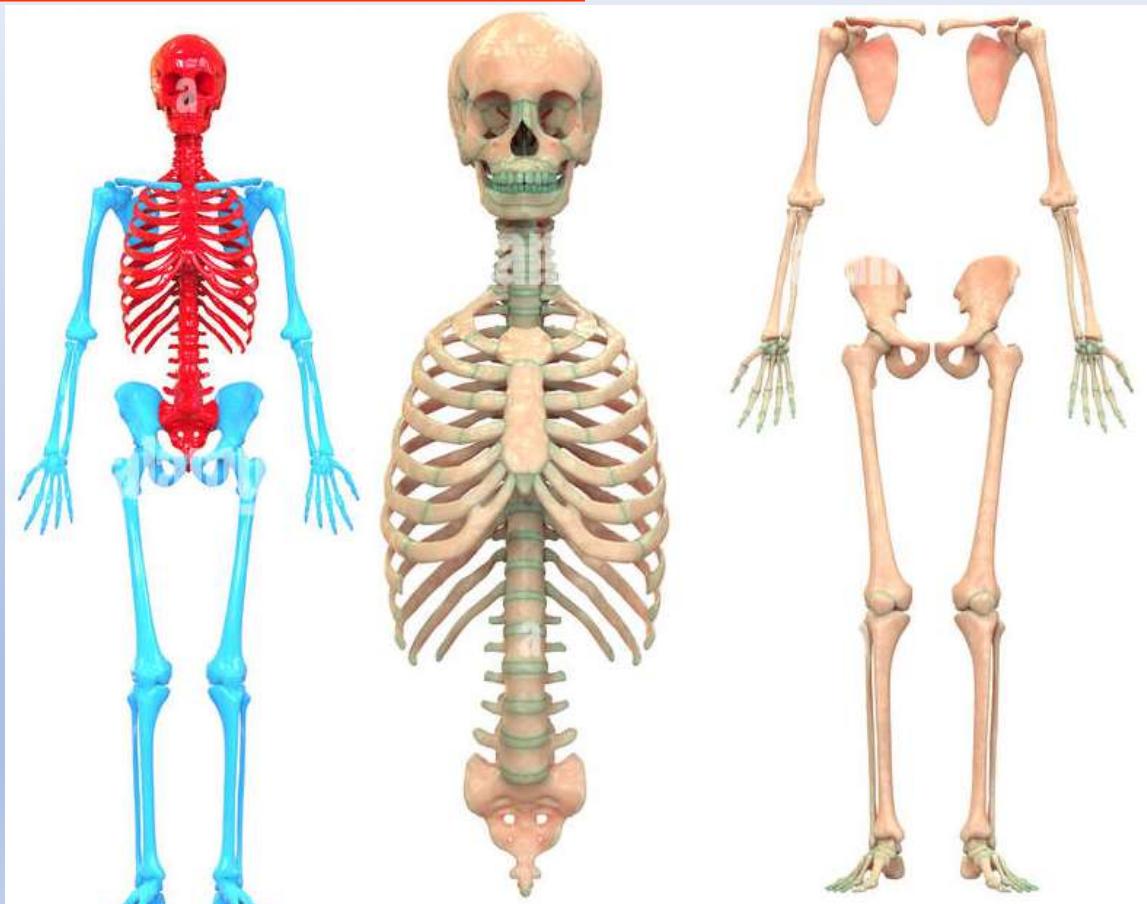
(Regional Classification)

□ Axial Skeleton:

- Skull.
- Hyoid bone.
- Vertebral column.
- Ribs.
- Sternum.

□ Appendicular Skeleton:

- Bones of upper limbs.
- Bones of lower limbs.

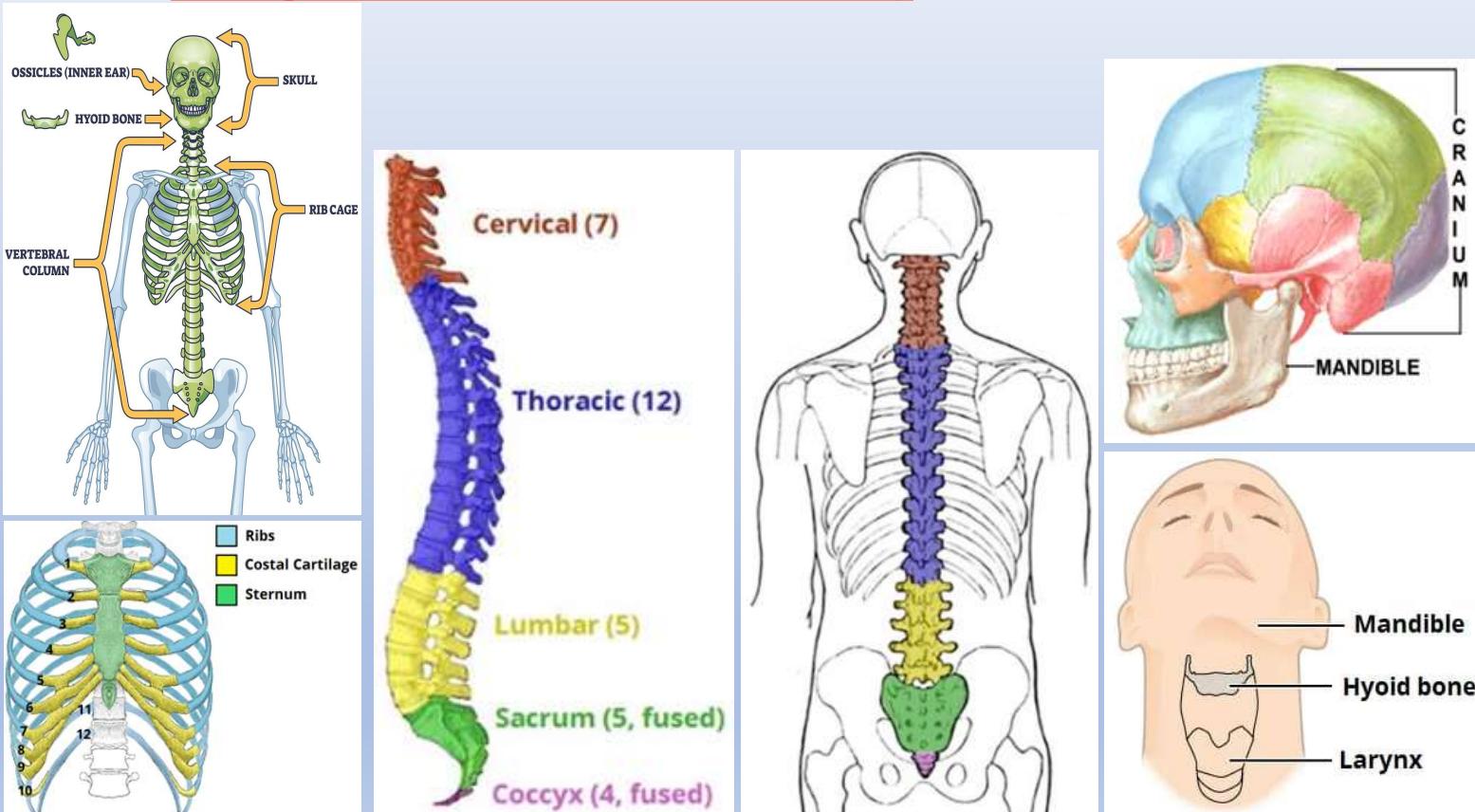


Axial Skeleton Appendicular Skeleton

Classification of Bones According to Position (Regional Classification)

□ Axial Skeleton:

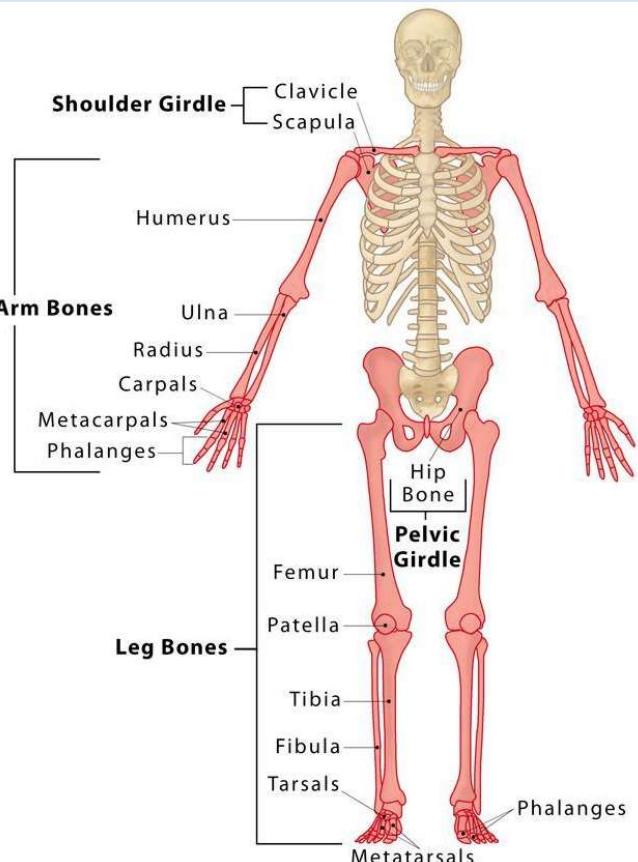
- Skull.
- Hyoid bone.
- Vertebral column.
- Ribs.
- Sternum.



❖ Thoracic cage is formed of: Sternum, 12 pairs of ribs & 12 thoracic vertebrae.

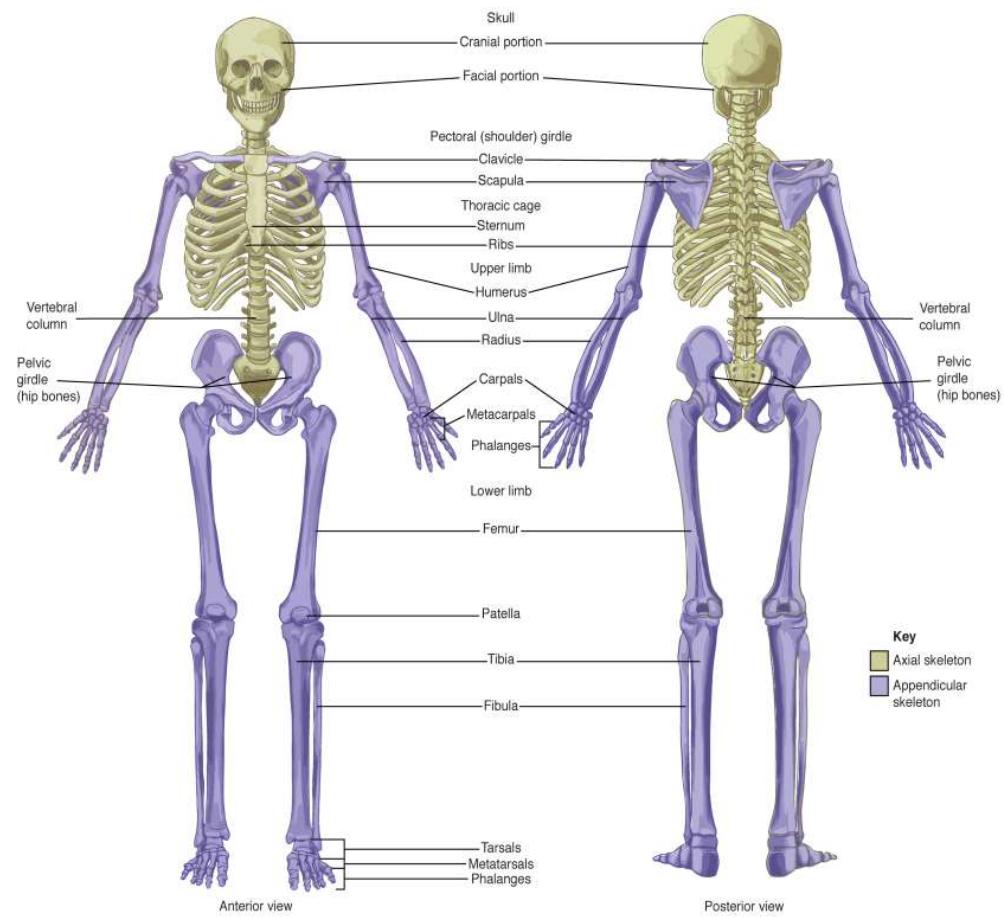
Classification of Bones According to Position (Regional Classification)

□ Appendicular Skeleton:



Region (Part)	Upper Limb			Lower Limb	
Girdle	Shoulder girdle: Clavicle anteriorly & Scapula posteriorly			Pelvic girdle: Hip bones	
Proximal segment	Arm	Humerus.		Thigh	Femur.
Middle segment	Forearm	Ulna (medial). Radius (lateral).		Leg	Tibia (medial). Fibula (lateral).
Distal segment	Hand	Carpal bones (8). Metacarpals (5). Phalanges (3 for each finger & 2 for the thumb).		Foot	Tarsal bones (7). Metatarsals (5). Phalanges (3 for each toe, 2 for the big toe).

Classification of Bones According to Position (Regional Classification)

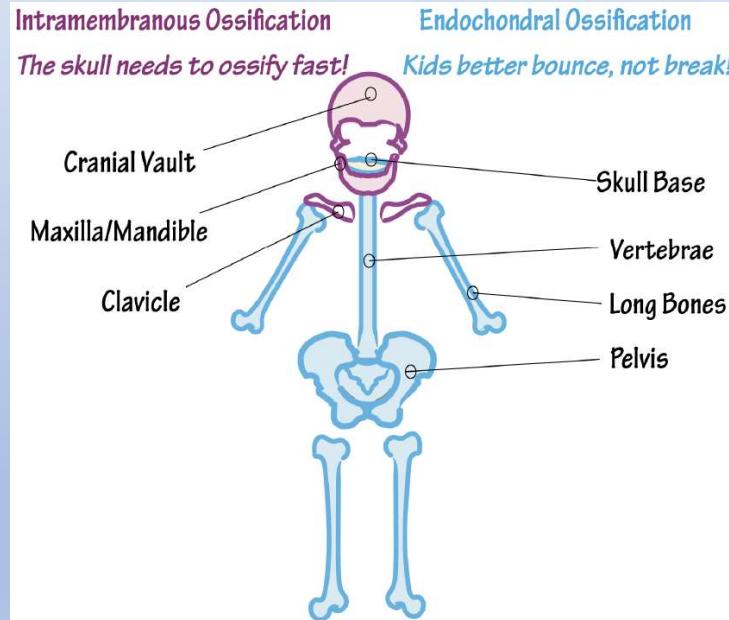
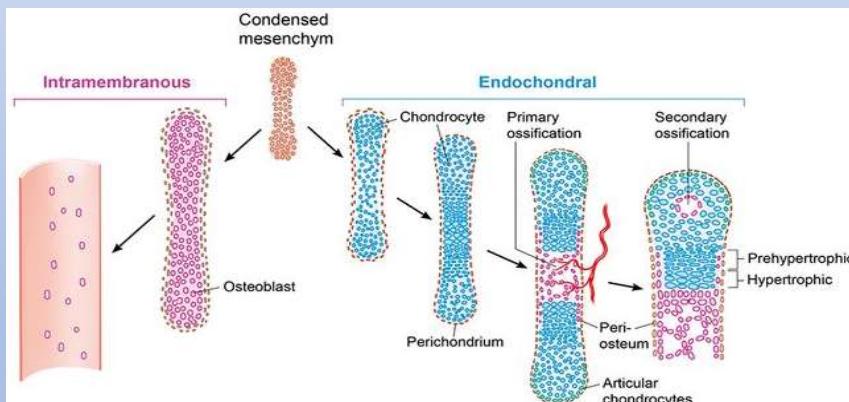


Regional Classification of Bones		
Region of Skeleton	Number of Bones	
Axial skeleton		
Skull		
Cranium	8	
Face	14	
Auditory ossicles	6	
Hyoid	1	
Vertebrae (including sacrum and coccyx)	26	
Sternum	1	
Ribs	24	
Appendicular skeleton		
Shoulder girdles		
Clavicle	2	
Scapula	2	
Upper extremities		
Humerus	2	
Radius	2	
Ulna	2	
Carpals	16	
Metacarpals	10	
Phalanges	28	
Pelvic girdle		
Hip bone	2	
Lower extremities		
Femur	2	
Patella	2	
Fibula	2	
Tibia	2	
Tarsals	14	
Metatarsals	10	
Phalanges	28	

Classification of Bones According to ossification (Development)

□ Intracartilagenous (endochondral) ossification:

- Condensed mesenchymal tissue is transformed into cartilaginous model. Then, cartilaginous model is transformed into bone.
- Example; all bones of the limbs EXCEPT shaft of clavicle.



□ Intramembranous ossification:

- Condensed mesenchymal tissue is transformed directly into bone.
- Example; shaft of clavicle, skull cap and bones of face.

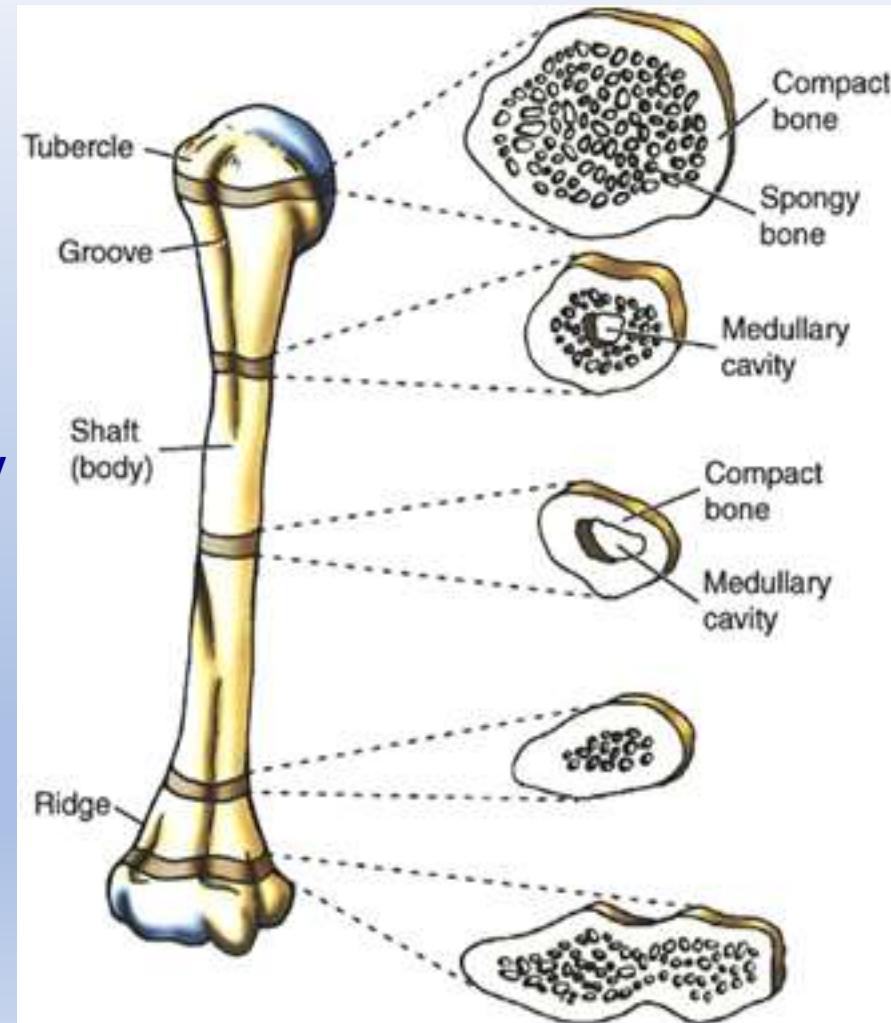
Classification of Bones According to Structure

Compact Bone:

- Dense & ivory-like.
- Example: cortex of a long bone.

Cancellous (Spongy / Trabecular) Bone:

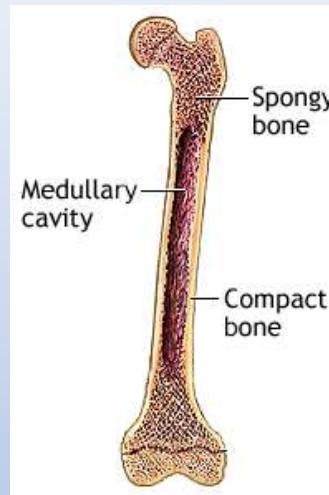
- Network of bone trabeculae separated by intercommunicating spaces containing bone marrow.
- Example: epiphyses of long bones.



Classification of Bones According to Shape

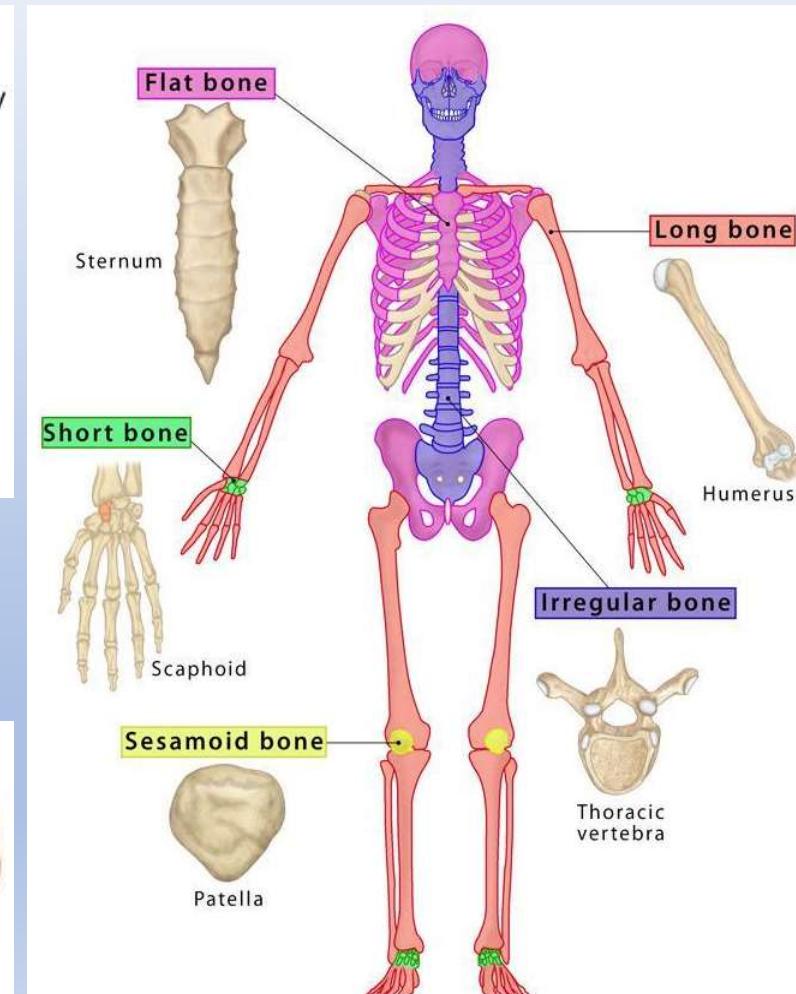
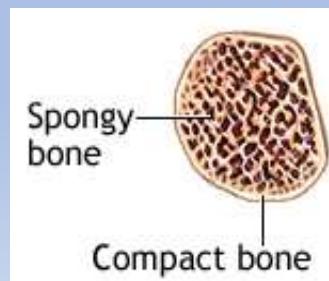
□ Long bones:

- ✓ Their length is longer than their breadth.
- ✓ Consists of 2 ends (spongy) and shaft (compact).
- ✓ Examples: bones of proximal and distal segments of limbs, metatarsals, metacarpals & phalanges.



□ Short bones:

- ✓ Their length nearly equals their breadth (roughly cubical).
- ✓ Formed of cancellous bone surrounded by layer of compact bone.
- ✓ Examples: carpal and tarsal bones.



Classification of Bones According to Shape

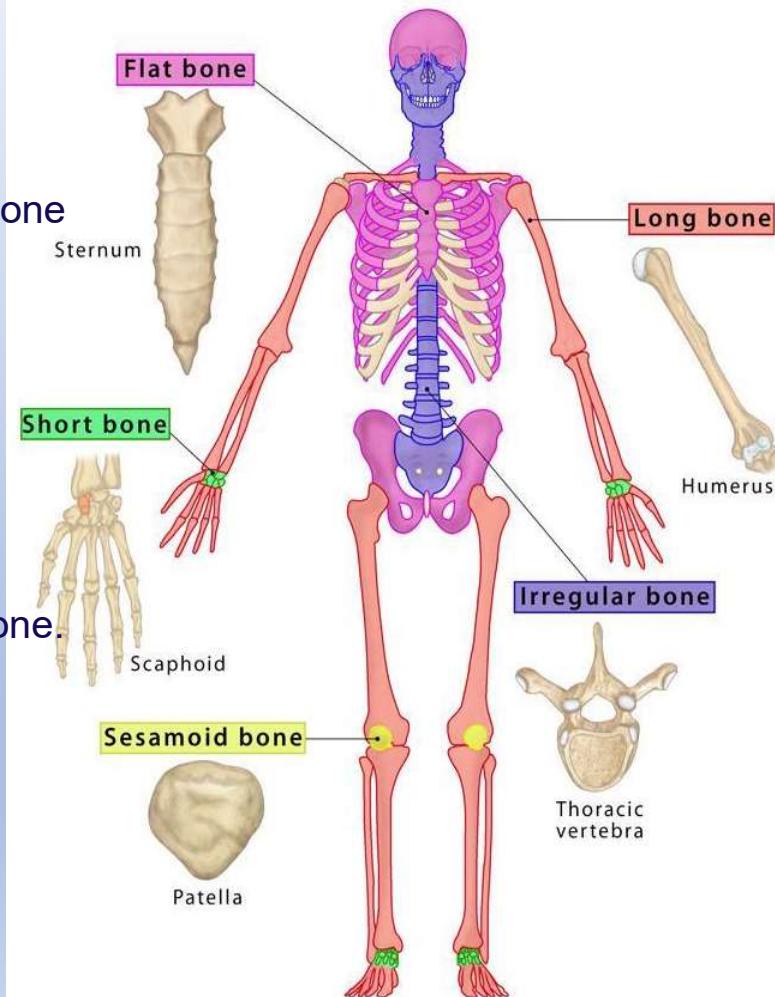
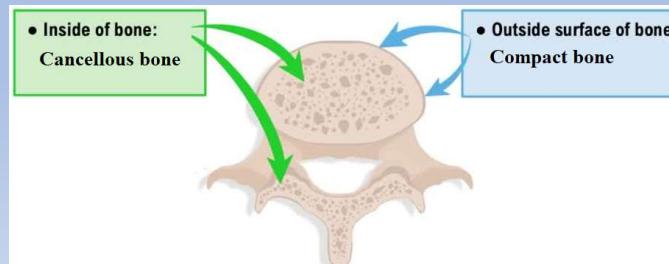
□ Flat bones:

- ✓ Flat thin bones.
- ✓ Formed of 2 layers of compact bone with a layer of cancellous bone in between.
- ✓ Examples: skull cap, sternum, scapula and ribs.



□ Irregular bones:

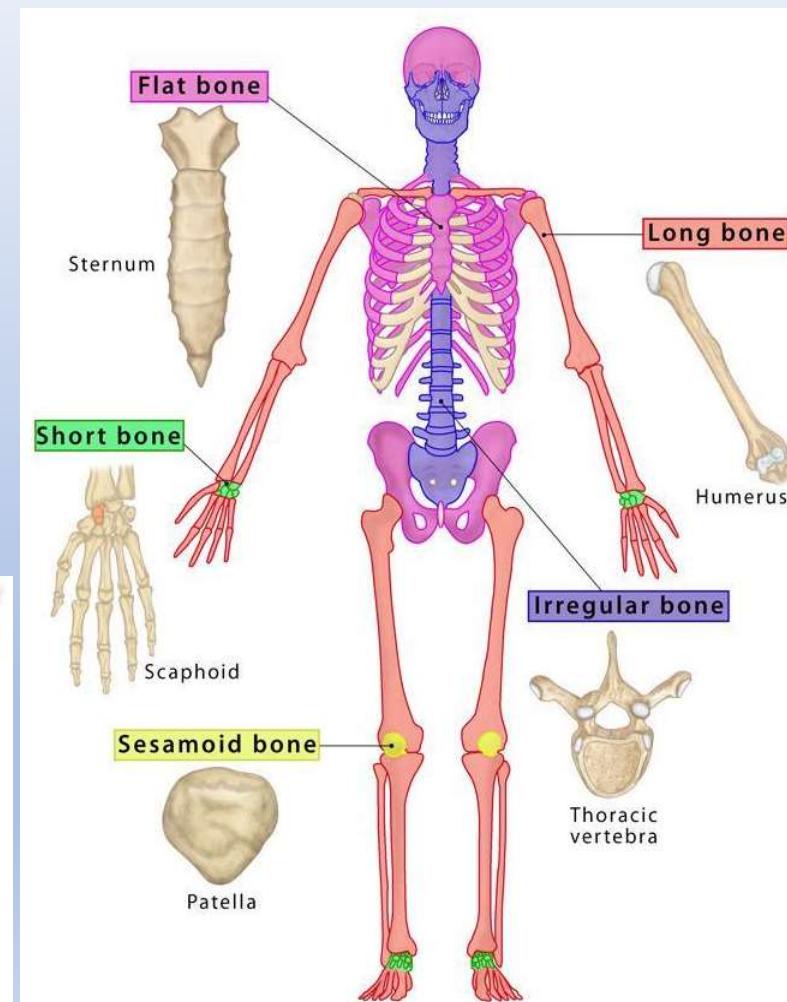
- ✓ Irregular in shape.
- ✓ Formed of cancellous bone surrounded by thin shell of compact bone.
- ✓ Examples: skull base, bones of the face and the vertebrae .



Classification of Bones According to Shape

□ Sesamoid bones:

- ✓ Small bones that are found / develop inside tendons of some muscles where they rub over bony surfaces.
- ✓ Functions:
 - Reduce the friction on the tendon.
 - Can change the direction of pull on the tendon.
- ✓ Examples: Patella (in the tendon of quadriceps) is the largest sesamoid bone in the body & pisiform.



Classification of Bones According to Shape

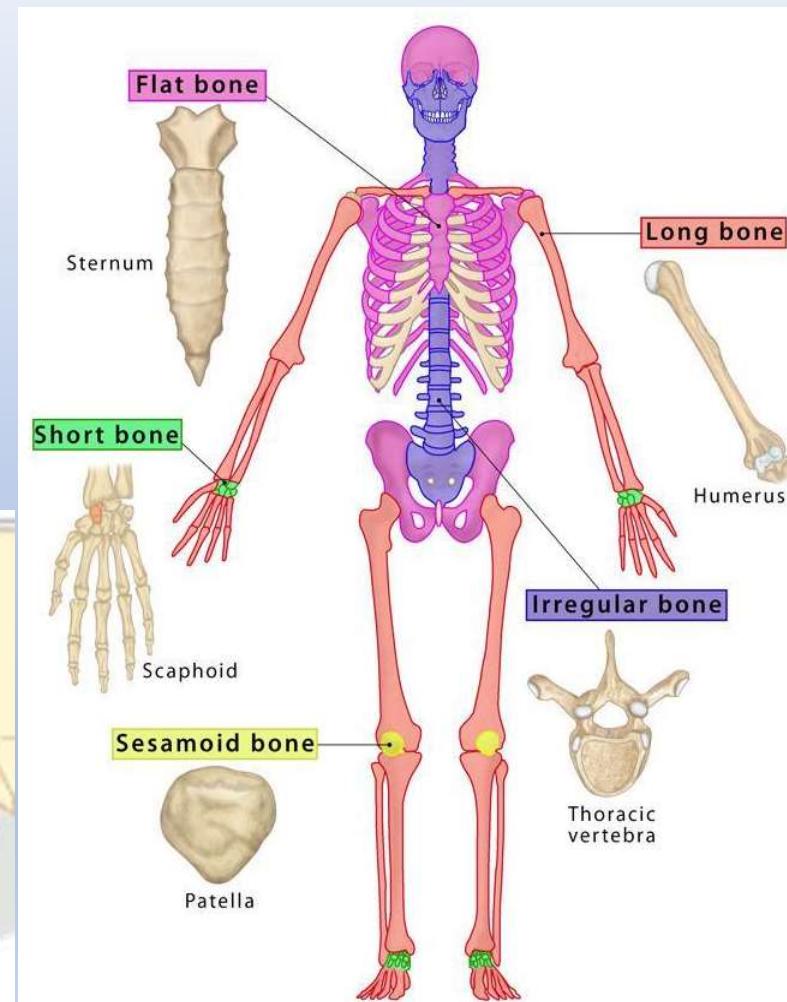
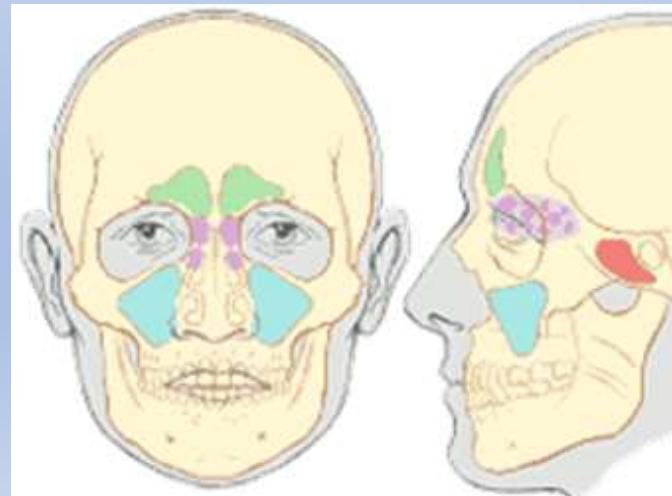
□ Pneumatic bones:

✓ Bones which contain air-filled spaces.

✓ Functions:

- Reduce the weight of the bone.
- Produce resonance of voice.

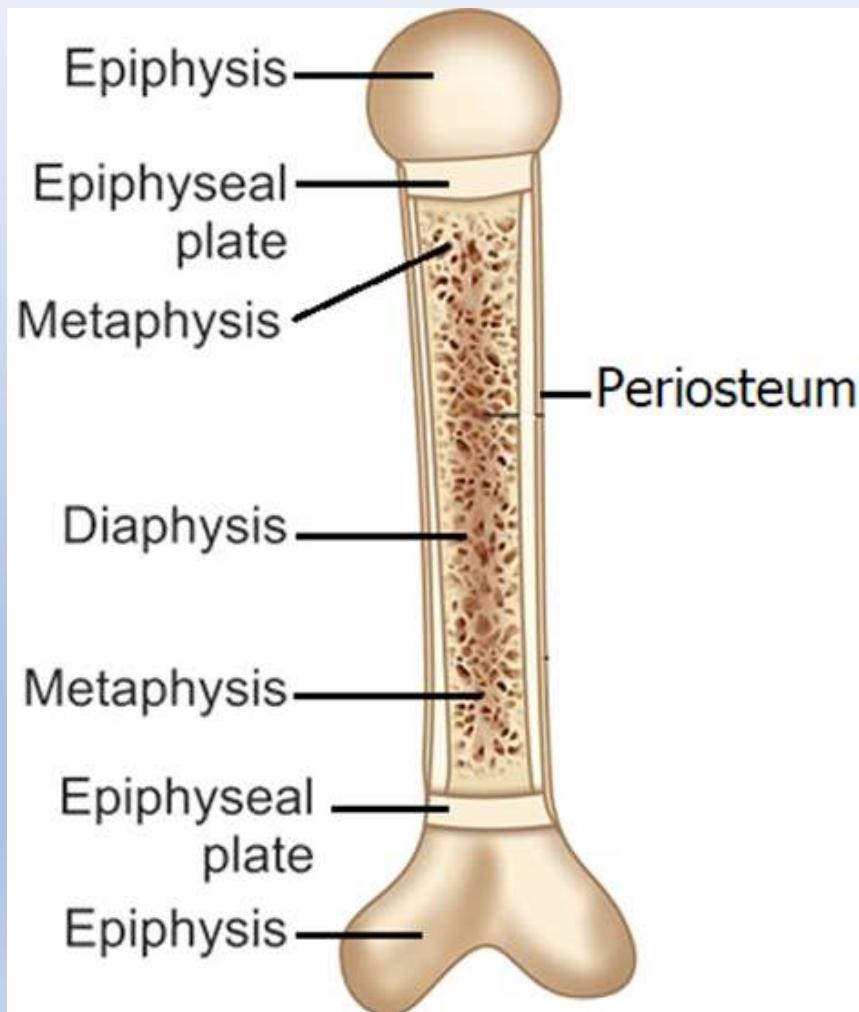
✓ Examples: some bones of skull which contain paranasal sinuses.



Parts of Long Bone

Long bone is formed of:

- 2 End: each end is called epiphysis.
- Shaft: tubular and is called diaphysis.
- ❖ During growth the epiphysis is separated from the diaphysis by epiphyseal plate of cartilage (site of growth in length).
- ❖ The part of the shaft adjacent to the epiphyseal cartilage is called metaphysis.
- ❖ The shaft has a cavity containing bone marrow.
- ❖ The outer surface of the shaft is covered by connective tissue sheath called periosteum (site of growth in width).



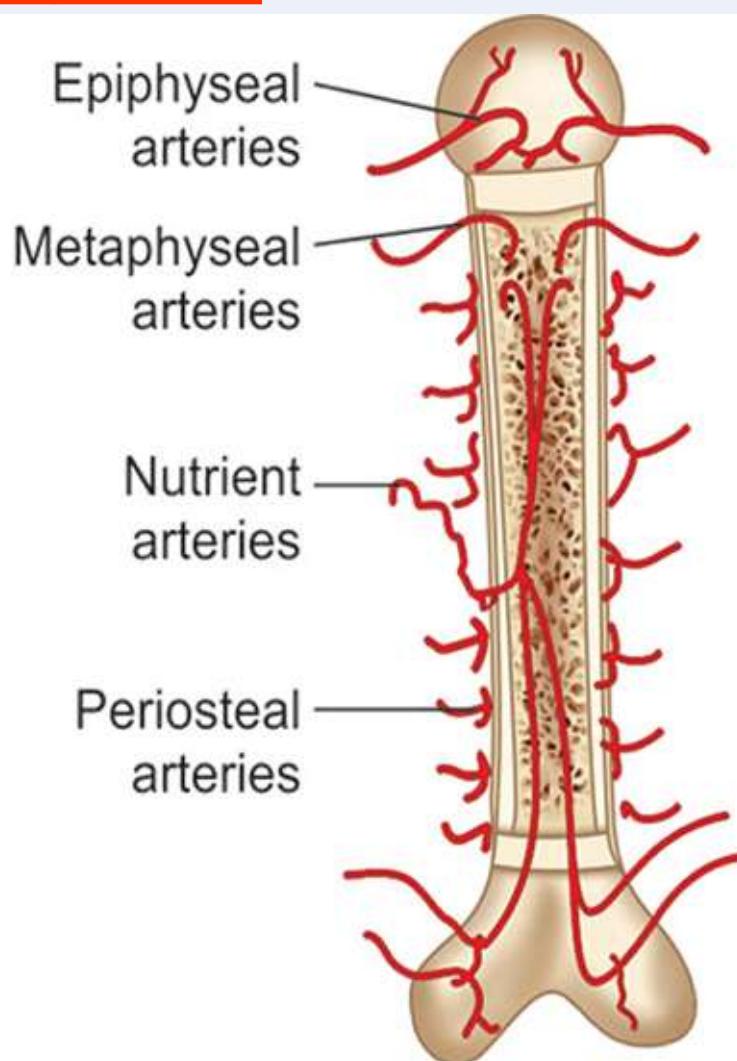
Blood & nerve Supply of Long Bone

□ Long bone is supplied by the following arteries:

- ✓ Epiphyseal arteries.
- ✓ Metaphyseal arteries.
- ✓ Nutrient artery.
- ✓ Periosteal arteries.

□ Nerve supply of bone:

- ✓ Bone itself has few sensory nerve fibers.
- ✓ Periosteum is supplied with numerous sensory nerve fibers and is very sensitive to any type of injury .



Surface Markings of Bones

Surface Markings of Bones			
Bone Marking	Example	Bone Marking	Example
Linear elevation		Expanded ends for articulation	
Line	Superior nuchal line of the occipital bone	Head	Head of humerus, head of femur
Ridge	The medial and lateral supracondylar ridges of the humerus	Condyle	Medial and lateral condyles of femur (knucklelike process)
Crest	The iliac crest of the hip bone	Epicondyle	Medial and lateral epicondyles of femur
Rounded elevation		Small flat area for articulation	
Tubercle	Pubic tubercle	Facet	Facet on head of rib for articulation with vertebral body
Protuberance	External occipital protuberance		
Tuberosity	Greater and lesser tuberosities of the humerus	Depressions	
Malleolus	Medial malleolus of the tibia, lateral malleolus of the fibula	Notch	Greater sciatic notch of hip bone
Trochanter	Greater and lesser trochanters of the femur	Groove or sulcus	Bicipital groove of humerus
Sharp elevation		Fossa	Olecranon fossa of humerus, acetabular fossa of hip bone
Spine or spinous process	Ischial spine, spine of vertebra	Openings	
Styloid process	Styloid process of temporal bone	Fissure	Superior orbital fissure
		Foramen	Infraorbital foramen of the maxilla
		Canal	Carotid canal of temporal bone
		Meatus	External acoustic meatus of temporal bone

Questions

Which of the followings bones is part of axial skeleton?

- A. Clavicle.
- B. Ribs.
- C. Tibia.
- D. Patella.
- E. Hip bone.

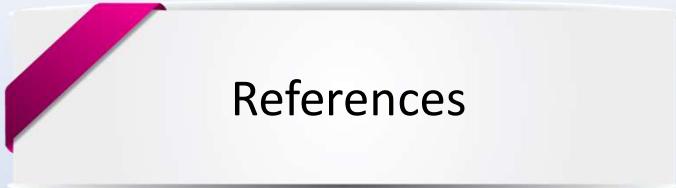
Answer: B

Questions

The shaft of long bone is called:

- A. Periosteum.
- B. Metaphysis.
- C. Epiphysis.
- D. Diaphysis.
- E. Epiphyseal cartilage.

Answer: D



References

- Drake, R., Vogl, A.W. and Mitchell, A.W., 2009. Gray's anatomy for students E-book. Elsevier Health Sciences.

Thank
you!

ربنا الغفرانى ولد والدك
والله من يمنين يوم يقون
الحسن

