



TERRACYCLE

BABY FOOD POUCH BIB



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Don't mess around, upcycle your dirty baby food pouches into a sweet new bib!

MATERIALS

- Old T-shirt
- 5-6 empty baby food pouches
- Lightweight Fusible interfacing
- Thread
- Clear tape
- 1" x 1 ½" sew-on Velcro

TOOLS

- Sewing machine
- Scissors
- Fabric marker or chalk
- Bib Pattern
- Iron
- Pins



START!

STEP 1 Cut off the tops of the baby food pouches, wash thoroughly and dry. Trim the tops neatly.



STEP 2

Overlap the pouches by about $\frac{1}{4}$ " and sew together.



DESIGN TIP:

Use clear tape to hold the pouches together while sewing instead of pins.



STEP 3

Cut T-shirt in half along side seams. Depending on the size of the T-shirt, you will probably only need one side. Iron fusible interfacing onto the back of the T-shirt.



Print and cut out the paper patterns. Trace pattern piece #1, using the fabric marker, onto the T-shirt, lining up the edge of the pattern with the hem of the T-shirt. Cut along the traced lines. Repeat for the other side. You will have 2 pieces for each pattern piece, a front and a back.



STEP 4



STEP 5

Trace pattern piece #2 onto the T-shirt and cut out. Repeat for the sewn together pouches and cut out.



STEP 6

Gather the #1 T-shirt pattern pieces. Sew the “hook” portion of the Velcro onto the marked location on the right side of the front and the “loop” portion on to the right side of the back.



STEP 7

Place pattern #1 pieces face to face and pin together, leaving bottom edge open. Stitch together using $\frac{1}{4}$ " seam allowance.



STEP 8

Trim corners and clip curves, then turn right side out. Press.

STEP 9

Place pattern #2 pieces (1 pouches, 1 T-shirt) face to face and pin together, leaving top edge open.
Stitch together using a ¼" seam allowance.



STEP 10



Clip curves, then turn right side out, creasing along edges. Press with T-shirt side up. Stitch along top edge.

STEP 11



Sandwich the lower portion of the bib (pattern piece #2) between the opening on the top portion of the bib and pin in place.
Stitch along this edge.

STEP 12



Topstitch close to edge all along the outside edge of the bib.

STEP 13



Try it out on your favorite eco-baby!

Sign up for the TerraCycle Brigades at www.terracycle.com

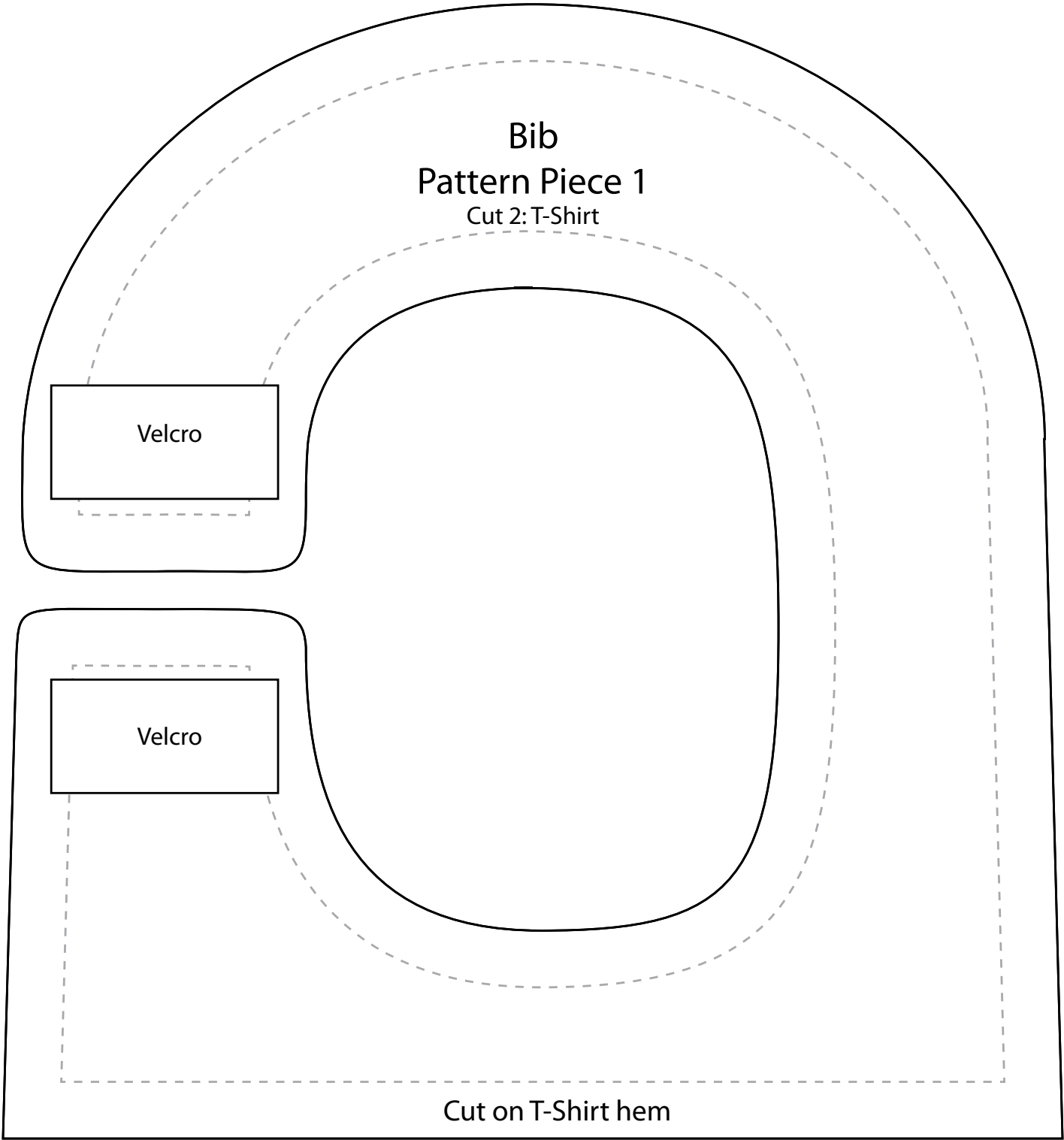
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Bib
Pattern Piece 1
Cut 2: T-Shirt

Velcro

Velcro

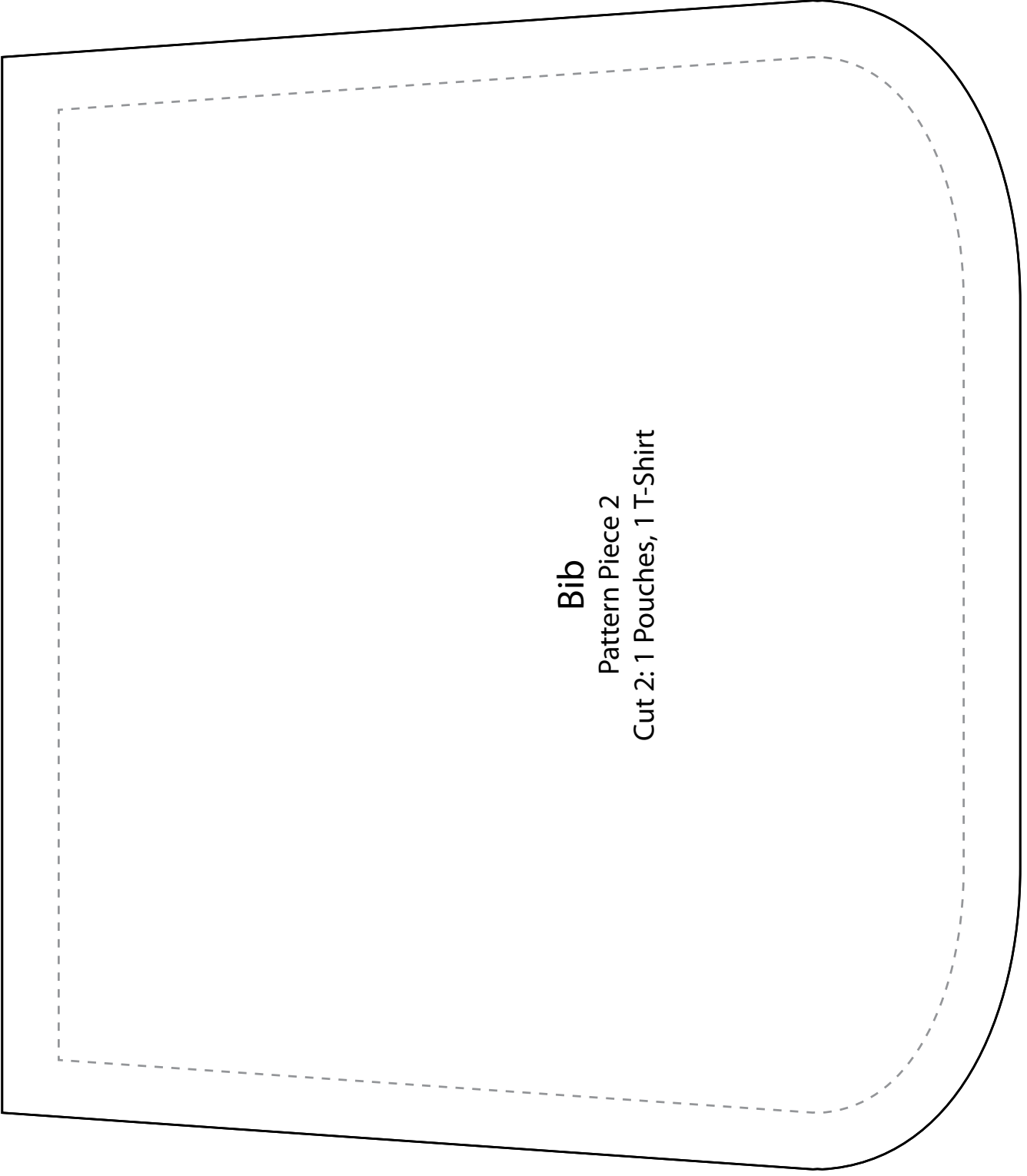
Cut on T-Shirt hem



Bib

Pattern Piece 2

Cut 2: 1 Pouches, 1 T-Shirt





CLEAN UP WITH THIS CRAFTY UPCYCLED BIB!