

Name:	BERRY, VICKIE L		Admit Date:	3/24/2025
MRN / FIN:	10502	7536590	Discharge Date:	3/24/2025
DOB / Age:	3/1/1953	72 years	Attending:	Carden NP, Kelly L
Sex / Birth Sex:	Female	Female	Copy to:	CareAware Oauth, LOGN_IN

Office Clinic Notes

Document Type:	Office Clinic Note Physician
Service Date/Time:	3/24/2025 11:49 EDT
Result Status:	Auth (Verified)

BERRY, VICKIE L

DOB: 03/01/1953
Age: 72 years
Sex: Female
MRN: 10502
Visit Date: 03/24/2025
Primary Care Physician:
Akande MD, Olusina

Chief Complaint

High BP, 150's systolic this morning. Was much higher a couple months ago when she saw the nephrologist.

History of Present Illness

Patient consented to the use of Freed to record and transcribe notes during this visit.

Pt here for follow up on hypertension. Pt is a Dr Akande pt. Pt has appt with him in 3 weeks

Hypertension: BP found high during nephrologist visit 2 months ago. Home monitoring shows elevated readings, one instance of 190/113. Pt on amlodipine 5 mg and lisinopril 40 mg. Switched back to lisinopril from olmesartan 3 weeks ago due to cough concerns. Pt did this on her own. Pt states cough never changed stopping the lisinopril. No current lightheadedness, dizziness, or headaches.

Review of Systems

all ros negative except hpi

Physical Exam

Vitals & Measurements

HR: 117 (Peripheral) **RR:** 16 **BP:** 144/92 **BP:** 150/98 (Repeat) **SpO2:** 98%
HT: 162.56 cm **WT:** 81.7 kg **BMI:** 30.92 **BSA:** 1.92

General: Alert and oriented, well nourished, no acute distress.

Neck: Supple, non-tender, , no lymphadenopathy.

Lungs: Clear to auscultation, non-labored respiration

Heart: Normal rate, regular rhythm, no murmur, gallop or edema

Abdomen: Soft, non-tender, non-distended, normal bowel sounds, no masses.

Musculoskeletal: Normal range of motion and strength, no tenderness or swelling.

Skin: Skin is warm, dry and pink, no rashes or lesions

Neurologic: Awake, alert and oriented X4, CN II-XII intact

Psychiatric: Cooperative, appropriate mood and affect

Problem List/Past Medical History

Ongoing

Aneurysm, cerebral
Asymptomatic stenosis of intracranial artery
Bilateral cataracts
Carotid stenosis
Cough
Depression with anxiety
Essential hypertension
Gastro-esophageal reflux disease without esophagitis
Hemorrhoids
History of CVA (cerebrovascular accident) without residual deficits
Hx of basal cell carcinoma
Hypothyroidism, acquired, autoimmune
Iron deficiency anemia
Keratoconus
Mixed hyperlipidemia
Other chronic pain
Prolonged grief disorder
Vertigo

Historical

Disease caused by 2019 novel coronavirus

Procedure/Surgical History

- ORIF - Open reduction and internal fixation of fracture (04/19/2022)
- Colonoscopy (12/21/2015)
- Colonoscopy (04/14/2008)

Logansport Family

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Office Clinic Notes

Assessment/Plan

1. Essential hypertension I10

Continue lisinopril 40 mg increase amlodipine 10 mg patient to monitor blood pressure over the next week we will call her next week with a log she has an appointment with Dr. Akande in a few weeks she is to keep that appointment

Ordered:

lisinopril 40 mg oral tablet, 40 mg = 1 tab, Oral, Daily, # 90 tab, 3 Refill(s), Start Date: 03/24/25 11:16:00 EDT, Pharmacy: Optum Home Delivery, 162.56, cm, 03/24/25 10:55:00 EDT, Height, 81.7, kg, 03/24/25 11:06:00 EDT, Weight Dosing

Orders:

amLODIPine 10 mg oral tablet, 10 mg = 1 tab, Oral, Daily, # 90 tab, 0 Refill(s), Start Date: 03/24/25 11:15:00 EDT, Pharmacy: Optum Home Delivery, 162.56, cm, 03/24/25 10:55:00 EDT, Height, 81.7, kg, 03/24/25 11:06:00 EDT, Weight Dosing

- Stroke
- Tonsillectomy

Medications

amLODIPine 10 mg oral tablet, 10 mg= 1 tab, Oral, Daily
clopidogrel 75 mg oral tablet, 1 tab, Oral, Daily

FeroSul 325 mg (65 mg elemental iron) oral tablet, TAKE 1 TABLET BY MOUTH EVERY OTHER DAY

levothyroxine 100 mcg (0.1 mg) oral tablet, 1 tab, Oral, Daily

lisinopril 40 mg oral tablet, 40 mg= 1 tab, Oral, Daily, 3 refills

omeprazole 40 mg oral delayed release capsule, 40 mg= 1 cap, Oral, Daily, 3 refills

pravastatin 20 mg oral tablet, 1 tab, Oral, Daily

traZODone 50 mg oral tablet, 4 tab, Oral, every day at bedtime, PRN

venlafaxine 150 mg oral capsule, extended release, 2 cap, Oral, Daily

Allergies

No Known Allergies

No Known Medication Allergies

Social History

Alcohol

Past

Electronic Cigarette/Vaping

Electronic Cigarette Use: Never.

Employment/School

Retired

Exercise

Physical Activity Intensity: Light. Sleep number of hours per night: 6. Self assessment: Fair condition.

Home/Environment

Marital Status of Patient if Patient

Independent Adult: Married.-

Comments: Children: yes 3

Nutrition/Health

Diet: Vegetarian. Wants to lose weight: Yes.

Substance Use

Never

Tobacco

Tobacco Use: Never tobacco user.

Family History

Congestive heart failure: Mother.

Fire: Child.

Healthy adult: Sister and Brother.

Hypertension: Mother and Father.

Overdose: Child.

Logansport Family**Name:** BERRY, VICKIE L

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Office Clinic Notes**Deceased Family Member(s):**

MOTHER, deceased at age: Unknown. Cause of death:

Deceased Family Member(s):

FATHER, deceased at age: Unknown. Cause of death:

Deceased Family Member(s):

CHLD_RESP, deceased at age: Unknown. Cause of death:

Deceased Family Member(s):

CHLD_RESP, deceased at age: Unknown. Cause of death:

Immunizations

Vaccine	Date	Status
influenza virus vaccine, inactivated	10/05/2022	Given
tetanus/diphth /pertuss (Tdap) adult/adol	05/13/2022	Given
Comments : Early/Late Reason: Back-charting an earlier dose		
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine	11/27/2021	Recorded
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine	03/08/2021	Recorded
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine	02/04/2021	Recorded
influenza, unspecified formulation	10/23/2015	Recorded
influenza, unspecified formulation	11/14/2014	Recorded
influenza, unspecified formulation	11/18/2013	Recorded
Novel Influenza-H1N1-09, all formulation	01/29/2010	Recorded

Electronically Signed on 03/24/2025 11:49 EDT

Carden NP, Kelly L