BERRY, VICKIE L Admin Sex: Female DOB: 03/1/1953

Continuity of Care Document

Summarization of Episode Note | 04/22/2025 to 04/22/2025

Source: Logansport Family Created: 04/23/2025

Demographics

Contact Information:

108 WESTERN AVE, LOGANSPORT, IN 469474203, US

Tel: (574)721-6940 (Primary Home)

Tel: (574)721-6940 (Mobile)

Email: Vickielynnberry@gmail.com

Previous Address(es):

--

Marital Status: Married Religion: Methodist

Race: White

Previous Name(s): --

Date of Death: //

Ethnic Group: Not Hispanic or Latino

Language: English

ID: URN:CERNER:IDENTITY-FEDERATION:REALM:46286911-5E07-45F3-B3ED-613A98A13430-

CH:PRINCIPAL:697JM7YF9UA2JP6I, 10502

Care Team

Туре	Name	Represented Organization	Address	Phone
primary care physician	Akande MD, Olusina		(Work): 1101 Michigan Ave, Logansport, IN 46947-1528, US	Tel: (574)722- 4921 (Work)

Related Persons

Relationship	Name	Address	Phone
father	BERRY, KYLE		

Document Details

Source Contact Info

1201 Michigan AveSuite 270, Logansport, IN 46947-1530, US

Tel: (574)722-4921

Author Contact Info

04/23/2025 8:31 AM

Logansport Family

Recipient Contact Info

--

Healthcare Professionals

No Data to Display

IDs & Code Type Data

Document Type ID: 2.16.840.1.113883.1.3 : POCD_HD000040

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Document Type Code: 2.16.840.1.113883.6.1, 34133-9

Document Language Code: en-US

Document Set ID: --

Document Version Number: --

Primary Encounter

Encounter Information

Registration Date: 04/22/2025 Discharge Date: 04/22/2025

Visit ID: --

Location Information

Logansport Family

(Work): 1201 Michigan Ave, Suite 270, Logansport, IN 46947-1530, US

Providers

Туре	Name	Address	Phone
Attending	Akande MD, Olusina	(Work): 1101 Michigan Ave, Logansport, IN 46947-1528, US	Tel: (574)722-4921 (Work)

Encounter

LMH FIN 7564307 Date(s): 4/22/25 - 4/22/25

Logansport Family 1201 Michigan Ave, Suite 270 Logansport, IN 46947-1530 US (574) 722-4921

Encounter Diagnosis

Depression with anxiety (Discharge Diagnosis) - 4/22/25

Insomnia (Discharge Diagnosis) - 4/22/25

Essential hypertension (Discharge Diagnosis) - 4/22/25

Discharge Disposition: Home or Self Care Attending Physician: Akande MD, Olusina

Encounter Type: Clinic

Allergies, Adverse Reactions, Alerts

No Known Allergies

Author: Carroll MAEd LAT ATC, Ryan, Express Medical Center

Last Modified: 05/4/2022 2:34 PM

Assessment and Plan

Extracted from:

Title: OV: Anxiety	Author: Akande MD, Olusina	Date: 4/22/25

1. Depression with anxiety F41.8

Assessment: Patient reports ongoing anxiety symptoms despite medication management. The patient states she is "going nuts" and feels "miserable." She has decided to seek counseling to address the mental aspects of her condition. Current medication regimen appears to be partially effective in managing symptoms.

Plan:

- Maintain current anxiety medication regimen
- Refer patient to Integrity in Kokomo for counseling with a female therapist

2. Insomnia G47.00

Assessment: Patient denies current sleep issues. She reports taking 2 trazodone, which appears to be effective in managing her sleep disorder.

Plan:

- Continue current trazodone regimen
- Monitor for any changes in sleep patterns or medication effectiveness

3. Essential hypertension I10

Assessment: Patient's blood pressure was reported as "really good today," indicating well-controlled hypertension.

Plan:

- Continue current antihypertensive regimen
- Monitor blood pressure at future visits

Follow up:

- Patient to follow up in one year for routine evaluation and management of ongoing health issues.

Author: Akande MD, Olusina, Logansport Family

Last Modified: 04/22/2025 5:00 PM

Future Appointments

Appointment Date: 04/23/2026 09:30:00 AM Scheduled Provider: Akande MD, Olusina

Location: Family Healthcare

Appointment Type: Established Patient (LMH)

Future Scheduled Tests

Laboratory:

Basic Metabolic Panel 4/29/24

Author: Akande MD, Olusina, LOGN Memorial Hospital

Last Modified: 04/29/2024 1:21 PM

Comprehensive Metabolic Panel 11/2/24

Author: Canada RN, Lori, LOGN Memorial Hospital

Last Modified: 11/2/2023 8:29 PM

Comprehensive Metabolic Panel 5/2/25

Author: Canada RN, Lori, LOGN Memorial Hospital

Last Modified: 11/2/2023 8:29 PM

Functional Status

4/22/25

Recent Travel History Author: Weaver RMA, Trista, Logansport Family Last Modified: 04/22/2025 2:17 PM	No recent travel
Family Member Travel History Author: Weaver RMA, Trista, Logansport Family Last Modified: 04/22/2025 2:17 PM	No recent travel
Other exposure to Infectious Disease Author: Weaver RMA, Trista, Logansport Family Last Modified: 04/22/2025 2:17 PM	None

Immunizations

Given and Recorded

Vaccine	Date	Status	Refusal Reason
influenza virus vaccine, inactivated Author: Roller LPN, Steph, Logansport Family Last Modified: 10/5/2022 1:51 PM	10/5/22	Given	
tetanus/diphth/pertuss (Tdap) adult/adol ¹ Author: Sholty RN, Renee, Express Medical Center Last Modified: 05/13/2022 8:44 PM	5/13/22	Given	
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine Author: Mullins CMA, Lindsey, Logansport Family Last Modified: 11/27/2021 12:00 PM	11/27/21	Recorded	
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine Author: Mullins CMA, Lindsey, Logansport Family Last Modified: 03/8/2021 12:00 PM	3/8/21	Recorded	
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine Author: Mullins CMA, Lindsey, Logansport Family Last Modified: 02/4/2021 12:00 PM	2/4/21	Recorded	
influenza, unspecified formulation Author: Akande MD, Olusina, Logansport Family Last Modified: 10/23/2015 12:00 PM	10/23/15	Recorded	
influenza, unspecified formulation Author: Akande MD, Olusina, Logansport Family Last Modified: 11/14/2014 12:00 PM	11/14/14	Recorded	
influenza, unspecified formulation Author: Akande MD, Olusina, Logansport Family Last Modified: 11/18/2013 12:00 PM	11/18/13	Recorded	

Vaccine	Date	Status	Refusal Reason
Novel Influenza-H1N1-09, all formulation	1/29/10	Recorded	
Author: Roller LPN, Steph, Logansport Family			
Last Modified: 01/29/2010 12:00 PM			

¹ Early/Late Reason: Early/Late Reason:

Back-charting an earlier dose

Author: Sholty RN, Renee, Express Medical Center

Last Modified: 05/13/2022 8:44 PM

Medications

amLODIPine 10 mg oral tablet

10 mg = 1 tab, Oral, Daily, # 90 tab, 0 Refill(s), Start Date: 3/24/25 10:15:00 AM CDT, Pharmacy: Optum Home Delivery, 162.56, cm,

03/24/25 10:55:00 EDT, Height, 81.7, kg, 03/24/25 11:06:00 EDT, Weight Dosing

Start Date: 3/24/25 Status: Ordered

Quantity: 90.0 Unit: tab Repeat number: 1

Author: Carden NP, Kelly L, Logansport Family

Last Modified: 03/24/2025 3:15 PM

clopidogrel 75 mg oral tablet

1 tab, Oral, Daily, #100 tab, 2 Refill(s), Start Date: 10/1/24 7:26:00 AM CDT, Pharmacy: Optum Home Delivery, 162.56, cm, 04/29/24

9:02:00 EDT, Height, 83, kg, 04/29/24 9:07:00 EDT, Weight Dosing

Start Date: 10/1/24 Status: Ordered

Quantity: 100.0 Unit: tab Repeat number: 1

Author: Hutsell RN, Karen, Logansport Family

Last Modified: 10/1/2024 12:26 PM

FeroSul 325 mg (65 mg elemental iron) oral tablet

TAKE 1 TABLET BY MOUTH EVERY OTHER DAY

Start Date: 9/16/20 Status: Ordered Repeat number: 1

Author: Hylton LPN, Elizabeth, Logansport Family

Last Modified: 09/16/2020 3:07 PM

hydroCHLOROthiazide 25 mg oral tablet

25 mg = 1 tab, Oral, Daily, # 30 tab, 0 Refill(s), Start Date: 4/7/25 7:19:00 AM CDT, Pharmacy: CVS/pharmacy #6534, 162.56, cm, 03/24/25

10:55:00 EDT, Height, 81.7, kg, 03/24/25 11:06:00 EDT, Weight Dosing

Start Date: 4/7/25 Status: Ordered

Quantity: 30.0 Unit: tab Repeat number: 1

Author: McKee RN, Rebecca, Logansport Family

Last Modified: 04/7/2025 12:21 PM

levothyroxine 100 mcg (0.1 mg) oral tablet

1 tab, Oral, Daily, #100 tab, 1 Refill(s), Start Date: 1/20/25 9:01:00 AM CST, Pharmacy: Optum Home Delivery, 162.56, cm, 04/29/24

9:02:00 EDT, Height, 83, kg, 04/29/24 9:07:00 EDT, Weight Dosing

Start Date: 1/20/25 Status: Ordered Quantity: 100.0 Unit: tab Repeat number: 1

Author: Mannies, Amanda, Logansport Family

Last Modified: 01/20/2025 3:01 PM

lisinopril 40 mg oral tablet

40 mg = 1 tab, Oral, Daily, # 90 tab, 3 Refill(s), Start Date: 3/24/25 10:16:00 AM CDT, Pharmacy: Optum Home Delivery, 162.56, cm,

03/24/25 10:55:00 EDT, Height, 81.7, kg, 03/24/25 11:06:00 EDT, Weight Dosing

Start Date: 3/24/25 Stop Date: 3/19/26 Status: Ordered

Quantity: 90.0 Unit: tab Repeat number: 4

Indication: Essential (primary) hypertension

Author: Carden NP, Kelly L, Logansport Family

Last Modified: 03/24/2025 3:16 PM

omeprazole 40 mg oral delayed release capsule

40 mg = 1 cap, Oral, Daily, # 90 cap, 3 Refill(s), Start Date: 10/4/21 9:35:00 AM CDT, Pharmacy: OPTUMRX MAIL SERVICE, 162.56,

10/04/21 9:24:00 EDT Start Date: 10/4/21 Stop Date: 1/2/22 Status: Ordered

Quantity: 90.0 Unit: cap Repeat number: 4

Indication: Gastro-esophageal reflux disease without esophagitis

Author: Akande MD, Olusina, Logansport Family

Last Modified: 10/4/2021 2:38 PM pravastatin 20 mg oral tablet

1 tab, Oral, Daily, # 100 tab, 1 Refill(s), Start Date: 1/20/25 9:01:00 AM CST, Pharmacy: Optum Home Delivery, 162.56, cm, 04/29/24

9:02:00 EDT, Height, 83, kg, 04/29/24 9:07:00 EDT, Weight Dosing

Start Date: 1/20/25 Status: Ordered

Quantity: 100.0 Unit: tab

Repeat number: 1

Last Modified: 01/20/2025 3:01 PM

traZODone 50 mg oral tablet

Author: Mannies, Amanda, Logansport Family

4 tab, Oral, every day at bedtime, PRNAS NEEDED FOR SLEEP, # 360 tab, 3 Refill(s), Start Date: 10/10/24 3:09:00 PM CDT, Pharmacy:

Optum Home Delivery, 162.56, cm, 04/29/24 9:02:00 EDT, Height, 83, kg, 04/29/24 9:07:00 EDT, Weight Dosing

Start Date: 10/10/24 Status: Ordered

Quantity: 360.0 Unit: tab Repeat number: 1

Author: Weaver RMA, Trista, Logansport Family

Last Modified: 10/10/2024 8:09 PM

venlafaxine 150 mg oral capsule, extended release

 $2\;cap,\;Oral,\;Daily,\;\#\;180\;cap,\;1\;Refill(s),\;Start\;Date:\;1/20/25\;9:01:00\;AM\;CST,\;Pharmacy:\;Optum\;Home\;Delivery,\;162.56,\;cm,\;04/29/24$

9:02:00 EDT, Height, 83, kg, 04/29/24 9:07:00 EDT, Weight Dosing

Start Date: 1/20/25 Status: Ordered

Quantity: 180.0 Unit: cap

Repeat number: 1

Author: Mannies, Amanda, Logansport Family

Last Modified: 01/20/2025 3:01 PM

Mental Status

No data available for this section

Problem List

Condition	Confirmation	Course	Effective Dates	Status	Health Status	Informant
Asymptomatic stenosis of intracranial artery Author: Du MD, Cheng, Logan Internists Last Modified: 08/26/2022 6:12 PM	Confirmed			Active Author: Du MD, Cheng, Logan Internists Last Modified: 08/26/2022 6:12 PM		
Hypothyroidism, acquired, autoimmune Author: Akande MD, Olusina, Logansport Family Last Modified: 10/4/2021 2:03 PM	Confirmed			Active Author: Akande MD, Olusina, Logansport Family Last Modified: 10/4/2021 2:03 PM		
Bilateral cataracts Author: Akande MD, Olusina, Logansport Family Last Modified: 11/6/2023 2:05 PM	Confirmed			Active Author: Akande MD, Olusina, Logansport Family Last Modified: 11/6/2023 2:05 PM		
Carotid stenosis Author: Du MD, Cheng, Logan Internists Last Modified: 08/26/2022 6:13 PM	Confirmed			Active Author: Du MD, Cheng, Logan Internists Last Modified: 08/26/2022 6:13 PM		
Other chronic pain Author: Cabaltea, Renalyn, LOGN Memorial Hospital Last Modified: 09/18/2020 6:41 AM	Confirmed			Active Author: Cabaltea, Renalyn, LOGN Memorial Hospital Last Modified: 09/18/2020 6:41 AM		
Essential hypertension Author: Akande MD, Olusina, Logansport Family Last Modified: 04/29/2024 1:17 PM	Confirmed			Active Author: Akande MD, Olusina, Logansport Family Last Modified: 04/29/2024 1:17 PM		
Gastro-esophageal reflux disease without esophagitis Author: Hylton LPN, Elizabeth, LOGN Memorial Hospital Last Modified: 09/16/2020 2:52 PM	Confirmed			Active Author: Hylton LPN, Elizabeth, LOGN Memorial Hospital Last Modified: 09/16/2020 2:52 PM		
Hemorrhoids Author: Akande MD, Olusina, Logansport Family Last Modified: 10/4/2021 2:31 PM	Confirmed			Active Author: Akande MD, Olusina, Logansport Family Last Modified: 10/4/2021 2:31 PM		
History of CVA (cerebrovascular accident) without residual deficits Author: Akande MD, Olusina, LOGN Memorial Hospital Last Modified: 03/24/2021 10:36 AM	Confirmed			Active Author: Akande MD, Olusina, LOGN Memorial Hospital Last Modified: 03/24/2021 10:36 AM		

Condition	Confirmation	Course	Effective Dates	Status	Health Status	Informant
Hx of basal cell carcinoma Author: Anthony MD, Alan J, LMPN Surgical Services Last Modified: 03/6/2024 1:47 PM	Confirmed			Active Author: Anthony MD, Alan J, LMPN Surgical Services Last Modified: 03/6/2024 1:47 PM		
Aneurysm, cerebral Author: Akande MD, Olusina, LOGN Memorial Hospital Last Modified: 03/24/2021 1:32 PM	Confirmed			Active Author: Akande MD, Olusina, LOGN Memorial Hospital Last Modified: 03/24/2021 1:32 PM		
Iron deficiency anemia Author: Hylton LPN, Elizabeth, LOGN Memorial Hospital Last Modified: 09/16/2020 2:53 PM	Confirmed			Active Author: Hylton LPN, Elizabeth, LOGN Memorial Hospital Last Modified: 09/16/2020 2:53 PM		
Keratoconus Author: Akande MD, Olusina, LOGN Memorial Hospital Last Modified: 03/24/2021 1:32 PM	Confirmed			Active Author: Akande MD, Olusina, LOGN Memorial Hospital Last Modified: 03/24/2021 1:32 PM		
Depression with anxiety Author: Akande MD, Olusina, Logansport Family Last Modified: 10/10/2024 11:10 PM	Confirmed			Active Author: Akande MD, Olusina, Logansport Family Last Modified: 10/10/2024 11:10 PM		
Mixed hyperlipidemia Author: Hylton LPN, Elizabeth, LOGN Memorial Hospital Last Modified: 09/16/2020 2:53 PM	Confirmed			Active Author: Hylton LPN, Elizabeth, LOGN Memorial Hospital Last Modified: 09/16/2020 2:53 PM		
Prolonged grief disorder Author: Akande MD, Olusina, Logansport Family Last Modified: 11/6/2023 2:04 PM	Confirmed			Active Author: Akande MD, Olusina, Logansport Family Last Modified: 11/6/2023 2:04 PM		
Vertigo Author: Akande MD, Olusina, Logansport Family Last Modified: 11/6/2023 2:05 PM	Confirmed			Active Author: Akande MD, Olusina, Logansport Family Last Modified: 11/6/2023 2:05 PM		

Procedures

Procedure	Date	Related Diagnosis	Body Site	Status
ORIF - Open reduction and internal fixation of fracture Author: Carroll MAEd LAT ATC, Ryan, Orthopedics Last Modified: 05/4/2022 2:35 PM	4/19/22			Completed
Colonoscopy Author: Schaller RN, Leanne, Logansport Family Last Modified: 12/4/2024 7:53 PM	12/21/15			Completed
Colonoscopy Author: Hylton LPN, Elizabeth, Logansport Family Last Modified: 09/16/2020 2:55 PM	4/14/08			Completed

Procedure	Date	Related Diagnosis	Body Site	Status
Stroke ¹ Author: Hylton LPN, Elizabeth, Logansport Family Last Modified: 09/16/2020 2:55 PM				Completed
Tonsillectomy Author: Hylton LPN, Elizabeth, Logansport Family Last Modified: 09/16/2020 2:55 PM				Completed

¹01/2016

Author: Hylton LPN, Elizabeth, Logansport Family

Last Modified: 09/16/2020 2:55 PM

Results

No data available for this section

Vital Signs

Most recent to oldest [Reference Range]:	1		
Temperature Temporal Artery [36-38 Deg C]	35.6 Deg C		
	LOW		
	(4/22/25 10:08 AM)		
	Author: Weaver RMA, Trista, Logansport Family		
	Last Modified: 04/22/2025 2:17 PM		
Peripheral Pulse Rate [60-100 bpm]	70 bpm		
	(4/22/25 10:08 AM)		
	Author: Weaver RMA, Trista, Logansport Family		
	Last Modified: 04/22/2025 2:17 PM		
Respiratory Rate [12-24 br/min]	16 br/min		
	(4/22/25 10:08 AM)		
	Author: Weaver RMA, Trista, Logansport Family		
	Last Modified: 04/22/2025 2:17 PM		
Blood Pressure [90-120/60-80 mmHg]	102/83 mmHg		
	(4/22/25 10:08 AM)		
	Author: Weaver RMA, Trista, Logansport Family		
	Last Modified: 04/22/2025 2:17 PM		
	Author: Weaver RMA, Trista, Logansport Family		
	Last Modified: 04/22/2025 2:17 PM		
SpO2 [94 %]	96 %		
	(4/22/25 10:08 AM)		
	Author: Weaver RMA, Trista, Logansport Family		
	Last Modified: 04/22/2025 2:17 PM		
Weight	82.3 kg		
	(4/22/25 10:08 AM)		
	Author: Weaver RMA, Trista, Logansport Family		
	Last Modified: 04/22/2025 2:17 PM		
Weight Dosing	82.300 kg		
	(4/22/25 10:08 AM)		
	Author: Logansport Family		
	Last Modified: 04/22/2025 2:17 PM		

Most recent to oldest [Reference Range]:	1				
Ideal Body Weight Calculated	54.7 kg				
	(4/22/25 10:08 AM)				
	Author: Weaver RMA, Trista, Logansport Family				
	Last Modified: 04/22/2025 2:17 PM				
Height	162.56 cm				
	(4/22/25 10:08 AM)				
	Author: Weaver RMA, Trista, Logansport Family				
	Last Modified: 04/22/2025 2:17 PM				
BSA Measured	1.93 m2				
	(4/22/25 10:08 AM)				
	Author: Weaver RMA, Trista, Logansport Family				
	Last Modified: 04/22/2025 2:17 PM				
Body Mass Index	31.14 kg/m2				
	(4/22/25 10:08 AM)				
	Author: Weaver RMA, Trista, Logansport Family				
	Last Modified: 04/22/2025 2:17 PM				
Height/Length Measured-inches	64 inch				
	(4/22/25 10:08 AM)				
	Author: Weaver RMA, Trista, Logansport Family				
	Last Modified: 04/22/2025 2:17 PM				
Weight Measured-lbs	181.44 lb				
	(4/22/25 10:08 AM)				
	Author: Weaver RMA, Trista, Logansport Family				
	Last Modified: 04/22/2025 2:17 PM				

Social History

Social History Type	Response
Tobacco	Tobacco Use: Never tobacco user. Author: Weaver RMA, Trista Last Modified: 10/8/2024 8:47 AM
Birth Sex Author: LOGN Memorial Hospital Last Modified: 04/22/2025 2:09 PM	Female
Sex Representation Author: LOGN Memorial Hospital Last Modified: 04/22/2025 2:09 PM	Female (finding)

Health Concerns

No data available for this section

Implantable Device List

Procedure						Provider	Procedure Date	Device Type	Site
Open treatment of fracture, great toe, phalanx or phalanges, includes internal fixation,						Varhan MD,	4/19/22	Unknown	Toe Big
when performed					Kral			R	
Author: Memorial Hospital									
Last Modified: 04/21/2022 7:35 PM									
Dovico	Sorial	Lot or Batch	Manufacturing	Evniration	Distinct Ident	ification MDI	Implantak	olo Assig	nina

Device	Serial	Lot or Batch	Manufacturing	Expiration	Distinct Identification	MRI	Implantable	Assigning
Identifier	Number	Number	Date	Date	Code	Safety	Status	Authority
Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Active	Unknown

Procedure				Provider			Procedure Date		Device Type	Site
Open Reduction Internal Fixation Malleol			Varhan MD, Kral		4/19/22		Unknown	Fibula R		
Device Identifier	Serial Number	Lot or Batch Number	Manufacturing Date	g Exp	iration	Distinc Code	t Identification	MRI Safety	Implantable Status	Assigning Authority
Unknown	Unknown	Unknown	Unknown	Unkr	iown	Unknow	/n	Unknown	Active	Unknown

Procedure				Provider		Procedure Date		Device Type	Site
Open Reduction Internal Fixation Malleol			Varhan MD, Kral		4/19/22		Unknown	Fibula R	
Device Identifier	Serial Number	Lot or Batch Number	Manufacturino Date	g Expiration Date	Distinc	t Identification	MRI Safety	Implantable Status	Assigning Authority
Unknown	Unknown	Unknown	Unknown	Unknown	Unknov	vn	Unknown	Active	Unknown

Procedure		Provider		Procedure Date		Device Type	Site		
Open Reduction Internal Fixation Malleol			Varhan MD, Kral		4/19/22		Unknown	Fibula R	
Device Identifier	Serial Number	Lot or Batch Number	Manufacturing Date	g Expiration Date	Distinc	t Identification	MRI Safety	Implantable Status	Assigning Authority
Unknown	Unknown	Unknown	Unknown	Unknown	Unknov	vn	Unknown	Active	Unknown

Procedure	Provider	Procedure Date	Device Type	Site
Open Reduction Internal Fixation Malleol	Varhan MD, Kral	4/19/22	Unknown	Fibula R
Author: Memorial Hospital				
Last Modified: 04/21/2022 7:35 PM				

Device	Serial	Lot or Batch	Manufacturing	Expiration	Distinct Identification	MRI	Implantable	Assigning
Identifier	Number	Number	Date	Date	Code	Safety	Status	Authority
Unknown	Unknown	279P966	Unknown	6/30/31	Unknown	Unknown	Active	Unknown

Hospital Discharge Instructions

Goals

No data available for this section

Reason for Referral

No data available for this section

Hospital Course

No data available for this section

Physician Outpatient Note

Akande MD, Olusina: PERFORM

Event Display: Office Clinic Note Physician Authored Date: 20250422130023-0400

BERRY, VICKIE L DOB:03/01/1953

Age:72 years Sex:Female MRN:10502

Registration Date:04/22/2025 Primary Care Physician: Akande MD, Olusina

Chief Complaint
6 month follow up
discuss increasing anxiety medication and referral for counceling
History of Present Illness
Patient consented to the use of Freed to record and transcribe notes during this visit.

Vickie Berry, a 72-year-old female, presents for a six-month follow-up, primarily concerned about worsening anxiety. She reports feeling "miserable" and states she's "going nuts" due to her anxiety symptoms.

The patient describes that while her current medication helps with some symptoms, she continues to struggle with the "mental stuff." In an effort to address these ongoing issues, she has decided to seek counseling. She expresses a preference for a female therapist and mentions hearing positive things about Integrity in Kokomo.

Ms. Berry reports that her blood pressure was "really good today," suggesting an improvement in her cardiovascular health. She also notes changes in her foot size, stating that she used to wear size eight-and-a-half shoes but now wears seven-and-a-half. She questions the cause of this change,

wondering if it's possible for feet to shrink or if shoe sizes are changing.

The patient acknowledges weight gain and expresses an intention to start walking for exercise. However, she reports getting out of breath easily, which concerns her children who advise her to slow down. This shortness of breath is impacting her ability to increase her physical activity.

Overall, Ms. Berry appears to be struggling with anxiety management despite medication, experiencing changes in her physical health including weight gain and shortness of breath, and is actively seeking additional mental health support through counseling.

Review of Systems

- General: Patient reports feeling miserable and anxious. She gets out of breath easily.
- HEENT: No recent visual problems, ear pain, nasal congestion, or sore throat.
- Respiratory: Patient reports getting out of breath easily.
- Cardiovascular: No chest pain, palpitations, or syncope.
- Gastrointestinal: No nausea, vomiting, or diarrhea.
- Genitourinary: No hematuria or burning with urination.
- Hema/Lymph: No reported increased bruising or swollen lymph nodes.
- Endocrine: No report of excessive thirst or hunger.
- Musculoskeletal: Patient reports her feet have shrunk in size.
- Skin: No rash, pruritus, or abrasions.
- Neurologic: Alert and oriented x 4.
- Psychiatric: Patient reports severe anxiety and feeling miserable. She has decided to go to counseling and is taking medication for anxiety symptoms.

Physical Exam

Vitals & Measurements

T: 35.6 °C (Temporal Artery) HR: 70 (Peripheral) RR: 16 BP: 102/83 SpO2: 96%

HT: 162.56 cm WT: 82.3 kg BMI: 31.14 BSA: 1.93

- General: No acute distress.
- HEENT: Normocephalic, atraumatic, anicteric, and hearing is grossly intact.
- CV: No LE edema.
- Pulm: No signs of respiratory distress.
- GI: Non-distended with no apparent masses or pulsations.
- MSK: Extremities appear atraumatic w/o deformity, normal bulk and tone, no clubbing or cyanosis.
- Skin: Skin appears dry and intact without rashes or lesions.
- Neuro: A&O, normal speech, CN II XII grossly intact, no gross motor abnormalities.
- Psych: Appropriate mood/affect, normal judgment/insight, no hallucinations, no SI/HI noted.

Depression Screening

Depression Screen

PHQ 2

PHO₉

Little Interest - Pleasure in Activities: Nearly every day

Trouble Falling or Staying Asleep: Not at all

Feeling Down, Depressed, Hopeless: Several days

Feeling Tired or Little Energy: Nearly every day

Initial Depression Screen Score: 4 Score

Poor Appetite or Overeating: Nearly every day

Feeling Bad About Yourself: Not at all

Trouble Concentrating: Nearly every day

Moving or Speaking Slowly: Nearly every day

Thoughts Better Off Dead or Hurting Self: Not at all

Detailed Depression Screen Score: 12

Total Depression Screen Score: 16

Assessment/Plan

1. Depression with anxiety F41.8

Assessment: Patient reports ongoing anxiety symptoms despite medication management. The patient states she is "going nuts" and feels "miserable." She has decided to seek counseling to address the mental aspects of her condition. Current medication regimen appears to be partially effective in managing symptoms.

Plan:

- Maintain current anxiety medication regimen
- Refer patient to Integrity in Kokomo for counseling with a female therapist
- 2. Insomnia G47.00

Assessment: Patient denies current sleep issues. She reports taking 2 trazodone, which appears to be effective in managing her sleep disorder.

Plan:

- Continue current trazodone regimen
- Monitor for any changes in sleep patterns or medication effectiveness
- 3. Essential hypertension I10

Assessment: Patient's blood pressure was reported as "really good today," indicating well-controlled hypertension.

Plan:

- Continue current antihypertensive regimen
- Monitor blood pressure at future visits

Follow up:

- Patient to follow up in one year for routine evaluation and management of ongoing health issues.

Referral Orders

Referral Management, Medical Service: RM Mental Health, Outpatient, Reason: anxiety, Refer To: Provider Not Specified, Integrity Family Counseling, 417 Arnold CT, Kokomo, IN 46902., Start:

04/22/25 12:57:00 EDT, Depression with anxiety

Problem List/Past Medical History

Ongoing

Aneurysm, cerebral

Asymptomatic stenosis of intracranial artery

Bilateral cataracts

Carotid stenosis

Depression with anxiety

Essential hypertension

Gastro-esophageal reflux disease without esophagitis

Hemorrhoids

History of CVA (cerebrovascular accident) without residual deficits

Hx of basal cell carcinoma

Hypothyroidism, acquired, autoimmune

Iron deficiency anemia

Keratoconus

Mixed hyperlipidemia

Other chronic pain

Prolonged grief disorder

Vertigo

Historical

Disease caused by 2019 novel coronavirus

Procedure/Surgical History

•ORIF - Open reduction and internal fixation of fracture (04/19/2022)•Colonoscopy

(12/21/2015) • Colonoscopy (04/14/2008) • Stroke • Tonsillectomy

Medications

amLODIPine 10 mg oral tablet, 10 mg= 1 tab, Oral, Daily

clopidogrel 75 mg oral tablet, 1 tab, Oral, Daily

FeroSul 325 mg (65 mg elemental iron) oral tablet, TAKE 1 TABLET BY MOUTH EVERY OTHER DAY

hydroCHLOROthiazide 25 mg oral tablet, 25 mg= 1 tab, Oral, Daily

levothyroxine 100 mcg (0.1 mg) oral tablet, 1 tab, Oral, Daily

lisinopril 40 mg oral tablet, 40 mg= 1 tab, Oral, Daily, 3 refills

omeprazole 40 mg oral delayed release capsule, 40 mg= 1 cap, Oral, Daily, 3 refills

pravastatin 20 mg oral tablet, 1 tab, Oral, Daily

traZODone 50 mg oral tablet, 4 tab, Oral, every day at bedtime, PRN

venlafaxine 150 mg oral capsule, extended release, 2 cap, Oral, Daily

Allergies

No Known Allergies

No Known Medication Allergies

Social History

Alcohol

Past

Electronic Cigarette/Vaping

Electronic Cigarette Use: Never.

Employment/School

Retired

Exercise

Physical Activity Intensity: Light. Sleep number of hours per night: 6. Self assessment: Fair condition.

Home/Environment

Marital Status of Patient if Patient Independent Adult: Married.- Comments: Children: yes 3

Nutrition/Health

Diet: Vegetarian. Wants to lose weight: Yes.

Substance Use

Never

Tobacco

Tobacco Use: Never tobacco user.

Family History

Congestive heart failure: Mother.

Fire: Child.

Healthy adult: Sister and Brother. Hypertension: Mother and Father.

Overdose: Child.

Deceased Family Member(s):

MOTHER, deceased at age: Unknown. Cause of death:

Deceased Family Member(s):

FATHER, deceased at age: Unknown. Cause of death:

Deceased Family Member(s):

CHLD RESP, deceased at age: Unknown. Cause of death:

Deceased Family Member(s):

CHLD_RESP, deceased at age: Unknown. Cause of death:

Immunizations

Vaccine Date Status influenza virus vaccine, inactivated 10/05/2022 Given tetanus/diphth/pertuss (Tdap) adult/adol 05/13/2022 Given

Comments:

Early/Late Reason:

Back-charting an earlier dose

SARS-CoV-2 (COVID-19) mRNA-1273 vaccine 11/27/2021 Recorded

SARS-CoV-2 (COVID-19) mRNA-1273 vaccine 03/08/2021 Recorded

SARS-CoV-2 (COVID-19) mRNA-1273 vaccine 02/04/2021 Recorded

influenza, unspecified formulation 10/23/2015 Recorded

influenza, unspecified formulation 11/14/2014 Recorded

influenza, unspecified formulation 11/18/2013 Recorded

Novel Influenza-H1N1-09, all formulation 01/29/2010 Recorded

Health Maintenance

Pending (in the next year)

OverDue

Aspirin Therapy for Prevention of CVD due 09/16/21 and every 1 years

Adult Wellness Exam due 10/04/22 and every 1 years

Annual Wellness Visit (Medicare) due 10/04/22 and every 1 years

Alcohol Use Screening due 04/19/23 and every 1 years

Bone Density Screening due 07/20/24 and every 2 years

Due

Glaucoma Screening due 04/22/25 and every 1 years

Hepatitis C Screening due 04/22/25 One-time only

Initial Preventative Physical Examination (Medicare) due 04/22/25 One-time only

Near Due

Fall Risk Screening near due 04/29/25 and every 1 years

Due In Future

Influenza Vaccine not due until 09/02/25 and every 1 years

Colorectal Cancer Screening not due until 11/01/25 and every 10 years

Satisfied (in the past 1 year)

Satisfied

Body Mass Index on 04/22/25. Satisfied by Weaver RMA, Trista

Breast Cancer Screening on 08/19/24. Satisfied by Rogers, Desire

Depression Screening on 04/22/25. Satisfied by Weaver RMA, Trista

Fall Risk Screening on 04/29/24. Satisfied by Canada RN, Lori

High Blood Pressure Screening on 04/22/25. Satisfied by Weaver RMA, Trista

Electronically Signed on 04/22/2025 13:00 EDT

Akande MD, Olusina

Author: Akande MD, Olusina, Logansport Family

Last Modified: 04/22/2025 5:00 PM

Patient Care team information

Care Team Personnel

Name: Akande MD, Olusina

Position: Physician

Member Role: Primary Care Physician

Address: 1101 Michigan Ave Logansport, IN 46947-1528 US Telecom: (574) 722-4921

Author: LOGN Memorial Hospital Last Modified: 10/8/2021 3:44 PM

Care Team Related Persons

Name: BERRY, KYLE

Author: LOGN Memorial Hospital Last Modified: 03/24/2021 12:36 PM

Family History

No data available for this section

Insurance Providers

Guarantor name: VICKIE L BERRY

Health Plan Information #: 1

Payer: MCR Medicare AARP Complete

Member Number: 922228691

Policy Number: NA Group Number: 90782

Payer Identifier: CERN216006

Health Plan Information #: 2

Payer: MCR Medicare AARP Complete

Member Number: 922228691

Policy Number: NA Group Number: NA

Payer Identifier: CERN216006