

1201 Michigan Ave, Suite 270 Logansport, IN 46947-1530 (574) 722-4921

Name: BERRY, VICKIE L

3/8/2022 6475043 MRN / FIN: 10502 Discharge Date: 3/8/2022

DOB / Age: 3/1/1953 72 years Attending: Cover NP, Brianna

Sex / Birth Sex: Female Female Copy to: CareAware Oauth,LOGN_IN

Office Clinic Notes

Document Type: Service Date/Time: **Result Status:**

Office Clinic Note Physician 3/8/2022 17:14 EST Modified

Admit Date:

BERRY, VICKIE L

DOB: 03/01/1953 Age: 69 years Female Sex: **MRN:** 10502

Registration Date: 03/08/2022

Primary Care Physician: Akande MD, Olusina

Chief Complaint

frequency of urination, hurts to urinate, had some pink coloring to toliet paper when she wiped, no fevers, symptoms started a couple of days ago

History of Present Illness

Patient is here with concern of possible UTI. States that she has had symptoms of dysuria and frequency for the past 3 days. She states that she called the office because she did notice that she had a pinkish discoloration on toilet paper when she wiped but no visible blood in her urine. She has had some lower back pain that is a little bit worse than her normal lower back pain but it does not seem to be on one side versus another. Patient denies fever, nausea, vomiting, diarrhea.

UA performed in office was positive for blood and leukocytes. I will treat patient for UTI based on this and patient symptoms. Vital signs reviewed in office and they are within normal limits. Patient has no further questions today.

Review of Systems

Constitutional--Negative Except HPI Skin--Negative Except HPI Eye--Negative Except HPI **ENT--Negative Except HPI** Respiratory--Negative Except HPI Cardiovascular--Negative Except HPI Gastrointestinal--Negative Except HPI Genitourinary--Negative Except HPI Musculoskeletal--Negative Except HPI Neurologic--Negative Except HPI

Physical Exam

Vitals & Measurements

T: 36.9 °C (Oral) HR: 90(Apical) RR: 16 BP: 132/88 SpO2: 98%

HT: 162.56 cm WT: 80.7 kg BMI: 31

Problem List/Past Medical History

Ongoing

Aneurysm, cerebral Constipation, unspecified Depression with anxiety Disease caused by 2019 novel

coronavirus

Essential hypertension

Gastro-esophageal reflux disease

without esophagitis

Hemorrhoids

History of colon polyps

History of CVA (cerebrovascular accident) without residual deficits

Hypothyroidism, acquired, autoimmune

Iron deficiency anemia

Keratoconus

Medicare annual wellness visit,

subsequent

Mixed hyperlipidemia

Other chronic pain

Historical

No qualifying data

Procedure/Surgical History

- Colonoscopy (04/14/2008)
- Stroke
- Tonsillectomy

Medications

amLODIPine 5 mg oral tablet, 5 mg= 1 tab, Oral, Daily, 4 refills

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Office Clinic Notes

General: Alert and oriented, well nourished, well-appearing, no acute distress. Eye: PERRL, EOMI, normal conjunctiva.

HENT: Normocephalic, clear tympanic membranes, normal hearing, moist oral mucosa, no scleral icterus, no sinus tenderness.

Neck: Supple, non-tender, no carotid bruits, no JVD, no lymphadenopathy.

Lungs: Clear to auscultation, non-labored respiration.

Heart: Normal rate, regular rhythm, no murmur, gallop or edema.

Abdomen: Soft, non-tender, non-distended, active bowel sounds, no masses.

Musculoskeletal: Normal range of motion and strength, no tenderness or swelling.

Skin: Skin is warm, dry and pink, no rashes or lesions.

Neurologic: Awake, alert and oriented X4, CN II-XII intact.

Psychiatric: Cooperative, appropriate mood and affect.

Assessment/Plan

1. Urinary tract infection N39.0

UA performed in office and results listed in HPI. Urine will be sent for culture and patient will be called with culture results if they indicate that antibiotic may need to be ineffective. Bactrim DS ordered for patient to take twice daily x5 days. I also ordered Pyridium for patient's complaint of dysuria. Patient encouraged to push fluids, specifically water, and to take antibiotic as directed until completed. Patient advised that if she starts running fever, lower back pain worsens or seems to be one-sided versus another, or if she starts vomiting uncontrollably, then she needs to be seen. Advised patient on side effect profile of antibiotic as well as Pyridium. Patient verbalized understanding about all and has no further questions today.

Ordered:

Bactrim DS 800 mg-160 mg oral tablet, 1 tab, Oral, every 12 hr, # 10 tab, 0 Refill(s), Pharmacy: CVS/pharmacy #6534, 162.56, cm, 03/08/22 14:53:00 EST, Height

Dysuria R30.0

See above

Ordered:

Bactrim DS 800 mg-160 mg oral tablet, 1 tab, Oral, every 12 hr, # 10 tab, 0 Refill(s), Pharmacy: CVS/pharmacy #6534, 162.56, cm, 03/08/22 14:53:00 EST, Height

Orders:

Pyridium 100 mg oral tablet, 100 mg = 1 tab, Oral, TID, # 6 tab, 0 Refill(s), Start Date: 03/08/22 15:14:00 EST, Pharmacy: CVS/pharmacy #6534, 162.56, cm, 03/08/22 14:53:00 EST, Height

Urine Culture Comprehensive LC, Urine, Routine Collect, 03/08/22 15:16:00 EST, Once, Nurse collect, Print Label, Other abnormal findings in urine

Follow Up Instructions

No qualifying data available

aspirin 81 mg oral tablet, 81 mg= 1 tab, Oral, Daily

Bactrim DS 800 mg-160 mg oral tablet, 1 tab, Oral, every 12 hr

clopidogrel 75 mg oral tablet, 1 tab, Oral, Daily

FeroSul 325 mg (65 mg elemental iron) oral tablet, TAKE 1 TABLET BY MOUTH EVERY . OTHER DAY

levothyroxine 100 mcg (0.1 mg) oral tablet, 1 tab, Oral, Daily

lisinopril 40 mg oral tablet, 1 tab, Oral, Daily omeprazole 40 mg oral delayed release capsule, 40 mg= 1 cap, Oral, Daily, 3 refills pravastatin 20 mg oral tablet, 1 tab, Oral, Daily

Pyridium 100 mg oral tablet, 100 mg= 1 tab, Oral, TID

traZODone 50 mg oral tablet, 4 tab, Oral, every day at bedtime, PRN

venlafaxine 150 mg oral capsule, extended release, 300 mg= 2 cap, Oral, Daily, 1 refills

Allergies

No Known Allergies
No Known Medication Allergies

Social History

<u>Alcohol</u>

Past

<u>Electronic Cigarette/Vaping</u> Electronic Cigarette Use: Never.

Employment/School

Work/School description: home health aide.

Exercise

Physical Activity Intensity: Light. Sleep number of hours per night: 6. Self assessment: Fair condition.

Home/Environment

Marital Status of Patient if Patient Independent Adult: Married.-Comments: Children: yes 3

Nutrition/Health

Diet: Vegetarian. Wants to lose weight: Yes.

Substance Use

Never

Tobacco

Tobacco Use: Are you a: nonsmoker. Exposure to Secondhand Smoke: No. Smokeless Tobacco Use: Never.

Family History

Congestive heart failure: Mother. Fire: Child.

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Office Clinic Notes

Healthy adult: Sister and Brother. Hypertension: Mother and Father. Overdose: Child.

Immunizations

Vaccine	Date	Status
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine	11/27/2021	Recorded
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine	03/08/2021	Recorded
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine	02/04/2021	Recorded
influenza, unspecified formulation	10/23/2015	Recorded
influenza, unspecified formulation	11/14/2014	Recorded
influenza, unspecified formulation	11/18/2013	Recorded

Lab Results

Test Name	Test Result	Date/Time
Urine Color Urine Dipstick	Yellow	03/08/2022 15:25 EST
Urine Appearance Urine Dipstick	Cloudy	03/08/2022 15:25 EST
pH Urine Dipstick	5.5	03/08/2022 15:25 EST
Specific Gravity Urine Dipstick	1.020	03/08/2022 15:25 EST
Bilirubin Urine Dipstick	Negative	03/08/2022 15:25 EST
Blood Urine Dipstick	Moderate	03/08/2022 15:25 EST
Urobilinogen Urine Dipstick	1 mg/dl	03/08/2022 15:25 EST
Leukocytes Urine Dipstick	Large	03/08/2022 15:25 EST
Protein Urine Dipstick	Negative	03/08/2022 15:25 EST
Glucose Urine Dipstick	Negative	03/08/2022 15:25 EST
Ketones Urine Dipstick	Negative	03/08/2022 15:25 EST

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Test Name	Test Result	Date/Time
Nitrite Urine Dipstick	Negative	03/08/2022 15:25 EST

Electronically Signed on 03/08/22 05:14 PM

Cover NP, Brianna

Electronically Signed on 03/08/22 05:15 PM

Cover NP, Brianna

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