

Name:	BERRY, VICKIE L		Admit Date:	9/16/2020
MRN / FIN:	10502	6045597	Discharge Date:	9/16/2020
DOB / Age:	3/1/1953	72 years	Attending:	Akande MD,Olusina
Sex / Birth Sex:	Female	Female	Copy to:	CareAware Oauth,LOGN_IN

Office Clinic Notes

Document Type:	Office Clinic Note Physician
Service Date/Time:	9/16/2020 17:36 EDT
Result Status:	Auth (Verified)

BERRY, VICKIE L

DOB: 03/01/1953
Age: 67 years
Sex: Female
MRN: 10502
Registration Date: 09/16/2020
Primary Care Physician:
Akande MD, Olusina

Chief Complaint

Patient is here today to establish care. Left ear pain/crackling sound-intermittent. Achy feeling in the left arm.

History of Present Illness Medicare Annual Wellness Visit

Health Risk Assessment	Primary Pain Location	Fall Risk Assessment	Bothered by any problems (past 4 weeks)?
Ability to shop w/out help: Yes	Primary Pain Location: Buttock	Fall Risk Past Year: No	Problem using the telephone: Never
Able to walk without help?: Yes		Someone Helps You in the Morning: No	Sexual problems: Never
Assistance with personal care?: No		Use a Cane or Walker?: No	Teeth or denture problems: Never
Confident you control health problems: Very confident		Worried About Falling: No	Trouble eating well: Never
Difficulties driving your car?: No			
General health rating: Excellent			
Handle money without help: Yes			
Hazards in your house?: No			
Housework without help?: Yes			
Overall mood for past four weeks: Very well			
Past 2 weeks: down, depressed, hopeless?: No			
Past 2 weeks: lose interest or pleasure?: No			
Physical and emotional health limited: Not at all			

Problem List/Past Medical History Ongoing

Breast cancer screening
Depression with anxiety
Essential hypertension
Gastro-esophageal reflux disease without esophagitis
Hypercholesterolemia
Hypothyroidism (acquired)
Insomnia
Iron deficiency anemia
Mixed hyperlipidemia
Restless leg syndrome
Sleep apnea
Stroke

Historical

No qualifying data

Procedure/Surgical History

- Colonoscopy (04/14/2008)
- Stroke
- Tonsillectomy

Medications

amlodipine 5 mg tablet, TAKE ONE TABLET BY MOUTH ONCE DAILY, **Not taking**
aspirin 81 mg oral tablet, 81 mg= 1 tab, Oral, Daily
clopidogrel 75 mg oral tablet, TAKE ONE TABLET BY MOUTH ONCE DAILY
famotidine 20 mg oral tablet, TAKE ONE TABLET BY MOUTH TWICE DAILY AS NEEDED FOR ACID REFLUX. Contact Northwind Pharmacy to Refill

Logansport Family

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Prepare your own meals?:

Yes

Someone avail. to help if needed?: Yes, as much as I wanted

Trouble taking meds correctly?: No

Medicare Annual Wellness

Hospitalizations in the past year: None

Year of last dental exam: Has dentures

Year of last eye exam: < 1 yr

Current physicians:

Falls in last year: None

Diet: Regular, no restrictions

Physical Activity: Walks about 2 miles a day

Issues with hearing in the last year: States that she has had some pain in her left ear with crackling however this has since resolved. Has not noticed any residual effects on her hearing.

End-of-life planning:

Advanced directives are not in place.

Spiritual beliefs affecting care: None

Overall health goals in the next 3 months: Weight loss

Cancer screening

AAA screening (65-75 w/ smoking): N/A

Colon Ca (50-75; 40 w/ FDR or 10 yr before): Scheduled

Lung Ca (55-80 smoker, 30 pk yrs, or quit in 15 yrs): N/A

Skin Ca (50 w/ > 25 nevi, family history, immunosuppression refer): N/A

Pap (21-29 cytology q3, 30-65 hrHPV or cotesting q5): N/A

History of breast cancer, ductal carcinoma, lobar carcinoma: No

History of radiation therapy to the chest: No

History of BRCA 1 or 2: No

History of gene mutation associated with breast cancer: No

Mammogram (50-75; 40 w/ increased risk): Due

Hepatitis B/C screening

Born between 46-66: No

Born in the US: Yes

Parents born in the US: Yes

Vaccines

Tdap: Due

Influenza (October - April): Up-to-date

Zoster (> 60): Up-to-date 2019

Pneumonia (> 65, DM/COPD/asthma/CHF): Due

FeroSul 325 mg (65 mg elemental iron) oral tablet, TAKE 1 TABLET BY MOUTH EVERY OTHER DAY

levothyroxine 100 mcg (0.1 mg) oral tablet, TAKE 1 TABLET BY MOUTH EVERY OTHER DAY PRIOR TO BREAKFAST ON AN EMPTY STOMACH

Lisinopril 40mg Tablet, TAKE ONE TABLET BY MOUTH DAILY

pravastatin 20 mg oral tablet, TAKE ONE TABLET BY MOUTH ONCE DAILY

ranITidine 150 mg oral capsule, 150 mg= 1 cap, Oral, BID

sucralfate 1 g oral tablet, TAKE 1 TABLET BY MOUTH BEFORE MEAL(S) AND AT BEDTIME FOR 30 DAYS

traZODone 50 mg oral tablet, TAKE 4 TABLETS BY MOUTH EVERY DAY AT BEDTIME AS NEEDED FOR SLEEP

venlafaxine 150 mg oral capsule, extended release, TAKE TWO CAPSULES BY MOUTH EVERY DAY

Allergies

No Known Medication Allergies

Social History

Electronic Cigarette/Vaping

Electronic Cigarette Use: Never.

Tobacco

Tobacco Use: Never (less than 100 in lifetime). Exposure to Secondhand Smoke: No. Smokeless Tobacco Use: Never.

Family History

Congestive heart failure: Mother.

Healthy adult: Sister and Brother.

Hypertension: Mother and Father.

Immunizations

Vaccine	Date	Status
influenza, unspecified formulation	10/23/2015	Recorded
influenza, unspecified formulation	11/14/2014	Recorded
influenza, unspecified formulation	11/18/2013	Recorded

Health Maintenance

Pending (in the next year)

OverDue

Colon Cancer Screening due 04/14/18 and every 10 years
Due

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Functional Ability and Level of Safety:

See intake for ADLs, fall risk, hearing impairment, home safety, and functional capacity.

There are no concerning findings.

Potential Risk Factors for Depression and Other Mood Disorders:

See intake. There are no concerning findings.

Review of Systems

Constitutional: No fevers, chills, sweats

Eye: No recent visual problems

ENT: No ear pain, nasal congestion, sore throat

Respiratory: No shortness of breath, cough

Cardiovascular: No Chest pain, palpitations, syncope

Gastrointestinal: No nausea, vomiting, diarrhea

Genitourinary: No hematuria

Hema/Lymph: Negative for bruising tendency, swollen lymph glands

Endocrine: Negative for excessive thirst, excessive hunger

Musculoskeletal: No back pain, neck pain, joint pain, muscle pain, decreased range of motion

Integumentary: No rash, pruritus, abrasions

Neurologic: Alert & oriented X 4

Psychiatric: No anxiety, depression

Physical Exam

Vitals & Measurements

T: 36.6 °C (Oral) HR: 101(Peripheral) RR: 16 BP: 131/87 SpO2: 97%

HT: 162.56 cm WT: 80 kg BMI: 30 Pain Score: 7

General: NAD, awake and conversant

Eyes: Normal conjunctiva, anicteric, round symmetric pupils

ENT: Hearing grossly intact, no nasal discharge, TMs clear bilaterally, no pharyngeal edema

Neck: Neck is supple, no masses or thyromegaly

Pulm: Respirations are nonlabored, CTAB

CV: RRR, no murmurs, no lower extremity edema

Abd: Soft, nontender, nondistended, normal bowel sounds

MSK: Normal ambulation, no clubbing or cyanosis

Skin: Warm, no rashes or ulcers

Neuro: Sensation and CN II - XII grossly normal

Psych: Alert and oriented, cooperative, appropriate mood and affect, normal judgment

Assessment/Plan

1. Medicare annual wellness visit, subsequent Z00.00, Medicare annual wellness visit, subsequent Z00.00

Patient is in their usual state of health.

Medical and family histories updated.

Vitals and labs reviewed.

Functional ability and level of safety reviewed.

Advanced Directives discussed and are not in place.

Personalized prevention plan of service discussed.

Dentist: Regular Exam Advised

Eye exam: Regular Exam Advised

Influenza Vaccine due 08/31/20 and every 1 years

Adult Wellness Exam

due 09/16/20 and every 1 years

Bone Density Screening

due 09/16/20 and every 2 years

Diabetes Screening

due 09/16/20 and every 3 years

Hepatitis A Vaccine

due 09/16/20 One-time only

Hepatitis B Vaccine

due 09/16/20 One-time only

Hepatitis C Screening

due 09/16/20 One-time only

Lipid Screening due 09/16/20 and every 5 years

Meningococcal Vaccine

due 09/16/20 One-time only

Pneumococcal Dose 1: 13 Vaccine

due 09/16/20 One-time only

Pneumococcal Dose 2: 23 Vaccine

due 09/16/20 One-time only

Tdap Vaccine

due 09/16/20 One-time only

Tetanus Vaccine due 09/16/20 and every 10 years

Varicella Vaccine Dose 1

due 09/16/20 One-time only

Zoster Vaccine

due 09/16/20 One-time only

Satisfied (in the past 1 year)

Satisfied

Aspirin Therapy for Prevention of CVD on 09/16/20.

Depression Screen

on 09/16/20. Satisfied by Hylton, Elizabeth

High Blood Pressure Screen

on 09/16/20. Satisfied by Hylton, Elizabeth

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Office Clinic Notes

Due for both tetanus and pneumonia vaccinations.

Ordered:

MG Mammo Digital Screening Bilateral, 09/16/20, Routine, Reason: breast ca screening, Transport Mode: Ambulatory, Medicare annual wellness visit, subsequent | Breast cancer screening, ABN Status: Not Required

2. Breast cancer screening Z12.39

Ordered:

MG Mammo Digital Screening Bilateral, 09/16/20, Routine, Reason: breast ca screening, Transport Mode: Ambulatory, Medicare annual wellness visit, subsequent | Breast cancer screening, ABN Status: Not Required

Orders:

Follow-up Appointment LOGN, *Est. 03/16/21 +/- 28 days, Future Order, Logansport Family
Follow-up in 6 months for problem visit.

Medicare Assessments

Fall Risk Assessment

No results found.

Functional Assessment

No results found.

No qualifying data available.

Depression Screen

PHQ 2

Feeling Down, Depressed, Hopeless: Not at all

Initial Depression Screen Score: 0

Little Interest - Pleasure in Activities: Not at all

Home Safety Screen

No results found.

Electronically Signed on 09/16/20 05:36 PM

Akande MD, Olusina