

<b>Name:</b>	<b>BERRY, VICKIE L</b>		<b>Admit Date:</b>	10/4/2021
<b>MRN / FIN:</b>	10502	6346316	<b>Discharge Date:</b>	10/4/2021
<b>DOB / Age:</b>	3/1/1953	72 years	<b>Attending:</b>	Akande MD, Olusina
<b>Sex / Birth Sex:</b>	Female	Female	<b>Copy to:</b>	CareAware Oauth, LOGN_IN

### Office Clinic Notes

<b>Document Type:</b>	Office Clinic Note Physician
<b>Service Date/Time:</b>	10/4/2021 13:37 EDT
<b>Result Status:</b>	Auth (Verified)

**BERRY, VICKIE L**

**DOB:** 03/01/1953  
**Age:** 68 years  
**Sex:** Female  
**MRN:** 10502  
**Registration Date:** 10/04/2021  
**Primary Care Physician:**  
Akande MD, Olusina

#### Chief Complaint

MWE.

#### History of Present Illness

Medicare Annual Wellness  
Hospitalizations in the past year: None  
Year of last dental exam: dentures  
Year of last eye exam: < 1 yr

Other Physicians:  
Dr Reibold, neurology, aneurysm

Falls in last year: None

Diet: Regular, no restrictions  
Physical Activity: Walking, about 2 miles a day  
Stress: None

Issues with hearing in the last year: None

End-of-life planning:  
Advanced directives are not in place.  
Spiritual beliefs affecting care: None  
Overall health goals in the next 3 months: None

#### Problem List/Past Medical History

##### Ongoing

Aneurysm, cerebral  
Constipation, unspecified  
Depression with anxiety  
Essential hypertension  
Gastro-esophageal reflux disease  
without esophagitis  
Hemorrhoids  
History of CVA (cerebrovascular  
accident) without residual deficits  
Hypothyroidism, acquired, autoimmune  
Iron deficiency anemia  
Keratoconus  
Medicare annual wellness visit,  
subsequent  
Mixed hyperlipidemia  
Other chronic pain

##### Historical

No qualifying data

#### Procedure/Surgical History

- Colonoscopy (04/14/2008)
- Stroke
- Tonsillectomy

#### Medications

amLODIPine 5 mg oral tablet, 5 mg= 1 tab,  
Oral, Daily, 3 refills  
aspirin 81 mg oral tablet, 81 mg= 1 tab, Oral,  
Daily

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Cancer screening

Colon Ca (50-75; 40 w/ FDR or 10 yr before): Due, has been having issues with painful hemorrhoids and would like to get this taken care of prior to having a colonoscopy. She previously saw a surgeon who performed banding twice which did not work. Would like a referral to Dr. Lalla.

History of breast cancer, ductal carcinoma, lobar carcinoma: No

History of radiation therapy to the chest: No

History of BRCA 1 or 2: No

History of gene mutation associated with breast cancer: No

Mammogram (50-75; 40 w/ increased risk): Due

Hepatitis B/C screening

Born between 46-66: No

Born in the US: Yes

Parents born in the US: Yes

Osteoporosis screening: Low risk, walks often  
(>65 w/o risk; <65 + 10 yr fx risk)

Vaccines

Influenza (October - April): Due

Zoster (> 60): Up-to-date

Pneumonia (> 65, DM/COPD/asthma/CHF): Due

Functional Ability and Level of Safety:

See intake for ADLs, fall risk, hearing impairment, home safety, and functional capacity.

There are no concerning findings.

Potential Risk Factors for Depression and Other Mood Disorders:

See intake. There are no concerning findings.

GERD

Concerned about recurrent episodes of burning chest and epigastric pain

Currently on famotidine which does not control her symptoms.

Was previously on Prilosec which worked very well.

No dysphagia.

No chest pain.

**Review of Systems**

Constitutional: No fevers, chills, sweats

Eye: No recent visual problems

ENT: No ear pain, nasal congestion, sore throat

Respiratory: No shortness of breath, cough

Cardiovascular: No Chest pain, palpitations, syncope

Gastrointestinal: No nausea, vomiting, diarrhea

Genitourinary: No hematuria

Hema/Lymph: Negative for bruising tendency, swollen lymph glands

Endocrine: Negative for excessive thirst, excessive hunger

clopidogrel 75 mg oral tablet, 75 mg= 1 tab,  
Oral, Daily, 3 refills, TAKE ONE TABLET BY  
MOUTH ONCE DAILY

FeroSul 325 mg (65 mg elemental iron) oral  
tablet, TAKE 1 TABLET BY MOUTH EVERY  
OTHER DAY

levothyroxine 100 mcg (0.1 mg) oral tablet,  
100 mcg= 1 tab, Oral, Daily, 3 refills, Take  
1 tablet every day

lisinopril 40 mg oral tablet, 1 tab, Oral, Daily  
omeprazole 40 mg oral delayed release

capsule, 40 mg= 1 cap, Oral, Daily, 3 refills  
pravastatin 20 mg oral tablet, 20 mg= 1 tab,

Oral, Daily, 3 refills, TAKE ONE TABLET BY  
MOUTH ONCE DAILY

traZODone 50 mg oral tablet, 4 tab, Oral,  
every day at bedtime, PRN

venlafaxine 150 mg oral capsule, extended  
release, See Instructions, 3 refills, Two  
Capsules every day

**Allergies**

No Known Allergies

No Known Medication Allergies

**Social History**

Alcohol

Past

Electronic Cigarette/Vaping

Electronic Cigarette Use: Never.

Employment/School

Work/School description: home health  
aide.

Exercise

Physical Activity Intensity: Light. Sleep  
number of hours per night: 6. Self  
assessment: Fair condition.

Home/Environment

Marital Status of Patient if Patient

Independent Adult: Married.-

Comments: Children: yes 3

Nutrition/Health

Diet: Vegetarian. Wants to lose weight:  
Yes.

Substance Use

Never

Tobacco

Tobacco Use: Are you a: nonsmoker.

Exposure to Secondhand Smoke: No.

Smokeless Tobacco Use: Never.

**Family History**

Congestive heart failure: Mother.

Fire: Child.

Healthy adult: Sister and Brother.

Hypertension: Mother and Father.

Overdose: Child.

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Musculoskeletal: No back pain, neck pain, joint pain, muscle pain, decreased range of motion

Integumentary: No rash, pruritus, abrasions

Neurologic: Alert & oriented X 4

Psychiatric: No anxiety, depression

### Physical Exam

#### Vitals & Measurements

T: 37.0 °C (Oral) HR: 97(Peripheral) RR: 18 BP: 134/89 SpO2: 97%

HT: 162.56 cm WT: 75.8 kg BMI: 29

General: NAD, awake and conversant

Eyes: Normal conjunctiva, anicteric, round symmetric pupils

ENT: Hearing grossly intact, no nasal discharge

Neck: Neck is supple, no masses or thyromegaly

Pulm: Respirations are nonlabored, CTAB

CV: RRR, no murmurs, no lower extremity edema

MSK: Normal ambulation, no clubbing or cyanosis

Skin: Warm, no rashes or ulcers

Neuro: Sensation and CN II - XII grossly normal

Psych: Alert and oriented, cooperative, appropriate mood and affect, normal judgment

### Assessment/Plan

1. Medicare annual wellness visit, subsequent Z00.00

Patient is in their usual state of health.

Medical and family histories updated.

Vitals and labs reviewed.

Functional ability and level of safety reviewed.

Advanced Directives discussed and are not in place.

Physician willing to follow the patient's wishes.

Personalized prevention plan of service discussed.

Dentist: Regular Exam Advised

Eye exam: Regular Exam Advised

Essential hypertension I10

Screening labs sent

Ordered:

Basic Metabolic Panel, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia

CBC w/o Differential, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Mixed hyperlipidemia | Hypothyroidism, acquired, autoimmune

Lipid Panel, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia

### Immunizations

Vaccine	Date	Status
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine	03/08/2021	Recorded
SARS-CoV-2 (COVID-19) mRNA-1273 vaccine	02/04/2021	Recorded
influenza, unspecified formulation	10/23/2015	Recorded
influenza, unspecified formulation	11/14/2014	Recorded
influenza, unspecified formulation	11/18/2013	Recorded

### Health Maintenance

**Pending** (in the next year)

#### OverDue

- Colorectal Cancer Screening

due 04/14/18 and every 10 years

Influenza Vaccine due 09/02/21 and every 1 years

Aspirin Therapy for Prevention of CVD due 09/16/21 and every 1 years

#### Due

Alcohol Use Screening

due 10/04/21 and every 1 years

Bone Density Screening

due 10/04/21 and every 2 years

Glaucoma Screening

due 10/04/21 and every 1 years

Hepatitis C Screening

due 10/04/21 One-time only

**Satisfied** (in the past 1 year)

#### Satisfied

Adult Wellness Exam

on 10/04/21. Satisfied by Munoz, Jasmen

Body Mass Index

on 10/04/21. Satisfied by Munoz, Jasmen

Coronavirus (COVID-19) Vaccine

(Moderna) Dose 2 on 03/08/21. Satisfied

by Mullins CMA, Lindsey

Depression Screening

on 10/04/21. Satisfied by Munoz, Jasmen

Fall Risk Screening

on 10/04/21. Satisfied by Munoz, Jasmen

High Blood Pressure Screening

on 10/04/21. Satisfied by Munoz, Jasmen

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*Office Clinic Notes*

Microalbumin/Creatinine Ratio Urine, Urine, Routine Collect, \*Est. 10/04/21, Once, Nurse Collect, Print Label, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia  
Thyroid Stimulating Hormone, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia

Gastro-esophageal reflux disease without esophagitis K21.9

Chronic, worsening.

Meds: Patient switched back to omeprazole from famotidine.

No suspected reflux complications (barret/stricture).

Lifestyle: wt loss, avoid meals 2-3 hrs before bed.

Ordered:

omeprazole 40 mg oral delayed release capsule, 40 mg = 1 cap, Oral, Daily, # 90 cap, 3 Refill(s), Start Date: 10/04/21 10:35:00 EDT, Pharmacy: OPTUMRX MAIL SERVICE, 162.56, 10/04/21 9:24:00 EDT

Hemorrhoids K64.9

Referral sent to general surgery for further management.

Ordered:

Referral Ambulatory, General Surgery, Hemorrhoids, Lalla MD, Michael J MD, 10/04/21 10:35:00 EDT, Hemorrhoids

Hypothyroidism, acquired, autoimmune E06.3

Screening labs sent

Ordered:

Basic Metabolic Panel, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia

CBC w/o Differential, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Mixed hyperlipidemia | Hypothyroidism, acquired, autoimmune

Lipid Panel, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia  
Microalbumin/Creatinine Ratio Urine, Urine, Routine Collect, \*Est. 10/04/21, Once, Nurse Collect, Print Label, Order for future visit, Essential hypertension |

Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia  
Thyroid Stimulating Hormone, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia

Mixed hyperlipidemia E78.2

Screening labs sent

Ordered:

Basic Metabolic Panel, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia

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CBC w/o Differential, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Mixed hyperlipidemia | Hypothyroidism, acquired, autoimmune  
Lipid Panel, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia  
Microalbumin/Creatinine Ratio Urine, Urine, Routine Collect, \*Est. 10/04/21, Once, Nurse Collect, Print Label, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia  
Thyroid Stimulating Hormone, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia

Screening for breast cancer Z12.39

Ordered:

MG Mammo Digital Screening Bilateral, \*Est. 10/04/21, Routine, Reason: Screening mammogram, Transport Mode: Ambulatory, Screening for breast cancer

Orders:

Follow-up Appointment LOGN, \*Est. 04/04/22, Future Order, Logansport Family

Patient to follow-up in 6 months for problem visit.

#### **Future Orders**

Basic Metabolic Panel, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia

CBC w/o Differential, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Mixed hyperlipidemia | Hypothyroidism, acquired, autoimmune

Lipid Panel, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia  
Microalbumin/Creatinine Ratio Urine, Urine, Routine Collect, \*Est. 10/04/21, Once, Nurse Collect, Print Label, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia

Thyroid Stimulating Hormone, Blood, Routine, \*Est. 10/04/21, Once, Order for future visit, Essential hypertension | Hypothyroidism, acquired, autoimmune | Mixed hyperlipidemia

MG Mammo Digital Screening Bilateral, \*Est. 10/04/21, Routine, Reason: Screening mammogram, Transport Mode: Ambulatory, Screening for breast cancer

#### **Follow Up Instructions**

No qualifying data available

#### **Medicare Assessments**

##### **Fall Risk Assessment**

STEADI Fall Risk

Fallen in the Past Year: No (10/04/21 09:24:00)

Feel Unsteady Walking/Standing: No (10/04/21 09:24:00)

STEADI Fall Risk: Low risk (10/04/21 09:24:00)

Worries About Falling: No (10/04/21 09:24:00)

##### **Functional Assessment**

No results found.

No qualifying data available.

##### **Depression Screen**

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PHQ 2

Feeling Down, Depressed, Hopeless: Several days  
Initial Depression Screen Score: 3

Little Interest - Pleasure in Activities: More than half  
the days

PHQ 9

Detailed Depression Screen Score: 10  
Difficulty at Work, Home, Getting Along: Somewhat  
difficult

Feeling Bad About Yourself: Several days

Feeling Tired or Little Energy: Nearly every day  
Moving or Speaking Slowly: Not at all  
Poor Appetite or Overeating: Not at all  
Thoughts Better Off Dead or Hurting Self: Not at all  
Total Depression Screen Score: 13  
Trouble Concentrating: Nearly every day  
Trouble Falling or Staying Asleep: Nearly every day

Cage Assessment

No qualifying data available.

Home Safety Screen

Home Safety Screen

Aware of Smoking Dangers: Yes (10/04/21 09:24:00)  
Electrical Cord Safety: Yes (10/04/21 09:24:00)  
Emergency Numbers Kept/Updated: Yes (10/04/21 09:24:00)  
Firearms Unloaded and Secure: Yes (10/04/21 09:24:00)  
Floor Rugs Removed or Fastened: Yes (10/04/21 09:24:00)  
Household Members Fire Safety Knowledge: Yes (10/04/21 09:24:00)  
Indoor Clutter Safety: Yes (10/04/21 09:24:00)  
Mats in Bathtub/Shower: Yes (10/04/21 09:24:00)  
Outdoor Clutter Safety: Yes (10/04/21 09:24:00)  
Smoke Alarms/Fire Extinguisher Available: Yes (10/04/21 09:24:00)  
Stairway Rails or Banisters: Yes (10/04/21 09:24:00)

Cognitive Assessment

Mini Cog Test

# of Recalled Words: 3 (10/04/21 09:24:00)  
CDT(Clock Drawing Test) score: Normal (10/04/21 09:24:00)  
Mini-Cog Score: Negative for cognitive impairment (10/04/21 09:24:00)

Electronically Signed on 10/04/21 01:37 PM

Akande MD, Olusina