

Comprehensive Health Summary for Vickie L. Berry

This analysis provides a detailed overview of Vickie Berry's medical history, current health status, and treatment plans based on the available medical records through May 13, 2025.

Patient Demographics and Vital Information

Vickie L. Berry is a 72-year-old female (DOB: 03/01/1953) residing in Logansport, Indiana. Her most recent vital signs from January 13, 2025, showed hypertension with a blood pressure of 146/80, a BMI of 30.73 (indicating obesity), a weight of 179 lb, and a height of 5'4" ^[1]. Her pulse was elevated at 103, with normal respiration at 16 and oxygen saturation at 97% ^[1]. These findings suggest cardiovascular concerns that warrant monitoring, particularly her elevated blood pressure and pulse rate.

Social and Personal Factors

Ms. Berry is married and identifies as Methodist ^[2] ^[3]. She has never used tobacco products ^[3]. Her contact information includes a home phone (574-721-6940) and email (vickielynnberry@gmail.com) ^[2] ^[3]. These social factors provide important context for her overall health management and support system.

Current Medical Conditions

Ms. Berry has multiple chronic conditions requiring ongoing management:

Primary Health Concerns

- **Chronic kidney disease stage 2** - As evidenced by decreased eGFR values and elevated creatinine levels (1.25 mg/dL) in recent laboratory tests ^[1] ^[4]
- **Hypertension** - Long-standing, currently managed with multiple medications ^[1] ^[2]
- **Anemia in chronic kidney disease** - Indicated in recent nephrology visit ^[1]
- **Cerebrovascular history** - Past CVA without residual deficits, plus known cerebral aneurysms ^[2] ^[3]
- **Asymptomatic stenosis of intracranial artery** - Documented in medical records ^[3]

Secondary Conditions

- Hypothyroidism (acquired, autoimmune)^[2]
- Bilateral cataracts^[2]
- Carotid stenosis^[2]
- Chronic pain^[2]
- Depression with anxiety^{[2] [3]}
- Iron deficiency anemia^[3]
- Mixed hyperlipidemia^[3]
- Prolonged grief disorder^[3]
- Vertigo^[3]
- GERD without esophagitis^[3]
- Hemorrhoids^[3]
- History of basal cell carcinoma^[3]
- Keratoconus^[3]

Laboratory Findings

Recent laboratory findings highlight several areas of concern:

Kidney Function (October 2024)

- BUN: 24.0 mg/dL (High)^[4]
- Creatinine: 1.25 mg/dL (High)^[4]
- eGFR AA: 51 mL/min (Low)^[4]
- eGFR Non-AA: 42 mL/min (Low)^[4]

These values confirm stage 2 chronic kidney disease and warrant close monitoring with her nephrologist. The elevated creatinine is particularly concerning, as it has likely worsened since her earlier records^[5].

Complete Blood Count (May 2024)

- WBC: $7.5 \times 10^3/\text{mcL}$ (Normal)^[4]
- RBC: $4.54 \times 10^6/\text{mcL}$ (Normal)^[4]
- Hemoglobin: 14.3 g/dL (Normal)^[4]
- Hematocrit: 42.0% (Normal)^[4]
- Platelets: $297 \times 10^3/\text{mcL}$ (Normal)^[4]

Despite her documented anemia in chronic kidney disease, her hemoglobin values appear to be within normal limits on the most recent test, suggesting effective management.

Other Significant Findings

- Alkaline Phosphatase: 132 Int IUnit/L (High)^[4]
- Lipid Panel (November 2023): Total Cholesterol 176.70 mg/dL, LDL 95.70 mg/dL^[4]
- HbA1c (April 2023): 5.1% (Normal)^[4]
- TSH: 2.69 mIU/mL (Normal)^[4]

Current Medication Regimen

Ms. Berry's current medication regimen is comprehensive and addresses multiple conditions:

Cardiovascular Management

- amlodipine 5 MG tablet (Norvasc) - daily for hypertension^{[1] [2]}
- clopidogrel 75 MG tablet (Plavix) - daily for stroke prevention^{[1] [2]}
- olmesartan 40 MG tablet (Benicar) - daily for hypertension^{[1] [2] [3]}
- pravastatin 20 MG tablet (Pravachol) - daily for hyperlipidemia^{[1] [2] [3]}
- CALCIUM 500 D - 1 tablet daily^[1]

Gastrointestinal Management

- omeprazole 40 MG DR capsule (Prilosec) - daily for GERD^{[1] [2]}
- lactulose 10 GM/15ML solution (Chronulac) - 20g by mouth as needed for constipation^[1]
- psyllium 3.4 g powder - daily as needed for constipation^{[2] [3]}

Hematologic and Metabolic Management

- levothyroxine 100 MCG tablet (Synthroid) - daily for hypothyroidism^{[1] [2] [3]}
- ferrous sulfate 325 mg (65 mg elemental iron) - every other day for iron deficiency anemia^{[2] [3]}

Neuropsychiatric Management

- trazodone 50 MG tablet (Desyrel) - at bedtime for sleep/depression^{[1] [2] [3]}
- venlafaxine XR 150 MG capsule (Effexor-XR) - 300 mg daily (2 capsules) for depression/anxiety^{[1] [2] [3]}

Recent Medical Encounters and Care Management

Ms. Berry is under the care of a multidisciplinary team, with recent encounters showing active management of her conditions:

Nephrology Care

Her most recent nephrology visit with Dr. Melissa Anderson on January 13, 2025, resulted in a comprehensive follow-up plan including^[1]:

- Multiple laboratory tests (CBC, Magnesium, Renal function panel, Urinalysis, Urine protein studies)
- Kidney ultrasound ordered
- Blood pressure monitoring in "a few weeks"
- Follow-up appointment scheduled for June 2, 2025

Primary Care Management

Dr. Olusina Akande serves as her primary care physician, overseeing her overall health management^{[1] [2] [3]}. Records indicate regular follow-up visits and medication management.

Preventive Care Needs

Several preventive care measures are currently overdue:

- Breast Cancer Screening: Never documented^[1]
- Pneumococcal Vaccine (PCV): Never documented^[1]
- Colorectal Cancer Screening (multiple methods): Never documented^[1]
- Influenza Vaccine: Due since September 2024^[1]

These represent significant care gaps that should be addressed promptly, especially given her age and multiple chronic conditions.

Significant Medical History

Cerebrovascular Events

Ms. Berry has a significant history of cerebrovascular disease:

- Stroke in 2016 (treated with TPA)^[5]
- Cerebral aneurysms identified in March 2016:
 - 4×3 mm saccular aneurysm undersurface of right carotid siphon
 - 3×2 mm aneurysm or ulceration undersurface left carotid siphon^[5]

Other Significant History

- Orthopedic: ORIF (Open Reduction Internal Fixation) fracture procedure in April 2022^{[2] [3]}
- Infectious: COVID-19 in February 2022 (resolved)^[3]
- Gastrointestinal: Colonoscopies performed in December 2015 and April 2013^[3]
- Surgical: Past tonsillectomy (date unspecified)^[3]

Care Coordination Concerns and Recommendations

The review of Ms. Berry's medical records reveals several areas requiring attention:

1. **Chronic Kidney Disease Progression:** Her declining kidney function warrants close monitoring. Current eGFR values show she is in stage 2-3 CKD, which could impact medication dosing and requires regular follow-up.
2. **Blood Pressure Control:** Her most recent blood pressure reading (146/80) indicates suboptimal control of hypertension despite multiple medications. This is particularly concerning given her kidney disease and cerebrovascular history.
3. **Preventive Care Gaps:** Multiple age-appropriate screenings have not been documented, creating significant preventive care gaps. Coordination between primary care and specialists should prioritize completing these screenings.
4. **Medication Reconciliation:** Current records show possible discrepancies in medication dosing, particularly with venlafaxine (dosage listed as both 300 mg daily and as 150 mg tablets with instructions to take 2 daily). A thorough medication reconciliation is recommended.
5. **Mental Health Support:** Given her diagnoses of depression with anxiety and prolonged grief disorder, ensuring adequate psychological support and monitoring the effectiveness of her current psychiatric medications would be beneficial.

Conclusion

Vickie Berry presents with multiple chronic conditions requiring coordinated care across specialties. Her kidney function, blood pressure control, and cardiovascular risk factors represent the most pressing medical concerns. Regular monitoring of her kidney function, optimization of her antihypertensive regimen, and completion of overdue preventive care services should be prioritized. Close coordination between her nephrology and primary care teams will be essential for optimal management of her complex medical profile.

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2. VICKIE-BERRY_health-summary-07202020.pdf
3. VICKIE-BERRY_health-summary-09162020.pdf
4. Logansport-Memorial-Hospital-Results.pdf
5. 1-of-1-My-Health-Summary.PDF