A different way to arrive at the same algorithm:

Equation of an ellipsoid: 
$$\frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} = 1$$

Transformation into u, v and w space:

$$u = \frac{x}{a}$$
,  $v = \frac{y}{b}$ ,  $w = \frac{z}{c}$  which yields the equation  $u^2 + v^2 + w^2 = 1$ 

This is now the equation of a sphere with a radius of 1 in u, v and w space.

Solve the equations for x, y and z you have:

$$ua = x$$
,  $vb = y$  and  $wc = z$ 

Now for the jacobian transformation:

$$-\begin{bmatrix} \frac{\partial x}{\partial u} & \frac{\partial y}{\partial u} & \frac{\partial z}{\partial u} \\ \frac{\partial x}{\partial v} & \frac{\partial y}{\partial v} & \frac{\partial z}{\partial v} \\ \frac{\partial x}{\partial w} & \frac{\partial y}{\partial w} & \frac{\partial z}{\partial w} \end{bmatrix} = \begin{bmatrix} a & 0 & 0 \\ 0 & b & 0 \\ 0 & 0 & c \end{bmatrix} determinant = abc$$

Conversion of  $u^2 + v^2 + w^2 = 1$  in to spherical coordinates:

$$u = \rho \sin(\varphi) \cos(\theta)$$
,  $v = \rho \sin(\varphi) \sin(\theta)$ , and  $w = \rho \cos(\varphi)$ 

Convert equation:

$$\rho^2 \sin^2(\varphi) \sin^2(\theta) + \rho^2 \sin^2(\varphi) \cos^2(\theta) + \rho^2 \cos^2(\varphi) = 1$$

Simplify equation:

$$\rho^{2} \sin^{2}(\varphi)[\sin^{2}(\theta) + \cos^{2}(\theta)] + \rho^{2} \cos^{2}(\varphi) = 1$$
$$\rho^{2} \sin^{2}(\varphi) + \rho^{2} \cos^{2}(\varphi) = 1$$
$$\rho^{2}(\sin^{2}(\varphi) + \cos^{2}(\varphi)) = 1$$
$$\rho^{2} = 1$$
$$\rho = 1$$

Triple integral after conversion to spherical coordinates:

The integrand  $\rho^2 \sin(\varphi)$  is derived from a second jacobian but generally, anytime one converts to spherical coordinates, it can be placed in the integrand

$$Volume = \iiint_{Q} \rho^{2} \sin(\varphi) |jacobian| dV$$

$$Volume = \int_{\theta_{1}}^{\theta_{2}} \int_{\varphi_{1}}^{\varphi_{2}} \int_{0}^{1} \rho^{2} \sin(\varphi) |abc| d\rho d\varphi d\theta$$

$$V = abc \int_{\theta_{1}}^{\theta_{2}} \int_{\varphi_{1}}^{\varphi_{2}} \sin(\varphi) \int_{0}^{1} [\rho^{2}] d\rho d\varphi d\theta$$

$$V = abc \int_{\theta_{1}}^{\theta_{2}} \int_{\varphi_{1}}^{\varphi_{2}} \sin(\varphi) \int_{0}^{1} [\rho^{2}] d\rho d\varphi d\theta$$

$$V = abc \int_{\theta_{1}}^{2\pi} \int_{\varphi_{1}}^{\varphi_{2}} \sin(\varphi) d\varphi d\theta \left[ \left( \frac{1}{3} \right) p^{3} \right]$$

$$V = \left( \frac{1}{3} \right) abc \int_{\theta_{1}}^{\theta_{2}} \int_{\varphi_{1}}^{\varphi_{2}} \sin(\varphi) d\varphi d\theta$$

$$V = \left( \frac{1}{3} \right) abc \int_{\theta_{1}}^{\theta_{2}} d\theta \left[ -\cos(\varphi) \right]$$

$$V = \left( \frac{1}{3} \right) abc \left( -\cos(\varphi_{2}) + \cos(\varphi_{1}) \right) \int_{\theta_{1}}^{\theta_{2}} d\theta$$

$$V = -\left( \frac{1}{3} \right) abc \left[ \cos(\varphi_{2}) - \cos(\varphi_{1}) \right] \left[ \theta_{2} - \theta_{1} \right]$$