How to Arrive at the Determinant of the Jacobian:

Equation of an ellipsoid:
$$\frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} = 1$$

Transformation into u, v and w space:

$$u = \frac{x}{a}, v = \frac{y}{b}, w = \frac{z}{c} \text{ which yields the equation } u^2 + v^2 + w^2 = 1$$

This is now the equation of a sphere with a radius of 1 in u, v and w space.

Now for the conversion into spherical coordinates:

Since we are now in rectangular coordinates in u, v and w space, we need to convert u, v and w into spherical coordinates.

$$u = \rho \sin(\varphi) \cos(\theta)$$
, $v = \rho \sin(\varphi) \sin(\theta)$, and $w = \rho \cos(\varphi)$

Therefore you have the equations:

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$$\rho \sin(\varphi) \cos(\theta) = \frac{x}{a}$$
, $\rho \sin(\varphi) \sin(\theta) = \frac{y}{b}$, and $\rho \cos(\varphi) = \frac{z}{c}$

Solving for x, y and z you have:

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$$a\rho \sin(\varphi)\cos(\theta) = x$$
, $b\rho \sin(\varphi)\sin(\theta) = y$, and $c\rho \cos(\varphi) = z$

Now for the Jacobian transformation.

The jacobian transformation for a 3x3 matrix is defined as:

$$-\begin{bmatrix} \frac{\partial x}{\partial \rho} & \frac{\partial y}{\partial \rho} & \frac{\partial z}{\partial \rho} \\ \frac{\partial x}{\partial \theta} & \frac{\partial y}{\partial \theta} & \frac{\partial z}{\partial \theta} \\ \frac{\partial x}{\partial \varphi} & \frac{\partial y}{\partial \varphi} & \frac{\partial z}{\partial \varphi} \end{bmatrix} = \begin{bmatrix} a \sin(\varphi)\cos(\theta) & b \sin(\varphi)\sin(\theta) & c \cos(\varphi) \\ -ap \sin(\varphi)\sin(\theta) & bp \sin(\varphi)\cos(\theta) & 0 \\ a\rho \cos(\varphi)\cos(\theta) & b\rho \cos(\varphi)\sin(\theta) & -cp \sin(\varphi) \end{bmatrix}$$

To find the determinant, use these steps:

$$A = \begin{bmatrix} A_{11} & A_{12} & A_{13} \\ A_{21} & A_{22} & A_{23} \\ A_{31} & A_{32} & A_{33} \end{bmatrix}$$

The determinant of the matrix has the form of

$$det(A) = A_{11}(A_{22}A_{22} - A_{22}A_{22}) - A_{12}(A_{21}A_{22} - A_{22}A_{21}) + A_{12}(A_{21}A_{22} - A_{22}A_{21})$$

a
$$\sin(\varphi)\cos(\theta) [bp\sin(\varphi)\cos(\theta)(-cp\sin(\varphi)) - 0)]$$

 $-b\sin(\varphi)\sin(\theta) [-ap\sin(\varphi)\sin(\theta)(-cp\sin(\varphi)) - 0)$
 $+\cos(\varphi) [-ap\sin(\varphi)\sin(\theta)b\rho\cos(\varphi)\sin(\theta)$
 $-bp\sin(\varphi)\cos(\theta)a\rho\cos(\varphi)\cos(\theta)]$

Simplifying:

$$\begin{aligned} determinant &= -abc\rho^2 sin^3(\varphi) \cos^2(\theta) \sin(\varphi) \\ &- abc\rho^2 \sin^3(\varphi) \sin^2(\theta) \\ &- abc\rho^2 \cos^2(\varphi) \sin^2(\theta) \sin(\varphi) - abc\rho^2 \cos^2(\varphi) \cos^2(\theta) \sin(\varphi) \end{aligned}$$

rearranging and factoring out a-1:

$$-1[(abc)\rho^{2}\cos^{2}(\varphi)\cos^{2}(\theta)\sin(\varphi) + (abc)\rho^{2}\cos^{2}(\varphi)\sin^{2}(\theta)\sin(\varphi) + (abc)\rho^{2}\cos^{2}(\theta)\sin^{3}(\varphi) + (abc)\rho^{2}\sin^{3}(\varphi)\sin^{2}(\theta)]$$

simplfying using trig identities:

$$-1[(abc)\rho^{2}\sin(\varphi)\cos^{2}(\varphi)[\cos^{2}(\theta)+\sin^{2}(\theta)] + (abc)\rho^{2}\sin^{3}(\varphi)[\cos^{2}(\theta)+\sin^{2}(\theta)]]$$

$$-1[(abc)\rho^{2}\sin(\varphi)\cos^{2}(\varphi) + (abc)\rho^{2}\sin^{3}(\varphi)]$$

$$-1[(abc)\rho^{2}\sin(\varphi)[\cos^{2}(\varphi)+\sin^{2}(\varphi)]]$$

$$-(abc)\rho^{2}\sin(\varphi)$$

Simplified determinant = $-abc\rho^2 \sin(\varphi)$

Please refer to the document titled "Integration of determinant of jacobian for Kelly and Alan" to see how to integrate using jacobian