

Below is the output for the code using my name and date of birth

```
swyman2501@Knights-Castle: ~/ECE330/homework3/homework3$ ./HeartRates
Hello!
Please enter the requested information for this program to calculate your target and max heart rate.
Please enter your first name: Steven
Please enter your last name: Wyman
Please enter the month # you were born: 12
Please enter the day you were born: 29
Please enter the year you were born: 1989

Here is the info you provided
Name: Steven Wyman
Date of Birth in Day/Month/Year format: 29/12/1989 making you 33 years old this year.
Your Max heart rate is: 187 bpm.
Your Target heart rate is: 93-158 bpm.

Would you like to restart with a new entry? [Y/N]: n
Thank you for using this program, we hope that it helped you!
swyman2501@Knights-Castle: ~/ECE330/homework3/homework3$
```