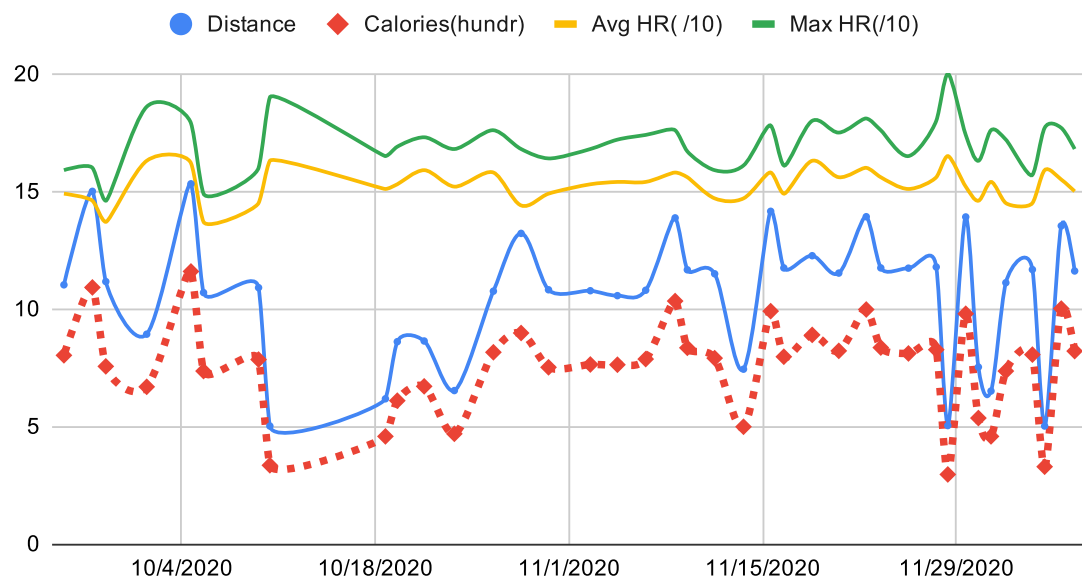


Date	Distance	Calories(hundr)	Time	Avg HR( /10)	Max HR(/10)
12/7/2020	11.61	8.2	1:09:13	15	16.8
12/6/2020	13.53	10	1:22:15	15.5	17.7
12/5/2020	5.01	3.28	0:25:24	15.9	17.7
12/4/2020	11.67	8.05	1:11:20	14.5	15.7
12/2/2020	11.11	7.35	1:05:09	14.5	17.2
12/1/2020	6.5	4.57	0:36:57	15.4	17.6
11/30/2020	7.52	5.35	0:47:38	14.6	16.3
11/29/2020	13.91	9.79	1:22:03	15.2	17.4
11/28/2020	5.03	2.95	0:21:36	16.5	20
11/27/2020	11.78	8.26	1:07:25	15.6	18
11/25/2020	11.73	8.1	1:08:47	15.1	16.5
11/23/2020	11.74	8.35	1:07:46	15.6	17.6
11/22/2020	13.92	9.97	1:18:49	16	18.1
11/20/2020	11.52	8.21	1:06:22	15.6	17.5
11/18/2020	12.26	8.89	1:07:47	16.3	18
11/16/2020	11.74	7.96	1:07:57	14.9	16.1
11/15/2020	14.15	9.9	1:18:29	15.8	17.8
11/13/2020	7.43	4.98	0:42:43	14.7	16.1
11/11/2020	11.49	7.9	1:08:39	14.7	15.9
11/9/2020	11.66	8.34	1:07:27	15.6	16.7
11/8/2020	13.87	10	1:20:28	15.8	17.6
11/6/2020	10.79	7.86	1:02:42	15.4	17.4
11/4/2020	10.56	7.62	1:00:35	15.4	17.2
11/2/2020	10.77	7.63	1:00:59	15.3	16.8
10/30/2020	10.81	7.51	1:01:54	14.9	16.4
10/28/2020	13.21	8.97	1:20:43	14.4	16.8
10/26/2020	10.75	8.15	1:02:43	15.8	17.6
10/23/2020	6.52	4.68	0:37:20	15.2	16.8
10/21/2020	8.63	6.7	0:50:58	15.9	17.3
10/19/2020	8.6	6.09	0:47:12	15.3	16.9
10/18/2020	6.17	4.57	0:35:40	15.1	16.5
10/10/2020	5.01	3.34	0:22:55	16.3	19
10/9/2020	10.9	7.84	1:05:31	14.5	16
10/5/2020	10.69	7.35	1:08:49	13.7	14.9
10/4/2020	15.32	12	1:24:20	16.2	17.9
10/1/2020	8.92	6.68	0:47:13	16.3	18.6
9/28/2020	11.16	7.55	1:11:08	13.7	14.6
9/27/2020	15	11	1:32:20	14.6	16
9/25/2020	11.02	8.02	1:04:28	14.9	15.9

## Running chart



<b>Skills I used to create my visualization:</b>							
1. Data importing (just copy-past)							
2. Data cleaning (deleted time from the Date column, rescale Heart rate and calories)							
3. Line chart plotting with 4 Series							
4. Formatting X-labels							
5. Chart customization (rename chart, legend, line-types, dots)							
<b>Who is this visualization for?</b>							
This simple visualization is created for everyone and even a kid can understand that. interesting for people who like jogging as well as me.							
Simple time series data with four tracked parameters which really related to each other.							
Maybe it will be more interesting for people who like jogging as well as me.							