Summary Statistics

| variable | mean | sd | min | max |
| --- | --- | --- | --- | --- |
| Exercise | 0.7535472 | 0.4309453 | 0.000 | 1.0 |
| Income | 67,227.4498842 | 42,458.1887403 | 1,000.466 | 167,762.6 |
| Employed | 0.5334665 | 0.4988788 | 0.000 | 1.0 |
| Age | 54.6722128 | 16.5282757 | 18.000 | 99.0 |
| General Health | 2.5127206 | 1.0628596 | 1.000 | 5.0 |
| Physical Health | 4.0394267 | 8.5078924 | 0.000 | 30.0 |
| Mental Health | 3.5040792 | 7.6915059 | 0.000 | 30.0 |