**Scripture** | 1 Corinthians 9:27-29 | Race

This passage is talking about self-discipline, Paul writing to the Corinth’s telling them how important different things are. One of the topics is self-discipline, in this passage he is referencing race runners. Competition is consistent throughout history so no doubt they understood the reference. He is saying that when you compete, it is after you trained, someone does not go into a race without training. Self-discipline is like training, you cannot win the war against evil without training. Training requires time and effort, same thing with self-discipline!

**Observation(s)**

Paul is re-enforcing how important discipline is!

This comes right after the passages about sexual immorality, these go hand in hand

Without discipline hard to resist sexual desires

Without discipline hard to resist any desires!

**Application**

Practice self-discipline

Pray for discipline and re-enforce it in my life

Understand how important and crucial discipline is in my walk with Christ

**Prayer**

Dear Heavenly Father,

I pray that you will give me the strength to have self-discipline. That I would be able to resist temptation in sexual sins and every day life. That I would be like a trainee and pursue discipline to stand against the schemes of the enemy! I pray that you would give me the discipline to set aside time and dive into scripture and prayer, the discipline on saying good things and positive things. I pray for discipline in every aspect of my life!

In Your Holy Amazing Name,

Amen.

Thanks!  
Koleman Parsley