**Scripture** | Mathew 26:36-46 | Gethsemane

This is one of the most influential passages in Mathew to me, it talks about how easy it is to fall “asleep” spiritually. Right before Judas betrayed Jesus, Jesus took a couple disciples and went off to pray, Jesus gave the disciples a very simple instruction, “stay here and keep watch with me”. He then went a little way away and prayed for God to have mercy on him on the days to come when He would be crucified. Around an hour passed and Jesus walked back to the disciples to find them fast asleep. He woke them up and spoke one of the most influential sentences. Jesus said “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

This sentence has stayed with me for a long time, the warning to keep watch and always be on alert. The rest of the passage you see the disciples cannot stay awake and keep falling asleep.

**Observation(s)**

* Jesus spent some of His last time before crucifixion praying
* Jesus took specific people to teach them a lesson.
* Fell on His face as a submission to God even though He was God.

**Application**

* Before going into any battle spend time in prayer.
* Find people to pour into while also being poured into.
* Submitting to God everything not only during prayer.

**Prayer**

Dear Heavenly Father,

I pray that I would find refuge in prayer, even in the darkest time before any battle. I pray that my spirit would be willing, and my flesh be strong through your power and strength. That I might be able to stay awake spiritually and always on guard against the evil ones. Jesus says that the Devil comes in the night to steal kill and destroy, I pray that I would always stay on guard for those times, the time where I am in the darkest that I would not fall asleep.

In Your Holy Amazing Name,

Amen.