1																	2
H																	He
hydrogen																	helium
1.01																	4.00
3	4											5	6	7	8	9	10
Li	Be											B	C	N	O	F	Ne
lithium	beryllium											boron	carbon	nitrogen	oxygen	fluorine	neon
6.94	9.01											10.81	12.01	14.01	16.00	19.00	20.18
11	12											13	14	15	16	17	18
Na	Mg											Al	Si	P	S	Cl	Ar
sodium	magnesium											aluminum	silicon	phosphorus	sulfur	chlorine	argon
22.99	24.30											26.98	28.08	30.97	32.06	35.45	39.95
19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36
K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr
potassium	calcium	scandium	titanium	vanadium	chromium	manganese	iron	cobalt	nickel	copper	zinc	gallium	germanium	arsenic	selenium	bromine	krypton
39.10	40.08	44.96	47.87	50.94	52.00	54.94	55.85	58.93	58.69	63.55	65.38	69.72	72.63	74.92	78.97	79.90	83.80
37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54
Rb	Sr	Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I	Xe
rubidium	strontium	yttrium	zirconium	niobium	molybdenum	Technetium	ruthenium	rhodium	palladium	silver	cadmium	indium	tin	antimony	tellurium	iodine	xenon
85.47	87.62	88.91	91.22	92.91	95.95	[97.91]	101.07	102.91	106.42	107.87	112.41	114.82	118.71	121.76	127.60	126.90	131.29
55	56	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86
Cs	Ba	Lu	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Po	At	Rn
cesium	barium	lutetium	hafnium	tantalum	tungsten	rhenium	osmium	iridium	platinum	gold	mercury	thallium	lead	bismuth	polonium	astatine	radon
132.91	137.33	174.97	178.49	180.95	183.84	186.21	190.23	192.22	195.08	196.97	200.59	204.38	207.21	208.98	[210.0]	[210.0]	[222.0]
87	88	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118
Fr	Ra	Lr	Rf	Db	Sg	Bh	Hs	Mt	Ds	Rg	Cn	Nh	Fl	Mc	Lv	Ts	Og
francium	radium	lawrencium	rutherfordium	dubnium	seaborgium	bohrium	hassium	meitnerium	darmstadtium	roentgenium	copernicium	nihonium	flerovium	moscovium	livermorium	tennessine	oganesson
[223.02]	[226.03]	[262.11]	[265.12]	[268.13]	[271.13]	[270.13]	[277.15]	[276.15]	[281.17]	[282.17]	[285.18]	[285.18]	[289.19]	[289.19]	[293.20]	[294.21]	[294.21]

Atomic masses in brackets are for the most stable isotope of synthetic elements.

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57	58	59	60	61	62	63	64	65	66	67	68	69	70
La	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb
lanthanum	cerium	praseodymium	neodymium	promethium	samarium	europium	gadolinium	terbium	dysprosium	holmium	erbium	thulium	ytterbium
138.91	140.12	140.91	144.24	[144.91]	150.36	151.96	157.25	158.93	162.50	164.93	167.26	168.93	173.05
89	90	91	92	93	94	95	96	97	98	99	100	101	102
Ac	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No
actinium	thorium	protactinium	uranium	neptunium	plutonium	americium	curium	berkelium	californium	einsteinium	fermium	mendelevium	nobelium
[227.03]	232.04	231.04	238.03	[237.05]	[244.06]	[243.06]	[247.07]	[247.07]	[249.07]	[252.08]	[257.10]	[258.10]	[259.10]