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| 1. <b>analytical</b> | (adj.) able to examine and understand things in detail:<br>*She has an a... mind, always breaking down complex problems.<br>*Analyzing data and interpreting trends are skills commonly associated with an a... approach. |
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| 2. <b>artistic</b> | (adj.) showing creative skill and imagination in one's work:<br>*The gallery featured a collection of a... paintings and sculptures.<br>*Her a... talent shines through her paintings and sculptures. |
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| 3. <b>athletic</b> | (adj.) physically strong, fit and active:<br>*He's always been very a..., participating in various sports.<br>*She enjoys engaging in running and swimming as part of her a... routine. |
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| 4. <b>competent</b> | (adj.) having the necessary ability or skills to do something well:<br>*The team is highly c..., handling complex projects efficiently.<br>*After completing the training programme, she felt c... in her work. |
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| 5. <b>determined</b> | (adj.) wanting to do something very much and not allowing anyone or any difficulties to stop you:<br>*I'm d... to get this piece of work done today.<br>*She will get the job she wants - she's a very d...person. |
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| 6. <b>gifted</b> | (adj.) having exceptional talent or natural ability, talented:<br>*The young pianist is truly g..., playing complex pieces effortlessly.<br>*Her remarkable musical skills are evidence of her g... nature. |
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| 7. <b>imaginative</b> | (adj.) having a creative and inventive mind:<br>*Children often have vivid and i... stories they come up with.<br>*Through creative writing and artwork, students can express their i... ideas. |
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| 8. <b>intellectual</b> | (adj.) relating to your ability to think and understand things, especially complicated ideas:<br>*Looking after a baby at home all day is nice but it doesn't provide much i... |
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stimulation.

\*I like detective stories and romances - nothing too i... .

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9. **logical**

(adj.) reasonable; making use of reason and good sense:

\*His argument was well-structured and l....

\*Using rational thinking and evidence-based reasoning leads to l... conclusions.

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10. **musical**

(adj.) related to or having a talent for music:

\*She has a m... ear, easily picking up melodies and rhythms.

\*Playing instruments and singing are some ways to express one's m... abilities.

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11. **skilled**

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12. **talented**

(adj.) having the abilities needed to do an activity or job well:

\*My mother is very s... at/in dressmaking.

\*Through practise and dedication, one can become s... in various activities.

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13. **technical**

(adj.) relating to science, industry or practical skills and methods that are used in a particular activity::

\*They have both the best entrepreneurs and the best t... people.

\*a t... person/company/sector.

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14. **trained**

(adj.) taught to do something well:

\*His father was a t... engineer.

\*A team of specially t... auditors routinely examines all activities on site.

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15. **be a (real) down-  
er**

to be an event or experience that makes you unhappy and lacking in hope, confidence, or energy:

You lost your job? That's a r... d...!

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16. **brighten up sth**

to make something more cheerful or pleasant:

\*She used colourful decorations to b... u... the room.

\*Clowns can really help b... u... the nasty experience of staying in a hospital.



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17. **capture sb's imagination** to interest or excite someone's creativity:  
\*The fantasy novel c... her i..., sparking her own stories.  
\*Enchanting tales and vivid descriptions can c... a reader's i....
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18. **do sb good** to have a helpful or useful effect on somebody:  
\*A walk in nature can d... you g... , reducing stress.  
\*Engaging in relaxation techniques and self-care can d... a person g... .
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19. **get sb down** to make somebody feel sad or depressed:  
\*The chaos in his house was starting to g... him d... .  
\*I know it's frustrating, but don't let it g... you d... .
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20. **leave a lasting impression on sb** to make a strong impact on someone:  
\*Her speech l... a l... i... o... the audience.  
\*Through powerful speeches and meaningful actions, individuals can l... a l... i....
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21. **make sb's day** to make someone happy:  
\*Seeing Adrian again after such a long time really m... my d... .  
\*Receiving a heartfelt compliment can really m... her d... .
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22. **put sb's mind at rest** to stop someone from worrying about something:  
\*Chris phoned to say they'd arrived safely, so that really p... my m... at r... .  
\*The doctor's explanation about the test results p... his m... at r... .
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23. **raise sb's spirits** to improve someone's mood or morale:  
\*The surprise party r... her s... after a tough week.  
\*Positive interactions and encouraging gestures can r... our s....
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24. **ruin sb's day** to spoil or make someone's day unpleasant:  
\*The unexpected rain r... his d... at the beach.  
\*When things go wrong unexpectedly, it usually r... my d... .
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25. **stress sb out**



to make someone feel very nervous and worried:

\*Interviews always s... me o... .

\*Tight deadlines can s... him o... before important presentations.

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26. **take sb's mind off st** to stop you from worrying or thinking about a problem or pain, often by forcing you to think about other things:

\*The good thing about running is that it t... my m... o... any problems I have.

\*Playing games helped him t... his m... o... the stressful situation.

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27. **by / through word of mouth** if news or information passes by ..., people tell it to each other rather than it being printed in written form:

\*The story has been passed down b... w... of m... .

\*The restaurant gained popularity b... w... of m... , as people shared positive experiences.

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28. **encore** (n.) an extra song or piece of music that is performed at the end of a show because the audience shouts for it:

\*We were shouting for an e... .

\*They did a few old hits as/for an e... .

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29. **headlining act** the main or featured performance at an event:

\*The famous band was the h... a... of the music festival.

\*Taking the stage as the h... a... , they drew the largest crowd.

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30. **steadier** (adj., steady) happening in a more regular way than something else:

\*We believe that by doing things as effectively as possible, your success rates will rise faster and s... .

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31. **unload** (v.) to remove things from a vehicle:

\*After a long journey, the truck driver began to u... the cargo.

\*She u... her grocery bags from the back of the minivan.

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