Project Report

Title of Project:

VitaLeafCare

Name of the Innovator:

Komal Ahire

Start Date:

4 feb 2026

End Date:

10 feb 2026

Day 1: Empathise & Define

Step 1: Understanding the Need

Which problem am I trying to solve?

People want simple and natural guidance for daily health, nutrition, and skin care, but most information online is confusing, medical, or unreliable.

Who is affected by this problem?

Health-conscious individuals

Students and working people

People interested in natural remedies

Users with daily mild health concerns

Discovery Methods

How did I find out about this?

Observation, Online Research, AI Tools

Step 2: Problem Statement

To create a simple and friendly wellness website that helps users understand nutrition, body symptoms, and skin care using natural and easy home remedies.

Why is this problem important to solve?

Correct wellness information helps people take better daily care of their body and prevents small problems from becoming serious.

Take-home task insights:

Users prefer simple language, natural solutions, and a calm, friendly design.

Day 2: Ideate

Step 3: List at least 5 different solutions:

1. General health tips website

2. Nutrition and vitamin guide

3. Home remedies platform

4. Skin care awareness website

5. All-in-one wellness website

Step 4: My favourite solution:

VitaLeaf – A nature-inspired health and wellness website

Step 5: Why am I choosing this solution?

It combines nutrition, daily health issues, and skin care in one simple and easy-to-use platform.

Day 3: Prototype & Test

Step 6: What will my solution look like?

A responsive website with green and dark-green theme that provides information on nutrients, daily body symptoms, and skin care using icons, cards, and simple steps.

What AI tools will I need?

AI content assistance

AI text refinement

Selected AI tools:

1. HTML

2. CSS

3. Javascript

Step 7: Test - Getting Feedback

Who did I share my solution with?

Self testing, Friends and classmates

What works well:

Clean and calm UI

Simple explanations

Easy navigation

Mobile-friendly design

What needs improvement:

More content

Search feature

User login (future scope)

Day 4: Showcase

Step 8: Final Project Title:

VitaLeaf – A Natural Health & Wellness Website

1-Minute Pitch Summary:

VitaLeaf is a nature-inspired wellness website that helps users understand nutrition deficiencies, common body symptoms, and skin care concerns using simple language and natural home remedies.

Step 9: Reflections

What did I enjoy the most?

Designing a calm user interface and organizing health information in a simple way.

What was my biggest challenge?

Presenting health information in a non-medical and easy-to-understand format.

Project Link:

https://github.com/KomalAhire29/vita-leaf