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Goczałkowice-Zdrój, 43-230 Poland

## WEBSITE, PORTFOLIO, PROFILES

- [www.linkedin.com/in/krystian-sporysz](https://www.linkedin.com/in/krystian-sporysz)
- <https://github.com/Konektyw>
- <https://krystian-sporysz.netlify.app>

## EDUCATION

IT Technician  
**Powiatowy Zespół Szkół  
Nr. 2 Im. Karola Miarki,**  
Pszczyna, Poland, May  
2018

## LANGUAGES

**Polish:** Native language

# KRYSTIAN SPORYSZ

## WEB DEVELOPER

## SUMMARY

I'm a fullstack developer with a strong desire to learn and grow in the field. sports. After finishing high school with an IT Technician degree, I decided to become a Personal Trainer. After a few courses, I started working at the Gym in Pszczyna. Now after almost two years of experience I can proudly say I've changed a few people's lives for the better. I've worked with many peoples which helped me to develop better communication skills. Now I've decided to get back on track with my IT career.

## TECHNICAL SKILLS

- HTML
- TypeScript
- Javascript
- React
- Docker
- Tailwind
- SaSS
- Responsive Web Design
- Rest API

## SOFT SKILLS

- Good communication skills
- Self-motivated
- Accountability
- Like to work under pressure of time

## WORK HISTORY

February 2021 - Current

**Quatro - Personal Trainer,** Pszczyna, Poland

- Designed specific workout systems for individual clients based on performance ability.

- Trained clients during strength training, cardio vascular exercise and stretching.
- Educated customers on preventive care, nutrition, fitness, stress management and ergonomics.
- Minimized injury risks by advising clients about form.

August 2021 - October 2021

**Global-Tex - Translator**, Miedźna, Poland

- Translated documents in English and Polish.
- Communicated effectively with clients to establish scope and requirements of translation, following up after submission of work to confirm satisfaction and understanding.

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## RODO

Wyrażam zgodę na przetwarzanie moich danych osobowych dla potrzeb niezbędnych do realizacji procesu rekrutacji (zgodnie z ustawą z dnia 10 maja 2018 roku o ochronie danych osobowych (Dz. Ustaw z 2018, poz. 1000) oraz zgodnie z Rozporządzeniem Parlamentu Europejskiego i Rady (UE) 2016/679 z dnia 27 kwietnia 2016 r. w sprawie ochrony osób fizycznych w związku z przetwarzaniem danych osobowych i w sprawie swobodnego przepływu takich danych oraz uchylenia dyrektywy 95/46/WE (RODO).