

# **Black raspberry modulates cecal and oral microbiome at the early stage of a dibenzo[def,p]chrysene-induced murine oral cancer model**

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**Running title:** Black raspberry, microbiome, and DBP-induced OSCC

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## **ABSTRACT**

While tobacco smoking is a risk factor in the development of oral squamous cell carcinoma (OSCC), only a fraction of smokers develop the disease. Compelling evidence shows that microbial dysbiosis is associated with carcinogenesis, suggesting that the microbiome may play a role in cancer development of smokers. We previously showed that black raspberry (BRB) protects against OSCC induced by the tobacco constituent dibenzo[def,p]chrysene (DBP) altering genetic and epigenetic markers in a manner consistent with its cancer preventive activity. In the present study, we conducted a mouse experiment to investigate the effects of BRB and DBP individually and in combination on the oral and gut microbiota. DBP-induced DNA damage in the mouse oral cavity which is an essential step for the development of OSCC in mice. 16S rRNA gene sequencing revealed that BRB significantly increased microbial diversity and shifted microbiome composition in the gut and oral cavity, whereas DBP had no significant effect. In both gut and oral microbiota, *Akkermansia muciniphila* was significantly reduced after BRB treatment; however, this was not consistent with pure culture *in vitro* assays suggesting that the impact of BRB on *A. muciniphila* may be mediated through indirect mechanisms including the host or other microbes. Indeed BRB, but not DBP, was found to modulate the growth kinetics of human gut microbes *in vitro* including lactic acid bacteria and *Bacteroides* spp. The results of the current study further emphasize the interplay of microbiome and environmental factors in the development and prevention of OSCC.

## **Prevention Relevance**

Our work clearly demonstrates the modulatory impact of Black Raspberry (BRB) on both gut and oral microbiomes within a dibenzo[def,p]chrysene (DBP)-induced oral squamous cell carcinoma (OSCC) mouse model and paves the way for future research examining a causal role of BRB-microbiota interactions at different stages of disease progression.

## INTRODUCTION

Oral squamous cell carcinoma (OSCC) is the most common malignancy among head and neck squamous cell carcinomas (HNSCC) that occur in the oral cavity including the tongue, lip, floor of mouth, gingiva, and other parts of the mouth (1,2). When OSCC happens, oral functions including swallowing and speech are often adversely influenced (3). Additionally, many patients suffer from impaired life quality resulting from damaged facial functions after surgery. Overall, the 5-year survival rate of OSCC is approximately 60% and is significantly improved if diagnosed at an early stage (2). Early detection represents one of the most promising approaches in increasing survival and minimizing negative impacts on quality of life. Despite advances in diagnostic tools to characterize oral malignant lesions, the percentage of OSCC diagnosed at early stages has not been significantly improved as most of the patients are asymptomatic and mucosal precancerous changes may not be detected by visual inspection of the oral cavity (4).

Recent evidence has shown that alterations in the oral microbiome are associated with development of OSCC (5,6). Previous studies also demonstrated that periodontal pathogens *Fusobacterium nucleatum* and *Porphyromonas gingivalis* promote oral carcinogenesis (7,8). In the oral cavity, *Porphyromonas gingivalis* disrupts the equilibrium of the immunoinflammatory state and *Fusobacterium nucleatum* becomes opportunistically pathogenic, contributing to periodontal diseases (9,10). Oral microbes identified in patients with OSCC have been proposed as microbial biomarkers to develop strategies for diagnosis and treatment (6,11,12). Nevertheless, the investigation of the OSCC-associated microbiome has many challenges (13–15), including significant individual variation and heterogeneity between results of previous studies, as the highly personalized oral microbiome is influenced by both intrinsic and extrinsic factors such as age, gender, diet, and smoking (15–18).

Exposure to tobacco smoke, an established etiological factor for the development of OSCC (19,20), is known to impact the oral microbiota (21,22). Although changes in microbial diversity are contradictory across studies (23), it has been reported that *Proteobacteria*, *Atopobium* spp., and *Streptococcus* spp. are increased, whereas *Capnocytophaga* spp., *Peptostreptococcus* spp., and *Leptotrichia* spp. are decreased in smokers compared to non-smokers (22).

Similar to human OSCC (24,25), a tobacco smoke constituent dibenzo[def,p]chrysene (DBP) induces OSCC in female mice, that progresses from hyperplasia, through dysplasia and carcinoma *in situ* to OSCC (26,27). At termination of the bioassay, the incidence of each histological type was reported as: 33.3% (dysplasia/papilloma), 13.3% carcinoma *in situ*, 40% OSCC (28). No histological changes were observed at early time point (5-6 weeks); however, mice developed dysplasia and carcinoma *in situ*, at 15 and 22 weeks, respectively. We previously showed that DBP caused DNA damage and mutations in the murine oral cavity with profiles similar to those found in the *p53* gene in human HNSCC (28). Our studies also showed that the *p53* and COX-2 proteins were upregulated (26), while the expression of the tumor suppressor *p120ctn* protein was reduced in DBP-induced OSCC; *p120ctn* cooperates with EGFR to promote carcinogenesis (29,30). DNA adducts derived from DBP in the buccal cells of smokers and DBP-induced epigenetic changes such as hypomethylation of *Fgf3* have been detected at early stage prior to the detection of any histological abnormality in the mouse oral cavity (31), further emphasizing the potential contribution of DBP in the development of OSCC.

The current gold standard for diagnosis of OSCC is scalpel-obtained biopsy followed by histological examination; however, this approach is not suitable for routine screening tests. Saliva is a readily available biological fluid and its collection is simple and non-invasive. Despite numerous reports suggesting oral microbiome as a potential tool for early detection of oral cancer, information regarding the role of oral microbiota in carcinogenesis is limited (32). There are two theories proposed in the

literature (33): 1. “Bacteria before tumor”, in which bacterial damage to the epithelial cells activates a cascade of inflammatory pathways, leading to cell replication and production of reactive oxygen species which in turn can lead to DNA damage and carcinogenesis; 2. “Bacteria after tumor”, where opportunistic bacteria are attracted to the hypoxic, hyper-vascularized tumor environment, and they sustain the progression of the unhealthy ecosystem (34). Since the shift in the microbiome at the tumor stage could be a consequence of cancer development, using our mouse model induced by the tobacco/environmental carcinogen DBP to induce OSCC can provide a realistic platform to examine the shift of the microbiome at early stage before the development of tumor with the ultimate goal of discovering biomarkers for early detection.

Recently, we discovered that dietary black raspberry (BRB) powder significantly reduced tumor incidence by attenuating DBP-induced DNA damage, strengthening DNA repair, and regulating epigenetics (35). BRB has been previously reported to alter gut microbiome composition and function (36), suggesting a potential role for microbiome alterations to contribute to the prevention of OSCC (37). Given gut and oral microbiota highly connect to and interact with each other (38), the oral-gut microbiome axis is a potential key player in the development and prevention of OSCC. In the current study, we used our well-established DBP-induced DNA damage mouse model that mimics human OSCC to interrogate interactions of the microbiota with DBP and BRB under a well-defined experimental condition. We specifically focused on an early stage of carcinogenesis wherein DNA damage has occurred, but before tumor development to understand how the microbiota, DBP, and BRB interact at this critical time window for the early detection and prevention of OSCC (27).

## Materials and Methods

### Animal experiments

Animal studies were conducted based on a previously established murine model utilizing a relevant tobacco smoke constituent DBP to induce OSCC (26). Our previous carcinogenesis and mechanistic studies using DBP and chemoprevention using BRB were performed in female mice. We also found that histological changes and molecular characteristics following DBP treatment in female mice mimic those found in human OSCC. Therefore, briefly female B6C3F1 mice (**Fig. 1a**) were treated by topical application into the oral cavity with DBP dissolved in DMSO (24 nmol, 3 times per week for 5-6 weeks). Mice were randomized into four groups (N=5 mice per group). The DMSO and DBP groups were fed an AIN-93 M diet (5% corn oil) as the control diet and received DMSO and DBP treatment, respectively. In contrast, the BRB and BRB+DBP groups respectively treated with DMSO and DBP were on an AIN-93M diet containing BRB powder (5% w/w) provided by Berri Products LLC. Previous evidence had indicated that 24 nmol, 3 times per week of DBP administration could induce DNA damage without causing any histological changes (26) and 5% was the optimal level of BRB to protect against tumor development in murine models (20). The mice were monitored weekly for any morphological abnormalities around the mouth and nose area and the body mass was recorded. One day after the last dose of carcinogen treatment, oral samples were collected by swabbing the oral cavity including the tongue, buccal areas, gingivae, and palate using ultra-fine polystyrene according to a published procedure (39). The cecal content was collected by using a sterile spatula to scrape the cecal content from the mouse cecum into a sterile tube on the same day. The oral tissues were harvested for DNA adduct analysis. Two mice from each group were euthanized at 5 weeks while the remaining three mice were euthanized at 6 weeks. At the end of week 5, our animal biologist was able to sacrifice 2 mice per group in one day and carefully, to avoid contamination (tedious process) collect oral and cecal samples as well as oral tissues for the analysis of DNA damage and microbiome analysis. At the beginning of week 6, 3 mice were sacrificed per group in one day and collection of samples was performed. Based

on our previous studies, maximum DNA damage was observed at 5 weeks. Furthermore, dietary changes can rapidly alter the microbiome within days and thus, a duration of 5 weeks is sufficient for observing a shift in microbiome following BRB administration. Therefore, we combined the microbiome data generated at both timepoints as indicated in Figure 1a. All samples were stored at -80°C until processing. The animal protocols were approved by the Institutional Animal Care and Use Committee (IACUC) at the Penn State College of Medicine.

### **Analysis of DNA adducts in oral tissues by LC-MS/MS**

DBP is known to be metabolized to dibenzo[*a,l*]pyrene-11,12-dihydrodiol-13,14-epoxides (DBPDE) which can damage DNA and is a potent mutagen in both prokaryotic and eukaryotic *in vitro* systems (27). In this study, the oral tissues of mice were examined for the levels of DBPDE-dA (deoxyadenosine) adducts as reported previously by our team (26–28). In brief, DNA was isolated from oral tissues using a Qiagen DNA kit according to the manufacturer's manual. The internal standard [<sup>15</sup>N5]- DBPDE-N<sup>6</sup>-dA was added before DNA hydrolysis. After DNA samples were hydrolyzed by DNase I, phosphodiesterase, and alkaline phosphatase, an aliquot of the DNA hydrolysate was examined by HPLC to determine the levels of dA. The remaining hydrolysates were passed through an Oasis HLB column (1 ml, 30 mg; Waters Ltd.) before injection to HPLC for MS/MS analysis as described previously (31). The analysis was performed using a system consisting of Sciex QTRAP 6500+ mass spectrometry coupled with a Sciex EXion HPLC and equipped with a 1.7 μm Acquity UPLC BEH C18 analytical column (2.1 × 50 mm, Waters, Ireland). The mobile phase contained methanol/H<sub>2</sub>O with the presence of 0.1% formic acid (flow rate = 0.3 ml/min) (31). The MS analysis was conducted by using a multiple reaction monitoring mode (MRM) with positive mode; the transitions of 604 → 335 and 609 → 335 were selected to quantify the DBPDE-N<sup>6</sup>-dA and [<sup>15</sup>N5]- DBPDE-N<sup>6</sup>-dA, respectively. All peaks were integrated and quantified by Sciex OS 1.5 software.

### **DNA extraction**

Oral and cecal samples were processed with a ZymoBIOMICS 96 MagBead DNA Kit (D4308) according to the manufacturer's instructions. A ZymoBIOMICS® Microbial Community Standard was used as a positive control to monitor DNA extraction efficiency and batch variation. Negative controls (i.e. blank extraction control, blank library preparation control) were included to assess the level of bioburden carried by the wet-lab process.

### **Amplicon library construction and 16S rRNA gene sequencing**

The 16S rRNA gene sequencing was performed based on a previously established protocol (<https://github.com/BisanzLab/AmpliconSeq>). The primer pairs targeting the V4 region were used for primary PCR (40): Forward primer 515F (GTGYCAGCMGCCGCGGTAA) and reverse primer 806R (GGACTACNVGGGTWTCTAAT) with partial overhangs for i7 and i5 adapters. To obtain a late-exponential phase amplification for indexing, we made a series of 10x dilutions for amplification. KAPA HiFi hot start enzymes were used for amplification and SYBR green was applied to monitor the amplification progress. Next, the amplicons were diluted and dual-indexed with unique forward and reverse barcodes (12 nt). After indexing PCR, the amplification products were quantified by using Pico-green (Life Technologies) dye followed by pooling at equimolar concentrations to pursue even distributions of the reads among all samples. Then, the pooled samples were purified with a gel extraction method before being sequenced by Illumina MiSeq using V3 600 cycle reagents run as 270x12x12x270 at Penn State Genomics Core Facility. The sequencing reads were obtained and then processed by Qiime2 v2023.5 and Dada2 v1.26.0 for demultiplexing and denoising, respectively. The Greengenes2 database with clustering at 99% sequence similarity was utilized for taxonomy

assignments into kingdom, phylum, class, order, family, genus, and species levels by the QIIME2 classifier. The phylogenetic tree was constructed by using the QIIME2 phylogeny align-to-tree-mafft-fasttree tool. Alpha diversity was estimated using the observed ASVs, Shannon's diversity, and phylogenetic diversity after subsampling to the lowest sequencing ddepth; whereas beta diversity was analyzed using Bray Curtis dissimilarity, CLR Euclidean (Aitchison) distance, weighted, and unweighted UniFrac distance metrics. Shannon diversity was calculated using the R package vegan v2.6-6.1 (41), while observed ASVs and phylogenetic diversity were calculated by picante v1.8.2 (42). The Bray Curtis dissimilarity was obtained by vegdist function (vegan v2.6-6.1), and then the CLR Euclidean distance was calculated by performing a centered log2 ratio transformation using make\_clr (qiime2R v0.99.6 ). The weighted and unweighted UniFrac metrics were acquired by unifrac function (rbiom v1.0.3).

### ***In vitro* growth curve analysis of microbes**

Liquid cultures of strains were prepared in BHI CHV media (Brain Heart Infusion with 5% w/v Cysteine, 5 mg/mL hemin, and 1 mg/mL vitamin K3) and incubated at 37°C in an anaerobic chamber with 20% CO<sub>2</sub>, 5% H<sub>2</sub>, and 75% N<sub>2</sub> gas for 48 hours (Coy Anaerobic Systems). The 83 strains were subcultured (1:100) into BHI CHV containing BRB (160 µg/mL in water), or BHI CHV containing DBP (1µM in DMSO) on a 96-well plate which was shaken for 30 seconds before reading with a 15-minute interval. The OD values were detected by a BioTek Epoch2 plate reader. After 72 hours, the data was exported by the Gen5 software (version 3.13.15) and normalized by subtracting the OD values of the pure culture. Each assay was run in quadruplicates. The growth curve parameters were calculated with a Growthcurver v0.3.1 R package which fits the data to a logistic equation describing the population size  $N_t$  at time  $t$  using:

$$N_t = \frac{K}{1 + \left(\frac{K - N_0}{N_0}\right)e^{-rt}}$$

Wherein  $N_0$  is the population size at the start point,  $K$  represents the maximum possible population size or carrying capacity, and  $r$  stands for the intrinsic growth rate. Additionally, an output metric, t-mid reports the time when the population density reaches  $\frac{1}{2}K$ . In the current study, the carrying capacity  $k$ , the growth rate  $r$ , and the time to reach half carrying capacity t-mid for each strain were obtained to evaluate the growth condition.

### **Statistical analysis**

All statistics were analyzed in R version 4.3.3 using a two-factor ANOVA including the BRB effect, DBP effect, and BRB\*DBP interaction unless otherwise noted. Beta diversity differences and homogeneity of multivariate dispersions were analyzed by Adonis (PERMANOVA) and Betadisper (PERMDISP), respectively, with vegan v 2.6-6.1 package. Differentially abundant microbes were analyzed by using the aldex.glm and aldex.glm.effect functions from the ALDEx2 v1.24.0 package. In the comparisons between DBP vs DMSO groups using ALDEx2, Welch's t-test FDR-corrected P values were carried forward. The growth curve parameters were analyzed using an FDR-corrected Wilcoxon rank sum test to detect significant differences.

### **Data availability**

The raw sequencing data generated in this study are publicly available at NCBI Sequence Read Archive (SRA) under accession PRJNA1142100.



## RESULTS

### DBP-induces DNA damage

We conducted a mouse experiment in which 5-week-old individually-housed female B6C3F1 mice were randomly assigned into four groups (N=5 per group): (1) DMSO; (2) DBP; (3) BRB; and (4) BRB+DBP (**Fig. 1a**). The mice in DMSO and DBP groups were fed AIN-93M control diet, whereas those in BRB and BRB+DBP groups received AIN-93M control diet containing 5% w/w BRB. We treated the mice in DMSO and BRB groups with DMSO (vehicle) or topically applied 24 nmol DBP into the oral cavity of the mice three times a week for 5-6 weeks. Mouse oral and cecal samples were collected after the last dose of carcinogen administration. DNA damage is an essential step in the initiation of OSCC in mice treated with DBP (26–28). After the collection of oral samples, the oral tissues were harvested to examine the levels of DNA adducts derived from DBP (DBPDE-dA). Although no histological changes at this early time point are observed in this model (26,35), DBPDE-dA was detected in the DBP group at the level of  $0.495 \pm 0.021$  adducts per  $10^6$  deoxyadenosine (dA) by using an LC-MS/MS with stable isotope dilution assay, confirming the capacity of DBP to trigger DNA damage. Representative LC-MS/MS chromatographs for DBPDE-dA and the reference standard  $^{15}\text{N}$ -DBPDE-dA are shown in **Fig. 1b** and **Fig. 1c**, respectively. Consistent with our previous reports, the adduct was not detected in mice treated with DMSO (26,43).

### BRB consumption reshapes the gut microbiota whereas DBP shows no effect

Since the microbiome is associated with the development of oral cancer (5,6) and we have previously shown protective effects of BRB against DBP-mediated OSCC (35), we sequenced a total of 20 cecal samples which resulted in 611,815 reads after processing ( $30,590.8 \pm 6,582.6$  per sample (mean  $\pm$  sd)). The BRB treatment significantly increased the microbial richness represented by the number of observed Amplicon sequence variants (ASVs) compared to the non-BRB treatment, while DBP showed no significant effect (**Fig. 2a**). The number of ASVs observed in the control groups ranged from (91.5 [77-108]; median [range]), which was significantly decreased compared to the BRB treated mice (150 [138-161];  $P=4.0\text{e-}7$ , two-factor ANOVA). This observation was also true of phylogenetic diversity, and Shannon's diversity metrics ( $P=1.5\text{e-}6$  and  $P=7.4\text{e-}4$ , respectively). The gut microbial composition, represented by PCoA (Principal Coordinate Analysis) analysis of Bray Curtis dissimilarity identified a significant effect of BRB ( $P=0.001$ ,  $R^2=0.28$ ) but not DBP ( $P=0.32$ ) or an interaction between DBP and BRB ( $P=0.63$ ; **Fig. 2b**; PERMANOVA/ADONIS). This observation of a significant effect of BRB was robust to distance metric choice also being significant for CLR Euclidean, weighted UniFrac, and unweighted UniFrac metrics ( $P=0.001$ ,  $P=0.002$ , and  $P=0.001$  respectively). Taken together, these observations illustrate that BRB consumption, irrespective of DBP exposure, leads to a distinct gut microbiome composition.

Compared to vehicle (DMSO) and DBP groups, BRB and BRB+DBP groups also shifted the compositional structure of the microbiome at the family level, characterized by a reduction in the relative abundance of *Akkermansiaceae* (**Fig. 2c**). *Muribaculaceae* and *Lachnospiraceae* were the two most prominent families in the gut bacterial community, constituting  $71.8 \pm 6.7\%$  of the community. Next, we applied a generalized linear model using ALDEx2 to identify the differentially abundant ASVs and detected a significant effect of BRB ( $\text{FDR}<0.1$ ) on 17 ASVs (**Fig. 2d**) but no ASVs displaying a significant effect of DBP or interaction (all  $\text{FDR}\geq 0.1$ ). *A. muciniphila*, *Oscillospiraceae* spp., *Dysosmobacter* spp., *Angelakisella massiliensis*, *Lachnospiraceae* spp., *Lawsonibacter* spp., and *Acutalibacter muris* were significantly decreased after BRB treatment compared with non-BRB treatment. In contrast, BRB treatment resulted in the enrichment of the ASVs *Lawsonibacter* sp., *Dysosmobacter* sp., *Eubacterium* sp., *Schaedlerella arabinosiphila*, *Emergencia* sp.,

*Anaerovoracaceae* sp., *Kineothrix* sp., *Ruminococcus* sp., and *Oscillospiraceae* sp. To dissociate the effects of BRB only, we replicated our analysis using only the BRB and DMSO groups which had not been treated with BRB, confirming the decrease of *A. muciniphila* in mice treated with BRB (**Fig. 2e**). In addition, significantly elevated levels of *Kineothrix* sp., *Schaedlerella arabinosiphila*, and *Eubacterium* sp. and reduced abundance of *Oscillospiraceae* sp., *Angelakisella massiliensis*, *Acutalibacter muris*, and *Lachnospiraceae* sp. were also observed in BRB group relative to DMSO group. Consistent with our analyses, the relative abundance of the *Akkermansia* genus was significantly reduced after BRB treatment (**Fig. 2f**).

### **BRB exhibits significant but limited effects on oral microbiota**

The presence of BRB-associated bioactive compounds may be more transient in the oral cavity than the gut given temporal variation in eating behavior and frequent swallowing behavior. Given this, we next sought to investigate how BRB and DBP impact the oral microbiome. Similarly, a total of 20 oral samples sequenced targeting the V4 region of the 16S rRNA gene. After processing, we obtained 640,437 total reads with  $32,021.9 \pm 20,698.7$  reads per sample. Unlike the gut, there was no significant effect of BRB, DBP, or their interaction on the oral bacterial diversity based on the alpha diversity analysis using Observed ASVs with 53 [32-111] ASVs in Control and 47.5 [25-90] ASVs in BRB ( $P>0.05$ ; two-way ANOVA test; median [range]; **Fig. 3a**). The number of observed ASVs ranged from a median of 48.7 [25-111] in the oral microbiota which was significantly lower relative to that in the gut microbiota with 125.5 [77-179] ASVs ( $P=1.8e-4$ ; Wilcoxon Signed Rank test; **Fig. S1**). Nevertheless, the analysis of Bray Curtis dissimilarity revealed a significant effect of BRB ( $P=0.024$ ,  $R^2=0.12$ ) but not DBP ( $P=0.24$ ,  $R^2=0.062$ ) or their interaction ( $P=0.31$ ,  $R^2=0.058$ ; **Fig. 3b**), further emphasizing that BRB exerted greater influence on the microbiome than DBP. The result was validated by other beta diversity metrics CLR Euclidean and unweighted UniFrac ( $P=0.001$  and  $P=0.012$ , respectively).

A bar plot of family-level relative abundances shows heterogeneity within groups and with minor taxonomic differences between groups including a decrease in *Enterococcaceae* in the DBP-treated group (**Fig.3c**). High relative abundances of *Akkermansiaceae* were observed in several samples of the non-BRB compared to BRB groups ( $P=0.011$ , two-way ANOVA test). Interestingly, high abundances of *Akkermansiaceae* were detected in the DMSO group from both cecal (**Fig. 2c**) and oral (**Fig. 3c**) samples suggesting high baseline levels of *Akkermansiaceae* possibly due to vendor variation (44) or dietary factors (45). No differentially abundant microbes were detected between groups except that an ASV belonging to the *Rickettsiales* which may be derived from the host mitochondria and was different between the DMSO and BRB groups (**Fig. 3d**). Although *A. muciniphila* was lower in the DMSO group, the effect was not significant after multiple testing correction at the ASV level ( $FDR>0.1$ ). However, when genus level abundances were considered, only a significant BRB effect ( $P=0.0025$ ; two-way ANOVA test) was detected, showing reduced *Akkermansia* after BRB treatment (**Fig. 3e**), which is consistent with that in the gut. In addition, the genus belonging to the opportunistic pathogen *Enterococcus* (46) was significantly reduced after BRB treatment, but no significant DBP or interaction effect was detected (**Fig. 3f**).

### **BRB selectively modifies microbial growth *in vitro***

At an early time point prior to the detection of any histological changes in the mouse oral cavity, our *in vivo* experiments in mice revealed that BRB significantly modified the gut and oral microbes while DBP had no effect, we next sought to apply *in vitro* models with human microbes to replicate our *in vivo* findings from animal models. A total of 83 bacterial strains, selected to represent a diversity of human commensals, were cultured in rich media containing 160  $\mu\text{g/mL}$  of BRB or 1  $\mu\text{M}$  of DBP for 72 hours. The doses were selected according to our previous studies showing that BRB had dose-dependent

protections against DBP-induced DNA damage in human and rat oral cells (47,48). The growth of each strain is represented by parameters extracted from a logistic growth model (49) and compared between vehicle control and treatment groups. The addition of BRB enhanced the growth of *Lactobacillus paracasei* JEB00396, characterized by significantly elevated carrying capacity (**Fig. 4a**). In addition, the growth rates of *Leuconostoc lactis* JEB00394, *Parabacteroides goldsteinii* JEB00421, and *Bacteroides finegoldii* JEB00452 were significantly increased (Wilcoxon rank sum test,  $FDR < 0.05$ ,  $|\log_2 \text{fold change}| > 0.5$ ), suggesting that BRB favors the growth of some microbes. In contrast, *Bifidobacterium adolescentis* JEB00411 showed a declined growth rate after BRB treatment, indicating a potential inhibitory effect. The increased growth rate of *Leuconostoc lactis* JEB00394 by BRB was also demonstrated by the decrease in t-mid (time to reach half carrying capacity). Next, we turned to investigate the effect of DBP. Consistent with *in vivo* studies, there were no significant effects for any tested strain treated with DBP (**Fig. 4b**).

To further examine the *in vivo* finding that BRB decreased the abundance of *A. muciniphila*, we replicated the experiment to test the effect of BRB and DBP on two *A. muciniphila* strains. Countering *in vivo* observations, after 72 hours of incubation, the BRB group showed minor increases in growth (**Fig. S2**). This suggests that while *A. muciniphila* may utilize BRB substrates *in vitro*, the mechanism of inhibition *in vivo* may involve host-microbe and microbe-microbe interactions not captured in mono-culture.

## Discussion

The gut and oral microbiota constitute two of the highest biomass microbial ecosystems within the human body (50), characterized by diverse composition and ecological dynamics (51). Anatomically contiguous through the gastrointestinal tract and linked chemically via saliva and ingested food transit (52), the oral-gut microbiome axis has been implicated in various disease processes (53). In our study, we examined both oral and gut microbiota, at early time points prior to any morphological changes associated with cancer to elucidate their response to DBP-induced tumorigenesis. No significant effect of DBP on microbial composition was detected either *in vivo* or *in vitro*, suggesting that the carcinogen may have a little direct effect on the microbiome relative to the host environment; however, the possibility remains that microbes could respond to subtle changes in the micro-environment especially under abnormal conditions (54), thereby serving biosensors for cancer detection. Although studies that explored the DBP-microbiome interaction are scarce, benzo[a]pyrene (B[a]P), another PAH, was reported to alter the structure of the gut microbiota in a murine model after 28-day oral gavage (55); such an effect was not replicated in human gut microbiota using an *in vitro* assay, despite that the volatile metabolome and transcriptome were influenced by B[a]P which may suggest that microbial metabolic activity is modulated without impacting community composition (56).

Treating cancers at late stage, including OSCC continues to be a major challenge and thus, development of safe and effective strategies for cancer prevention remains a desirable approach. Consumption of diets rich in fruits and vegetables may lower the risk of developing OSCC and foods (e.g. BRB) that contain agents known to inhibit the initiation and/or progression of the multi-step carcinogenesis process are favorable candidates for cancer prevention (20,29). Consistent with previous findings in murine models (36,57–60) and human gut microbiota studies *in vitro* (61,62), dietary BRB significantly modified the microbial diversity of the gut microbiota, underscoring the potent role of dietary intervention in microbiome modulation. Mice on the BRB diet exhibited increased ASV richness in the gut microbiome compared to controls, suggesting potential beneficial effects, as lower microbial diversity is associated with acute and chronic diseases (63). In both the gut and the oral microbiome, a high relative abundance of the family *Akkermansiaceae* was detected in the control



group. In a previous mouse model study, a BRB diet (10% w/w for 7 weeks) increased the abundance of *A. muciniphila* in the gut; however, the oral cavity was not explored (36). Based on our previous findings, the cancer preventive action of BRB is optimal at 5% in the diet and no additional advantages were gained when BRB was used at 10% (20). The ability of BRB to modulate microbial growth was also detected in our *in vitro* model which describes a more direct relationship between BRB and *A. muciniphila*. Contrasting to high baseline *A. muciniphila* levels in our *in vivo* models, the control group in the previous research only had <0.01% *A. muciniphila* in the community (36), further suggesting that BRB may indirectly impact *A. muciniphila* through complex host-microbe and microbe-microbe interactions *in vivo*. In addition to *A. muciniphila*, reduced levels of *Acutalibacter muris*, *Angelakisella massiliensis*, *Dysosmobacter spp.*, and *Oscillospiraceae spp.*, all belonging to the family *Oscillospiraceae* were observed following BRB treatment. Interestingly, *Acutalibacter muris* has been identified as a biomarker of colorectal cancer (64) and lung cancer (65), suggesting that BRB may mitigate cancer development through microbial modulation. On the other hand, the presence of dietary BRB resulted in significantly more abundant *Eubacterium sp.*, *Schaedlerella arabinosiphila*, and *Kineothrix sp.*. *Eubacterium callanderi* has demonstrated anti-colorectal cancer properties both *in vitro* and *in vivo*, potentially mediated by metabolites such as butyrate and 4-aminobutanoic acid (66), whereas *Kineothrix alysoides* is known to produce butyrate (67), demonstrating that BRB may selectively promote butyrate-producers resulting in suppressed carcinogenic potential (68). Our *in vitro* experiments showed that BRB promoted the proliferation of the microbes potentially involved in polyphenol metabolism: two lactic acid bacterial strains (69) and two *Bacteroides* (62). Among them, *Lactobacillus paracasei* has been reported to exert anti-proliferative and apoptotic effects in human colon cancer cells (70,71) and cervix cancer cells (72,73), while *Parabacteroides goldsteinii* has been noted for its anti-inflammatory properties through its lipopolysaccharide (74) and anti-virulence factor functions (75), underscoring their potential therapeutic relevance.

In the present study, we used female mice since we showed that the histological and molecular characteristics in the mouse oral cavity following DBP treatment mimic the human disease; nevertheless, the lack of information in male mice is considered a limitation. Thus, future investigations are needed to identify the causal role of the altered microbiome in the development or prevention of DBP-induced OSCC in both sexes. The alteration in *A. muciniphila* following BRB treatment was observed; however, its specific influence on OSCC development remains unclear. To gain insights into the mechanism involved, it will be necessary to isolate the representative strains and employ further animal models to examine causality at different stages of disease during the multi-step carcinogenesis process from normal, dysplasia, carcinoma *in situ*, and OSCC. Additionally, the integration of metabolomics analyses may provide new insights into the role of microbial metabolites derived from BRB and DBP in carcinogenesis. Conventional mouse and germ-free mouse models may enable us to identify candidate metabolites and further mechanistic analysis with such metabolites is warranted to quantify their effect on carcinogenesis.

Overall, this work extends our prior mechanistic investigations (35) for BRB modulation in DBP-induced OSCC, focusing on the microbial perspective. We have provided evidence that BRB not only affects the structure of the gut microbiome but also induces changes in the composition of oral microbial communities in the context of DBP-induced DNA damage. Continued progress in elucidating carcinogen-microbiome interaction could help the development of microbial-based strategies for cancer prevention.

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## Figure Legends

**Fig. 1 | Experimental design and validation.** **a**, Experimental design: Mice started being fed an AIN-93 M diet (5% corn oil) as the control diet or an AIN-93M diet containing BRB (5%) 2 weeks prior to being treated with DBP (24 nmol) or DMSO three times per week for 5 to 6 weeks. **b**, Representative LC-MS/MS chromatographs for DBPDE-dA detected in the DBP group. The marked peak with a retention time of 1.582 mins represents DBPDE-dA in the samples. **c**, Representative LC-MS/MS chromatographs for  $^{15}\text{N}$ -DBPDE-dA, an isotope internal standard added before DNA hydrolysis.

**Fig. 2 | BRB treatment significantly modifies the gut microbiome whereas DBP showed no effect.** **a**, BRB significantly increased microbial diversity compared with non-BRB treatment while the DBP resulted in comparable richness to the DMSO control group. **b**, BRB treatment led to a significantly different microbial composition, while no significant effect of DBP or DBP + BRB interaction with BRB was observed (PCoA of Bray-Curtis dissimilarity). **c**, Family-summarized data revealed that the relative abundance of *Akkermansiaceae* is decreased in BRB and BRB+DBP groups. **d**, In a generalized linear model, a significant BRB effect was detected on 18 ASVs (FDR<0.1), among which *A. muciniphila* was decreased after BRB treatment, whereas no DBP or interaction effect was observed. **e**, Differential abundance analysis between DMSO and BRB groups revealed that *A. muciniphila* was significantly reduced in the BRB group. **f**, The relative abundance of the genus *Akkermansia* significantly declined after the BRB treatment compared to non-BRB treatment. N=5 mice housed individually in each group. Statistical testing by a two-way ANOVA test with Tukey HSD in panels a and f, Adonis (PERMANOVA) analysis in panel b, differential abundance analysis using a generalized linear model within the ALDEx2 framework in panel d, and ALDEx2 with FDR-corrected Welch's t-test in panel e. CLR = centered log<sub>2</sub> ratio.

**Fig. 3 | BRB shifts the composition of the oral microbiome and decreases the relative abundance of the genus *Akkermansia*.** **a**, Both DBP (P=0.40) and BRB (P=0.64) showed no significant effect on microbial diversity (ASV richness). **b**, There was an effect of BRB on microbial composition but not DBP or their interaction (PCoA of Bray-Curtis dissimilarity). **c**, A family-summarized abundance plot showed a decrease in *Akkermansiaceae* after BRB treatment compared with DMSO and DBP groups. **d**, Differentially abundant ASVs in a generalized linear model contrasting BRB treatment to control. **e**, The abundance of the genus *Akkermansia* was significantly reduced after the BRB treatment. **f**, The BRB treatment significantly decreased the relative abundance of the genus *Enterococcus\_E*. In panels a, e, and f, statistical analysis was performed by a two-way ANOVA test containing BRB, DBP, and BRB-DBP interaction followed by Tukey HSD. In panels b and d, the data was analyzed by Adonis (PERMANOVA) and ALDEx2 with FDR-corrected Welch's t-test, respectively.

**Fig. 4 | BRB impacts bacterial strain growth of select strains *in vitro* while DBP exhibits no significant effect.** **a**, BRB significantly increased the carrying capacity (k) of *Lactobacillus paracasei* JEB00396, increased the growth rate (r) of *Leuconostoc lactis* JEB00394, *Parabacteroides goldsteinii* JEB00421, and *Bacteroides finegoldii* JEB00452, and decreased the r of *Bifidobacterium adolescentis* JEB00411. For *Leuconostoc lactis* JEB00394, t<sub>mid</sub>, the time at which the population density reaches half of the carrying capacity significantly declined after BRB treatment. **b**, DBP had no significant effect on the growth of the bacterial strains. N=4 in each panel. The statistical analysis was performed by an FDR-corrected Wilcoxon rank sum test with FDR < 0.05 and the absolute value of log<sub>2</sub> fold change ≥ 0.5 as the threshold to judge significant differences. Bacterial strains are clustered by a phylogenetic tree and colored by phylum.

**Fig. 1**

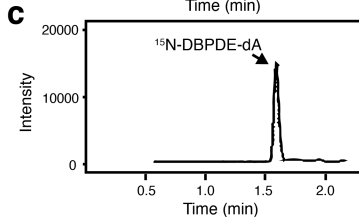
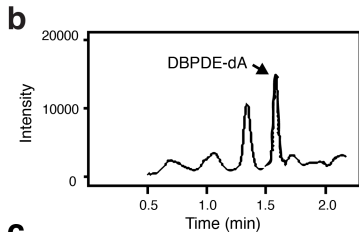
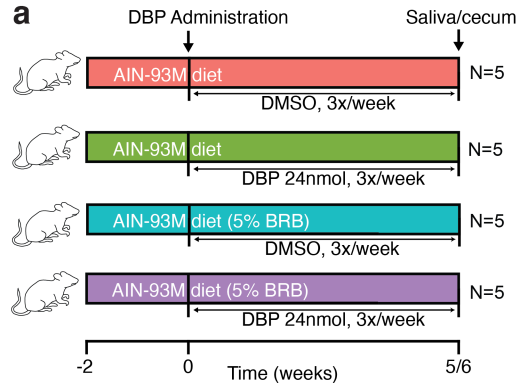


Fig. 2

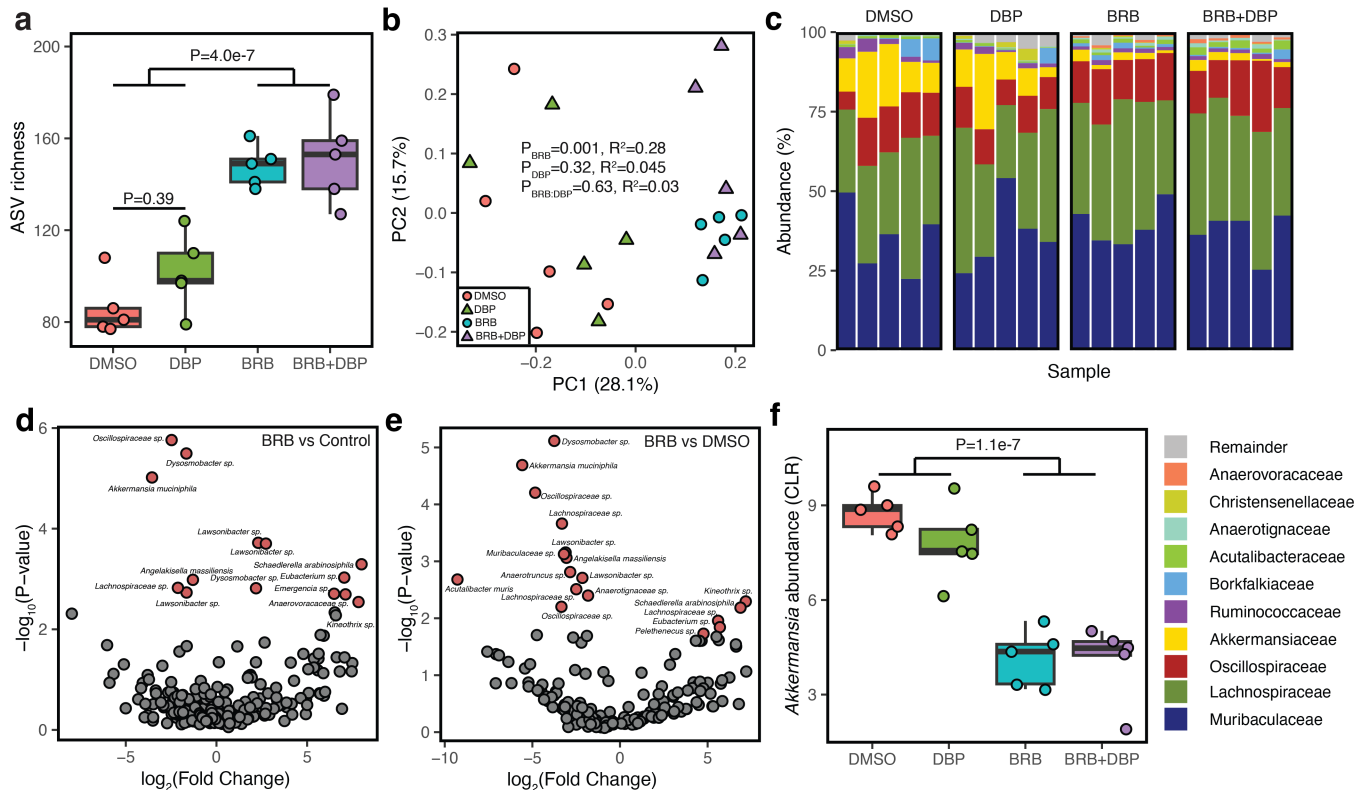




Fig. 3

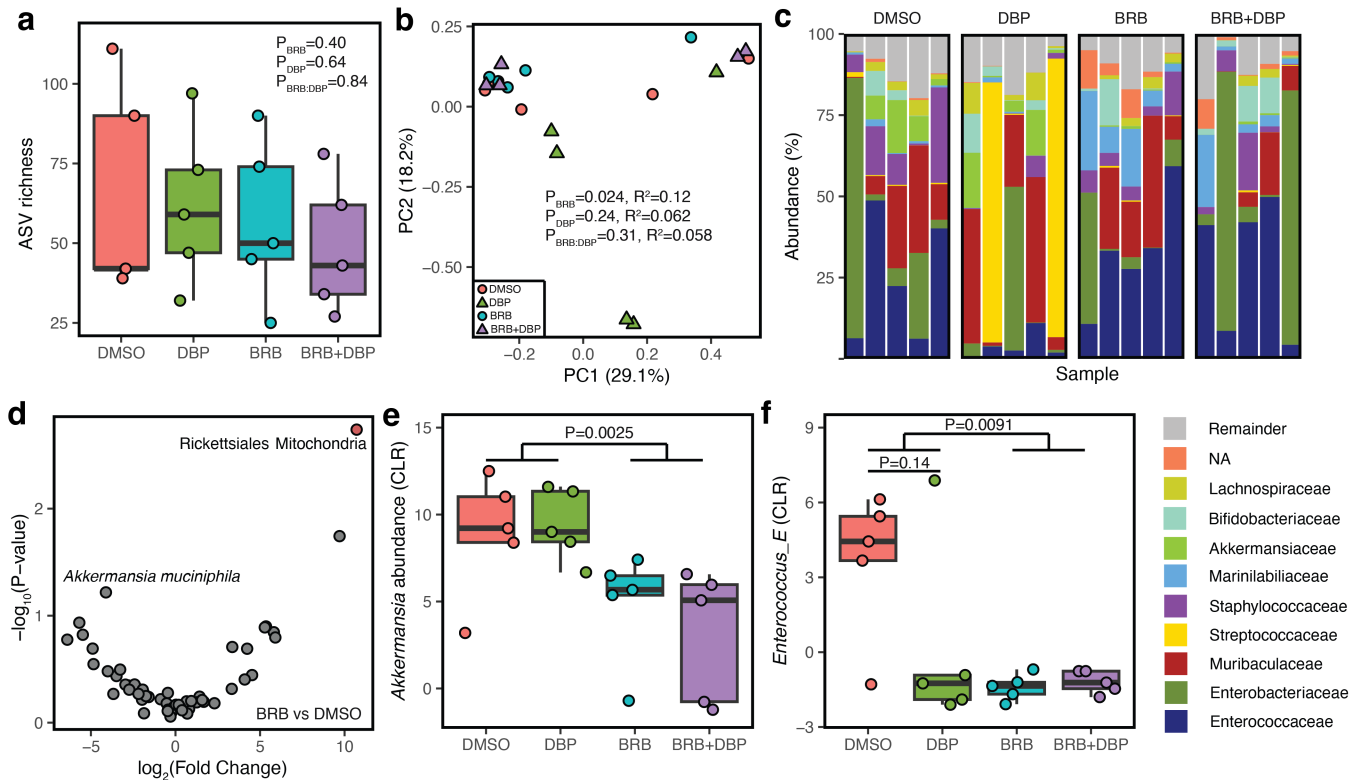
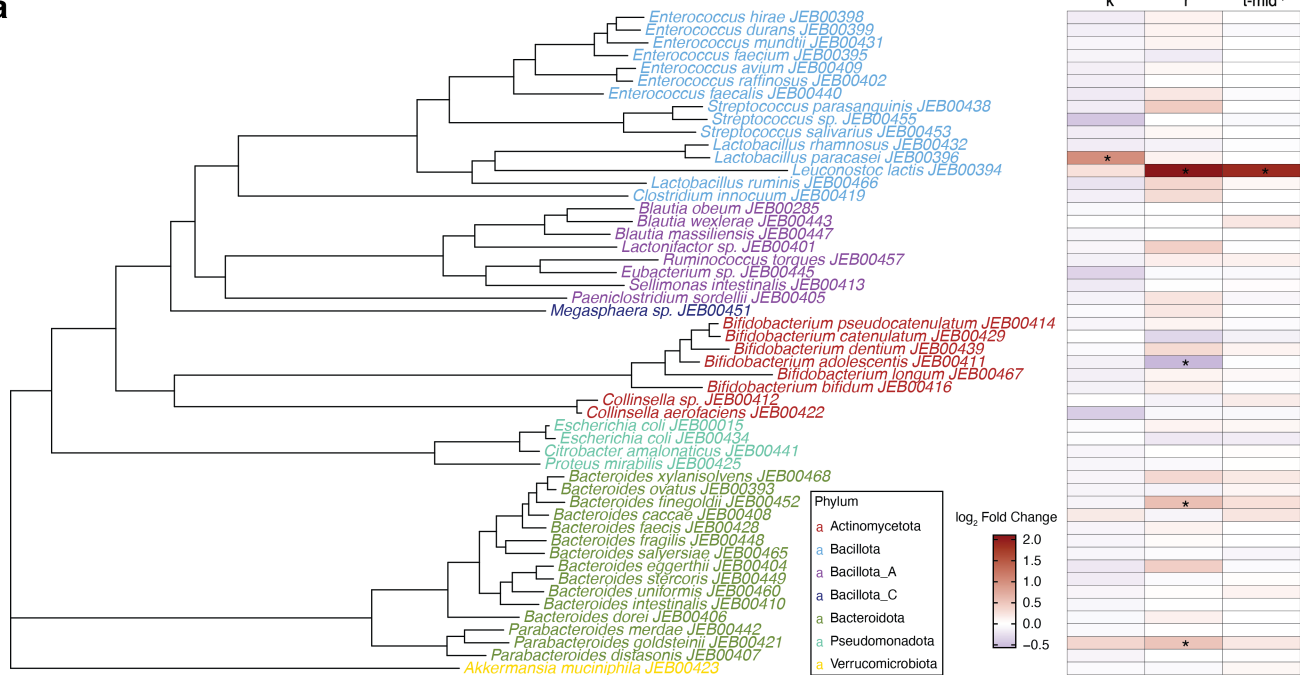


Fig. 4

a



b

