

Task: a) *Work in pairs: summarize the following first aid procedure and be prepared to present it to your classmates.*

b) *Form groups of 4 to 8 students (A, B, C, D). Present the first aid procedure you have just prepared.*

C: Burns

Depending upon the duration and intensity as well as the site and depth of burns, the effects may vary.

Identification / look out for :

- Skin: red or blistered
- Pain
- In severe cases: skin dark red

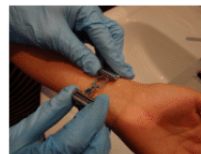
What to do:

- The affected area should be immediately kept under cold running water for 10 mins. This has cooling affects and reduces the localized high heat.
- Clothing and jewellery including rings should be removed.
- Burnt area should be covered with sterile, non-fluffy dressing

Burns

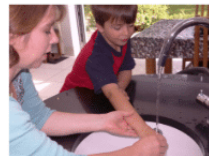
- Remove loose clothing and jewellery

Do not remove anything stuck to the burn



- **COOL - for a full 20 minutes**

under cool running water



Do not :

1. Burst skin blisters.
2. Remove skin.
3. Apply creams on the burns.
4. Make the patient move unless you need to for treatment.
5. Waste time, as burns can result into death.
6. Feed by mouth - liquid or solids.

annotations

duration: Dauer – **site:** Lage – **effect:** Auswirkung – **blister** – Blase – **fluffy:** flauschig – **burst:** (zer)platzen – **liquid:** Flüssigkeit