# **Phishing Email Analysis**

## **Email Header Analysis**

### STEP 1: Go through how the email body looks

If there are URLs and Attachments, you will need to test them in a sandbox environment (Virtual Machine).

## Sandbox Environment — (static & dynamic analysis):

To test the links/attachments in sandbox environment, make use of:

- Virus Total (URL reputation check / file hash check)
- Urlscan.io
- Whois
- Domaintools
- HavelBeenPwned
- Google dorks
- AnyRun

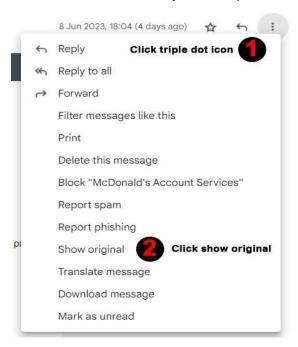
You can also use **other OSINT tools** for analysing the links/attachments.



#### STEP 2: Download the email in .eml format

Go to Gmail  $\rightarrow$  click "three dots" on email  $\rightarrow$  Show original  $\rightarrow$  then:

- Click "Download Original" (to get .eml file)
- OR click "Copy to Clipboard" (and paste it in em
- ail header analyzer tool)



## **STEP 3: Download the Email Header for Analysis**

You will be greeted with the Original Message page. From here, you can either:

- Click "Download Original" to download the email in .eml format for offline header analysis,
   OR
- Click "Copy to Clipboard" to directly copy the full header and paste it into any email header analyzer tool for online analysis.

#### Original message

Message ID	<010001889a7727cb-a48a90df-9eee-44a3-88e6-8a07458d3211-000000@email.amazonses.com>	
Created on	8 June 2023 at 18 04 (Delivered after 0 seconds)	
From:	McDonald's Account Services <donotreply@mcdonalds.com></donotreply@mcdonalds.com>	
To:	"izzmier"@gmail.com	
Subject:	Your payment is successfull	
SPF:	PASS with IP 54 240.11.45 Learn more	
DKIM:	'PASS' with domain modonalds.com. Learn more	
DMARC:	'PASS' Learn more	

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Copy to clipboard

## **Download Original Message**

#### Original message

Message ID	<010001889a7727cb-a48a90df-9eee-44a3-88e6-8a07458d3211-000000@ema
Created on:	8 June 2023 at 18:04 (Delivered after 0 seconds)
From:	McDonald's Account Services <donotreply@mcdonalds.com></donotreply@mcdonalds.com>
To:	"izzmier"@gmail.com
Subject:	Your payment is successful!
SPF:	PASS with IP 54.240.11.45 Learn more
DKIM:	'PASS' with domain mcdonalds.com Learn more
DMARC:	'PASS' Learn more

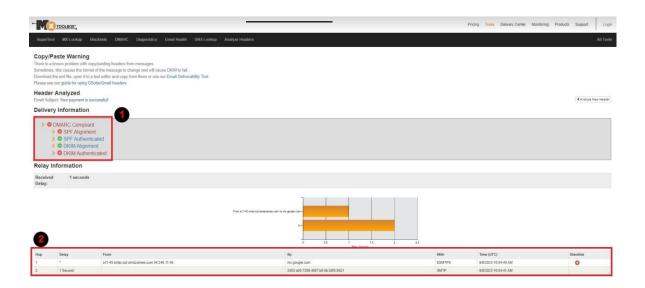


## STEP 4: Email Header Analysis – SPF, DKIM, DMARC, SCL & BCL

Use MXToolbox to analyze the email header.

### **Check if the following pass:**

- SPF Alignment
- SPF Authentication
- DKIM Alignment
- DKIM Authentication



## **How to Detect Spoofing**

- 1. Click the three dots (:) on the email → Select "Show original"
- 2. Check the Message ID and From address
  - If they are different, the email might be spoofed

#### **SPF & DKIM Checks**

SPF Alignment:

Passes only if the **Return-Path domain matches the From domain** If they differ, it could be a spoof

#### SPF Authentication:

Fails if the sender's IP address is **not authorized** to send on behalf of the domain

## DKIM Alignment:

Compare the d= value in the DKIM signature with the From domain If they don't match, alignment fails

### • DKIM Authentication:

If the b= signature value is not verified, the email might be modified or fake

#### What Is SPF, DKIM, and DMARC?

## SPF (Sender Policy Framework):

Defines which IPs can send email from a domain

Example: v=spf1 ip4:123.123.123.123 ~all

- ~all = soft fail
- o -all = hard fail

## • DKIM (DomainKeys Identified Mail):

Uses a digital signature to confirm the email was not changed and is from the stated domain

## DMARC (Domain-based Message Authentication, Reporting, and Conformance):

Tells the receiver what to do if SPF or DKIM checks fail DMARC policy examples:

- none deliver the message
- quarantine send to spam
- reject block or bounce the message
   Example DMARC record:
   v=DMARC1; p=none; rua=mailto:user@example.com

### **SCL & BCL Scores**

## • SCL (Spam Confidence Level):

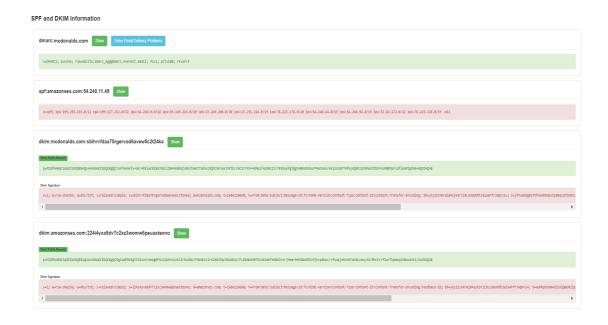
Indicates how likely a message is to be spam (Can be checked via mail flow rules)

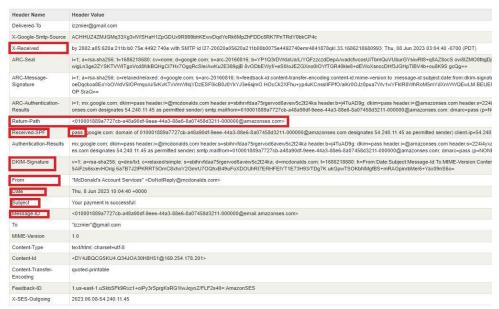
## • BCL (Bulk Complaint Level):

Measures how likely a message is considered graymail (e.g., marketing emails)

Higher BCL scores suggest more chance of user complaints

SCL	Definition	Default action
-1	The message skipped spam filtering. For example, the message is from a safe sender, was sent to a safe recipient, or is from an email source server on the IP Allow List. For more information, see Create safe sender lists in EOP.	Deliver the message to recipient Inbox folders.
0, 1	Spam filtering determined the message wasn't spam.	Deliver the message to recipient Inbox folders.
5, 6	Spam filtering marked the message as <b>Spam</b>	Default anti-spam policy, new anti-spam policies, and Standard preset security policy: Deliver the message to recipient Junk Email folders.
		Strict preset security policy: Quarantine the message.
8, 9	Spam filtering marked the message as <b>High confidence spam</b>	Default anti-spam policy and new anti- spam policies: Deliver the message to recipient Junk Email folders.
		Standard and Strict preset security policies: Quarantine the message.





## **Breaking Down an Email (Header-wise)**

**Note:** Read headers from **bottom to top** to trace origin.

### Important headers:

- X-priority: Email priority (1-5 scale)
- Content-Type: Content format (e.g., text/plain)
- Reply-To: Address to which replies go
- Message-Id: Unique message identifier
- From: Who sent the email (often spoofed)

- **Received**: Details of mail servers email passed through
- Received-SPF: SPF status (pass/fail)
- **Delivered-To**: Final recipient address

#### Additional headers:

- ARC-Seal
- ARC-Message-Signature
- ARC-Authentication-Results
   (Used when intermediaries forward the email)

## **STEP 5: Email Body Analysis**

#### Check:

- Subject
- Sender
- Sender Domain
- Recipient
- Recipient Domain
- Network Message ID
- Original & Latest delivery

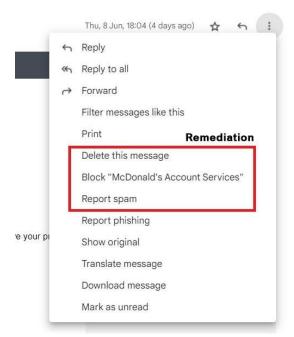
#### Analyze:

- The **tone** of the email
- Look for embedded **URLs** or **Attachments**
- Right-click and copy links/files do not click
- Use sandbox/VirusTotal for scanning
- Use Inspect Element > Network tab to monitor redirects

## **STEP 6: Remediation/Mitigation**

If email is found malicious:

- Enable MFA on user accounts
- Purge email from all mailboxes
- Report the email as Phishing/Spam
- Notify your email service provider or IT team
- Block URLs/domains if malicious
- Submit decommission request for base/redirect URLs
- Check how many users clicked the link/file
- If clicked, reset credentials for those users



**STEP 7: User Awareness / Phishing Simulation** 

- Design awareness banners, brochures
- Schedule phishing simulation events
- Evaluate employee responses
- Educate on how to identify and report phishing