

Dietary Services (DT)

STANDARDS

DT.1

Dietary services are provided by qualified dietitians.

- DT.1.1 A qualified dietitian supervises all aspects of dietary services in the hospital.
- DT.1.2 Services provided by the dietitian include, but are not limited to, the following:
 - DT.1.2.1 Nutritional screening, assessment and reassessment of patients.
 - DT.1.2.2 Development of nutritional plan of care.
 - DT.1.2.3 Highlighting "food-drug interaction" to clinical staff.
 - DT.1.2.4 Making recommendations related to patient dietary needs.
 - DT.1.2.5 Nil Per Os (NPO) monitoring.
 - DT.1.2.6 Education of other health staff, patients, and families.
 - DT.1.2.7 Reviewing and updating the dietary manual.
- DT.1.3 Activities conducted by the dietitian as part of the process of care is documented in the patient's medical record.

DT.2

Patients identified to be at nutritional risk undergo comprehensive nutritional assessment.

- DT.2.1 Nutritional screening is conducted by qualified hospital staff (e.g., registered nurse) to determine the patient's need for comprehensive nutritional assessment by a licensed dietitian.
- DT.2.2 The criteria used for nutritional screening during the initial assessment of patients are developed and approved by a qualified dietitian.
- DT.2.3 Comprehensive nutritional assessment is performed by a qualified dietitian for:
 - DT.2.3.1 All patients identified at nutritional risk during the initial screening or assessment.
 - DT.2.3.2 All patients identified at nutritional risk during the course of treatment.
 - DT.2.3.3 All patients prescribed for a therapeutic diet.
- DT.2.4 Patients identified at nutritional risk are referred to a licensed dietitian for comprehensive nutritional assessment.
- DT.2.5 Nutritional assessment is preferably completed within twenty four hours of referral.
- DT.2.6 The comprehensive nutritional assessment is described in a policy and procedure that includes, but is not limited to, the following:
 - DT.2.6.1 Height and weight chart for children.
 - DT.2.6.2 Body mass index (BMI) for adults.
 - DT.2.6.3 Eating habits.
 - DT.2.6.4 Food allergies.
 - DT.2.6.5 Need for therapeutic diet.
 - DT.2.6.6 Physical difficulties with eating and drinking and the need for any assisting devices.
- DT.2.7 The nutritional screening and assessment findings are documented in the patient's medical record.

DT.3

Patients with nutritional disorders have the appropriate nutritional plans that meet their medical needs.

- DT.3.1 The dietitian, in collaboration with other clinical staff, develops an appropriate nutritional plan of care for patients with nutritional disorders.