

- DT.3.2 Patients cultural and food preferences are respected to the extent possible.
- DT.3.3 The nutritional plan allows for consideration of:
  - DT.3.3.1 Enteral tube feeding for malnourished or patients at risk of malnutrition and have inadequate oral intake and a functioning gastrointestinal tract.
  - DT.3.3.2 Parenteral nutrition for patients with a non-functioning gastrointestinal tract.
  - DT.3.3.3 Therapeutic diet prescribed for specific health conditions.
- DT.3.4 Patients are reassessed for response by the dietitian at regular intervals and adjustments are made accordingly.
- DT.3.5 The nutritional plan is documented in the patient's medical record.

#### **DT.4 The hospital has a current dietary manual.**

- DT.4.1 There is a current dietary manual that is developed by the dietitian and other relevant staff.
- DT.4.2 The dietary manual is approved by the medical staff.
- DT.4.3 The dietary manual is used as the basis for diet orders and for planning therapeutic diets.
- DT.4.4 The dietary manual includes the following items:
  - DT.4.4.1 Different types of diets used in the hospital.
  - DT.4.4.2 Nutritional supplements used and how to use them.
  - DT.4.4.3 Appropriate storage method for snacks and beverages.
  - DT.4.4.4 Mealtimes and working hours of the kitchen.
- DT.4.5 The dietary manual is reviewed, revised, and updated at least every two years.
- DT.4.6 Copies of the dietary manual are readily available to all medical, nursing, and food services personnel.

#### **DT.5 Therapeutic diets are provided when ordered.**

- DT.5.1 Therapeutic diets are prescribed by the most responsible physician based on the patient's needs.
- DT.5.2 Therapeutic diets are planned, prepared, and served with supervision or consultation from the dietitian.
- DT.5.3 The plan for a therapeutic diet must emphasize:
  - DT.5.3.1 Total calories required.
  - DT.5.3.2 Any restrictions.
  - DT.5.3.3 The route and frequency of feeds.
  - DT.5.3.4 When required, education about nutritional needs is provided to the patient and family upon discharge.
- DT.5.4 Discharge diets are prescribed by the most responsible physician in collaboration with the supervising dietitian.
- DT.5.5 Patients are educated on their nutritional needs upon discharge.
- DT.5.6 Education is documented in the patient's medical record.

#### **DT.6 The hospital provides safe food services.**

- DT.6.1 Food preparation, handling, storage, and distribution is safe and guided by professional organizations standards and management systems (e.g., Hazard Analysis and Critical Control Points, HACCP).
- DT.6.2 Food preparation, handling, storage, and distribution comply with laws and regulations.