

Standard 3: The nurse shall use the principles of quality improvement and safety, as defined by national and international patient safety authorities, and incorporate them into nursing practice.

Competencies

- Applies international patient safety goals and recognises their importance to nursing practice.
- Collects and analyses data about incidents and trends and implements strategies to improve care delivery.
- Initiates and engages in quality improvement practices to improve outcomes and processes.
- Volunteers with data collection to facilitate the valid provision of care and system improvement.
- Demonstrates elements of efficient resource utilisation and management, including human resources.
- Values the importance of the use of data for quality improvement.

Domain Six: Health Education and Promotion

Health education, as defined by the World Health Organization (WHO), "is any combination of learning experiences designed to help individuals and communities improve their health, by increasing their knowledge or influencing their attitudes". In principle, people learn to behave in a manner conducive to the promotion, maintenance or restoration of health' (WHO, 2012).

Health promotion also enables people to increase control over their own health. It covers a wide range of social and environmental interventions designed to benefit and protect an individual's health and quality of life by addressing and preventing the root causes of ill health and by not merely focusing on treatment and cures.

Standard 1: The nurse shall provide health education and encourage patients to be active participants in their health care.

Competencies

- Takes part in health promotion, health education, and disease prevention initiatives, and contributes to their evaluation with respect to individuals, groups and the community diversity.

- Assesses patients' health learning/education needs in collaboration with the healthcare team.
- Demonstrates proficiency in the delivery of health promotion and preventive care.
- Identifies and sources appropriate resources to support health promotion and preventive care activities.
- Demonstrates the ability to utilise variety of teaching and learning strategies including technology for health promotion, education and disease prevention.
- Involves individuals, groups and communities in health teaching and health promotion activities and empower them to adopt healthy lifestyle.
- Demonstrates communication skills and proper trusted relationships with patients, families and the community.
- Determines patient understanding by seeking feedback on the information provided.

Standard 2: The nurse shall implement evidence-based health promotion and preventive strategies to improve patient outcomes.

Competencies

- Demonstrates knowledge of Applies published theories and evidence -based practices of health for different age groups, disease processes and health promotion.
- Identifies, prioritises and develops strategies for health promotion, disease prevention and rehabilitation with respect to individuals' social, economic and cultural preferences.
- Recognises and understands the importance of using evidence-based knowledge for health promotion and preventive care in general practice.
- Provides relevant health information and education to patients, families and communities to assist in achieving optimal health and rehabilitation.

Standard 3: The nurse shall integrate priority-based health information to improve health literacy and promote self-management.

Competencies

- Uses appropriate teaching methods to promote health that aligns with patients' values, beliefs, practices, learning needs, readiness and abilities.
- Plans and provides accurate and culturally appropriate education to patients,