

Patient and Family Education (PFE)

Introduction

Patients have the right to receive appropriate education so they can utilize their knowledge to participate in their care and make informed care decisions. Additionally, patient education improves health by encouraging compliance with medical treatment. To ensure appropriate patient and family education, the hospital should provide adequate resources, identify patient/family educational needs, develop individualized education plan and provide education accordingly, and evaluate the effectiveness of the education process.

This chapter outlines the following processes and activities:

- Educational resources
- Assessment of educational needs of patients
- The role of health educators
- Education plan
- Effectiveness of education