

- Assesses patients' health learning/education needs in collaboration with the healthcare team.
- Demonstrates proficiency in the delivery of health promotion and preventive care.
- Identifies and sources appropriate resources to support health promotion and preventive care activities.
- Demonstrates the ability to utilise variety of teaching and learning strategies including technology for health promotion, education and disease prevention.
- Involves individuals, groups and communities in health teaching and health promotion activities and empower them to adopt healthy lifestyle.
- Demonstrates communication skills and proper trusted relationships with patients, families and the community.
- Determines patient understanding by seeking feedback on the information provided.

## **Standard 2: The nurse shall implement evidence-based health promotion and preventive strategies to improve patient outcomes.**

### **Competencies**

- Demonstrates knowledge of Applies published theories and evidence -based practices of health for different age groups, disease processes and health promotion.
- Identifies, prioritises and develops strategies for health promotion, disease prevention and rehabilitation with respect to individuals' social, economic and cultural preferences.
- Recognises and understands the importance of using evidence-based knowledge for health promotion and preventive care in general practice.
- Provides relevant health information and education to patients, families and communities to assist in achieving optimal health and rehabilitation.

## **Standard 3: The nurse shall integrate priority-based health information to improve health literacy and promote self-management.**

### **Competencies**

- Uses appropriate teaching methods to promote health that aligns with patients' values, beliefs, practices, learning needs, readiness and abilities.
- Plans and provides accurate and culturally appropriate education to patients,

- families and communities to maintain and promote health.
- Seeks understanding based on socio-cultural values, beliefs and preferences.
- Identifies strategies to promote self-management ability.

## Domain Seven: Communication and Information Technology

Communication is simply the act of transferring information from one place, person or group to another. While Information technology is defined as the application of information processing systems, comprising both computer hardware and software, to manage, access, exchange, and utilize healthcare information, data, and knowledge, enabling enhanced communication and informed decision-making in the healthcare sector (Pailaha, 2023). By employing information technology skills nurses can communicate effectively and translate care throughout the system to ensure patient centered care focusing on safety, effective care coordination, education, proactive performance, timely access of information and cost-effective resource utilisation. The nurse is also expected to maintain effective communication and interaction with patients and their families, maintaining respect with a focus on optimising patients' outcomes and satisfaction.

**Standard 1: The nurse shall recognise the importance of effective and efficient communication with patients and other healthcare providers in all verbal, non-verbal and written forms of communication.**

### Competencies

- Initiates and develop trusted relationships with patients, families and the community through use of appropriate communication, listening, and interpersonal skill.
- Maintains confidentiality at all times.
- Applies clear, concise, practical, electronic, non-electronic, written, verbal and non-verbal communication skills appropriate to the needs of individuals/groups.
- Values the effects of psychological, physiological, developmental, spiritual and cultural influences on one's own ability to communicate.
- Displays rapport with individuals/groups to enhance their ability to express feelings in an appropriate context.
- Accepts the responsibility of establishing appropriate alternative communication methods for individuals/groups who cannot verbalise their needs.