an ever-changing healthcare environment. Continuing professional and personal developments are required in order to maintain and enhance professional standards and provide quality, competent and safe patient care (Price & Reichert, 2017). Nurses are expected to assess their learning needs, set learning objectives to be achieved, utilise appropriate resources, apply the best learning strategies and then evaluate outcomes of the acquired learning in a continually performed process.

Standard 1: The nurse shall assume responsibility for own professional development and demonstrate ability to seek knowledge to ensure continued competence and performance improvement level.

Competencies

- Identifies personal learning needs through regular self-assessment, reviews, critical examination, evaluation and reflective practice .
- Participates in educational and professional development activities to improve self and others.
- Demonstrates commitment and seeks opportunities for improvement and lifelong learning.
- Seeks knowledge updates when new protocols or guidelines are implemented and enforced for safe, patient centred and evidence -based practice..
- Promotes the profession of nursing, including participation in professional organizations at the local and national levels.
- Maintains a professional portfolio including evidence of continuous education, competencies, and professional development activities.

Standard 2: The nurse shall possess the ability to evaluate and support developments in nursing practices and the profession.

Competencies

- Engages in ongoing professional development and performance activities to support self, other and the profession.
- Represents nursing on relevant committees, taskforces, boards or forums at local/international level to promote and support the profession.
- Shares experiences, knowledge and education with others through engaging and contribution to clinical nursing discussions and professional development activities.
- Acts as a resource person, provides feedback when necessary and seeks feedback