
Dietary Services Standard Intents

DT.1 Dietary services are provided by qualified dietitians.

DT.1.1 A qualified dietitian supervises all aspects of dietary services in the hospital.

DT.1.2 Services provided by the dietitian include, but are not limited to:

DT.1.2.1 Nutritional screening, assessment and reassessment of patients.

DT.1.2.2 Development of nutritional plan of care.

DT.1.2.3 Highlighting “food-drug interaction” to clinical staff.

DT.1.2.4 Making recommendations related to patient dietary needs.

DT.1.2.5 Nil Per Os (NPO) monitoring.

DT.1.2.6 Education of other health staff, patients, and families.

DT.1.2.7 Reviewing and updating the dietary manual.

DT.1.3 Activities conducted by the dietitian as part of the process of care is documented in the patient’s medical record.

Standard Intent:

Only qualified dietitians permitted by licensure, applicable laws, and regulations or certification provided the dietary services. Dietitians who will supply the recommended dietary intervention, and nutritionists able to integrate nutritional needs with the other needs of the patient. The minimum services that should be provided by the dietitian areas mentioned in the substandard DT.1.2.1 through DT.1.2.7.

DT.2 Patients identified to be at nutritional risk undergo comprehensive nutritional assessment.

DT.2.1 Nutritional screening is conducted by qualified hospital staff (e.g., registered nurse) to determine the patient’s need for comprehensive nutritional assessment by a licensed dietitian.

DT.2.2 The criteria used for nutritional screening during the initial assessment of patients are developed and approved by a qualified dietitian.

DT.2.3 Comprehensive nutritional assessment is performed by a qualified dietitian for:

DT.2.3.1 All patients identified at nutritional risk during the initial screening or assessment.

DT.2.3.2 All patients identified at nutritional risk during the course of treatment.

DT.2.3.3 All patients prescribed for a therapeutic diet.

DT.2.4 Patients identified at nutritional risk are referred to a licensed dietitian for comprehensive nutritional assessment.

DT.2.5 Nutritional assessment is preferably completed within twenty-four hours of referral.

DT.2.6 The comprehensive nutritional assessment is described in a policy and procedure that includes, but is not limited to, the following:

DT.2.6.1 Height and weight chart for children.