

Domain Three: Evidence-Based Practice and Research

Evidence-based practice, as defined by Connor et al. (2023), means ‘a problem-solving approach to the delivery of healthcare that integrates best evidence from studies and patient care data with clinician expertise and patient preferences and values’.

Evidence-based practice and research in midwifery articulates the minimum evidence-based practice requirements that the registered midwife must maintain. Planning of, implementation of, and evaluation of care is to be based upon safe, family-centred, evidence-based practice.

Registered midwives are expected to initiate research triggered by the needs of midwifery practice and to collaborate in research and scholarly activities to advance that practice.

Standard 1: The midwife shall integrate evidence and practices consistent with evidence-based guidelines and research findings.

Competencies

- Utilises an up-to-date evidence-based approach to midwifery practice.
- Incorporates an evidence-based approach when initiating change in midwifery practice.
- Participates in the formulation of evidence-based guidelines, protocols, and audit tools based upon best available credible research and/or national and international professional consensus.
- Critically evaluates research, audit, statistics, and practice development findings that underpin midwifery practice.
- Promotes dissemination, implementation, monitoring, and review of professional standards and best practice guidelines.