

Standard 1: The midwife shall provide skilled, safe, holistic, culturally relevant, and family-centred midwifery care to the woman, her family, and the community in collaboration with the multidisciplinary team across all healthcare settings.

Competencies

- Provides comprehensive, holistic, evidence-based, and family-centred healthcare.
- Provides a comprehensive programmes for pre-pregnancy, birth and parenthood preparation.
- Engages the woman and her family in preconception counselling tailored to the individual situation, needs, and interests.
- Undertakes a comprehensive and systematic obstetric/health histories and health assessment to determine healthcare needs with the woman and her family.
- Applies the best available evidence to support clinical reasoning, critical thinking, clinical decision-making, and safe practice.
- Facilitates informed decision-making by providing the woman and her family with information during the whole process of pregnancy and childbirth and in the postpartum period.
- Provides safe, responsive, and compassionate care for all women and their families and plans for continuity of carer, including supported transition and discharge.
- Advocates for pregnancy and childbirth to be considered normal physiological processes.
- Administers medication following agreed standing orders and therapies in a safe, timely, and effective manner and in accordance with policy and legislation.
- Develops, implements, evaluates, and revises the plan of care as required, based on a reasoned evaluation of the health of the woman and infant.
- Defines expected goals and outcomes in terms of the individual woman's needs, concerns, culture, and values.
- Cares for and empowers the mother throughout childbirth in a variety of settings, including the hospital/clinic and at home.
- Orders, carries out and interprets laboratory tests and screening procedures for sexually transmitted disease, including HIV, other infections and cervical cancer (if privileged).
- Provides counselling about nutritional supplements, dietary intake, exercise,

updates to immunisations as needed, modification of risk behaviours, prevention of sexually transmitted infections, family planning, and methods of contraception.

- Confirms pregnancy and estimates gestational age from history, physical exam, laboratory test, or ultrasound (if privileged).
- Performs and interprets focused and complete physical examination of the woman and foetus.
- Provides and discuss information about conditions that may be detected by screening with the patient, and mutually determines plan of care.
- Conducts and manages safe, spontaneous, physiological, normal vaginal births from 37–42 weeks gestation, and registers births under the newborns' names on the birth register/notification.
- Provides respectful one-to-one care for both women and for new-born infants.
- Provides care of the new-born immediately after birth and recognizes abnormalities and refers an appropriately qualified healthcare professional in a timely manner.
- Provide care for women and manages emergency procedures in the absence of the physician to protect the wellbeing of the woman and baby. This includes management of ante and postpartum haemorrhage and labour emergencies, including shoulder dystocia, undiagnosed breech, and cord prolapse and escalate as needed.
- Protects the woman's dignity at all times through effective patient care.
- Actively listens to the woman and her family and responds to their needs to provide individualised care based upon a trusting partnership model of care.
- Dedicated to working in partnership with the woman and her family in her care.
- Values, safeguards, and advocates for human rights, especially those related to pregnancy, childbirth, and the infant.