

record. The nutritional plan should consider the elements mentioned in the substandard DT.3.3.1 through DT.3.3.3

#### **DT.4 The hospital has a current dietary manual.**

- DT.4.1 There is a current dietary manual that is developed by the dietitian and other relevant staff.
- DT.4.2 The dietary manual is approved by the medical staff.
- DT.4.3 The dietary manual is used as the basis for diet orders and for planning therapeutic diets.
- DT.4.4 The dietary manual includes the following items:
  - DT.4.4.1 Different types of diets used in the hospital.
  - DT.4.4.2 Nutritional supplements used and how to use them.
  - DT.4.4.3 Appropriate storage method for snacks and beverages.
  - DT.4.4.4 Mealtimes and working hours of the kitchen.
- DT.4.5 The dietary manual is reviewed, revised, and updated at least every two years.
- DT.4.6 Copies of the dietary manual are readily available to all medical, nursing, and food services personnel.

#### **Standard Intent:**

Dietary manual should be a comprehensive resource and guide for dietary process in the hospital and available for all involved healthcare providers. The manual should include but not limited to the elements mentioned in the substandard DT.4.4.1 through DT.4.4.4. The manual should have the approval of the medical staff.

#### **DT.5 Therapeutic diets are provided when ordered.**

- DT.5.1 Therapeutic diets are prescribed by the most responsible physician based on the patient's needs.
- DT.5.2 Therapeutic diets are planned, prepared, and served with supervision or consultation from the dietitian.
- DT.5.3 The plan for a therapeutic diet must emphasize:
  - DT.5.3.1 Total calories required.
  - DT.5.3.2 Any restrictions.
  - DT.5.3.3 The route and frequency of feeds.
  - DT.5.3.4 When required, education about nutritional needs is provided to the patient and family upon discharge.
- DT.5.4 Discharge diets are prescribed by the most responsible physician in collaboration with the supervising dietitian.
- DT.5.5 Patients are educated on their nutritional needs upon discharge.
- DT.5.6 Education is documented in the patient's medical record.