

Standard 3: The nurse shall use the principles of quality improvement and safety, as defined by national and international patient safety authorities, and incorporate them into nursing practice.

Competencies

- Applies international patient safety goals and recognises their importance to nursing practice.
- Collects and analyses data about incidents and trends and implements strategies to improve care delivery.
- Initiates and engages in quality improvement practices to improve outcomes and processes.
- Volunteers with data collection to facilitate the valid provision of care and system improvement.
- Demonstrates elements of efficient resource utilisation and management, including human resources.
- Values the importance of the use of data for quality improvement.

Domain Six: Health Education and Promotion

Health education, as defined by the World Health Organization (WHO), "is any combination of learning experiences designed to help individuals and communities improve their health, by increasing their knowledge or influencing their attitudes". In principle, people learn to behave in a manner conducive to the promotion, maintenance or restoration of health' (WHO, 2012).

Health promotion also enables people to increase control over their own health. It covers a wide range of social and environmental interventions designed to benefit and protect an individual's health and quality of life by addressing and preventing the root causes of ill health and by not merely focusing on treatment and cures.

Standard 1: The nurse shall provide health education and encourage patients to be active participants in their health care.

Competencies

- Takes part in health promotion, health education, and disease prevention initiatives, and contributes to their evaluation with respect to individuals, groups and the community diversity.