

Dietary Services (DT)

STANDARDS

- DT.1 Dietary services are provided by qualified dietitians.**
- DT.1.1 A qualified dietitian supervises all aspects of dietary services in the hospital.
 - DT.1.2 Services provided by the dietitian include, but are not limited to, the following:
 - DT.1.2.1 Nutritional screening, assessment and reassessment of patients.
 - DT.1.2.2 Development of nutritional plan of care.
 - DT.1.2.3 Highlighting "food-drug interaction" to clinical staff.
 - DT.1.2.4 Making recommendations related to patient dietary needs.
 - DT.1.2.5 Nil Per Os (NPO) monitoring.
 - DT.1.2.6 Education of other health staff, patients, and families.
 - DT.1.2.7 Reviewing and updating the dietary manual.
 - DT.1.3 Activities conducted by the dietitian as part of the process of care is documented in the patient's medical record.
- DT.2 Patients identified to be at nutritional risk undergo comprehensive nutritional assessment.**
- DT.2.1 Nutritional screening is conducted by qualified hospital staff (e.g., registered nurse) to determine the patient's need for comprehensive nutritional assessment by a licensed dietitian.
 - DT.2.2 The criteria used for nutritional screening during the initial assessment of patients are developed and approved by a qualified dietitian.
 - DT.2.3 Comprehensive nutritional assessment is performed by a qualified dietitian for:
 - DT.2.3.1 All patients identified at nutritional risk during the initial screening or assessment.
 - DT.2.3.2 All patients identified at nutritional risk during the course of treatment.
 - DT.2.3.3 All patients prescribed for a therapeutic diet.
 - DT.2.4 Patients identified at nutritional risk are referred to a licensed dietitian for comprehensive nutritional assessment.
 - DT.2.5 Nutritional assessment is preferably completed within twenty four hours of referral.
 - DT.2.6 The comprehensive nutritional assessment is described in a policy and procedure that includes, but is not limited to, the following:
 - DT.2.6.1 Height and weight chart for children.
 - DT.2.6.2 Body mass index (BMI) for adults.
 - DT.2.6.3 Eating habits.
 - DT.2.6.4 Food allergies.
 - DT.2.6.5 Need for therapeutic diet.
 - DT.2.6.6 Physical difficulties with eating and drinking and the need for any assisting devices.
 - DT.2.7 The nutritional screening and assessment findings are documented in the patient's medical record.
- DT.3 Patients with nutritional disorders have the appropriate nutritional plans that meet their medical needs.**
- DT.3.1 The dietitian, in collaboration with other clinical staff, develops an appropriate nutritional plan of care for patients with nutritional disorders.