Given an "out" string length 4, such as "<<>>", and a word, return a new string where the word is in the middle of the out string, e.g. "<<word>>".

make\_out\_word('<<>>', 'Yay') → '<<Yay>>'  
make\_out\_word('<<>>', 'WooHoo') → '<<WooHoo>>'  
make\_out\_word('[[]]', 'word') → '[[word]]'