## Usability of video game tutorials: an expert review

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### Introduction

It seems pretty common that when we think about software development, the thoughts usually wander towards different kinds of agile principles, object-oriented programming, functional programming, design patterns and so on. Whatever the case may be, the role of usability seems to lie somewhere higher on the hierarchy of the creation process. That is to say, usability is not necessarily involved in the process from the ground up, and this can have a detrimental effect on the performance of the software, no matter how powerful the underlying solutions might be; it is still usually people using it to the best of their ability, trying to take advantage of the underlying implementation. Because information is communicated to the user, the way things are presented matters. This is important also for a type of software called video games. Even though games are mostly seen as entertainment, bad games are hardly entertaining. The potential frustration of the player can be countered with properly guiding the player into the game, and making sure they learn the necessary properties and mechanics of the game to acquire sufficient mastery of the system in order to experience it in a meaningful way. This seems important also because it has been found that many players give up on a game during the very first hours [Bauckhage et al., 2012]. One hypothesis then is that in order to make the player stick with the game we have to make sure the usability factor is not ignored during these first hours. Both the understanding of gameplay and narrative are important factors in player retention [Cheung et al., 2014]. A common theme for many games is that they introduce a tutorial at the beginning of the game which aims — or at least should aim — to teach the basic mechanics and necessary interface elements, anything that is fundamental to the basic gameplay.

The aim of this thesis is to provide an expert review of selected video game tutorials, as opposed to a usability evaluation with a group of test users. A hypothesis for whether video game tutorials are usable does not feel intuitive as such, i.e. it could go either way, and of course depends on the game in question (some tutorials probably are usable and some are not). Based on some research, the first few hours anyone spends with a game can be critical for player retention, so the time bracket for the potential of tutorials as something that will encourage the player to keep going seems significant: "The first time a player sits down with a game is critical for their engagement. Games are a voluntary activity and easy to abandon. If the game cannot hold player attention, it will not matter how much fun the game is later on if the player quits early." [Cheung et al., 2014].

## Theoretical concepts

This chapter will go over the most important concepts in the thesis before we apply them in practice in the next chapter. We look at what is usability and how it relates to HCI (human-computer interaction), i.e. software and video games, and what are heuristics in the context of usability. We also provide an overivew of tutorials.

### 2.1 Usability

Usability is a word that can come up often in conversation. It sounds familiar and should be rather easily explained. However, it is not necessarily that simple in this contex. Is something usable? If we can use something, does that mean that the artifact is usable? How can we measure this? Is there good usability and bad usability? Of course we can just say something is usable, but that does not necessarily tell us anything more than that there exists something we can interact with. To further complicate the issue, usability does not even necessarily mean the end product or the user interface the user will be interacting with; we can also apply usability guidelines to the actual software development processes [Carvajal et al., 2013]. Usability also relates closely to design. We can talk about Norman doors – doors that are so badly designed and unusable that we can't figure out how to open them – derived from

Donald Norman's classic book The Design of Everyday Things [Norman, 2013]. In this sense usability is just not something that exists, but is required. We can't take it away or separate it from the under-the-hood functionality, or it becomes pointless since we are unable to utilize it. Let us say we have a microwave oven that works perfectly, but we remove all the buttons and displays from the front panel. It is still capable of cooking things, but it is really hard to enable that functionality since we have really poor options for interaction. Perhaps we could screw the whole thing open and try to apply some MacGyverisms and ad hoc solutions in order to produce a warm meal, but that would most likely feel highly unusable. The next step could be that we add one button to the front panel that turns the oven on and off. We would also need a way to open the oven's door. After that all kinds of additional things come to mind that we in a way take for granted. At some point we will start to approach the other end of the usability spectrum: we have too many things and also things that are irrelevant. Things that only come in the way of the core functionality we want to enable or convey. Some might feel that the best kind of microwave would be the one that has only one button to turn it on and off, many might want to be able to change the power and add a timer and other typical things we might have in microwaves. The core issue, however, is that without adding usability to the object, its existence comes in a sense pointless. Taking this idea of usability and bringing it to many different areas in life – from doors and microwaves to video games and many things in between – we can start to appreciate the value it gives us in the tools and entertainment we come to contact with in a weekly and even a daily basis. This also brings forth the idea, that no matter what kind of great tools and things we are able to create, they will make no difference unless we think about their usability. Through usability we will strive to increase and maximize the potential of anything we have decided to make.

One classic view on usability comes from Jakob Nielsen in the form of a usability definition and a list of 10 usability heuristics for user interace design. We will look at heuristics more closely in the following chapters. Nielsen defines usability as five quality components [Nielsen, 2012]:

- Learnability: How easy is it for users to accomplish basic tasks the first time they encounter the design?
- Efficiency: Once users have learned the design, how quickly can they perform tasks?
- Memorability: When users return to the design after a period of not using it, how easily can they reestablish proficiency?
- Errors: How many errors do users make, how severe are these errors, and how easily can they recover from the errors?
- Satisfaction: How pleasant is it to use the design?

Nielsen also mentions a sixth attribute for usability he calls *utility*. It is an important attribute to discern, since utility is at the core of *why* something is made in the first place. We can imagine something that takes into account all the principles of good design and usability, is beautiful in every way and a pleasure to use, but does not really do any or most of the things we need it to or designed it to do. Through this marriage of usability and utility, Nielsen comes to define whether something is actually *useful* [Nielsen, 2012]:

- Definition of Utility = whether it provides the features you need.
- Definition of Usability = how easy and pleasant these features are to use.
- Definition of Useful = usability + utility.

We also have to keep in mind that here, usability can refer to any type of design and design process, not only something related to software and games. In the following sections, usability is dissected in a more specific context, i.e. how it has been defined in relation to software and video games.

#### 2.1.1 Usability in software

Standards have been created to help with designing usable interfaces for software. Two central standard bodies involved in developing standards for HCI (Human–computer interaction) and usability are International Organization for Standardization (ISO) and International Electrotechnical Commission (IEC). The word usability has been summarized in a standard as follows:

Usability: the extent to which a product can be used by specified users to achieve specified goals with effectiveness, efficiency and satisfaction in a specified context of use – ISO 9241-11: GUIDANCE ON USABILITY (1998) [ISO, 1998]

Later, we will attempt to draw a line from the mentioned user satisfaction to player satisfaction in games. Standards for HCI and usability are generally categorized as follows [Bevan, 2006]:

- 1. The use of the product (effectiveness, efficiency and satisfaction in a particular context of use).
- 2. The user interface and interaction.
- 3. The process used to develop the product.
- 4. The capability of an organization to apply user-centered design.

This structure shows us the way in which usability is generated into the use of the product (1) starting from the capability of an organization (4).

It is further exemplified in Figure 2.1, illustrating the logical relationships: "the objective is for the product to be effective, efficient and satisfying when used in the intended contexts. A prerequisite for this is an appropriate interface and interaction. This requires a user-centred design process, which to be achieved consistently

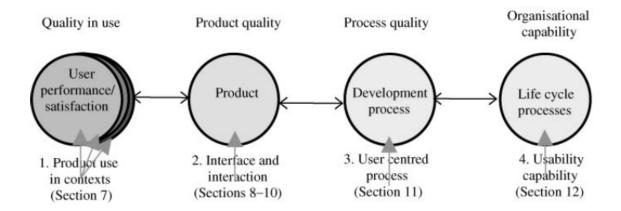


Figure 2.1: The logical relationships of standards related to usability [Bevan, 2006]

requires an organizational capability to support user-centred design." [Bevan, 2006] When we look at ISO 9241-11, there is a promising toolkit for how to take usability into account, specifically considering user performance and satisfaction, but also the context of the system. They claimed that it is also possible to derive factors affecting the quality of the entire system from these variables of user performance and satisfaction. [Bevan, 2006] Interestingly, this can lead us to think about the quality of video game tutorials, and how they might function as this mediating component between the user (player) and the actual game they are attempting to learn – or perhaps even more so, are being taught. There have been further definitions of usability as a software engineering standard by ISO and IEC, namely ISO/IEC 9126-1, which defined usability as a set of attributes that bear on the effort needed for use, and on the individual assessment of such use, by a stated or implied set of users. [Bevan, 2006] This has been later replaced with the ISO/IEC 9126-1 which has a new definition [Bevan, 2006]:

*Usability*: the capability of the software product to be understood, learned, used and attractive to the user, when used under specified conditions.

This new standard also brought attention to the important aspect of utility,

similarly as to how Nielsen has defined it, that in the context of usability there is not necessarily much use to define usability per se, but rather realize how it always operates in a given context and aims to maximize the utility of the underlying capabilities, hence making usability valuable only if the requirements made by the specified conditions are fulfilled. The ISO/IEC 9126-1 also uses another term, quality in use, attempting to combine the ideas of usability in general but also the importance of context [Bevan, 2006]:

Quality in use: the capability of the software product to enable specified users to achieve specified goals with effectiveness, productivity, safety and satisfaction in specified contexts of use.

These definitions are bringing us closer to how we can think about usability in the context of video games. Interestingly, with virtual reality (VR) technology currently becoming more widely available, even the safety aspect, originally perhaps geared more towards industry applications, can be a valuable thing to take into account.

#### 2.1.2 Usability in video games

In the context of usability, the term user satisfaction comes up often. The forementioned effectiveness and efficiency can also be related to games, but being first and foremost a medium for entertainment and storytelling, rather than a tool for solving problems – i.e. some professional type of software – it might be important to think about how to achieve player satisfaction first. In this sense, we could think about effectiveness and efficiency as something that can help us deliver satisfaction. That is to say, we create a tutorial that is effective and efficient in teaching the player how to play the game, which brings us to create player satisfaction. There is also an important difference between video games and other types of software: we could say that generally, video games almost always come with an integrated tutorial, whereas most other types of software do not. Why is this? Could it be that games

are usually meant to be played in certain predefined ways, and the rest, more or less productive types of software can be used for different tasks depending on the environment? Spreadsheet software, web browsers and other common tools rarely teach you how to use them when first opened. It can be that they have become so commonplace that if guidance is required, it is brought from an outside entity, such as a consultant coming into a company to give training in a specific software. Another thing is that these types of software are generally meant to be used indefinitely, whereas games are completed; the story comes to a close, a character is leveled to the highest possible level, all functionality (character skills etc.) is finally unlocked, every puzzle solved and so on. This means that a tutorial can be created for a set of predefined outcomes and mechanics. Surely there can be a tutorial on how to enter numbers in a spreadsheet, but the possibilities of using those numbers to your advantage are so numerous that creating a tutorial within the software that would show you everything doesn't sound like a justified way to spend resources on.

What, then, is the significance of usability in games? A set of predefined outcomes and/or mechanics is not necessarily a huge platform to build on, which means that creating meaningful and useful tutorials should be easier. This is not to say that all games are simple and easy. It is possible to create a system of numerous possibilities where the player operates with simple mechanics. Since there are so many genres of games, this can often be a case by case problem. Even within a genre, games often like to reinvent the wheel and introduce some type of new gimmicks previously unfamiliar to the genre, to provide a sense of freshness and novelty. It is through these mechanics and the interfaces we use to interact with them we start to create the basis for a need for a tutorial: which mechanics to present and the best way to teach them to a new player.

#### 2.2 Heuristics in usability

So how would we then evaluate a tutorial in a given video game? There are a few possibilities to do this, of which popular are expert review and user or usability testing. Since the aim of this thesis is to provide an expert review solution, we will not be looking at usability testing with a group of users. Rather, we need to build a set of heuristics we can base our evaluation on and then proceed to go through a number of tutorials and see how well they fit within the usability guidelines defined in the heuristics we are going to form. But what is a heuristic? The Merriam-Webster dictionary defines the word heuristic as follows [Merriam-Webster, 2017]:

- Involving or serving as an aid to learning, discovery, or problem-solving by experimental and especially trial-and-error methods
- Heuristic techniques
- A heuristic assumption; also: of or relating to exploratory problem-solving techniques that utilize self-educating techniques (such as the evaluation of feedback) to improve performance
- A heuristic computer program.

In the context of usability we can think of heuristics as a design guideline that we can use as tools for evaluation, which traditionally relates to user interfaces. The goal here is to make the interface easy to learn, use and master, opposing the usual game design goal of "easy to learn, difficult to master". [Desurvire et al., 2004] It's not necessarily a good idea to make the interface difficult to learn, even if gameplaywise this can often be a good choice. Desurvire et al. further state that we can not only think about games through the interface: we must evaluate other factors as well, such as game play, story and mechanics [Desurvire et al., 2004]. In the third chapter we will be looking at these heuristics in more detail. Nielsen and Molich [Nielsen and Molich, 1990] have defined four ways to evaluate a user interface:

- Formally by some analysis technique
- Automatically by a computerized procedure
- Empirically by experiments with test users
- Heuristically by simply looking at the interface and passing judgement according to ones own opinion

Now, we don't want to simply look at some games and shout out some opinions based on how we feel like. It would be more useful to base it on some existing heuristics about usability, but usability heuristics for video game tutorials are rare. Therefore, we can find some existing heuristic lists for usability evaluation in general, and combine these lists to better suit the evaluation of video game tutorials. In their paper *Heuristic evaluation of user interfaces* Nielsen and Molich also provide a subset of principles to be used for the evaluation in question: [Nielsen and Molich, 1990]

- Simple and natural dialogue
- Speak the user's language
- Minimize user memory load
- Be consistent
- Provide feedback
- Provide clearly marked exits
- Provide shortcuts
- Good error messages
- Prevent errors

At this point these principles serve more as an example to describe what kind of heuristics can be used in a heuristic evaluation. We will have a large pool of different heuristics which we will combine to use in our expert review of tutorials. Some bullet points here might feel self-evident and some might not feel right for the context of video game tutorials, so we must make decisions on whether to include any given heuristics for our analysis in question. Furthermore, such lists are highly valuable for an evaluation, since we don't have to rely on our intuition alone, but have a scientific basis for evaluating different artifacts. Nielsen and Molich have also defined other advantages for using heuristic evaluation: [Nielsen and Molich, 1990]

- It is cheap
- It is intuitive and it is easy to motivate people to do it
- It does not require advanced planning
- It can be used early in the development process

However, it is not only always positives regarding heuristic evaluation, especially when performed by a single person. It has been concluded that at least in some cases heuristic evaluation would be best done with three to five evaluators separately, and it can also be difficult to come up with solutions to the usability problems found when using a heuristic approach. [Nielsen and Molich, 1990] On the other hand, when we are going to look at video game tutorials, we will have a combination of a number of different heuristics to use, and also games from different genres, to which some forms of heuristics might be better suitable than others. The studies by Nielsen and Molich used in part static screen dumps and old voice response systems using telephone buttons. Those systems are not exactly similar to modern video games, so we can't yet say with certainty how a heuristic approach might work for video game tutorials specifically, even if it hasn't always worked well for other types of systems and interfaces. This could become even more evident when we compare different

video game genres and the types of tutorials therein. In that regard, applying a combination of different heuristics to different types of contexts (i.e. video game genres) we can hope to expect many different types of outcomes for the heuristic approach.

### 2.3 The role of the tutorial in a video game

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## Methods for expert review

Previously we have talked about what heuristics are and how they relate to usability testing. In this chapter the focus is on finding a set of applicable heuristics for evaluating video game tutorials, and constructing a set of heuristics from that pool to use in our expert review. We also have to form a selection of games that will be the target of our evaluation.

#### 3.1 Building heuristics

There are a number of papers and studies on the use of different heuristics in video game research and testing. Our problem here is that they are mostly related to the general game experience and how the game plays from "start to finish" in a sense. We have a rather specific part of a game — the tutorial — that we want to evaluate, and not all heuristics are applicable or specific enough to be used with the part in question. After a literature review on the topic there are a number of sources we will be using to combine our heuristics. [Desurvire et al., 2004], [Federoff, 2002], [Pinelle et al., 2008] The important thing here is to remember, that not all of these heuristics are applicable to tutorials, so we must dissect them a little bit, all the while keeping in mind the different types of video game genres they could be applied

to. What follow are tutorial-specific compiled lists from separate heuristic guidelines for video game usability.

No.	Heuristic and description
1.	There is an interesting and absorbing tutorial that mimics game play.
2.	The first player action is painfully obvious and should result in immediate positive feedback.
3.	Pace the game to apply pressure but not frustrate the player. Vary the difficulty level so that the player has greater
	challenge as they develop mastery. Easy to leam, hard to master.
4.	Tutorial is repeatable.
5.	Mechanics/controller actions have consistently mapped and learnable responses.
6.	Shorten the learning curve by following the trends set by the gaming industry to meet user's expectations.
7.	Controls should be intuitive, and mapped in a natural way; they should be customizable and default to industry stan-dard settings.
8.	Player should be given controls that are basic enough to learn quickly yet expandable for advanced options.
9.	Provide immediate feedback for user actions.
10.	The Player can easily turn the game off and on, and be able to save games in different states.
11.	The Player experiences the user interface as consistent (in control, color, typography, and dialog design) but the game
	play is varied
12.	Players should be given context sensitive help while playing so that they do not get stuck or have to rely on a manual.
13.	Sounds from the game provide meaningful feedback or stir a particular emotion.
14.	Players do not need to use a manual to play game.
15.	Get the player involved quickly and easily with tutorials and/or progressive or adjustable difficulty levels.

Figure 3.1: Tutorial-specific heuristics compiled from Desurvire et. al [2008].

The heuristics in Table 3.1 are from Heuristic Evaluation of Playability (HEP) [Desurvire et al., 2004]. The original HEP contains 41 heuristics in total in four categories: Game Play, Game Story, Mechanics and Usability. Tutorial-specific heuristics could be found in all categories except Game Story.

### 3.2 Basis for selecting applicable video games

There needs to be some basic fundamentals for how we choose the video games we want to evaluate here in order to have a somewhat meaningful selection in relation to the results we arrive to. Based on an earlier study on video game usability testing, we can lay out the following defining criteria and go on to choose applicable games [Febretti and Garzotto, 2009]:

- 1. To be well known, professionally-developed, successful titles published in the last ten years (which can be a potential indicator of long term engagement).
- 2. To be referred by specialized web sites for game quality assessment.
- 3. To have at least one significant usability problem that clearly emerges at some point of the gameplay.

# Analyzing expert review results

Here we are looking at the results and finding answer to the question of usability in video game tutorials.

## Conclusion

Who knows...

Judging from the success of certain recent years' hit games such as the Dark Souls series, it can also be argued that if you set out to make a game based on certain recognized industry standards and an enjoyable experience in mind, you might have already taken your first wrong turn. Different target groups can want two opposite things, so it's difficult to generalize.

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