

Patient Snapshot

Test results

Download patient story

Name: Walter Moroz

Age: 10

Father: Viktor Moroz

Location: Lviv, Ukraine

Phone: +388 80 0000 027

Responsible Doctors:

Dr. Julia Lane - Psychiatrist

Comprehensive Diagnostic Assessment

Diagnostic Phase

Presenting Symptoms

Recurrent nightmares (4-5/week)

Intrusive memories

Sleep disturbances

Somatic complaints

Trauma Timeline

February 2024

Direct exposure to shelling in hometown. Witnessed destruction of family home. Separated from parents for 72 hours during evacuation.

March 2024

Relocated to safer region. Started new school. First nightmares reported.

April 2024-Present

Increasing avoidance behaviors. Declining school performance. Emotional withdrawal noted by teachers.

Required Assessment Components

Trauma-Focused Interview	Complete
DSM-5 Criteria Assessment	Complete
Parent Interview	Complete
School Report Collection	Partial
Standardized Testing	Complete
Medical History Review	Complete
Risk Assessment	Complete
Treatment Plan Development	In Progress

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Diagnostic Session History

10

Apr

Initial Assessment

10:00 - 11:30

Initial intake assessment with child and mother. Child presented with symptoms of frequent nightmares, intrusive thoughts, and sleep disturbance following war trauma. Collected trauma history and administered PTSD-RI, CROPS, and PROPS assessments.

Complete

Efficiency: 90%

17

Apr

Trauma-Focused Interview

14:00 - 15:15

Conducted detailed trauma-focused interview. Child able to describe traumatic events with emotional distress. Mother reported changes in behavior since trauma including hypervigilance and startle responses. Identified avoidance behaviors and triggers.

Complete

Efficiency: 85%

24

Apr

DSM-5 Assessment

11:00 - 12:30

Completed comprehensive DSM-5 criteria assessment for PTSD. Child meets full criteria for PTSD diagnosis with particularly severe intrusion and arousal symptoms. Identified comorbid depression and anxiety symptoms requiring further assessment.

Complete

Efficiency: 95%

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Medical Workup

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Laboratory Data & Biomarkers

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Diagnostic Phase: Initial laboratory evaluation for PTSD and trauma-related biomarkers

Parameter	Result	Reference Values	Units	Clinical Significance
Cortisol AM	28.3	6.2 - 19.4	µg/dL	Elevated - consistent with acute stress response
Vitamin D	18	30 - 100	ng/mL	Low - may impact mood regulation
TSH	2.1	0.5 - 4.5	mIU/L	Normal thyroid function
CBC	Normal	-	-	No hematological concerns

Laboratory Interpretation:

Elevated cortisol levels indicate active physiological stress response

Vitamin D deficiency may contribute to mood symptoms

Normal thyroid and blood count results rule out other medical conditions

Pending Diagnostic Tests

Sleep Study (Trauma-Related Sleep Disturbance)

Pending Referral

Comprehensive Neuropsychological Assessment

Scheduled 05/20/25

Follow-up Cortisol Testing (Post-Treatment Baseline)

Planned