Patient Snapshot

Name: Albert Rudenko

Age: 15

Mother: Kate Rudenko

Location: Lviv, Ukraine

Phone: +388 80 0000 028

Presenting Issue: Anxiety related to bullying, avoidance behaviors, school refusal.

Child's Anxiety Test Results

☐ Child Self-Report (May 2025)

Parent's Assessment of Child's Anxiety

☐ Parent Assessment (May 2025)   ☐ Child Self-Report

Responsible Doctors:

Dr. Krystyna Ross - Psychotherapist

MFQ Test

Last test: 3/25/2025

Score: 18 (Mild)

⌄ Show details

SDQ Test

Last test: 3/25/2025

Total Difficulties: 13/40 (Normal)

⌄ Show details

SCARED Test

Last test: 3/25/2025

Total Score: 25/82 (Mild)

⌄ Show details

RCADS Test

Last test: 3/25/2025

Total Score: 42

⌄ Show Details

Statistics

Week progress

Emotional state
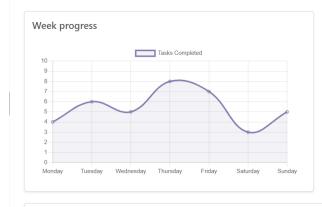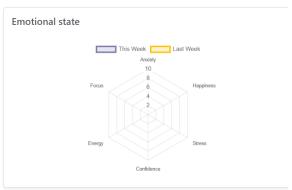

Key indicators

General progress	Complete exercise	Attended Session
75%	8/10	3/3

Cognitive Behavioral Triangle

🧠 THROUGHTS [+]

• I'm going to fail math test

• Everyone else is smarter than me

🏃 BEHAVIORS [+]

• Hiding in my room

• Not wanting to go to school

❤️ FEELINGS [+]

• Scared

• Nervous

• Sad

Depression introduction module	Completed
Psychoeducation	Completed
Behavioral activation	In Progress
Problem Solving	Not Started
Cognitive restructuring	Not Started
Affect regulation	Not Started