

Name: Anastasya Melnyk
Age: 14
Father: Iryna Melnyk
Location: Lviv, Ukraine
Phone: +338 880 0000 020

Responsible Doctors:
Dr. Krystyna Ross - Psychotherapist

Notes

| Case details: Eating disorders (EDs) | |
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| Category | Content |
| Target appeals | Weight loss, increased anxiety. The main goal is to stabilize eating behavior and improve psycho-emotional state. Involve the entire family in the therapeutic process. |
| Clinical symptoms | Recurrent episodes of compulsive overeating with loss of control, anxiety, weight loss. Additionally, increased self-criticism, avoidance of shared meals. |
| Somatic/biological background | The general health condition is stable, but significant weight loss has been recorded over the past 6 months. Preliminary data: no serious chronic diseases, regular menstrual cycle is disturbed. |
| Family context | Complete family: mother, father, older brother. Tense relationship between child and mother, authoritarian parenting style. Family is willing to participate in family therapy. |
| School/educational situation | Grade 11, high academic performance. There is strong perfectionism, fear of failure. Relationships with teachers are normal, there are episodes of social isolation among peers. |
| Resources and support | The family is willing to participate in the therapeutic process. The girl has a friend who supports her. Hobbies: drawing, blogging. Strengths are noted - responsibility, empathy. |

| History of behavior, social development, and events in the child's life | |
|---|---|
| Period | Biological, Psychological, Social component Events/Facts |
| Target appeals | Weight loss, increased anxiety. The main goal is to stabilize eating behavior and improve psycho-emotional state. Involve the entire family in the therapeutic process. |
| Remote events | |
| Recent Life Events | |
| Current state of the patient | |