

Greasing a post on a swivel chair

Time:

Under 15 minutes per base

Tools needed:

2 flat head screwdrivers
A friend
A blanket, towel, or mat that can get dirty
White distilled vinegar
Clean shop rag
Corrosion block or white lithium grease

Instructions:

- 1. Lay out a towel or mat on the floor to protect your chair's finish and your flooring
- 2. Place the chair on the towel or mat with swivel base facing up.
- 3. Inside the shaft you will see a metal post with a plastic sleeve around it. Using the screwdrivers gently pry back the plastic tabs. Wedge the screwdrivers in between the plastic and the metal post. DO NOT pry the tabs to far back or they will break!



- 4. With your friend standing one side of the chair and you on the other you both hold the screwdrivers in place while twisting and pulling on the base. For extra leverage you can put a foot on the arm of the chair. CAREFUL! The base may pop off.
- 5. Now that you have the base off you will need to clean the post and sleeve with vinegar and a clean towel. This will remove any corrosion, dirt, or grime. Make sure to dry it off.
- 6. Apply the grease to the post. Put on just enough to coat the post and around where the post meets the chair. There is no need to grease outside of the "ring" left by the base.



- 7. Line up the base with the post and push till the tabs are back in place. If the tabs are not catching pull the base off and use the screwdriver to push the tabs back towards the center.
- 8. Flip chair upside right. Sit back, grab a drink and enjoy!