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| **Sydney Weitler** sweitler@gmail.com 647-888-9446 https://www.linkedin.com/in/sweitler/   |  | | --- | | **Education** Kings Christian Collegiate  OSSD Graduate  Sheridan College  Art Fundamentals Certificate  Sheridan College  Bachelors of Illustration  Sheridan College  Social Service Worker Diploma | | |  | | --- | | **Work Experience**Hearthstone By The Lake Homemaker/companionJune 2019 – October 2019 Worked directly with seniors who have dementia in a variety of settings from food prep to basic physiotherapy. Report back to the head nurse upon finishing each shift. Assisted PSW’s with resident transfers, medical assistance and basic care. Provided clients with a patient attitude and open ear whenever needed. Green EarthSeasonal sales assosiateOctober 2018 – January 2019 Worked both on cash and the sales floor directly with customers and coworkers. Proceeded merchandise from the shipment room to the sales floor. Developed strong communication skills and product knowledge with coworkers. TJX CanadaSeasonal sales assosiateOctober 2016 – August 2017 Worked as a seasonal sales associate at all three TJX stores: Winners, Marshalls and Homesense. Processed and brought merchandise from the warehouse to the sales floor. Priced and tagged products during morning shifts and assisted new associates. Developed excellent customer service skills while on the sales floor. | | **Volunteer Experience**The Centre for innovation in peer supportSeptember 2019 – Ongoing Partake in peer drop-in groups for individuals across the Halton region who struggle with mental health and substance use. Volunteered as a certified peer mentor for the Burlington TEACH group prior to its amalgamation with The Centre. Continue to serve the community by working with peers individually on a case by case basis, serving in suicide intervention when necessary. Assisted facilitators in person with set up and takedown of groups by arranging furniture and laying out resources. | |

## **Soft Skills**

* Leadership: Willingness to lead, take charge and offer opinions and directions to others.
* Positivity and Energetic: Approaches complicated situations with optimism and brings a strong sense of energy to the room.
* Willing To Learn: Strong passion for knowledge on topics of psychology and general mental wellbeing.
* Dependability: Reliable, responsible and dependable to fulfil duties and obligations.
* Highly Organized: Prompt with maintaining client appointments, keeping documentation organized and consistent clean work environment.
* Confidentiality Management: Highly capable of storing and maintaining confidential client documentation while following Social Service Worker Ethics and Codes of conduct.
* Strong Interpersonal Skills: Ability to communicate and connect with a wide variety of individuals in a positive/pleasant manner.
* Considerate To Others Experiences: Able to understand the client drawing from personal experiences and trust bonding to a high caliber.
* Hard Worker: Sacrificing as much time as possible to deliver to client and company needs and willing to work overtime when necessary.
* Team Player: Strong ability to connect with staff during debrief sessions, ask questions, gain knowledge and work with individuals with differing worldviews.
* Considerate and honest: Considerate towards the feelings and stresses of others while displaying a strong sense of honesty and empowerment through the work I perform.

## **Hard Skills**

* CPR Certified (Level C): Certified in CPR to aid populations at higher risk of choking such as the elderly.
* TEACH Core Skills Training: Engaged in a four week training regime to gain Peer Mentor skills by using the person centered approach to healing.
* WRAP Level 1: Engaged in the 8 week program and became certified in the pre-requisite course to become a WRAP facilitator.
* ASSIST Training: Certified in Suicide Prevention Training through the CMHA Oakville branch.
* SAFETALK Training: Engaged in an alternative form of ASSIST training and became certified in alternate methods of suicide prevention.
* HUMAN RIGHTS 101 Certificate: Completed through Semester one of my diploma program.
* TCPS Core Certificate: Completed through semester two of my diploma program.