BLUEY'S HEPTATHLON

EVENT 5



SMEKERSROW

How to Play:

- 1. Create a start line and finish line (somewhere carpeted or on grass might be good).
- 2. Call out "ready"- the players stand on the start line.
- 3. Call out "set"- the players get into a sausage position (lying on their side with their arms above their heads and legs straight down).
- 4. Call out "go" the players must roll from the start line to the finish line.
- 5. First person to get their entire body over the line wins.

Rules:

- 1. You can use a gentle hill, or flat surface.
- 2. You must ROLL, like our good buddy Snickers. This means arms must remain above your head.
- 3. You can't use your legs or feet to push yourself along.
- 4. You can wear funny outfits if you think will help with the rolling process.
- 5. Check all rolling spots are clear of lumps and bumps.
- 6. You can go one person per turn and time them to see who is the quickest.