



MEDICAL REPORT

Date of Report: July 14, 2025

1. Clinic Information

HEALTH CARE Clinic

C/ Falsa, 123, 02001 Gijón, España

Phone: +34 984 111 222 | Email: info@saludybienestar.es

2. Patient Details

- Name:** Juan Pérez López
- Date of Birth:** May 20, 1990
- Patient ID:** SB-2025-07-005

3. Doctor's Details

- Name:** Dr. Carlos Ruiz Bravo
- Specialty:** Family Medicine
- License No:** 02/54321

4. Reason for Consultation

Patient presented with **intermittent headaches** over the last week.

5. Diagnosis

Tension headache.

6. Treatment Plan

- Medication:** Ibuprofen 400 mg, 1 tablet every 8 hours (if pain occurs).
- Recommendations:** Rest, adequate hydration, stress avoidance.

7. Next Appointment

If symptoms persist or worsen within 5 days, a re-evaluation is recommended.

Doctor's Signature:

Dr. Carlos Ruiz Bravo

License No.: 02/54321