

# Come to the...

## Fields of the Fatherless

Around the world . . . everyday, children are cast aside; abandoned in the forgotten fields of the fatherless. Though desolate and barren, God declares this land "Holy Ground;" a hallowed place where the needy reside and His presence dwells. The orphan's cry is a divine priority. Their names and needs are written on the corridors of God's heart. He may be calling you to follow Him into these Fields; where hope changes everything. You can embrace a little life today through International Adoption. Children wait in Bulgaria, China, Guatemala, Kazakhstan, and Russia longing for a loving family, earnestly praying for hope to arrive. To learn more about International adoption please call us today.

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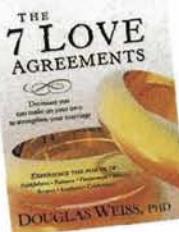
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## between the covers

### The 7 Love Agreements

by Douglas Weiss (*Siloam*).



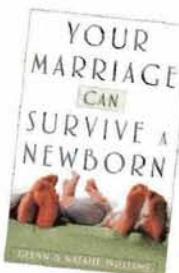
*I'll never be poor again.*  
*I'll never be the kind of parent my father/mother was.* These are the kind of agreements people sometimes make with themselves that, if kept, can break a

cycle of poverty and abuse. In this book, Dr. Weiss addresses seven agreements you can make that will drastically improve the state of your marriage—agreements made not with your spouse, but with yourself. So even if your mate isn't motivated to change, your marriage can still benefit from keeping them. After explaining how making adjustments in each area covered (faithfulness, patience, forgiveness, service, respect, kindness, and celebration) can enhance or strengthen your marriage, there's also a list of specific agreement samples to use or brainstorm.

### Your Marriage Can Survive a Newborn

by Glenn and Natalie Williams (Broadman & Holman).

No matter how many parenting books you read or veteran parents you talk to, none of it can completely prepare you for the life-altering experience of parenthood. What is needed and what this book provides is the reassuring voice to young mommies and daddies that they are not



alone in the sometimes overwhelming emotions and conflicts they're bound to face. Sleep deprivation, labor division, and the all too real need for non-baby time are just a few of the issues these seasoned parents cover that will provide the newbies with a deep sigh of relief that their family—and marriage—can survive this time of adjustment.

### When Two Become One

by Christopher & Rachel McCluskey (Revell).

Few marriage experts would argue that a healthy, satisfying sex life is paramount to a

happy, healthy marriage. But as Christians, this certified sex therapist and his wife help us to see that this mere act can be a much deeper intimate experience that carries over to other areas of our marriage—the differ-

ence between having sex and making love. While explaining The Lovemaking Cycle, which Christopher created, we see that this lovemaking process can be "thought of as a wheel, and if each quadrant of the wheel is functioning like it should, a couple's lovemaking will roll along nicely down the road of their lives together." More important, the book helps identify potential problems in the wheel that might make it "clunk" along or stop altogether, and provides practical steps and discussion questions to keep the wheel "greased."

—Raelynn Eickhoff

To order a copy of these or other great marriage books, go to [marriagepartnership.com](http://marriagepartnership.com) and click on "Marriage Resources."

## The Better Sex Diet

Adding these nutrients to your daily diet will give you and your spouse a passion pick-me-up:

**Zinc** helps improve vaginal lubrication. Get your fix from oysters, lean beef, turkey, and almonds.

The muscles that contract and spasm during orgasm need **calcium** to function. Eat dairy, broccoli, and sweet potatoes.

Testosterone kicks your libido into high gear, and is produced with the help of **niacin** (vitamin B3). Get a sexy boost from tuna. *Source: Redbook (December 2004)*

