

WEIGHT LIFTING RULEBOOK

## INFINITO 2025 WEIGHT LIFTING RULEBOOK



Rules of International Weightlifting Federation will be followed.

The Weight categories for weightlifting are as follows:

## Weight Category (kg):

Below 56	56-62	62-69	69-77	77+
			15 15 11	

Ranking in each category will be decided on the basis the cumulative performance in snatch and clean jerk.

IMPORTANT NOTE: RULES & SCHEDULE ARE SUBJECT TO CHANGE IN THE SPIRIT OF THE GAME & FESTIVAL AND THE FINAL DECISION IN ALL MATTERS RESTS WITH THE INFINITO TEAM.

**Contact:** 

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