



INFINITO 2025

**POWER LIFTING
RULEBOOK**

INFINITO 2025 POWER LIFTING RULEBOOK



Rules of International Powerlifting Federation will be followed.

The Weight categories for powerlifting are as follows:

Weight Category (kg):

Below 59	59-66	66-74	74-83	83+
----------	-------	-------	-------	-----

Ranking in each category will be decided on the basis the cumulative performance in squat, deadlift and bench-press.

IMPORTANT NOTE: RULES & SCHEDULE ARE SUBJECT TO CHANGE IN THE SPIRIT OF THE GAME & FESTIVAL AND THE FINAL DECISION IN ALL MATTERS RESTS WITH THE INFINITO TEAM.

Contact :
Sameer Sonkar: 9454890742